



**SHAUMBRA
MAGAZINE**
MAY 2023

– ENTER –



WELCOME – NEW SHAUMBRA MAGAZINE

Dear Shaumbra,

As we work to perfect the new Shaumbra Magazine format, we hope you find this issue even easier to use. Check out the additional features we've added this month!

- **NEW – Offline access & print** – at the bottom of this page you can use the “Download PDF Version” button to access this issue offline and even print to paper (you can still print individual articles as well)
- **NEW – Navigation** – at the top right corner of every page, you’ll see arrows to move back and forth between the articles. Use the Table of Contents menu link to see an overview of the current issue.
- **Translatable** – open the magazine in [Google translate](#) or [DeepL](#) for easy translation
- **Shareable** – also at the bottom of each page you’ll find share buttons
- **Searchable** – easily find any author or topic
- **Interactive** – add comments to your favorite articles

We hope you enjoy this new format! Check back each month to see even more new features.

The CC Magazine Team



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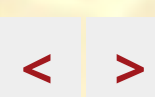
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MISSION ACCOMPLISHED

By Geoffrey Hoppe

I can't think of another topic that has touched the hearts and souls of Shaumbra like the Realm Workers has. It took me by total surprise, perhaps because I was not one. I didn't see it coming. Adamus mentioned it a few times to me at the end of 2022, and then asked me to write an article about it for the February 2023 Shaumbra Magazine. It's been the hot topic with Shaumbra ever since.

The [Crimson Circle Facebook page](#) has been more active than usual, partly due to the new people coming in, and a lot due to the incredible postings about life as a Realm Worker. In the recent live workshops here in Kona, Hawaii in March and April, over 80% of the attendees identified as Realm Workers. We had some fascinating discussions with Adamus about their "re-entry."

The whole idea of realm working put the pieces together for so many Shaumbra around the world. For many years, they have wondered what they were actually doing to affect consciousness on the planet. One of the attributes of a Realm Worker was leading a relatively quiet life, away from the frenzy of regular human existence. They were too pre-occupied to take on busy or demanding family or career roles. Oftentimes they felt like part of themselves was off somewhere else, but didn't know why. Many were physically tired in their humans lives for unexplained reasons.

Bingo. For so many, the idea of realm work put the final pieces of the puzzle together. At the recent *Staying in Grace* workshop, Adamus explained, "Your realm work was an important element leading up to Heaven's Cross. Some of you were doing it for 30 years or more. Somebody took issue with me in our last gathering because I call it realm *work*. They said, 'Well, no, it's not really *work*. We're doing it for a reason, and it's all joyful and happy'. You can call it whatever you want, but it *was* work for the human. It took a toll for those of you that were doing it, because part of your human consciousness was literally in the other realms doing the work. There were many sacrifices by your human self."

Can realm work just be an excuse for bad behavior or not accomplishing much in life? The question came up during the recent workshops. Surely it could be, but for the Shaumbra I've talked to and the posts I've seen in social media, it's a deeply valid explanation rather than an excuse. Their reactions were more like, "Wow, I finally get it!" rather than "I must have been a Realm Worker because my life is a mess." With only a few minor exceptions, I haven't noticed any makyo related to realm work. You either get it and identify with it, or not.

Adamus posed the rhetorical question, "Why didn't we talk about the Realm Workers five or ten years ago?" and then answered his own question: "It's very, very challenging. It's lonely. You're not aware of it while you're still here on the Earth. It wasn't something we could talk about prior to this because it would have disrupted a balance. Let's say we talked about this five years ago. Everybody would have claimed to be a Realm Worker. There was an agreement not to disclose it, an agreement that you would do the work quietly in the other realms and try to live a life here on this planet. The emotional stress and confusion was enormous. But you're a hearty bunch and you said, 'I can do it. I can take it on. It's no problem. This is the thing I've been preparing for, for many lifetimes.'"

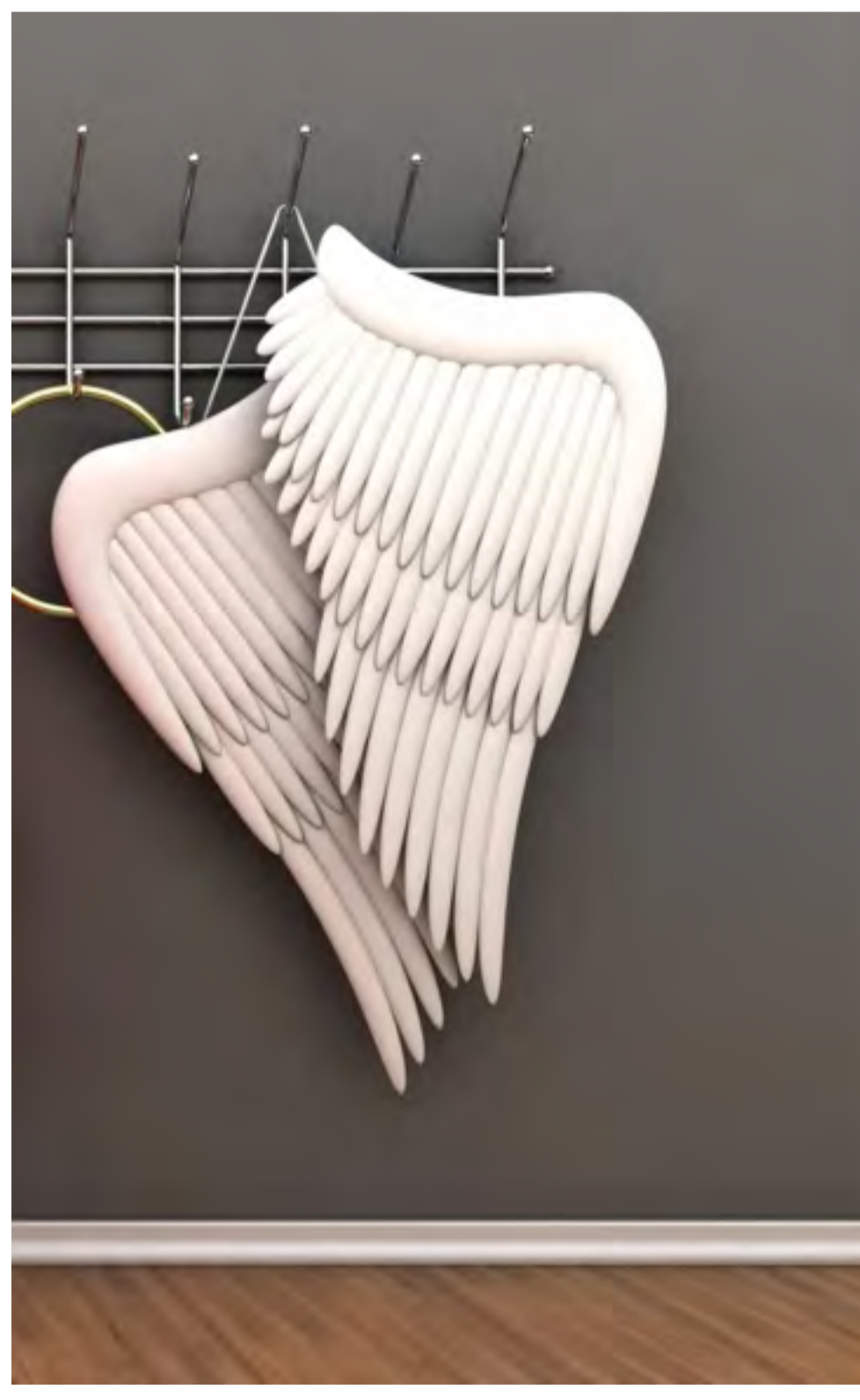
Adamus talked in more detail about what the Realm Workers have been doing all these years. "The general concept was pretty simple. It was equivalent to being a human sitting on a bench and radiating your light but the Realm Workers went into mass consciousness itself. Mass consciousness is like a big cloud surrounding the Earth. Every human thought, every human experience, everything is in mass consciousness. You went there as Realm Workers and the idea was to bench in the midst of mass consciousness. You went right into it and parked your butt and radiated your light. Pretty simple. I mean, who couldn't do that?! Pretty simple, until you start *feeling* everything in mass consciousness. Mass consciousness builds and grows and gets even more dense. It's not like there's a machine up there that cleans it up and spits it out as nice clean energy. And you can imagine over eons of time with humans on Earth how that cloud of mass consciousness has built up.

"You started to realize just how dense it was. It was a burden. And then what did you do? Instead of just benching and radiating your light, you started to absorb those energies as your own. You felt that to effectively do this work, it was important to dive into those energies that really weren't yours, whether it was energies of lack of abundance or health issues or just battling the demons, that you had to dive in and shine your light at the same time. This can be overwhelming. It's different when you recognize, 'This is an outside energy. This is not my stuff.' But once you start getting into the game of letting yourself immerse and even believe it's yours to even a small degree, then it's really tough to get out because you're taking these on as your own."

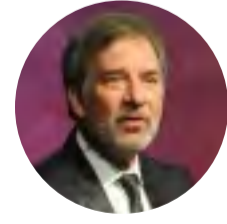
Adamus continued: "Here we are now, just a month or so after Heaven's Cross. Many Realm Workers are weary after their deep work. They wonder if it had any impact because they don't see any immediate changes in the world. What they don't see yet is the new light has activated the Christ consciousness seed that was planted over 2000 years ago. The seed has been deep within mass consciousness and will now start germinating. Then one day very soon – *boom!* – the seed breaks through the surface and everything changes."

The subject of Realm Workers could make for a fascinating sci-fi fantasy movie. The main actors (Shaumbra) lead double lives, one as humans coming into Realization on Earth, and the other shining their light deep into mass consciousness and the other realms to help bring about the Apocalypse. By day, they lead relatively quiet, inward lives amongst the muggles, but by night they put on their wings and venture into the other realms. They shine their light into some of the toughest places, even pretending that it's their own reality in order to help transmute the old energies.

The closing scene of the movie shows the character walking back into their house at sunrise one morning. They look over at their human self still sound asleep in bed. Soon the human will wake up to the new day, but the Realm Worker knows that today will be different. The work is done now. It's only a matter of time before the new light starts changing everything on the planet. The Realm Worker smiles, knowing that the human doesn't yet realize the impact of what has been done. The human is still very tired and disoriented from the long ordeal, but the Realm Worker knows this will soon pass. In this final scene, the Realm Worker take off her wings and instead of hanging them up on the usual hook in the entryway, the Realm Worker brushes the grit off the wings and carefully places them in a storage box and tapes it shut. Then she puts a label on the box – "Mission Accomplished" – before crawling into bed with her human self.



AUTHOR



[Geoffrey Hoppe](#)

Geoffrey Hoppe founded the Crimson Circle in 1999 after a series of conversations with the angelic being known as Tobias. He left the corporate world in 2001 to devote his full time to the Crimson Circle, along with his wife Linda. Geoff channeled Tobias until 2009 when Tobias returned to earth in a new incarnation known as Sam. Tobias handed off his guidance role with the Crimson Circle to Adamus Saint-Germain, a facet of the Beloved St. Germain who has been working with humans for hundreds of years. Geoff has been the messenger of Adamus Saint-Germain ever since.

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THE ROLE OF REALM WORKERS IN LIFTING THE VEIL

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HIGHLIGHTS

- Many Realm Workers have felt:
 - Tired all the time
 - Unsuccessful at life
 - Like they got something wrong
- You were doing important work in the other realms
- Now you can finally enjoy life!

The Realm Workers played a crucial role leading up to the opening of Heaven's Cross on March 22, 2023. While living their human lives on Earth, they also worked in the other realms to help lift the veil that for so long has separated the human from the other heavens, or realms. Their work helped facilitate the easing of gravity, electromagnetics and other forces that kept the human consciousness from going into the "beyond." The Apocalypse has begun, and conscious humans around the world are now able to embody more light into their lives.

According to Adamus Saint-Germain, it was necessary to have dedicated human angels working in the other realms – often in their dream state – to create a balance between the realms and weave in familiar human harmonics to greet all of those ready to expand beyond the limited human perspective. Many Realm Workers lived relatively quiet lives on this planet in order to focus on their work in the other heavens. A common attribute of Realm Workers was feeling tired and low-energy as humans because of their intense and prolonged work in the heavens. Now the work is done, and the Realm Workers can come back to full presence as honored Masters in this reality.

"I ask you to acknowledge yourself as a Master – as a Master in service, as a Master in realm work, as a Master of dark energies and as a Master of being human. Take a good deep breath and let that sink in, acknowledging yourself as a true embodied Master on the planet."

Adamus Saint-Germain

BONUS: Includes downloadable music track.

SESSIONS

1. Realm Workers – Questions & Answers (56:13)

Adamus answers questions about the Realm Workers, including what they've been doing (working with "dark energy"), why they have to be embodied humans, how many and who they are, the effects of realm working on their human lives, and more.

2. Call to Return Merabh (41:08)

Saying it is now time to return to live fully on Earth, Adamus guides this merabh to bring the Realm Workers back home. After putting in such a tremendous amount of work and being unaware of the details at the human level, now is the time to receive and enjoy the very personal rewards in your life.

Merabh music (39:57)

Format: Downloadable audio & text

Cost: \$33

Featuring: Adamus Saint-Germain, Geoffrey & Linda Hoppe

Recorded at Villa Ahmyo in Holualoa, Hawaii, April 2023

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EXPLORING THE NEW LIGHT

Adamus on Keahak XIII

Keahak is Adamus Saint-Germain's annual program for advanced metaphysics. As we enter into our 13th year of Keahak, Adamus continues the tradition of discussing the deepest and most fascinating concepts related to the nature of reality, and our journey as souled beings here on planet Earth.

We gather in the House of Keahak twice a month for the latest information from Adamus. There are no prerequisites and no need to have participated in previous Keahak sessions. Subscribers get full access to all Keahak XIII recorded sessions with no expiration date. Plus, each month Dr. Douglas Davies and Linda Benyo Hoppe offer the *Living in Keahak* show where they review the latest channels, offering additional insights and humor. Keahak is Crimson Circle's preeminent program, for those wanting the fastest and deepest track.

Here's what Adamus said recently about the upcoming year of Keahak XIII:

“

I Am that I Am Adamus of St. Germain.

We've entered into the Apocalypse. Now comes the time of the New Light for Shaumbra.

The New Light will be the basis of our explorations in Keahak XIII. We'll explore the metaphysics of the New Light, how to use it in your everyday life, and the ultimate effect on mass consciousness.

In Keahak XIII we'll also explore how the New Light affects everything from time, space, gravity, and energy flow. Plus, we'll continue to discuss how to live in joy as embodied Masters in this post-Apocalyptic era.

None of this has ever been done before by a group of humans, so the word "exploring" is the key to our Keahak sessions.

Keahak has been about spirit and consciousness in motion, as well as experience. Now we'll add the variable of the New Light.

Keahak is the classroom for exploring advanced metaphysics and how it applies to your everyday life.

Join me, the Ascended Masters, and thousands of Shaumbra around the world as we open the doors of Keahak XIII on July 2, 2023.

It is *the* place to be for consciousness explorers.

MORE INFORMATION



MEMOIRS OF A BORN-AGAIN SHAUMBRA



Artwork by Marc Ritter

By Joep Claessens

"You are on the planet right now to enjoy life for yourself, to show others that life can be joyful and loving, and you are there on Earth right now for any human who should want to hear more."

Words spoken by Tobias in [April 2008](#) that spoke to my heart. Yes! Sign me up, I remember thinking. For years these words, rewritten in the first person singular, graced my Facebook profile, thinking that would help make them come true somehow. It didn't. I never really felt I was able to live up to that motto, despite all the 'aspects' I integrated over the years, not to mention practicing [Aliyah](#) until the cows came home, which is supposed to bring back the joy in life, as Tobias insisted. Well, no cow ever showed up on my doorstep. So at some point I let go of it all and chopped up all the carrots the spooks kept dangling in front of us and made carrot cake. That's when things finally began to change.

