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#### WELCOME TO SHAUMBRA MAGAZINE

#### Dear Shaumbra,

We're still tweaking and improving the new Shaumbra Magazine format. Let us know how you like it and what else you'd like to see!

#### Things you can do:

- **NAVIGATE** Use the arrows at the top right corner of every page to move between articles.
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We hope you enjoy this new format!

The CC Magazine Team

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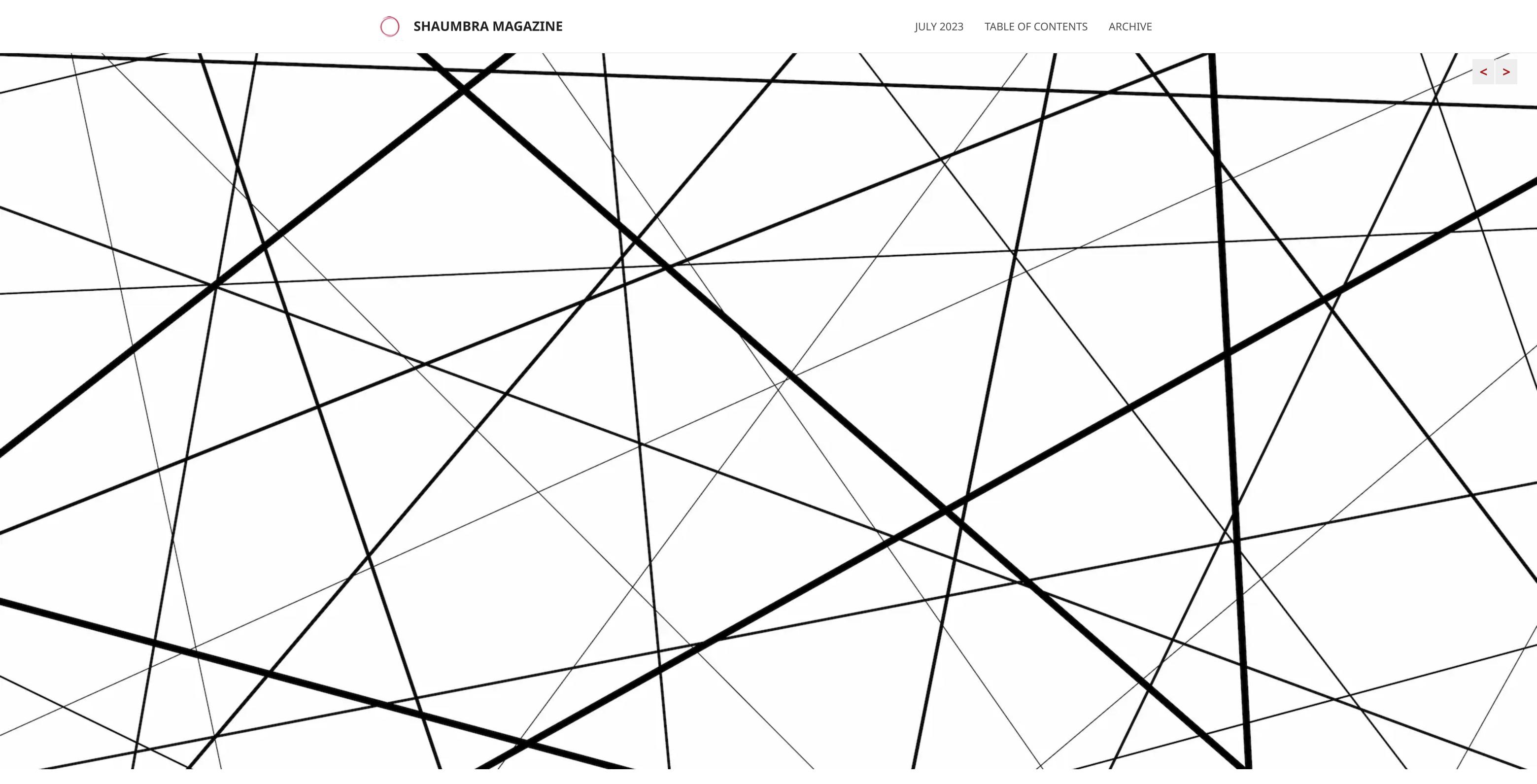
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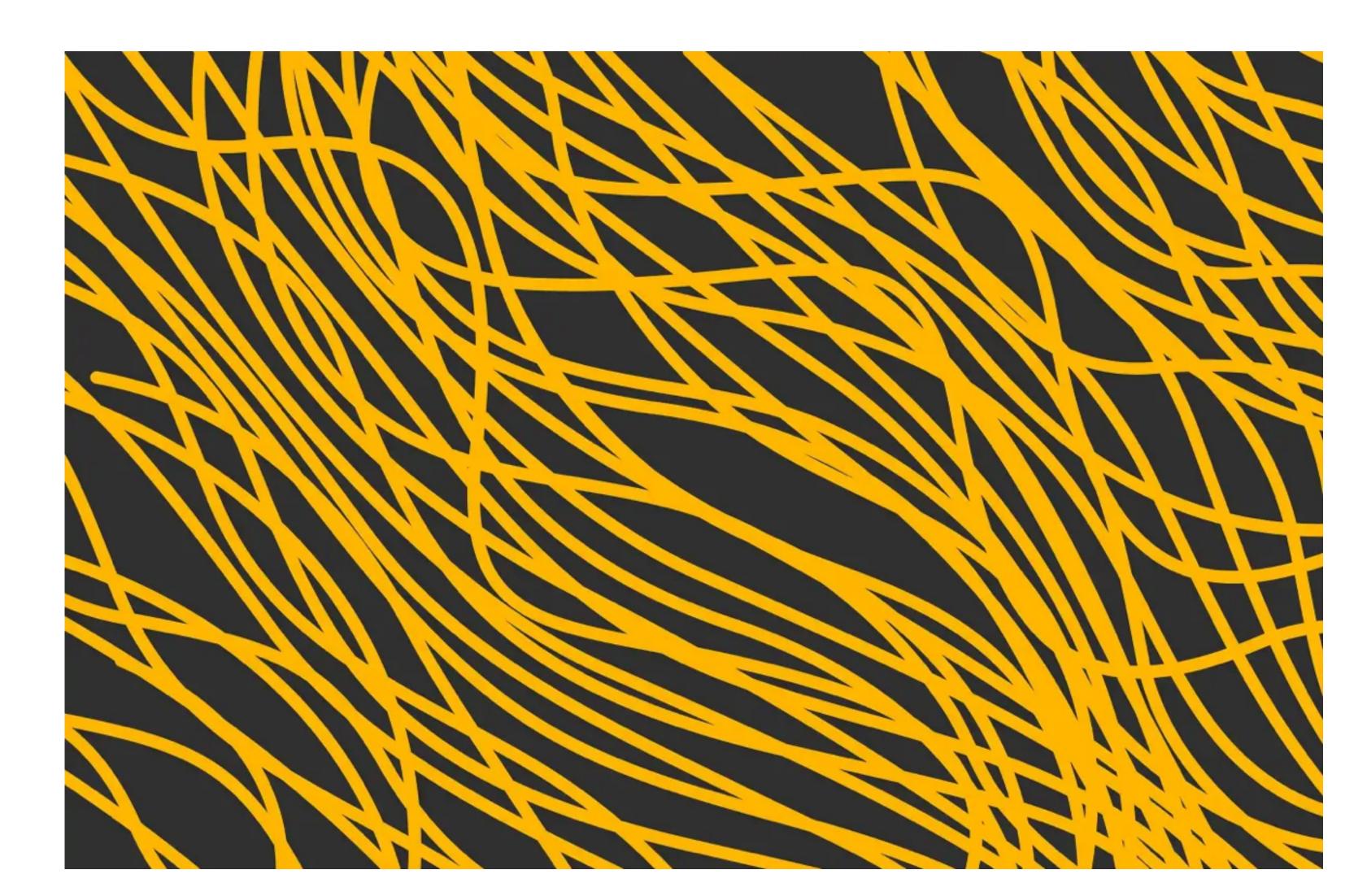
## FINE LINES