But before we get to the good part, let's back up a bit to February of this year, when Geoff's [Realm Workers](#) article appeared in the Shaumbra Magazine. Reading the article was my come-to-Jesus moment, as the saying goes. And then there was the more recent '[The Realm Workers – Call to Return!](#)' channel in which Adamus elaborated on the topic.

Especially reading Geoff's article hit me like a ton of bricks. It was like I had been stumbling around in the dark all of my life and someone all of a sudden turned the light on. So many things in my life made sense all of a sudden, things I struggled with, that I've been wondering about all of my life. My perspective on who I was and what I had been doing all of my life changed completely in that moment.

It made perfect sense now that the practice of Aliyah wasn't for me, for it requires you to be present. The practice will reinforce that and anchor you more and more in your physical body. *The* reason that so many people feel a resistance to the practice – they don't really want to be in their body; too many painful or even traumatic memories stored there! In my case, it would have rendered me useless as a Realm Worker, becoming too grounded in this reality. If only I had known, it would have saved me a lot of frustration back then!

Of all the personal characteristics Adamus gave of what he called a Realm Worker, I could check off almost all of them: living a very quiet life; needing lots and lots of alone time; sleep, naps and daydreaming being favorite pastimes; introverted, contemplative; not that interested in family, career or social activities; sensitive to the harshness of the 3D world; an avid reader; lover of a good hike in nature; too much talent, that I could never find a way to express; and totally clueless about what I was doing on Earth and what the point was of me being here (except that I was getting ready to leave for good, that is; that one I figured out at least, thanks to Adamus).

Let me elaborate, so you get the picture.

I come from a line of nappers (or should I say space cadets?). My paternal grandfather, no matter how many of his twelve kids and countless grandchildren visited him and my dear grandmother on those lazy Sunday afternoons, him sitting in his easy chair in the midst of it all, when he got fed up with it all would turn off his hearing aid, close his eyes and be gone, oblivious to the ruckus around him. Then there was my dad, who was infamous for being able to nap at any time of day, in any position – lying down, sitting or standing. He worked a short stint as a coal miner before he started his own business, and when they had their break he would be sitting at the table, put his head down on his arms and take a nap there and then.

So I guess I was destined to follow in their footsteps. I remember one day as a university student in the early eighties, I came home after a long and grueling day of classes and laid down to take a nap at five in the afternoon only to wake up at nine in the morning the next day. That must have been our Realm Workers bootcamp for all I know. For I woke up exhausted, turned over and nodded off again until noon to finally get some rest.

More recently, during the COVID-pandemic, I set a new personal record with three naps in one day: one after breakfast, one after lunch and one after dinner! Only to follow-up with a good night's eight hour sleep. That's when we must've been putting the finishing touches on one thing or another in the other realms, for sure.

The pandemic was a blessing in disguise for Realm Workers, of course. There were lockdowns, social distancing, masking up, working from home – an introverts' wet dream come true! I like to call the pandemic '*The Revenge of the Introverts*' (except for the casualties, of course, those were not our doing.) The world finally marched to our beat for a change. Instead of us having to force ourselves to live the extraverts' way, they had to live by ours for a while. Not to mention that it freed us up to do the final preparations for Heaven's Cross as Realm Workers.

Another thing I had going on, going back to my childhood, was that at times I simply wasn't present in my body, even during waking hours. This happened on and off and usually went on for a few days before I showed up again. I'd walk around, but there was no one there to answer the phone. It was hard on my partners, the two that I was in a long-term relationship with. Both of them took it rather personal and didn't take kindly to it. After having taken the [Sexual Energies School](#), it made me feel guilty, wondering if it was some kind of energy feeding game, making them chase after me. Still, it was what I did. Now I know why. But I didn't know that at the time. Honey, I'm off to work, is what I should have told them. I'm building a bridge to heaven. Don't wait up for me!

Then the solitude, the joy of being alone. I have always been very happy with my own company, even as a kid. I would trade off spending time with my neighborhood friends out on the street with lots of alone time at home, reading a book or just daydreaming. My mom worried about me, as I was such a shy and socially awkward kid. In my teens when other kids started going out, I just stayed in my room with my music, my books and my little b&w tv. When I was younger it never bothered me. It was just what I did. Only later on did I start wondering about it; was something wrong with me?

For the longest time I envied other people that seemed so much more present. They had purpose, something in their life into which they could channel their energy. I tried to find something like that. As a kid I told my mom once that I wanted to be a dancer. That came totally out of nowhere, as I didn't know anyone who was a dancer nor danced in any capacity myself at that point. It wasn't until I went to university that I started dancing myself, but only for fun and self-expression. I still do to this day and it's definitely been a lifesaver for this Realm Worker. The perfect way to keep my energy moving and get out of my head!

Also, there always was music in my life, trying my hand at different instruments, listening to music a lot, and later on singing, using my voice. All the teachers I worked with told me I had talent, but I never was able to turn it into something lasting.

An astrologer once told me, based on my chart, that I would make a great therapist. Something I pursued too, but to no avail. In the end I always knew instinctively that it wasn't meant to be, at least not as a career. I didn't understand why. And I most certainly didn't have a clue about what then to do with my life.

When I started working, my career was pretty much non-existent. I turned down promotions, simply because I wasn't interested in the working hours and pressure that came with the positions offered. I always felt like what I did was below what I was capable of, but I simply wasn't interested in making the effort to strive for something more challenging, something that put to use what I knew I was capable of.

Then there was my biological family. I never was much of a family man. I always felt like the cuckoo's young in my own family – dropped in a random nest among strangers that didn't look or feel anything like me. When I started my own family, I went to live on my own again after ten years of marriage and we turned our relationship into a Living Apart Together one. Our kids stayed with me half of the week and with their mother the other half and the weekends we would spend together. That was a lifesaver at that point when my realm work really started ramping up in the early nineties. At the time I only worked four days a week, had every Friday all to myself and spent the weekends with my wife and kids.

I don't regret starting a family, having kids and working a 3D job. It was what kept me anchored in this reality, kept me grounded and brought me joy in many ways too. But it sure was hard at times, navigating my personal journey of awakening while trying to live a 'normal life.'

The only snag was that this time around I didn't come into this world to have a normal life. So I got to the point in my awakening journey where I had to let go of it all. That's when I decided to move across the Atlantic, leaving my family, my job, my 'normal life' behind, to focus completely on my realization, with my newfound Shaumbra love. But even that didn't last, for around 2015/16 – when according to Adamus we kicked up the realm work a few notches – that too started falling apart. I ended up living out of my car for a couple of years, traveling around while I tried to find some solid ground without a partner to lean on. It was time to finally becoming sovereign, after 35+ years of co-dependent relationships.

A few times in those years I got to the point where I was ready to throw in the towel. After my last, especially challenging dark night of the soul, little me told all of me that I was ready to be done with it. If things weren't going to change for the better soon, I'd rather check out. That's when I got a number – 2023 – and feeling into it I could feel light at the end of the tunnel. No further details were given, but 2023 was only a couple of years away at that point, so I agreed to stick around to see what it would bring.

And here we are, with Heaven's Cross in the bag and my job as a Realm Worker done. My ninja days are over! I never resonated with the pirate label that so many Shaumbra embrace. And it makes total sense now. I was one of the stealthy ones, working under the cover of darkness. You never saw me coming, never knew what hit you! I'd be in and out before you could take a good, deep breath.

Heaven's Cross gave me an incredible sense of completion, of relief and a feeling of great pride in what we accomplished. The knowingness that no one will ever have to go through what we Realm Workers went through (well, at least not on this Earth). I also feel excitement and anticipation about what will happen when all that blocked creativity of hundreds of thousands of Realm Workers will finally be put to use on this old Earth.

I will give myself all the time I need to get used to the idea that I have been released from my duties and that the time finally is here to truly incarnate – probably for the first time ever AND for the last time – and to decide what enjoying life on Earth really means to me. I still have plenty of carrot cake to keep me going, so that's okay, no rush. But I sure am looking forward to finally getting to the point where I can live up to Tobias' words; to learn more about what our role was as Realm Workers; to bring the wisdom back to Earth that I gathered in the other realms doing this work; to go out there again, but now taking the human me along for the ride in a conscious way; and perhaps even to teach others how to navigate those realms.

All in all, I am pretty sure I ain't seen nothing yet!

*"...when we find what we're looking for
we'll drop these bags and search no more.
It's gonna feel like heaven when we're home."*

Heaven When We're Home – The Wailin' Jennys

AUTHOR



[Joep Claessens](#)

Joep Claessens was involved from the start with this planet of free choice, but after 1,327 lifetimes is ready to call it quits. In this one, his final lifetime, he agreed to be one of the Realm Workers and is very happy that the job is done and the real fun can finally begin, hallelujah! He may be contacted by email.

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UPCOMING EVENTS

KEAHAK® XIII ONLINE • JULY 2023–JUNE 2024

Keahak is a one-year program, designed by Adamus Saint-Germain, for the realization of your "I Am" consciousness into your daily life. This will be our 13th year of Keahak, which has been recognized as one of the most impactful and beneficial Crimson Circle programs for Shaumbra who are committed to embodied enlightenment in this lifetime.

REGISTRATION CLOSES JUNE 15

[MORE INFO](#)



SEXUAL ENERGIES SCHOOL® ONLINE • JUNE 16–18, 2023

This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self. Hosted live by Geoffrey and Linda, includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

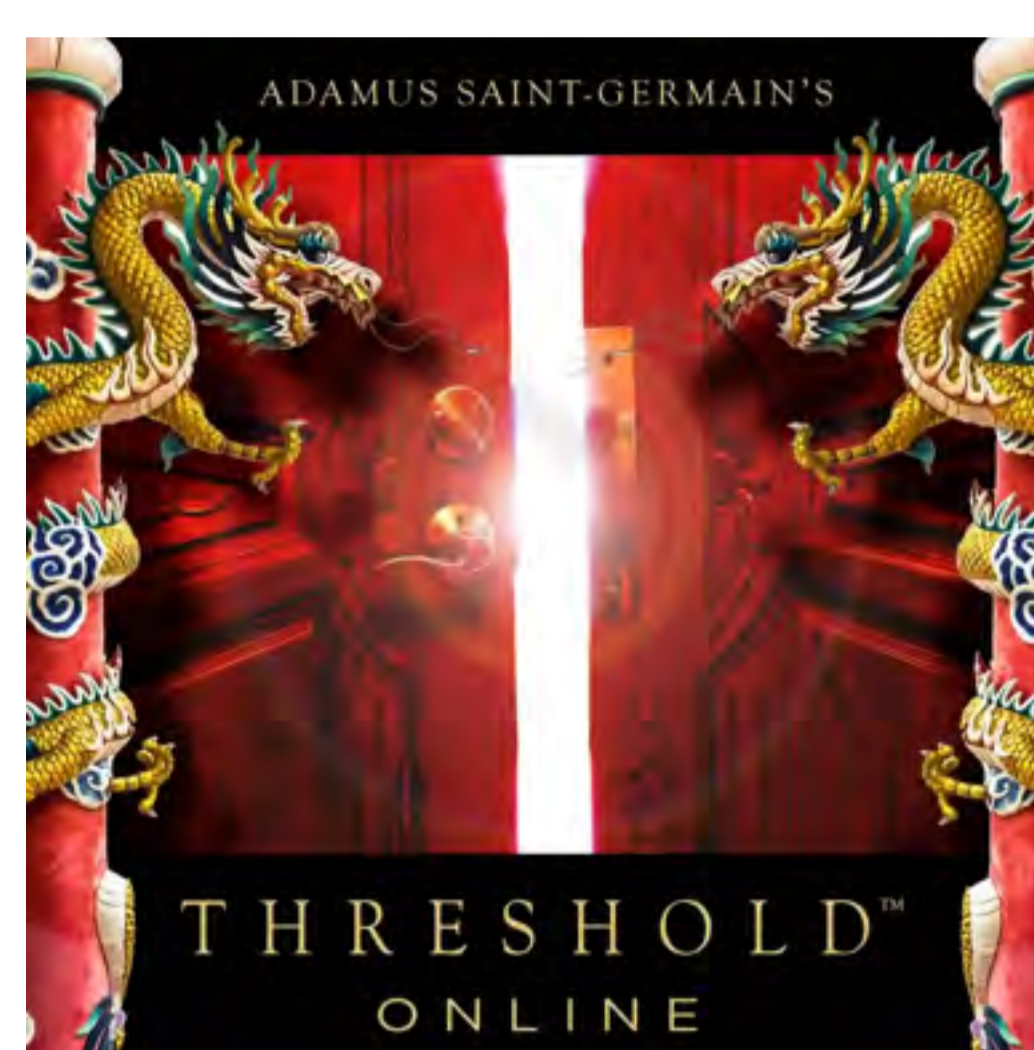
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THE THRESHOLD™ ONLINE • JULY 7–9, 2023

The journey of an angel from first arrival on Earth until their final emergence as a realized Master is very long and winding, filled with experiences, joys and heartaches. Getting lost on Earth and forgetting oneself is the "fall from grace" for which humans eternally seek redemption, having accumulated layer upon layer of guilt and shame along the way. And yet, these things simply cannot be carried into Realization, so the dragon comes in to dig up and release every shred of guilt and shame still borne by the human. Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

[MORE INFO](#)



KASAMA™ ONLINE • AUGUST 11–13, 2023

If you've ever wondered about the nature of your soul – what it is, where it is, and how to allow it into every moment of your life – this Cloud Class will bring you to a new level of awareness. Adamus answers some of the biggest questions about the soul, as well as staying on the planet as an embodied Master with energy serving you in grace. The premise is simple: You are in the midst of a beautiful and natural process of reuniting with your soul, but oftentimes it seems challenging or elusive because of the human perspective and conditioning. Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

[MORE INFO](#)

IN-PERSON EVENTS • SPRING 2023



MASTERS CIRCLE KONA, HAWAII • MAY 14–18, 2023

More a gathering than a workshop, each Masters Circle will be tailored to the specific group of Shaumbra in attendance rather than a structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus. Come prepared for open and intense discussions, deep merabhs and good times on the island with other Shaumbra Masters from around the world.

[MORE INFO](#)

NEW IN-PERSON EVENTS • FALL 2023



MASTERS CIRCLE KONA, HAWAII • OCTOBER 22–26, 2023

Each Masters Circle event is more of a gathering than a workshop, and will be tailored to the specific group of Shaumbra in attendance rather than a more structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus.

REGISTRATION OPENS ON MAY 6, 2023

[MORE INFO](#)

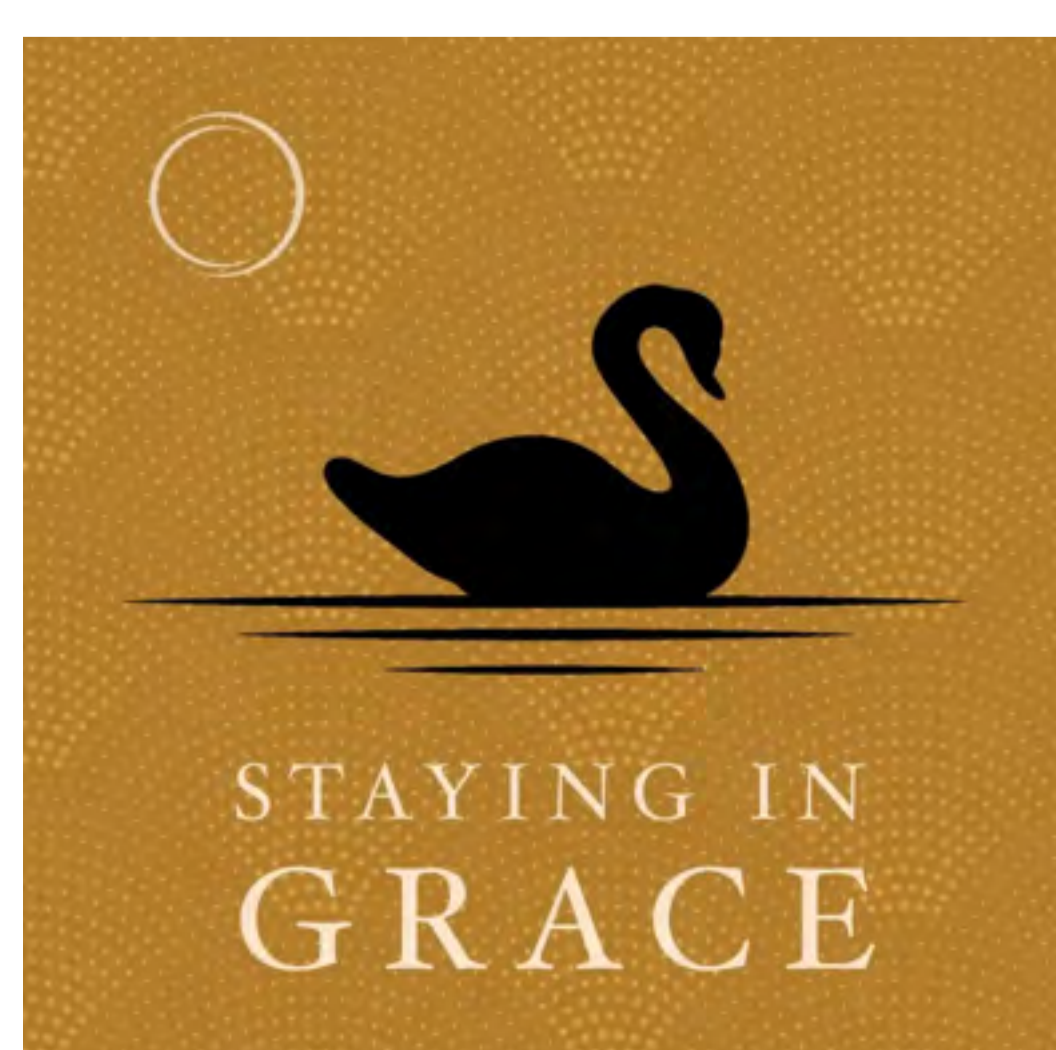


NEW – EXPLORING THE NEW LIGHT KONA, HAWAII • NOVEMBER 8–12, 2023

During a recent workshop Adamus Saint-Germain made first mention of "The New Light." The physics are simple: As a result of Heaven's Cross, there is a new level of divinity and consciousness with many humans around the world. The "light" from the soul's energy that provides the personal life-force in this 3D realm refracts in a different way when it lands on a highly conscious or Realized person.

REGISTRATION OPENS ON MAY 6, 2023

[MORE INFO](#)



STAYING IN GRACE KONA, HAWAII • NOVEMBER 18–22, 2023

This wonderful workshop is about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

REGISTRATION OPENS ON MAY 6, 2023

[MORE INFO](#)

CALENDAR



PLEASE VISIT THE [CRIMSON CIRCLE STORE](#) FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.
 CCCC – Crimson Circle Connection Center, Louisville, Colorado

MAY 2023

06	Monthly Webcast & Shoud	Online
13	Keahak XII	Online
14–18	Masters Circle	Villa Ahmyo, Kona, HI
27	Keahak XII	Online

JUNE 2023

03	Monthly Webcast & Shoud	CCCC & Online
10	Keahak XII	Online
16–18	Sexual Energies School Online	Online
24	Keahak XII Finale	Online

JULY 2023

01	Monthly Webcast & Shoud	CCCC & Online
02	Keahak XIII Intro	Online
07–09	The Threshold Online	Online
08	Keahak XIII	Online
22	Keahak XIII	Online

AUGUST 2023

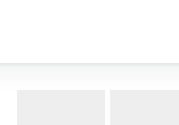
05	Monthly Webcast, Shoud & Summer Party	CCCC & Online
05	Keahak XIII	Online
11–13	Kasama Online	Online
19	Keahak XIII	Online

SEPTEMBER 2023

02	Monthly Webcast & Shoud	NO SHOUD
09	Keahak XIII	Online
09	Light of the Merlin	Online
23	Keahak XIII	Online

OCTOBER 2023

07	Monthly Webcast & Shoud	Online
14	Keahak XIII	Online
22–26	Masters Circle	Villa Ahmyo, Kona, HI
28	Keahak XIII	Online



WHY SES?

Hang around Crimson Circle for any length of time, and you'll hear people talk about the *Sexual Energies School* - "SES" - quite often. That's because this particular class is at the top of our list of strong recommendations! Since it is also a prerequisite for attendance at any of the in-person events and workshops, you might be thinking "It must be something really special" - and it is!

Although SES was first presented by Tobias back in 2006 and then updated by Adamus in 2015, the material is more relevant and timelier than ever. With geopolitical power plays unfolding around the world and personal energy schemes at an all-time high, the need is greater than ever for radiant sovereign beings who have found *everything* they need within.

The premise of SES is simple: by allowing healing and reunion of the masculine & feminine energies within, you can bring an end to energy stealing, suffering, and victimization of every kind. But in order to realize this inner wholeness, one must also recognize the ways in which energy stealing has already played out in your own life.

When you are ready to take this deep dive into your own energy and discover the love of self, life takes on a whole new depth, meaning and flow. In fact, it will change your perspective on just about everything as you return to the clarity and purity of compassion for self and free access to all the energy you'll ever need.

**RETURN TO LOVE.
GIVE YOURSELF
THE GIFT OF SES.**

**JUNE 16-18, 2023
HOSTED LIVE BY GEOFFREY & LINDA
HOPPE**

[MORE INFO](#)

Not sure SES is for you?

Read what other attendees had to say after they experienced this very important Cloud Class.

"Thanks to SES, I found the reason why I was stuck."

"Such deep insights, through my whole body and spirit. My life will never be the same."

"I'm so grateful for this wonderful workshop. It has shown me a way to love myself. I was never able to do that before."

"Actually, you saved my life."

"I feel that SES should be taken several times, because it is like a great book or a great piece of music: every time, you feel something else, new and meaningful."

"I wish I had done this 10 years ago!"

"I really had no idea the twist this workshop was going to go. It is brave of you to teach such a historically taboo topic and much appreciated that this mystery school knowledge has been brought forward."

"It took many years before I found the courage to do SES. Now I am proud of myself and very happy"

"Not only are my eyes opened to the sexual energy virus that is so pervasive, I also discovered my part in it. I realized I have been perpetuating the distortion by being so willing to feed others only to have my own ego as "a special extra nice person" fed. I really understand why Linda and Geoffrey require this course before all in person events."

"So much great information that really cut to the core of the issues."

"The messages gave a very profound insight in the way the virus works and why energy depletion happens. A lot of it resonated very deeply and I finally understood a lot of things that have happened in my life."

"Indescribable gift."

"Very profound information on so many important issues."

"This is my second time taking the class. It is amazing to me how much I forgot. I got more out of the class this time."

"I have done a lot of spiritual things, but this was so powerful and gives you all the answers!"

"It changed my life."

"I feel strengthened in my inner core. Something is shifting. I feel strong and I have less reactive patterns, easier to be with my partner, deeper and better lovemaking, more happy in my own skin and I feel safe. I am just really grateful and happy I finally did this."

"I feel blessed and chosen to have participated and it gave me clarity about who I really AM. It answered questions I had about my sexuality, what it is and what it is not."

"Profound. Life changing. I feel like I've 'remembered' rather than 'been taught.' It has provided such a perfect platform for acceptance, allowing and realization."

"A very important topic that is completely ignored in everyday life. Realizing the problem completely changes our attitude in life and makes us start life more carefully and consciously."

"I remember the first time I took the class I was stunned - the material made so many experiences in my life make total sense. However, taking it a second time had an even bigger impact. This class is truly amazing. The information is important and transformational."

"I haven't felt this good in years. I feel like I have my own power back."

"I am different."

WATCH TESTIMONIAL

"I thought I knew what SES was about..." Share

Now I know...

Feedback from an attendee of the Sexual Energies School

Watch on YouTube

WATCH EXCERPTS

Sexual Energies School - It can change your life Share

CRIMSON CIRCLE

SEXUAL ENERGIES SCHOOL

WITH TOBIAS & ADAMUS SAINT-GERMAIN

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GEOFF & LINDA TALK ABOUT SES

Sexual Energy School - From Energy Abuse to Sovereignty Share

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Artwork by Marc Ritter

By Jerry Sweeten

This offering has a few different stories to be told. It meanders a bit but hopefully it will all come together in the end.

At 14 years old I knew something was afoot. I felt an inner compass that was true. The direction was a felt one, not one of the mind. I knelt for a long time (like a good Catholic boy should), put my head down on my hands and committed myself to follow that compass. There was no one to talk to. I could see auras and could watch them change while a person was talking. I saw the energy feeding as energetic flows. I was completely clueless what to do with this information, so I put it aside and tried to fit in.

Then a bunch of other things happened, and I found myself at Crimson Circle on March 22, 2023, and it all changed. And my 14 year old self felt very relieved, because the longing that came with that inner compass pointing me home was finally fulfilled.

THE DREAMS

During the last dozen years, I have become aware of a series of dreams that culminated with one on March 20th. The whole dream sequence had images that resolved themselves into a beautiful and enchanted result.

There was a building that had gone past its prime. This building could have been a palace once, but it needed rehab. I remember dreams where I was in a vast basement that went on and on. Hard hats, work lights, and pouring of a new floor, including shoring up the foundation. What I felt like in the dream state was that my awareness of a certain foundational piece was involved in its creation. And so, I would hold that energy during the day too, so when I went back into the dream state that piece was manifest.

But when I hold that foundation piece energetically during my waking hours, I may seem distracted or dreamy. Well, over the past few days, I realized that I have been doing this sort of thing since that 14-year-old me said yes.

This is where the confession comes in. (Well, it's not really a confession. That was just a hook to get you to read.) To all those baseball teams in my youth that put me in right field, thank you. My parents called me unflappable, but in truth I was not there.

I heard Marilyn Harper talk to Lee Carroll about being a walk-in. Made good sense to me. I felt like a walk-out a lot of the time. Socially awkward. Different. Always spiritually oriented. I felt like this walking in and out was a clue for me, but I could not put it together. I had not remembered the ancient code that was activated (damn good thing too). I found myself waiting for something that I knew was happening, but I didn't have words for it.

The dreams continued. Some wings of the mansion were a little scary to go into at first. But this giant old building had good bones and we found pallets of materials covered with cloth that we could use to begin the remodeling. These dreams happened throughout my life but have been more intense over the past 12 years. Sometimes the "remodel" to a room included clearing energetic congestion. For there was something about flow with each of the rooms, as if they were energetic carriages across the veil.

Some nights I was handling color coded work task sheets. I used color for task priority and distributed them to others. These nights I was like a supervisor or contractor. There was a sense of urgency during some of these engagements, though these "tasks" were energetic in nature.

And yes, I raised a family and created a business that lasted 25 years. But I never really had heart for creating a large company. I had opportunities to do that, but stayed at a level that allowed me to travel and hold the energetic workings of the soul. Recently, I have realized that as I hold the energetic pattern in my waking state, I am allowing my soul energetic access to the 3D planet. My human mind was not sure what this was about because it cannot hold the vastness, the full essence of self. But the compass felt true in those moments, so I just did what seemed like a natural thing. I did not understand why others were not also compelled to do this conscious holding of energies.

Energetically, what was being held in the other realms was being anchored by a human on the Earth. Grounding is a good but overused word. I have been allowing my divine self access to the world through this human by simply being aware of the energetic pattern and holding it in my body. To me this is why humans were required for the rebuilding of the mansion.

And it was turning out to be not just a mansion, but a palace that a French aristocrat would be proud of. Beautiful. Elegant. Long gardens with reflecting pools. Flowers and plants in a pleasing manner that stretched to the horizon. And I was certainly not alone in these workings. Some of the others I recognized energetically, and I felt a kinship with all. A common purpose.

What follows is a dream I had about the ocean in March of 2023, interspersed with a short story from my childhood. The dream of the ocean came out as a sort of poem upon my waking.

*I am the sand, the beach
I build castles of wonder and of grief*

*I am the shore of a vast ocean
I am every particle of sand*

*I am the beach
All that I create on this shore of self*

*is gently caressed by the waves of the sea
And I create wondrous castles of beauty*

*And I create worrisome castles of grief
And the waves of the sea are there*

*gently washing these castles of wonder
and pain*

*Relentlessly melting the human creations
back to the sea and its depth of wisdom*

They are the same to the sea of my soul

I remember as a child building sand forts against the incoming tide. Busy sand buckets dug a nice hole and created a wall against the tide. As I sat in my hole, I realized that the nest I created for myself was being swamped from the bottom. A wave ran up my wall and back down. Hal! The wall held! While my attention was drawn forward, the sea sent a wave up behind me and I was floating in my little pool. The water was warm and inviting. My castle melted with each wave, so I lay there letting the gentle waves fill my swim trunks with sand and my heart with gladness.

*And I am simply the beach continuously
Caressed by the communion with the water*

Flowing around me with each breath

A saturation of self

*And as I breathe, I am aware of being
The essence of the wave too*

I am the wisdom

*I am that presence that caresses the human
The shore*

Fluid

Flowing in and around

*Saturating the sand
Becoming one with*

*I am aware then that I am the both
The Human
and
The Sea*

*And I breathe in the knowingness
of being seemingly separate
yet not*

Human and Divine blended anew

*I am that I am
I exist*

THE FINAL DREAM

The last dream occurred two days before the opening on March 22. In this dream the final touches are being put on this mansion, this palace, this doorway, this unveiling. I am in the grand hall with the doors open wide and light streaming in. Out in the gardens there are multitudes of flowers around a long reflecting pool. The pool and the water continue off into an uncharted distance. I am standing over a newly installed piano. While the piano had been tuned after its installation, I am with a woman who is checking the placement and the tuning. This woman's soulful presence is extraordinary and beautiful. She is an evolved being of music and especially pianos. A perfect ear to check out that everything was perfect. I was greatly relieved when she nodded her head and indicated that everything was fine. My heart was gladdened because that was the last detail I was responsible for. It was not until today, which is March 25th, that I realized that the theme music chosen for Heaven's Cross did indeed include a piano. I know that the piano was an energetic representation of the music we listened to. Pure music to join the energetic flow. I find an infinite sweetness in that memory.

After that dream I felt that the dress rehearsal for the big event was complete. The set design was all complete. The image of the grandest of all one-act plays was ready to begin. The vast audience were finding their seats in this magnificent, palatial theater. The house lights began to dim. I found my place in that vast and glorious gallery.

On March 22nd, my wandering self turned up in a National Forest in the shadow of a volcano. No other humans for miles around me. The ground is covered with black cinders from the long ago eruption. No other company besides the cedars and the jackrabbits. The single bar of service on my cell phone provided just enough connectivity to live stream the event.