By Geoffrey Hoppe

t seems that ever since Heaven's Cross I'm noticing more fine lines that ever. Not just in my face, but in how I interact with my reality. It's a good thing, I suppose, that nothing is as defined and structured as before. Maybe the rest of the world still has their thick black lines set down in permanent paint, but mine are getting thinner and vaguer by the moment.

For instance, what's the fine line between sanity and insanity? Between being balanced on Earth and expanded into the other realms? Between being human and divine? Or, being alive or dead? The fact is, it doesn't even feel like a fine line any more. It feels like a wobbly wet noodle, barely held together by gravity, changing in every moment. All of the noodles are worming their way around other noodles in the bowl of reality. Lines? There's a fine line between lines and noodles these days. It's just that one is straight and limited, while the other is of the Free-Range variety. Free-Range Noodles! OMG, that's what we Shaumbra are becoming.

A fine line means that there's no longer clear distinction, separation, or judgement about what is and what isn't. The line could disappear at any moment. Black could become white, white could become green, and pretty soon it's all just blinking Christmas tree lights floating in mid-air.



Did we ask for this, or is this just a natural bi-product of the heavens opening their arms to us? It's a fine line. We asked for something, and something is happening, but I don't recall asking for disorientation, lack of good old qualia, and at least a dozen WTF? moments every day.

I'm walking a lot of fine lines right now. Here are some of my recent musings, or perhaps crazy thoughts. It's a fine line:

There's a fine line between fishing and just sitting in the boat looking like an idiot.

Do I at least get a Participation Award for sitting in the boat, acting like I'm fishing?

There's a fine line between success and failure.

Just one or two ingredients can make all the difference. Hold the garlic and onions please...

There's a fine line between a lawyer and a liar.

There's a fine line between genius and insanity.

"Hello, I'm Geoff. I'm a spirit channeler."

They even sound similar.

There's a fine line between being impressionistic and just plain messy. It's all in the eye of the behold unless you're a Virgo like me. Then it's just messy impressionism.

"Hello, I Am Adamus Saint-Germain. I'm the president of the Ascended Masters Club."

There's a fine line between arrogance and confidence.

There's a fine line between character building and soul-destroying.

There's a fine line between bravery and utter stupidity.

Just watch some of the Shaumbra interactions with Adamus.

There's a fine line between hope and sadness. Sometimes you can feel both at the same time. I hope I never feel that sad, or perhaps it's sad that I have to hope to never experience this conflict.

"Tell me about the looming fine line between human intelligence and artificial intelligence." Just enter that line into ChatGPT and see what comes up. Chances are the machine will come up with better stuff than you or me.

I've had parents, teachers and drill sergeants that claimed to be helping my character. Look at me now. I'm trying to put my soul back together.

They both come eye-to-eye with the raging bull, except one has big cojones and the other has a sense of humor.

There's a fine line between wanting to leave the planet and wanting to be the ruler of it all. Hail Caesar. He got both. There's a fine line between being a matador and a rodeo clown.

There's a fine line between genius and crazy. It all depends who's driving the car. At times I feel like I'm just a passenger in a crashing car. Oftentimes I don't feel like anybody is driving the car; other times I feel

everyone except me is driving the car. It's a fine line.

of stupidity. Plus, I had to pay \$175 for the harrowing experience.

The day I decided to climb to the top of the Sydney Bridge in Australia without a gun being held to my head was probably on the side

Good humor is always about walking a fine line. Tell me about it. I'm trying to write an article to take Shaumbra's mind off the drama of fine lines and my humor seems to be failing me.

We are walking some challenging fine lines right now. We're faced with the fine line between being human and being divine, the line between being mortal and immortal. There's a miniscule line between our physical body and light body, even though we tend to think they are separated by vast

There's a fine line between a stream of consciousness and a babbling brook to nowhere.

differences. The lines between our foibles and our wisdom are about as stable as Jello. Oddly enough, there's a very, very fine line between *efforting* and *receiving*. Adamus has been talking a lot lately about Receiving. He devoted a large part of the June Shoud to the subject, and again at the recent Keahak XII Finale. Apparently, it's a big deal; I recall him saying something like, "It's the biggest change in consciousness in the past 7,000 years." One would think they are polar opposites. Efforting means working hard for something, and receiving means just letting it flow to you. The fine line is that they are both just energy, both serving you. The fine line is how you want it to serve you. Hard work, or ease and grace? Battling or peace? Suffering or joy? The fine line is one of perception. Does energy need to be efforted, or can it be received? Do we need to keep score of our hard work, struggles and suffering to be worthy of our own energy, or can we simply accept it without paying any dues or