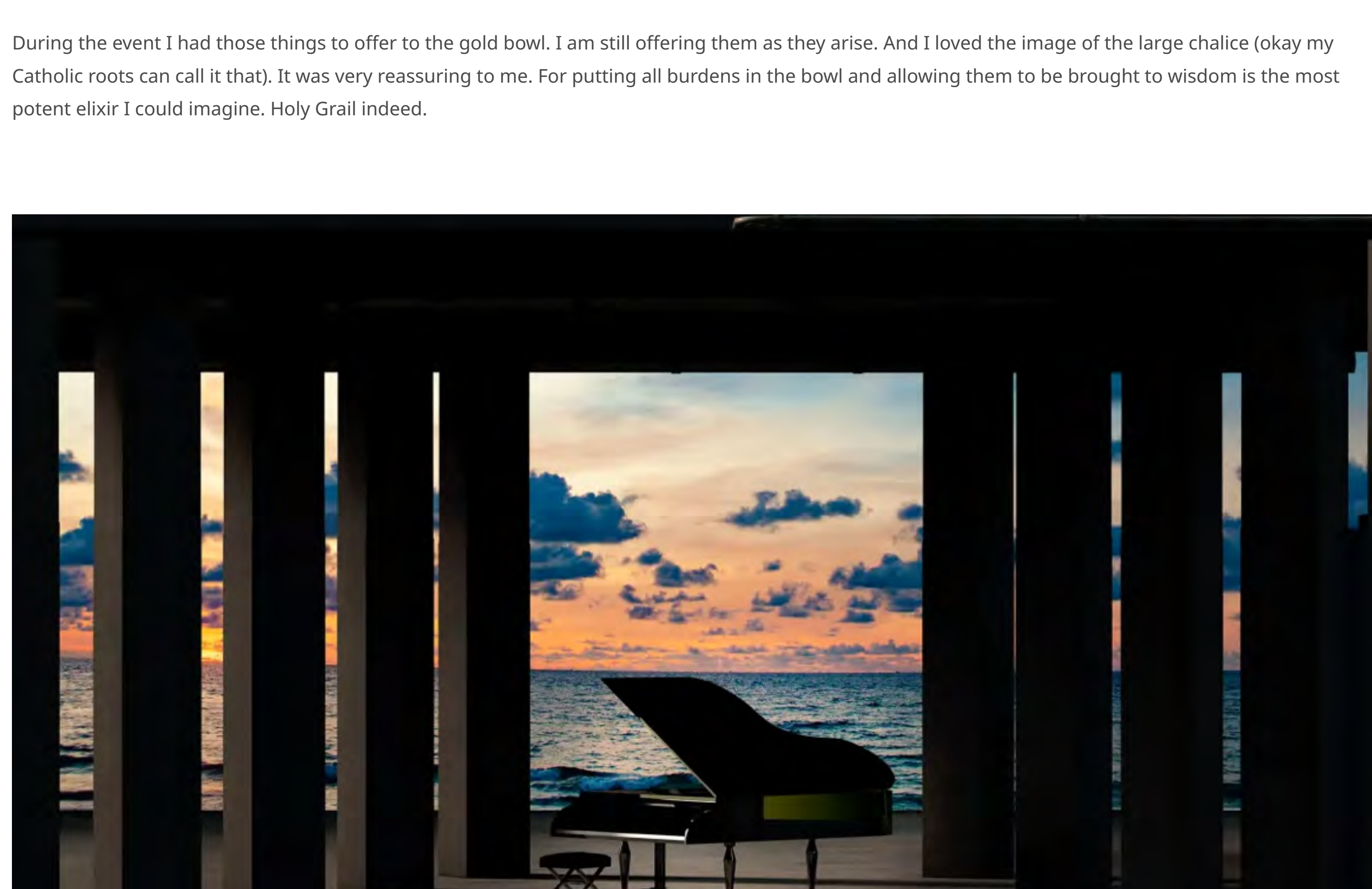
During the event, I cried when we returned to the planet. Afterwards I went outside and lay down on the sun warmed cinders. I dug my hands deeply into the loose cinders. And I wept. I felt myself walk back in. I am so glad to be back in this body. (It has been somewhat neglected.) Profound relief. Yes, it is real. Yes, I really participated in the event that I signed up for during the creation of the Order of the Arc. Profound relief indeed.

And traveling to the other realms just now is not my heart's desire. All in good time. I find myself looking at this world in a different way. My perception of who I am on planet Earth is unburdened in a way that my human mind cannot comprehend. Choices seem to have a meaning that is unconnected to anything else. As I look around me everything is familiar, yet completely new. A clear sense of retirement from a yoke of my own choosing.

This completion of all the lifetimes of work engenders a sense of wholeness that these words cannot fully express. I seek now to be in this body on this Earth in a way that has never been possible before. I look to each day to unfold in a magical way. What is happening now could not have been possible without the wisdom gleaned from all the 1231 lifetimes.

This event, this opening is not just this life's work, but all of those lifetimes too. All of those lifetimes of questing, seeking and yes, all of the suffering – this is their life work too. So many lifetimes of monasteries, meditation, and holding onto the frequencies, thus anchoring the energies of the divine. Lemuria, Atlantis, lifetimes underground, the life with Yeshua and many others. Times of aching loneliness and quiet joy. As I sit and write this, I feel the invisible strings of all of those lifetimes also sighing their sigh of relief. Because I am that I am. I open my arms to all of those selves that are also basking in the glow of an infinitely compassionate and wise soul. Yes, we have done this. Yes, to it being only what I felt I was called to do. Not for anyone else, but I could "do this work" because I have claimed my place at the banquet in my sovereignty. For that place at the banquet table has a placard with my name on it. In my own handwriting.

During the event I had those things to offer to the gold bowl. I am still offering them as they arise. And I loved the image of the large chalice (okay my Catholic roots can call it that). It was very reassuring to me. For putting all burdens in the bowl and allowing them to be brought to wisdom is the most potent elixir I could imagine. Holy Grail indeed.



Looking back at this life through this new lens of self, many things become clear. I see the choices and how they played out in a new way. For much of my life I thought I was broken and needed an elusive cosmic fixing. I have never fit in. I have always been focused inward and now I know why.

There was a grand party in the other realms before the event. We arrived at the party venue in busloads. The evening's entertainment included costume skits. Four people to a group came and performed a skit before a raucous crowd. Mostly comedy. There was a lot of rowdy and ribald jokes afloat. I conversed with the soul of a human client, and thus I missed my group's performance. But another group gathered me up and I realized that I did not have time to get into my costume. So I turned my shirt inside out and backwards and went as a clueless human. I received many guffaws.

Lots of dancing and rejoicing. It was a happy event.

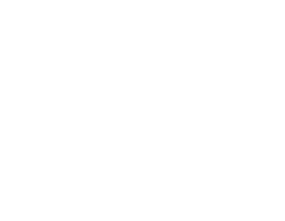
And yes, there has been a bit of disorientation. A loss of purpose perhaps? Eh. I cheated and did a practice run in my 3D life. I closed my business of 25 years and relinquished a building that has been my home. I dropped the identities that were associated with it. I am no longer a business owner, a vendor, a customer, a boss. My human self went through about a year's worth of disorientation. The angst and disorientation were brought to wisdom by my soul, so I have that source of wisdom that my human is drawing off of now. It is the same as dropping the identity of Realm Worker. An identity that I was thankfully unaware of. Clueless human indeed. There is a freedom in that release and completion.

My human life is a metaphor for what has been happening with the opening. I put stuff in storage and loaded the rest into Angel my camper in February. Every day I have woken up and said, "What's next?" I get an answer and I do that. These past months have been a magical flow. I have met some wonderful people. And this sounds strange, but I keep falling in love with them. I see in them a divine mirror. Some I have spent time with, and some have been brief encounters. And as I wander and wonder if it is myself I am falling in love with.

One of my final takeaways is that the knowingness of this event, this energetic shift in consciousness lives within me. There are the select few with whom I can communicate much with a simple nod of the head. I am grateful to have done this consciously with others. There is no other validation besides what I hold in my heart and my simple presence in the world. I don't need anything else. I am complete. I exist. I am that I am.

I am writing this out in the desert near the border of the US and Mexico. Ah, it is warm here and there is no snow. Angel did well in the snow (and the ice in the tunnel, but that is another story), but I did not wish to stop where it is cold. Simple pleasure of the sun on my face and chocolate in my coffee. What's next is to turn off the connectivity and just be here for a while. My best and heartfelt wishes to all in these apocalyptic times.

AUTHOR



Jerry Sweeten

Jerry Sweeten has had many identities his lifetime. He has been a teacher, parent, business owner, shaman, minister, and many more. The unknown identity of a Realm Worker is closest to his heart. He can be found adventuring in his campervan or via email.

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AT THE DOORWAY TO REALIZATION

JULY 7-9, 2023 – HOSTED LIVE BY GEOFFREY & LINDA HOPPE

HIGHLIGHTS

- The path to Realization holds a few surprises
- Secrets hidden deep beyond the human's grasp
- The dragon comes to find them
- An unrelenting demon becomes your dearest friend
- St. Germain himself did not escape
- The final ruthless step before Realization

The journey of a new angel from first arrival on Earth until they finally emerge as a realized Master is very long and winding, filled with experiences, joys and heartaches along the way. Getting lost on Earth and forgetting oneself is the “fall from grace” for which so many religions try to offer redemption. For this, and for countless “mistakes” along the way, humans have accumulated layer upon layer of guilt and shame, most of which they are unaware. Shaumbra in particular carry a tremendous burden of guilt from the times of Atlantis, and many embarked on a spiritual path to find that inner forgiveness. However, every Ascended Master, without exception, has gone through the often brutal experience depicted in Threshold – facing what Adamus calls the dragon, the relentless inner challenge to uncover and release every guilt and shame still borne by the human. Without this liberation, one simply cannot go into Realization.

The thread that winds through Threshold is the true-life story of Margo, an Ascended Master who faced incredible darkness, pain and challenges on her way to Realization. Her journey is a metaphor for every Master's trials as they release all that holds them back. The dragon of clarity appears, accompanying the soon-to-be Master on every step, until all is released. Adamus tells of his own brutal encounters with the dragon in his final months on Earth, as well as the challenges faced by Tobias and Kuthumi in their final times before Realization. The dragon guards the door to Realization, and then accompanies you through it the moment you are ready.

SESSIONS

1. Why Threshold

Although it is the last thing anyone does before Realization, including every Ascended Master, this information is not being taught anywhere else. *Threshold* is the reason Adamus is working with Shaumbra, especially the “Founders,” and the dragon is a very important part. He says, “If you think you've already encountered the dragon, think again.”

2. The Journey Begins

Realization is remembering who you really are; why did you wait? Margo's journey begins, a metaphor for your own; what's your story?

3. Forgiveness

Guilt and shame are seductive, they keep you working on yourself instead of allowing. There is no karma because the energy is all your own. At the end of the path, Margo misunderstands a sign, and finally hears an all-important whisper.

4. Guilt

There is no guilt in the I Am, it is entirely human made, and Adamus talks about where it came from. There is a choice to be made: Are you ready to receive the unforgiving forgiveness?

5. Invitation

At the end of the road, there is one final thing to allow. Can you receive it? Are you worthy enough? If so, it comes into every single part of your reality. All you need to do is receive.

6. Fall from Grace

The guilt comes from nearly every point in your existence on Earth. You got trapped, the “fall from grace,” turned your back on your own energy, and now suffer the indignities of being human. There is a particular point of guilt for Shaumbra.

7. The Encounter

Reminding us it is important to feel the energy behind the words, Adamus tells the stories of Tobias, Kuthumi and then himself, and their painful encounters with the dragon.

8. Questions & Answers

Adamus answers listener questions about Threshold.

9. Taking Flight

This time for integration brings a profound and unforgettable journey with the dragon.

10. Your Light

Your own personal timing is absolutely perfect; a natural alignment is taking place on all levels, even your past and future lives. Margo's story concludes; she is now at the Ascended Masters Club and part of every Threshold gathering. When the dragon has found everything, will you stay and share your light?

Format: Streaming video and online text e-reader

Cost: \$595 (50% discount for previous attendees)

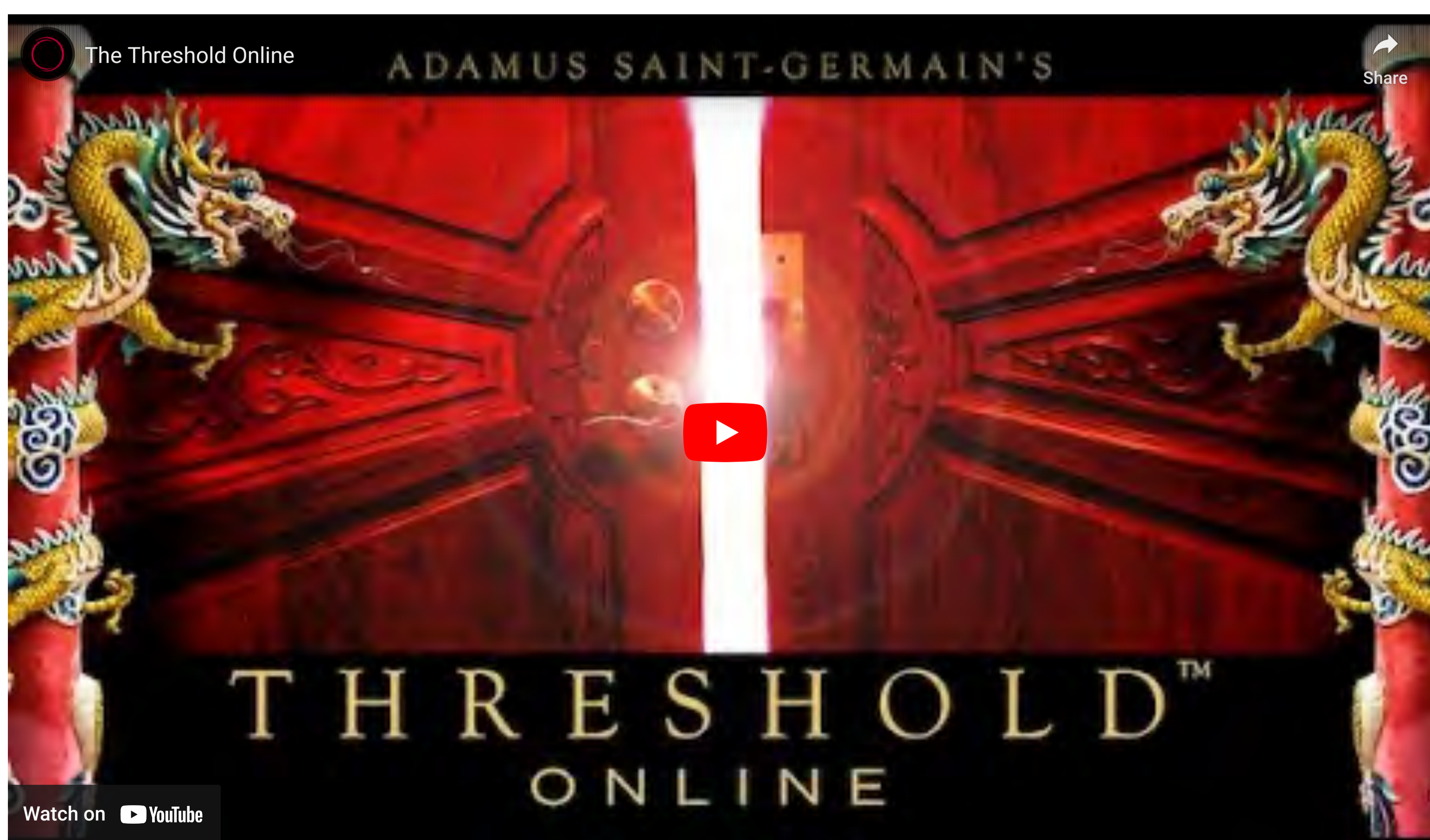
Access: 90 days access to video and text e-reader & translations

Prerequisite: To register for *Threshold*, you must have attended the [Sexual Energies School](#).

Text translations included:

- *Deutsch*
- *한국어*
- *עברית*
- *Magyar*
- *Français*
- Italiano
- *日本語*
- *Español*
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NEWEST PRODUCTS

Check here each month to see the newest releases not featured elsewhere in this issue!

HEAVEN'S CROSS MERABH

A Deep Personal Journey into Your Own Heavens



Cost \$22

Format: Downloadable audio, video & text

Access: Unlimited

This deep inner journey into new realms of your Self is perfect for bringing more personal depth and meaning to the opening of Heaven's Cross. In this guided experience, Adamus Saint-Germain helps you expand into the other heavens and bring back newly available energies, wisdom, and consciousness to serve you in daily life. Infused with the illumination and grace of the Apocalypse, this beautiful encounter with your soul will help dissolve the barriers between the realms of Self, making your divinity, light body, past, future, and dreams, fully accessible to your human self.

The veil, the innate separation between human and divine that has caused feelings of isolation and exile, finally begins lifting with Heaven's Cross. This long-foretold Apocalypse will eventually change the world, but first, it can change your life. Limitations no longer need apply; struggle, study, and effort are not required. This is the time to listen – listen with your entire being – and simply allow this integration. There's nothing more to do now but relax, allow, and let the energies flow in this time of grand unveiling.

[MORE INFO](#)

[WATCH EXCERPTS](#)

HEAVEN'S CROSS: THE OPENING

The Apocalypse Begins

Cost FREE

Format: Downloadable audio, video & text

Access: Unlimited

Apocalypse, meaning “to unveil” or “uncover” in Greek, allows the deep reunion with one's own divine Self and the inherent joy and freedom of this expansion. With new levels of consciousness on the planet, the Apocalypse will eventually mean the ending of power games, wars, suffering and karma, true ancestral freedom and thus the ability to live in abundance, ease, and grace.

The Heaven's Cross ceremony was conducted at Crimson Circle's Villa Ahmyo in Kona, Hawaii on the morning of March 22, 2023. Tens of thousands of humans from around the planet gathered online for this unprecedented event. In the presence of all the Ascended Masters and with deep acknowledgement for the rigors of our human journey, the Beloved St. Germain ushered in a new era. It is the ancient dream coming true, the culmination of a long and arduous journey.



[MORE INFO](#)

[WATCH EXCERPTS](#)

HEAVEN'S CROSS – PART 3: QUESTIONS & ANSWERS

Reconnecting with Self

Cost FREE

Format: Download audio, video & text

Access: Unlimited

As the veil between Earth and the realms beyond begins opening, the implications are profound. While the reduction in emotional, mental, and physical gravity will eventually affect every part of human life, the most meaningful outcome is the divine access that humans have yearned for since the beginning of time. For those who allow their energy to serve without limits, the result of this magnificent time will be a life of joy, happiness, abundance, ease, and grace.

Answering questions from Shaumbra around the world, Adamus speaks of potentially miraculous changes in health, a lightening of the physical density, the impact on our human lives and relationships, and much more. It is an inspiring picture of the profound change unfolding on planet Earth and the perfect time to let clear and pure energy serve you without limit.

[MORE INFO](#)

[WATCH EXCERPTS](#)

HEAVEN'S CROSS – PART 2: THE APOCALYPSE

The Heaven's Revealed

Cost \$95

Format: Online Streaming

Access: View for 90 days after purchase

Humanity has always dreamed of access to the divine, of seeing beyond, of mysteries revealed and a lifetime of grace. But the physics of this planet blinded the senses to our true state of being. Now, because of humanity's strong desire for change and your radiant light, an unprecedented level of consciousness allows the clouds to begin lifting and the veil to begin dissolving. Although the implications go far beyond this planet and physical creation, for humanity it means a quantum change that will evolve into every part of life.

Adamus talks about the physics of creation, and how the atomic structures on Earth will be affected by changes in time, space, gravity, and electromagnetics. This apocalypse or opening of the realms is the core reason for why you're here. It is the time of harvest, when the Christ seed planted so long ago finally bears fruit. This is what you came for.

[MORE INFO](#)

[WATCH EXCERPTS](#)



HEAVEN'S CROSS – PART 1: PREPARING FOR THE OPENING

Christ Consciousness in a Hopeless World

Cost \$195

Format: Online Streaming

Access: View for 90 days after purchase

Planet Earth has always been isolated from the other realms, causing humans to forget why they are here and blocking the natural flow of divine energies and communication with the soul. This disconnection results in a profound sense of hopelessness, which then causes mental imbalance, depression, addictions, and disease. Now, the opening of Heaven's Cross, a literal physics event that changes the electromagnetics of Earth, brings access to the other realms, Christ Consciousness, sovereignty, and grace.

This first installment of the Heaven's Cross series is in preparation for the actual opening of Heaven's Cross on March 22, 2023. Adamus says the effects of this momentous event will eventually be perceived by science bring a level of change to the planet not seen since the fall of Atlantis. The implications are far-reaching as many extraordinary potentials now become possibilities.

[MORE INFO](#)

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A RUDE JOURNEY



By Sandra Roggermann

When we began creating this documentary, we wondered what title would be catchy, representative, and cool at the same time. We sat with different ideas but finally realized what's been staring us in the face all along:

The journey of awakening is rude...

There's no sweet talking or sugar coating it. It ain't called "the dark night of the soul" for nothing. Once you made the choice to go down the rabbit hole of the question "Who am I?", it's already too late and you're barreling towards the abyss. Or maybe you want to call it 'the blissful realization that there's so much more to discover,' if that makes you feel better.

Either way, the roads to awakening are many. Some have extremely traumatic experiences. Some feel a strong pull to explore the mysterious worlds of magic, while others feel drawn to conspiracies, aliens, esotericism or all the various trips of psychedelic exploration of the mind.

No matter what your starting point is, if you're like us, you're very likely to become a wise-ass-know-better-do-gooder that will piss off your friends and family to the point that they will arrange for an exorcism, therapy, or simply want nothing to do with you anymore.

You'll possibly start googling things like: "How to become a hermit" and "Who has the better quality of life, the top of the mountain Guru or the Robinson Crusoe with a loyal but silent friend called Friday, living on a deserted island."

Eventually you'll find that because you just lost your job and inheritance, you don't have the financial abundance to make big life changes and will start binge watching the show 'Friends' to know what social life you're missing out on. (Which you will presumably judge yourself for, because it's not a very spiritual thing to do. But hey, nobody will know, because you're all alone anyway.)

You'll traverse between the old boring version of you and the new fantastical angelic embodiment. Maybe you'll become a vegan called "Broccoli Moon Angel Wing," always one step behind the golden carrot of enlightenment.

I could go on and on, but I guess you get where this is going.

Finally, there comes a point where you will have no other choice but to look at the monsters in your cellar. They have funky names like 'Unworthiness' and 'Self-doubt' and "Guilt," and they run a successful but shady business called 'Coping Mechanisms & Co United LLC'.

In a nutshell you will take a deep breath and hand in their notice with immediate effect. It'll feel empty and odd for a while, since you've grown quite fond of their company, but now you understand that you're the boss and you get to decide yourself what's in your reality.

And then, here comes the plot twist my friend; then you come across the Crimson Circle, the Rude Awakening movie, or other weird stuff.

You pick yourself up one last time, dive into exploring this strange 'cult,' you laugh (and judge a little), you cry... and you feel.

You feel the beauty of this journey and the deep knowingness that everything is beginning to make sense. You find out there are other crazy people out there, even ones that outshine you in what you thought was your unique trademark collection of flaws and insecurities. And you'll pull yourself together once more, take a deep breath, leap, and trust that now you're safe.

Welcome home dear friend!

We made the Rude Awakening Documentary in celebration of all of our journeys, our trials and tribulations, and decided to gift it to the world for free, so that everyone may know: "I'm not crazy and I'm not alone"

On paper it doesn't seem to make sense and it's probably the dumbest business plan ever submitted, yet we strongly believe that its energy will do the work. Much better than using the very limited ways of trying to sell it, convince a distributor of its immense value or negotiating the living daylights out of this project.

The ultimate goal was always to leave a love letter to all humanity as a reminder that we're so much grander than we can ever even begin to imagine.

In case you have any friends, family or social life left at all at this point in your journey, please share this film big time! We'd promise you a spot in the eternal bliss of heavens, but you've already got that. 😊

We thank you for being a Rude Ambassador!

You can watch and share the Rude Awakening Documentary from the website rudeawakening-film.com.

The Rude Team also has a weekly podcast, published each Friday, that unpacks quotes from the film and takes the conversation further. You can listen on Spotify [HERE](#) and most big podcast sites.

AUTHOR



[Sandra Roggermann](#)

Sandra is one of the Creators & Lead Producer on Rude Awakening. She's passionate about writing poetry, telling meaningful stories, connecting people, spring time and dogs. In her previous career she was a holistic coach, but felt nudged to expand her sphere to reach a bigger audience, ready to embark on the journey back to self. Sandra describes herself as a hopeful romantic that refuses to take off her rose tinted glasses.

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CRITICS CORNER



HEAVEN'S CROSS MERABH • \$22

Excerpts from Shaumbra reviews and comments on various presentations. To leave your own feedback on any class or product, simply go to the item page in the Crimson Circle store and click on Ratings and Reviews!

**THE MOST PROFOUND SENSE OF EXPANSION**

This truly was one of the most wonderful experiences of my life. Never before have I felt such a profound sense of expansion. You really helped me to get my mind out of the way which allowed me to deeply feel into the experience of Heaven's Cross. Thank you so much.

— Peter

**NEVER AGAIN BEING SEPARATED FROM ME**

That is to me the essence of the Merabh... Never again being “just a human,” but seeing my humanness as a part of a much bigger picture and recognizing the value of it. It is such a relief. Although I have done a lot of releasing for years now, there was always this feeling of it was not enough. Something was missing. The true and deep connection with my Soul.

This has been such a deep experience. The feeling that the only thing that matters is the connection with my Divinity. Everything else has no importance.

—Anne Maribo

**BEAUTIFUL**

This is indeed a beautiful creation and gives the opportunity of having a beautiful experience. Adamus takes one by the hand and gives time, time, and time to go deep within and allow you to feel and integrate all of you to here and now. This whole event is built up to make you ground yourself, relax, and allow yourself to expand, to meet your soul ... AND it works. The funny thing is that there is nothing new in this, but what shows up is the rest of resistance that you “might have” within with regard to letting go and allowing the meeting/integration with all of you...

It feels like coming home. Now I am home.

— Finn

**HEAVEN'S CROSS EXTENDED VERSION**

Wowza! Truly blown away by today's new release Heaven's Cross Merabh and honestly more so actually than “the live HC event” last week... this merabh really “grounded” it for me in spades... I loved this and feel like it is the missing piece from last week to help the true integration of Heaven's Cross. Like the “extended” version!

— Tammie

**DEEP INTO THE EXPANSIVE REALMS / HEAVENS**

THIS is the real one – the other opening event felt like a joke to me. I felt angry about it, so angry, that I called Adamus and St. Germain in for that. And to my surprise, they appeared immediately and sat beside me....

But this Merabh here, goes deep within and into the expansive realms / heavens, a very beautiful experience for me. At the beginning I was a bit impatient about this long introduction with these different names and explanations about Free Self, Soul, Higher Self etc. etc. But then suddenly I realized that this Free Self IS me, it is me in my free state of being, always here, never been somewhere else. With this realization, I felt how the last pieces of separation were gone.

— Britta

**SIMPLICITY**

Simplicity is the first thing that comes to mind when writing a review of this product. It gifted me with the understanding of how much I, as a Human, have complicated everything. In the beginning, I could nearly hear Kuthumi's laughter at this silly, silly Human. But thanks to Adamus patience with me as the fucking Human I am, I slowly, slowly let go, opening up to all I That Am to come in...

My little Human is not that small anymore; now I know that without this Human, nothing of this would ever exist, nothing of this would ever have been created, and that is the main thing experienced. So a big Thank you to Adamus for reminding me of all of this, but the most enormous thank you is going to Me, to my Soul that helped me create this little Human. But first of all, to me, my I Am most certainly exists, not only here but in all of my Creation.

This is the most personal Merabh I have ever experienced. So, from the bottom of my Heart, I recommend this for everyone to listen to when you are Ready.

— Jaziel

**SIMPLY RELAX AND ALLOW**

It's now all about patiently, naturally opening and allowing – so simple, isn't it.

It took this human several times of listening, but suddenly I was there, in an experience of my divine flow, in a way that according to Adamus has not been possible while in human form before now. The Apocalypse had to happen first with its easing of the mental-physical gravity and dissolving of the veil.

Words fall short, for it's such a new and different experience. A personal opening of consciousness. This Merabh inspiring patience, without doubt getting in the way as my senses open and expand, including the sense of freedom as I relax into this natural shift knowing it serves me perfectly.

— Lise

NOTE: Be sure to check other items in the [Crimson Circle Store](#) for more Shaumbra reviews & ratings, and always feel free to add your own!



CC TIPS

Monthly suggestions and recommendations to help make your Crimson Circle experience smoother and easier!

NEW & IMPROVED GRADUATE SPACES FOR LIVE-HOSTED CLOUD CLASSES

Shaumbra, have you heard the news? We have enabled the new Graduate Spaces in the Online Connection Center for live-hosted Cloud Classes!

The new Graduate Spaces are for the following classes:

SES | ASPECTOLOGY | THRESHOLD | KASAMA | MASTER CODE

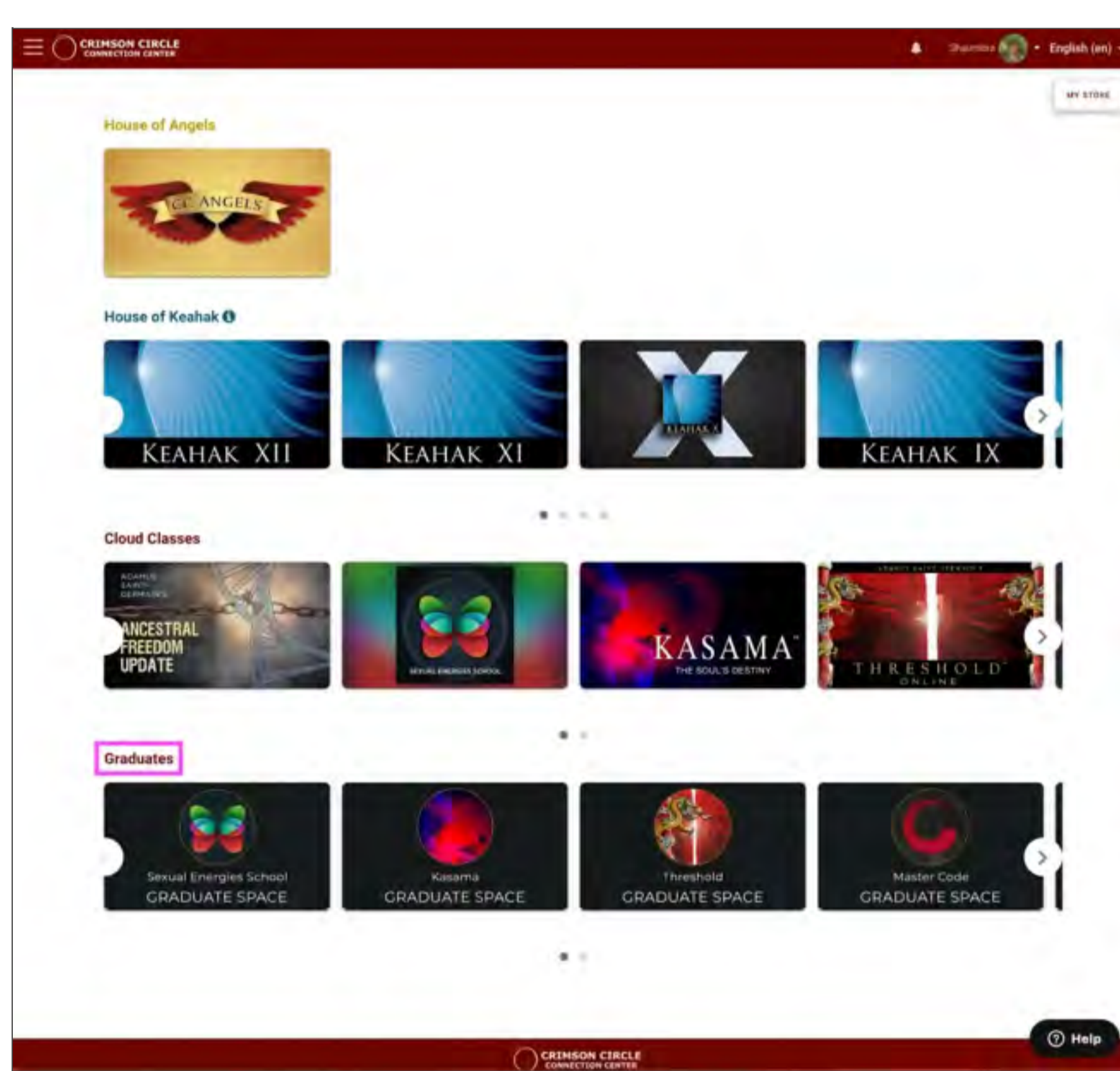
You can now access your Graduate Space from the ease and comfort of the [Connection Center](#), the online platform that hosts active Cloud Classes and the Keahak Program.

We used to host these spaces on another platform (Ning), but now you can access them directly from the same place as your Cloud Classes. These Graduate Spaces are designed to help you connect with the materials of live-hosted Cloud Classes you've taken as well as with other graduates, offering a unique opportunity to share insights and continue exploring the potentials presented in the Cloud Class in a safe space.

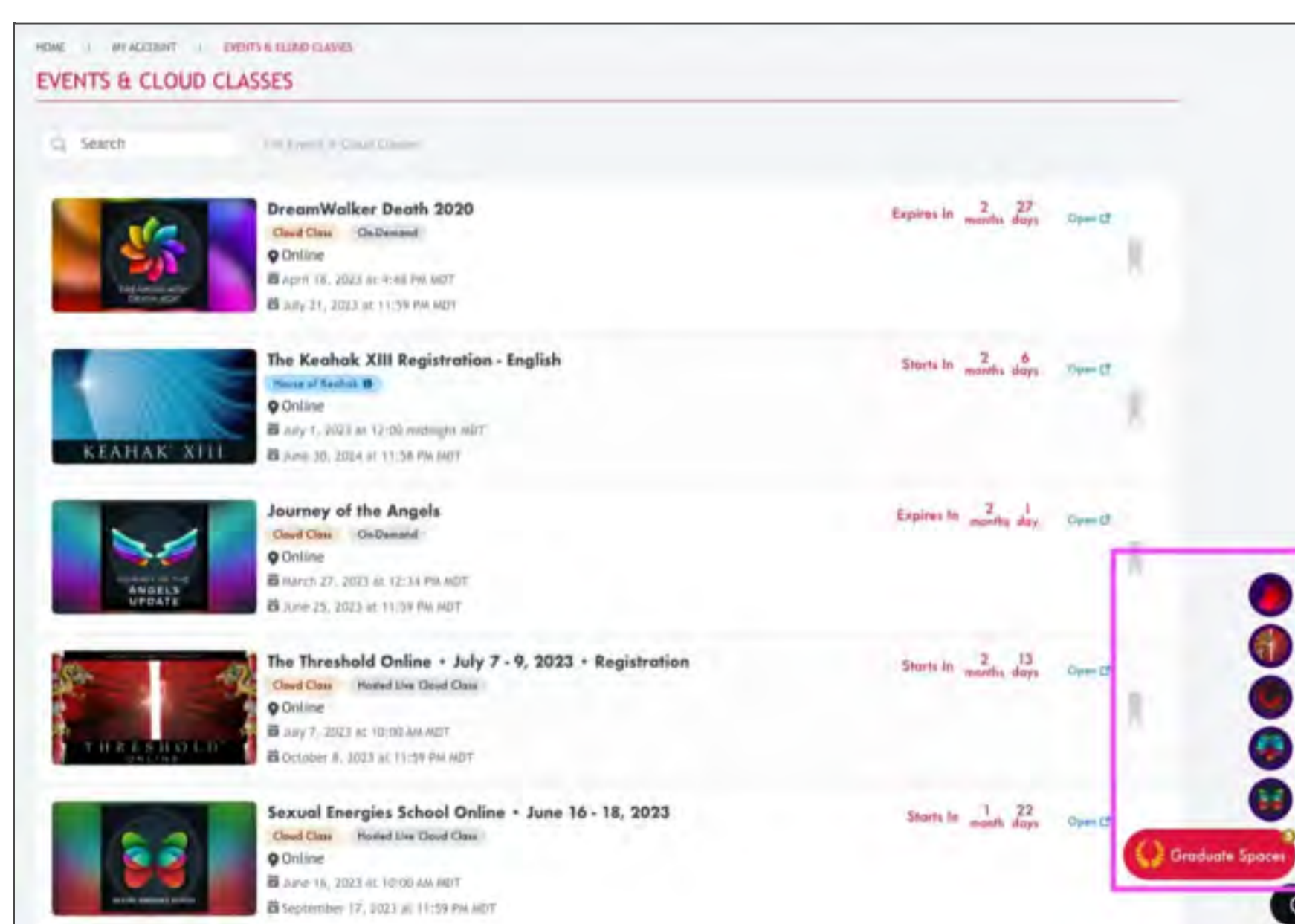
HOW TO ACCESS THE GRADUATE SPACES

There are two options:

- **Option 1:** Log in to the [Connection Center](#) and scroll down to the bottom of the main page. There you will find all the graduate spaces of the live-hosted classes you've participated in.



- **Option 2:** Log in to the CC Store, then go to "My Events & Cloud Classes" under your name. Mouse over or tap the red icon in the lower right corner to see your Graduate Spaces.



Once inside the Graduate Space, you will find different features available on the top menu for you to explore. Here are some of the highlights:

- The NEWS tab keeps you up to date on upcoming events related to the Cloud Class.
- DISCUSSION is a space for **asking questions, sharing insights, and engaging in meaningful conversations** with other participants. You can browse through previous topics or start a new thread. This is a great way to deepen your understanding of the material and connect with others who are on a similar journey.
- Under the RESOURCES tab, you can find a variety of tools to support your growth and learning. This section includes the Cloud Class's session outlines (to help you with the main topics and insights discussed in the Class), as well as any other documents, videos or audios related to the Cloud Class to help you integrate the teachings.

The Graduate Spaces are there **for all graduates of live-hosted Cloud Classes** to provide a supportive environment, stay connected with other participants within a safe space, and hold yourself accountable for your own inner journey.

We invite you to explore these spaces and make the most out of what they offer. And don't worry; **we will frequently monitor these spaces** to ensure that the discussions stay focused and meaningful.

To find out more about these spaces and how to use them, please go to our [Service Center](#) and explore the articles we have prepared for you.

We look forward to seeing your valuable contributions in these new spaces!

A MID-LEVEL MANAGER'S REALIZATION



By Kemila Zsange

It was another busy Sunday morning. My mind had already kicked into gear as I was moving around at home. This was a time that my partner had learned not to initiate any conversation. Rather, he stayed in his space, left me alone, until I was ready to announce at the doorway that I was on my way out, so he would then come to give me a good-bye kiss.

I had my insulated lunch bag ready, found my door keys, put on my jacket, and bent over to tie my shoelaces. Then there came a funny feeling in my stomach. No, I was not sick. It felt almost a little like *Deja-vu*. And my mind immediately connected scenes from a motion picture with that feeling.

Jonathan Kray at the beginning of *Rude Awakening* repeated those motions four times: Sitting up upon waking from his bedside alarm clock, fumbling his feet into the slippers on the floor, brushing his teeth, getting dressed, and straightening his “mid-level manager” badge at the jacket collar before heading out with his briefcase. It implied another Groundhog Day on the linear journey of being a modern human.

Am I having a Jonathan moment?

It cannot be. I am so different! Almost a little annoyed, but largely confused, I called to say “I’m leaving now” to my partner, mindlessly kissed him good-bye, and pressed the elevator button as he slowly closed the door behind me. I tried to shake off that funny feeling. I am different, not because I wear a crossbody bag rather than carry a briefcase. I am different, not because I don’t wear a suit but normally a decent but comfortable and modest blouse (as a therapist, I don’t want to out-dress my clients). I am different because I work for myself. I’m not a mid-level manager working for a corporation with an unreasonable boss. I am better off than that!

Sunday traffic in downtown Vancouver is less busy. The air seems fresher. Streets are quieter. I can move around jaywalking more freely across city streets. Maybe there *is* a little similarity between Jonathan’s fictional character and me. Supposedly we both walk to our offices. On my 20-minute walk, thankfully, there was no fancy glowing back-to-the-future car to drive full speed over me in the middle of the road, nor my future master-self stepping out of it wiggling her hips and shaking her head at me. But then I was hit by a cynical voice coming through my mind: *You don’t have one boss to work for, but today you only have four bosses!*

Lately my mind has learned to use my wit against me. What’s going on with all this? Is it part of the post Heavens Cross effect? How do I consolidate all of the habitual narratives, feelings, and now new thoughts and feelings? For over ten years, I have been quite used to measuring my success by looking at my heavily loaded calendar of appointments. It is historically documented that I have been very busy for many years straight. On the calendar, I appear to be doing exceptionally well. This has been very significant to someone who had a hard time believing in herself for the majority of her life. I am now doing what I love doing. I have found my calling. This is fulfilling. I have passion. I’m living my purpose. And I am supposedly happy. I even came up with a self-congratulatory joking line, “After I retire, I’m going to hypnotize people.” That goes to say that I’ll never retire; or, you can say even though I am working, I feel retired already. What’s the difference? Don’t they say the labour of love doesn’t feel like labour at all?

Then, where did that feeling in my stomach come from? I decided to walk new pathways going east and north, rather than the usual route to my office. I breathed all the way to my stomach as I walked. Slowly, as I put one foot in front of the other, a deep longing for myself arose within me. It said I cannot continue to be satisfied by my “successes” anymore. I quickly scanned the current landscape of the life I was living, and knew I had successfully made myself a mid-level manager of my own “successful career.”

Disheartened, and at the same time rudely excited by that realization, I arrived at the quiet floor of my office. It was March 26, 2023, four days after Heavens Cross. And it had not been an easy four days for me. Adamus said prior to Heavens Cross, if we didn’t let it all go, all the junk, all the baggage, all the crap, it would hurt a great deal.

Something in me was quietly hurting this Sunday morning. My theoretical success couldn’t soothe and address it. My mind had been telling me the same stories and controlling all these “career success steps,” planning, plodding, fearing, and calculating for over ten years. I have always been aware of my habitual calculating mind, challenged over and over by the perception of loss – opportunities, finances, and status – accumulated from other lifetimes, and I knew, though the mind was not fully willing to acknowledge, that the calculating mind had kept me small, ironically.

On the quiet floor of my office – after all, it was Sunday – I took a few moments continuing to sit with that feeling in my stomach. “If you are to guide me,” I sent my deepest breath there, “I am willing to give up what I think I know and follow you. The ever present and persistent aspect that I call ‘calculator’ in me has created quite a bit of tightness and suffering, trying to figure things out, to overcome issues. But I can feel there is something that ‘calculator’ doesn’t know – the whole picture. What is it? Tell me. Show me. My mind may not be sold on it or convinced, but at this moment, I as a mind am willing to be quiet. I know the same old theoretical success could only take me so far. Now you be my guide.”

I need you. A small still voice started from my stomach.

Is that it? I really thought there would be a more “apocalyptic” answer.

Yes. All of you. Let go of the old definitions, including the definition of success, and enjoy life. Remember how relieved you felt when you heard Adamus say that the remainder of your stay on this planet is for the enjoyment of being here?

Are you asking me to work less?

That is another mind calculation. It’s not about more or less. It goes beyond that, my dear. And it’s also simpler than that.

My mind was very confused. It never liked the word “simple.” Meanwhile strange tears welled up in my eyes. What are all of these? Post Heavens Cross, strange things are bound to happen, maybe. I used soft tissues to wipe up my tears before they ruined my make-up. And I breathed some more.

My guidance is for you to accept whatever comes in the moment. Soften all the edges, so you can go with the flow that’s always here.

Wait a moment! A few days ago, I wrote a line on my social media, “I make change in my life by accepting the change that occurs in my life.” Maybe it came from you. Maybe you have always guided me. Maybe I don’t always need that funny feeling in my stomach to get it. We’ll see.

I pulled out the client files for the day. Just as I was going downstairs to meet the first client, my third client messaged me to say that she woke up with a bit of a sore throat and a slight cough. She wanted to reschedule. My fingers quickly typed yes to it before I went to greet my first client.

Between my first and second clients, I had some time to try moving my last client earlier to fill in the newly created vacancy. He responded by saying he actually wished he could do it half an hour later than the original appointment. That gave me the opportunity to propose rescheduling him to a later date.

So here I am, someone who used to hate any last-minute appointment changes, on this particular last Sunday of March, unexpectedly finished her work much earlier. I was still not sure how to categorize this particular day, and I didn’t care. Walking home, uncomfortable and uncertain as I was, I remembered how well into my early twenties, my then boyfriend told me he liked me because I had that child-like wonderment. Maybe it was time to be an enjoyer of this grand mystery of life once again...

Staying with what I was feeling, with no mental activity, I quietly gave myself permission to cross heavens.

AUTHOR



Kemila Zsange

Kemila Zsange found Crimson Circle the exactly same time when Adamus showed up, in 2009, the year she started her hypnotherapy practice. It all started to make sense. Born and raised in China, she now lives in Vancouver Canada. She loves to wake people up using trance. So a hypnotist in disguise, her true work is to undo hypnosis with people she sees in a martial-artistic way. You can find her at [KemilaHypnosis](#) and [CarolsLives](#).

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DEAR MASTER

IS KEAHAK FOR ME?

DO YOU WANT TO DIVE DEEP INTO YOURSELF, NO MATTER WHAT?

Compiled by Carolina Oquendo

Note: this article was written with the collaboration of Luz Gaeta, who provided most of the questions.

Q – Dear Master, I've been thinking for a while about joining the Keahak program, but I still have so many questions. I want to be sure that I'm making the right choice, but I am still unsure about what to expect from the program. What will happen if I decide to join?

It will be very, very intense. It could be times of frustration. It will absolutely be a year of, let's call it, evolution, change. It will absolutely take you out of your timeline-based reality.

If you're attached to your history – and history sometimes means your family, your job, the things that you sometimes hold dearly to – this may not be the project for you, because **it will get you out of your past.**

If you're into processing or healing, if you're still the wounded warrior – let's get over that – but you should not be part of this group.

If you're still into accomplishment and success, and if you're a spiritual seeker, please, this is not the place for you, because it will be beaten out of you right away. And then you won't be happy.

Keahak is the place to be for **consciousness explorers**, [understanding] the metaphysics of the New Light, how to use it in your everyday life and the ultimate effect on mass consciousness. Keahak helps you to go into it with more **grace and ease**, and with a lot more **understanding of what you're going through, and why** you're going through it.

[But], there are some requirements: if you sign up, you can't go back. You'll want to, but you can't. **If you sign up** (...) means **things will happen.**

Q – The information indicates that this is a deeper and more frequent contact with Adamus, so does it mean that he will be answering our questions directly?

During the year, we will get together twice a month for experiences, discussions – well, not discussions, is more like a lecture – and delving deeper. The messages and energy in Keahak go deeper and faster than in any other cloud class or Shoud, and are often intense as we break through new levels of consciousness.

Once or twice a year, we will discuss audience questions (related to a specific topic). However, most of the time, it's pure, unadulterated **Adamus Saint-Germain in “professor mode.”** The message is always straightforward and strong. There's a clarity in Keahak because the listeners are so committed to the program.

The messages can be supportive or provocative, always very insightful and, at times, very intense. They go **beyond the discussions and experiences** in the monthly Shoud messages, taking Keahakers to a **new level of consciousness and energy** in their lives, [exploring] how the **New Light affects everything** from time, space, gravity and energy flow.

In Keahak, everyone feels their own personal connection. It's not a group thing. Truly, **it's an individual experience.**

When you become part of this, you're basically saying you're willing to **commit to your journey on a daily basis.** The commitment is ultimately to yourself, and to your embodied Realization in this lifetime.

Q – There are lots of other classes in the store and, although everything is valuable in general, how is Keahak really different from all other courses & videos?

We're going to be bringing in whole **new levels of (...) energy and opening** consciousness and recording it (...) so that there is an understanding of what's going on.

Keahak is the venue to bring out new information for Shaumbra. Eventually, a large portion of the Keahak material eventually comes out in the Shouds but usually not as deep as during the Keahak session.

Keahak is the classroom for **exploring advanced metaphysics** and how it applies to your everyday life.

Q – If I asked a Keahaker what have been their biggest benefits by being part of Keahak, what would they say?

They would say that it has affected their awareness, and of course, their life and how they show up in the world. Being able to get into a place where they can feel – it's not really intuition, it's a knowing that comes through – and allowing it to be. **Allowing the not-speakable, the what-you-cannot-put-to-words, to be.**

Q – I just want to make sure that I am not inundating myself with a lot of studies. I'd rather just 'allow' and let it flow without having to get involved in yet another project. What do you think? Should I join?

The decision to enter Keahak is rather a personal one, and it depends on your individual circumstances and the choices you want (or need) for your life (and your inner journey).

Keahak is generally **for those wanting to dive headfirst into the experience**, even if the energies get crazy sometimes. It's for those desiring to explore new frontiers of consciousness right now, and not just hear about them later.

So, before making your decision, ask yourself this:

- Can you make the one-year commitment, or would it just add to the current chaos?
- Are you willing to dive deep into yourself, no matter what?
- Are you ready for something new, or do you need the time and space to integrate the information from the Shouds, Cloud Classes, and free products?
- Are you ready for Adamus to be with you for a year, or do you need time just to be with yourself?
- Do you prefer to go fast, or more at a casual pace?
- Do you like being at the leading edge, or would you rather come in the following wave when the energies are more settled?

Keahak is not a linear curriculum, **it's an expansion.** So, if you're not quite there yet, don't worry about it. And don't get into that thing of “I want the best, I want the most cutting edge,” because that's a mental human desire.s

You know right now about how much you can handle. You know what your limits are.

No matter what you choose, trust that it'll be the best choice for you.



REGISTRATION CLOSING JUNE 15, 2023

[MORE INFO ON KEAHAK](#)

Taken or adapted from:

[NEXT] Series: [Shoud 9](#), [Shoud 10](#)

[To Keahak or not to Keahak from Geoffrey Hoppe](#)

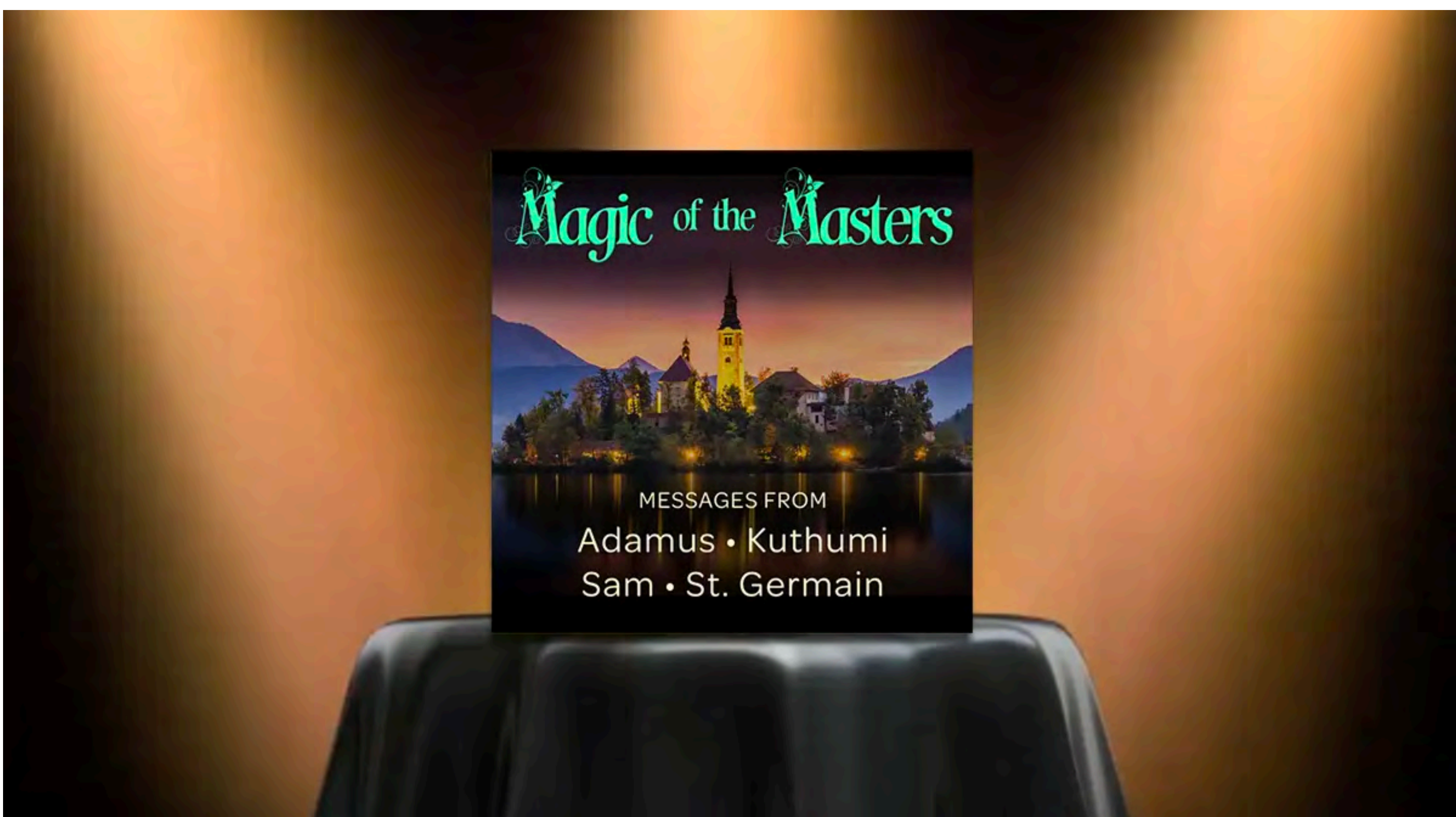
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HIGHLIGHTS

- DreamWalk back to Atlantis
- The love of Tobias and adventures of Sam
- Communing – the energies sing!
- Kuthumi hiding from his soul
- It's not what you believe, it's what you allow!
- Time to go beyond mass consciousness
- Bring home everything that's yours

When 500 Shaumbra Masters gather in one place, something big is bound to happen. During this event in Bled, Slovenia, Shaumbra learned about communing and began releasing themselves from mass consciousness. First, St. Germain led a DreamWalk to retrieve an old aspect, still in the Temples of Tien dreaming the Atlantean Dream. Then, in a sweet and poignant first message to Shaumbra, Sam (the new incarnation of Tobias' oversoul) shared some of his experiences living as a Master on Earth. Kuthumi follows with a loving and humorous story of communing with his soul, allowing his Realization, and bringing back the magic. Adamus then explains what mass consciousness is, where it came from and why it's here, and guides Shaumbra in rising above its tightly woven gravity. With this freedom, you no longer have to be affected by everyone else's thoughts, emotions, memories and beliefs.

With the presence and support of Adamus, St. Germain, Sam and Kuthumi, Shaumbra have come so far in allowing their Realization that there is now no going back, even if you tried. Your light is brighter, you can commune and sing with the energies that are here to serve, and hold your own thoughts and dreams, no longer storing them in the cloud of mass consciousness. According to Adamus, this event is a true milestone for Shaumbra, at the level of the Quantum Leap and Tobias' Farewell.

SESSIONS

1. Dreamer, Come Home (46:05)

Adamus gives a short history of Shaumbra's journey. Tobias called us together and helped us know we're not crazy. Then Adamus took over and began cleaning house and getting rid of the makyō. The next big step is no longer working for energy but allowing it to serve you. He then shifts to St. Germain and guides a DreamWalk back to the Temples of Tien in Atlantis. In this experience of *And*, the dreamer is still dreaming the Atlantean Dream and is one of the last aspects waiting to come home. We give the invitation, "Dear dreamer, you are no longer alone. The dream is fulfilled. Take my hand and come with me now, be in my life. Help me dream a new dream."

2. A Master's Life (1:02:05)

Sam introduces himself for the first time to Shaumbra and explains that "SAM" means "Sovereign Ascended Master." From the same Oversoul as Tobias, Sam is here to experience and enjoy things that Tobias never did. He has discovered Tobias' teachings on the Crimson Circle website, reconnected with Tobias himself, and has never doubted that he is both human and divine. Sharing a few details of his life, Sam talked about his girlfriend, his car, his dog, his challenges with technology, and the precious experience of communing with everything around him. He invites the audience, with the accompaniment of Yoham, to hear and commune with the energies, and how they sing back to you.

3. Communing with Soul (1:04:40)

Kuthumi comments how Shaumbra are so much lighter and brighter than in years past, then relates the story of how he convinced St. Germain to work with Shaumbra when Tobias left. He laments about the confusing nature of words, causing much laughter in his "mis-hearing" of various things, and how the mind distorts what the soul is communicating to us. Then he tells more about his experience of lying in bed, resisting and mis-hearing the messages from his own soul, Ah-Kir-Rah. Finally, he concocts a song, with assistance from Yoham, and invites the audience to sing along.

4. Beyond Mass Consciousness (51:50)

After inviting us to feel into the gathering and all that has happened, Adamus states that now comes the time to do what we came to do – release mass consciousness. He explains why and how it came to be, and the effect it has on humans. It is comparable to the computer "cloud" where everything is stored – every action, thought, dream, belief – everything. Mass consciousness has kept you oriented in a type of limited balance, but you don't need it anymore. It used to have some creativity but is now very mental and glued together with emotions. Now is the time to disentangle and allow yourself to rise above the cloud. As you do, bringing home every single thing you ever contributed, it begins to loosen the tightly woven gravity and has a profound effect on mass consciousness.

Format: 90 days access to streaming audio and online text e-reader

NOTE: This Cloud Class does not have video

Cost: \$44 ~~\$37.40~~ through May 31, 2023

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Featuring: Adamus, St. Germain, Sam, Kuthumi and Yoham (Gerhard, Einat & friends)

Channeled by Geoffrey Hoppe, assisted by Linda Benyo Hoppe

Recorded in Bled, Slovenia, October 2018

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SHAUMBRA HEARTBEAT

MY BUCKET

By Jean Tinder

Sometimes I “get” something on such a deep *feeling* level that trying to unwind it into words seems ludicrous, like sifting the ocean one cup at a time or counting the snowflakes in a blizzard. It’s so much easier to have the full knowing permeate my being than try to squeeze it out into a linear string for you to read. But that’s what I’m here for, so let’s give it a whirl.

It has to do with *letting go*, a topic still fresh in my mind from the recent Heaven’s Cross and April Shoud webcasts. For both events, the focal point on stage was the grand bowl or chalice that Adamus used to represent giving up everything to soul. He talked a great deal about how important it was to release everything that might still be holding us back, inviting us to just let all the *crap* go so that our soul can transform it into wisdom. The invitation was really like more a requirement from Self in order that we could start receiving the gifts of Heaven’s Cross. After all, if someone is offering you a beautiful gift but your hands are full of rubbish, it’s hard to receive the good stuff!

Here’s the big picture that’s hard to put into words: it turns out that *anything* I’m holding onto is rubbish. The chalice of my soul isn’t only for letting go of the “bad stuff” and things I no longer want in my life. It’s there to remind me to drop *everything* and trust the flow. To really let go and let my God self take care of *everything*.

This level of letting go is a challenge because it runs directly counter to human nature. My human self has been trying to get un-lost for eons, and a large part of her remains convinced that if I believe the right thing, take the right actions, and please the right god in just the right way, maybe I’ll finally succeed. This human me believes that one day she can go beyond the hope of heaven into the actual experience, and she holds on desperately to every little glimpse or taste of that paradise. I can see that she’s still chasing the golden carrot, faithfully adapting to every new bit of information, and sorting experiences, expressions, feelings, ideas – everything about herself – into buckets of “Yes” and “No,” good and bad, wanted and rejected. And now, feeling how close heaven really is, she wants to get it right more than ever.

Fortunately, there’s also a wise Master part of me, and I keep reminding my human that all her devoted effort is the opposite of allowing. The duality of “this but not that” is the opposite of integration. Struggle is the opposite of release. And perseverance – her forte! – is the opposite of letting go. For the most part, the admonitions work, and she’s pretty good at staying in the background. But recently I decided to give her a little boost.

Adamus’ metaphor of the chalice, this “holy grail” standing on the altar of the soul, became for me a potent symbol of trust. But holy as it is, I also wanted it to be fun and personal. I wanted my own chalice, my own reminder to “*Let it go*” and “*Don’t pick it up again!*” and sometimes “*Yes honey, let that go too.*” So, I went shopping, found a pretty bowl, set it on my table, and it’s been reminding her/me every single day. Funny though, its effectiveness is mostly due to the name I gave it. You see, sitting in a place of honor on a lovely glass table in my favorite room, you will find my elegant golden *Fuck It Bucket*.

How do I let something go? Heck, how do I let *everything* go? By remembering that all the sorting I used to do doesn’t matter anymore, because now there’s only one bucket into which everything goes.

Having a moment of self-doubt and loathing? Fuck it.

Wishing some “super mom” part of me would get over it so that adult children might move on? Fuck it.

Having trouble with the cognitive dissonance of hating on rich people while wishing I was abundant? Fuck it.

Feeling overcome with peace, contentment, and joy – and wondering how to keep it that way? Fuck it.

Disappointed about today’s aches and pains? Fuck it.

Worried about how this project or that dream will turn out? Fuck it.

Sure, it can start out as a mind game, like repeating “I’m abundant and healthy” over and over while not really believing it. But when I remember nothing matters nearly as much as I used to think it did, it’s easy to keep letting go. The mind is still a little grumbly because it really likes having problems to solve. But “problems” and “solutions” are two of the old buckets I don’t use anymore, so I give the mind other stuff to noodle on. Trying another approach, dear mind asks, “How can I live a life of ease and grace without fixing the problems that are clearly standing in the way? How will they ever be solved if I let them go?”

That’s when I look over at my Fuck It Bucket and remind my mind that it’s all about flow. And trust. And allowing. And all that other good stuff. And you know what? It works!



It’s helpful for me to remember that my energy is like water and when I let go, it’s like removing the rubbish from a river. This beautiful flow meanders through my reality, bringing everything to life and life to everything. But when I sort things into the old buckets, it’s like a short-sighted developer who thinks she knows better than the river where and how it should flow. It might even be that some of her precious construction projects will get flooded out and destroyed if she stops managing everything. But if the river is simply allowed to flow, a whole new lush and verdant garden, full of everything she needs, will come into being. By working WITH my natural flow instead of fearing it, everything in my reality landscape can finally realign and reorient to what I really want, and all without any effort on my part! Once I toss all those management buckets into the beautiful golden Fuck It Bucket, the flow takes care of everything.

In fact, that’s exactly what’s happening in my life. Oh sure, I sometimes still get caught up in the problem/solution spin, in future/past beliefs like fear and regret, in otherness thinking like “I hate what that person’s doing.” But then I see my lovely little chalice, my bucket to replace all buckets, and remember what to do. One simple little phrase reminds me that the flow is always perfect. And then it is. Always.

AUTHOR

**Jean Tinder**

As Crimson Circle’s Content Manager, Jean is fulfilling her life-long dream to shine her light in the world. On a spiritual journey since childhood, she found Crimson Circle in 2002, joined the staff in 2008 and never looked back. Her first book is called “[Stories from My Last Lifetime](#)”. Jean can be contacted via email.

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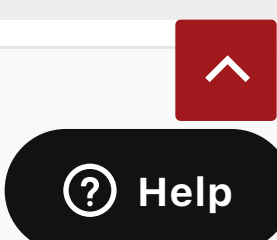
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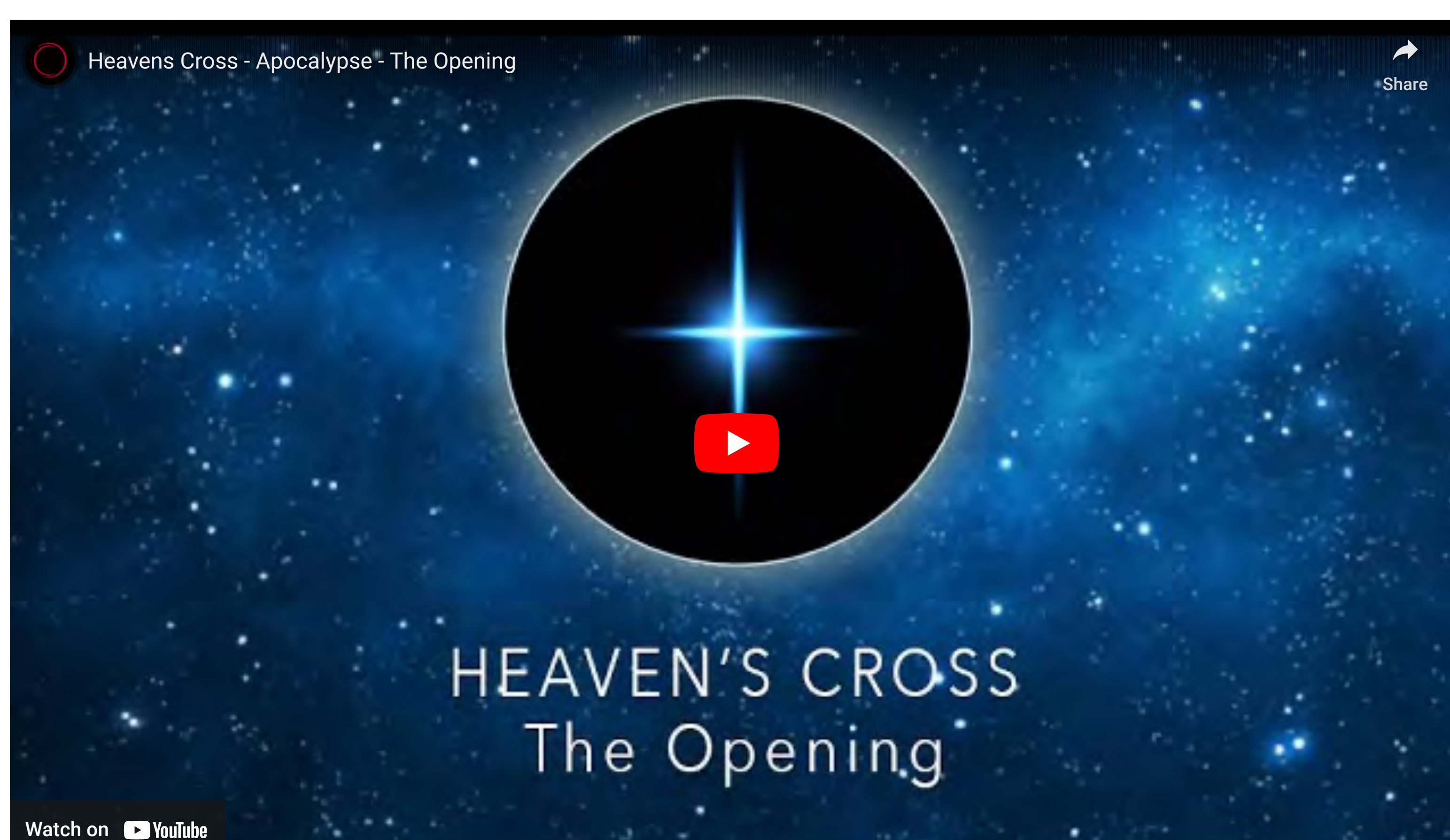
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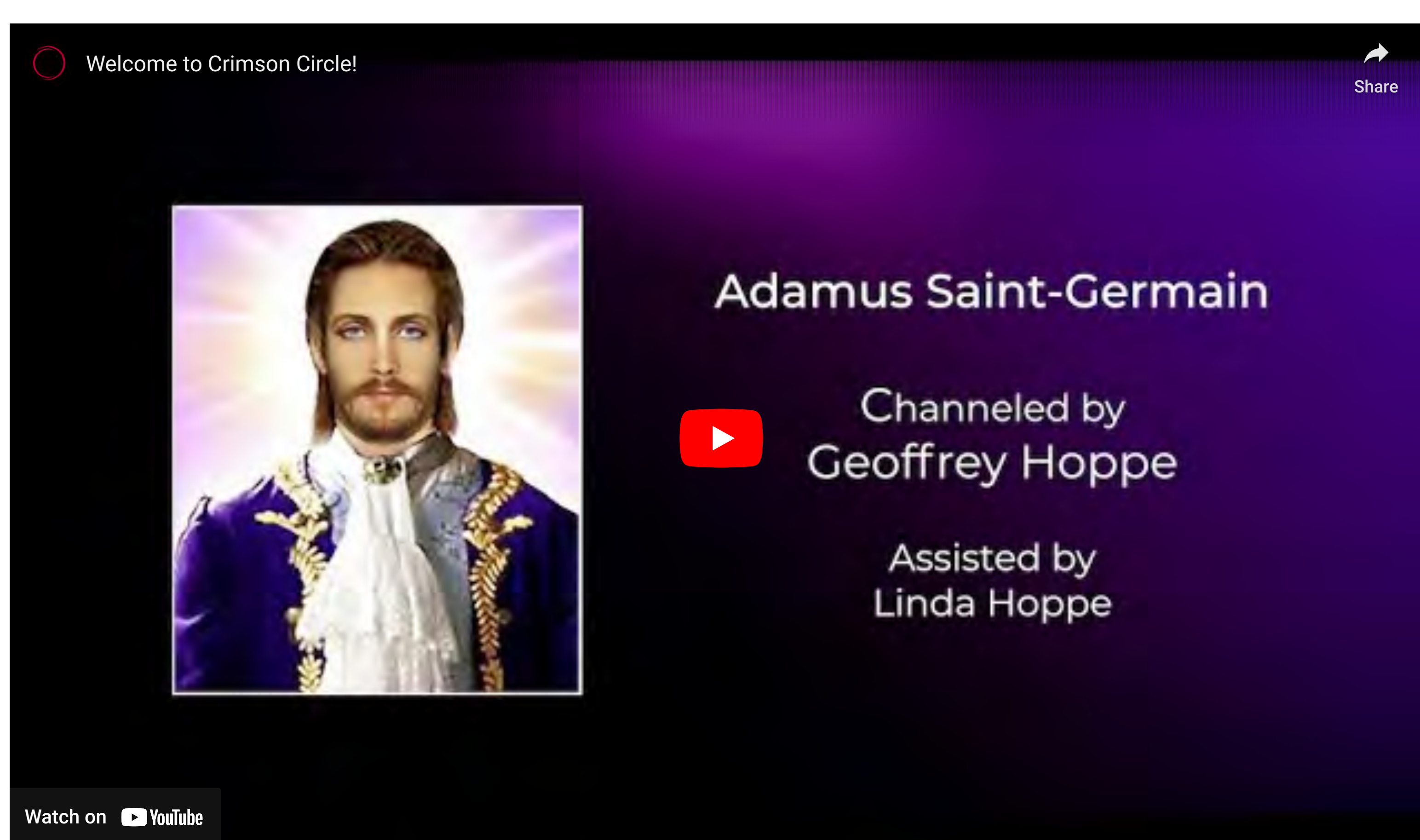
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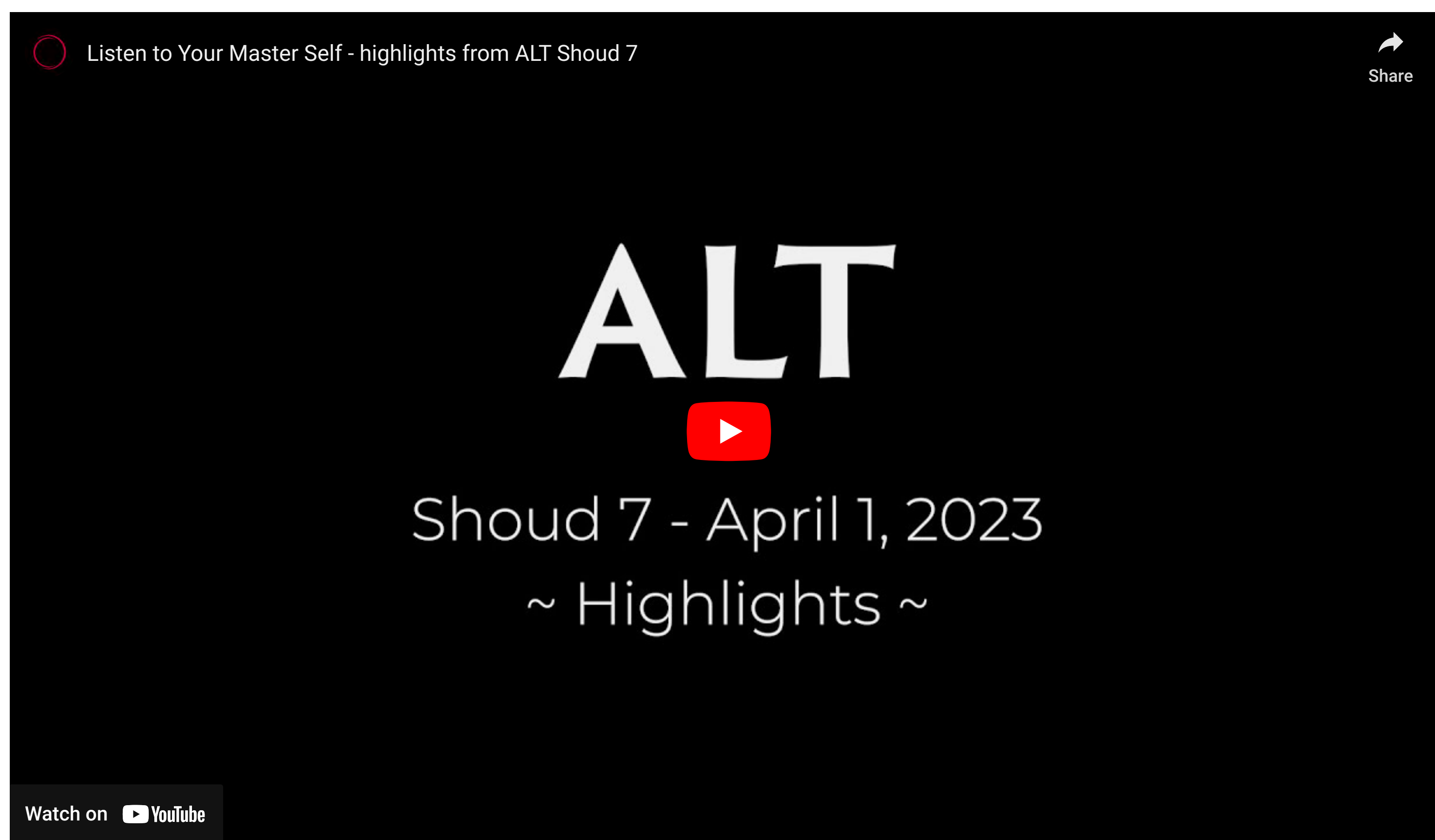
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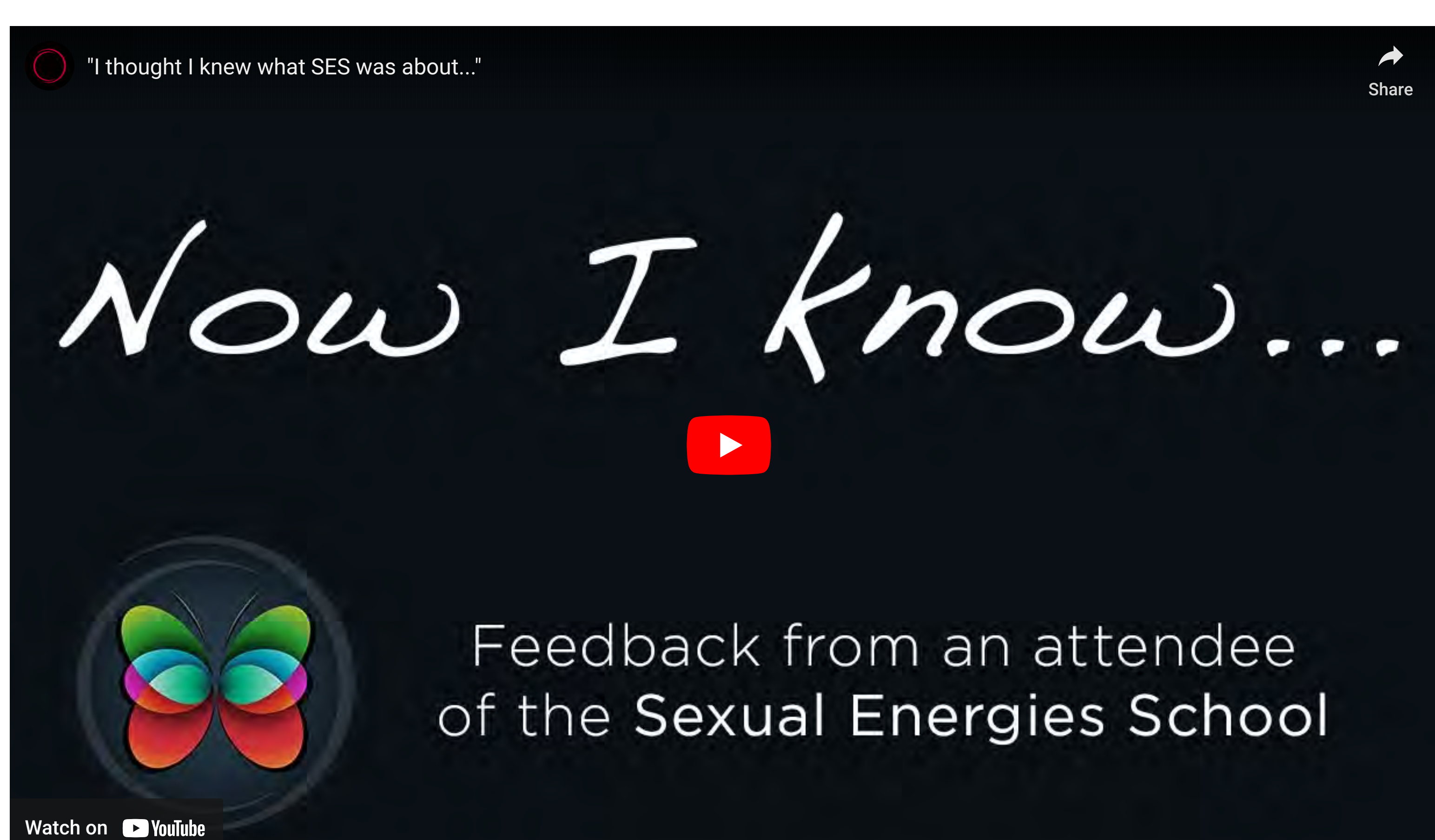
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