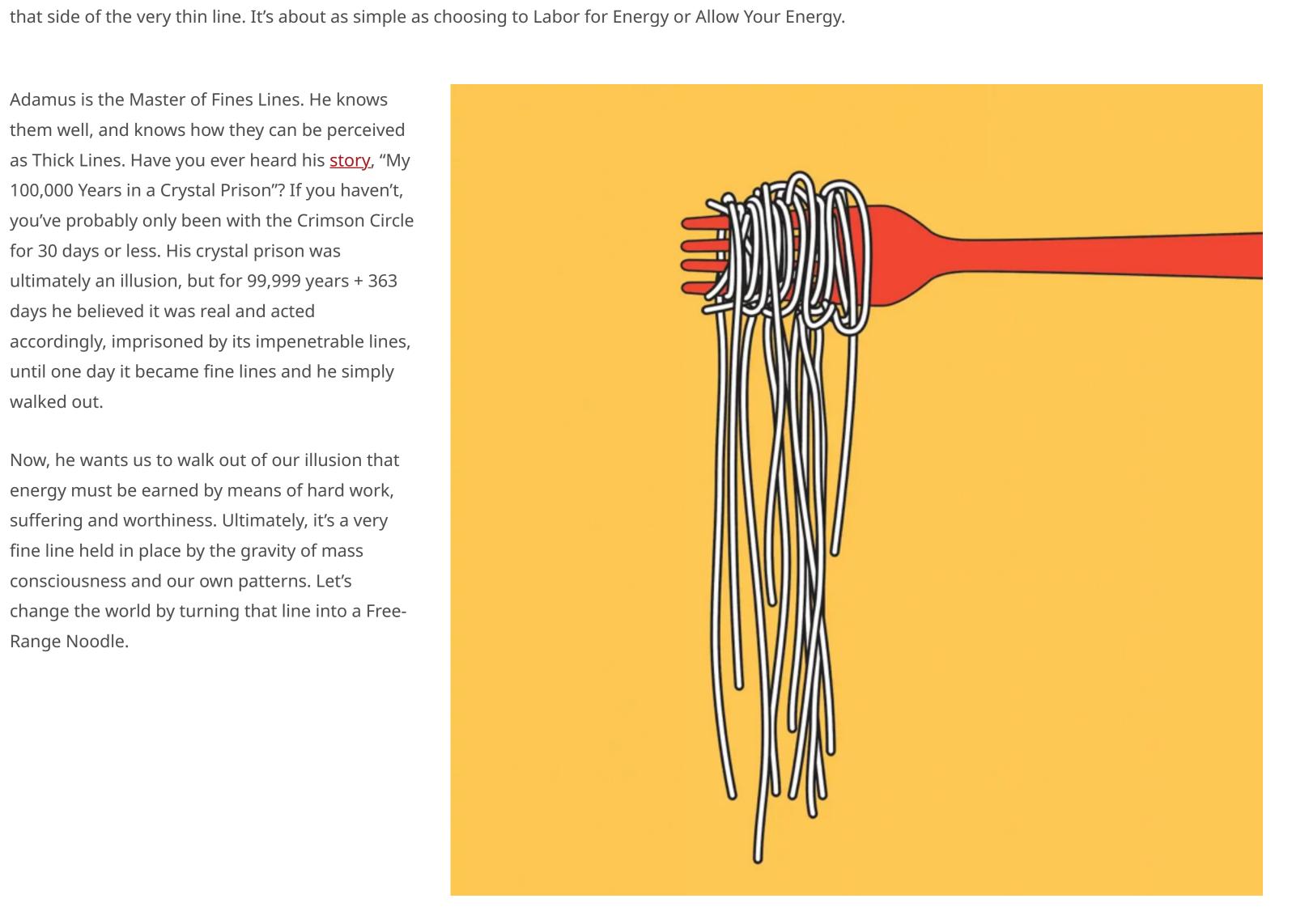
It's a fine line. In other words, you don't need a deep dive in philosophical or psychological issues, nor debates about the worthiness of the human condition, nor dreary dialogues about the existential purpose of lines in our lives. It's a fine line. You just decide whether you want to live on this side or

Adamus is the Master of Fines Lines. He knows them well, and knows how they can be perceived as Thick Lines. Have you ever heard his <u>story</u>, "My 100,000 Years in a Crystal Prison"? If you haven't, you've probably only been with the Crimson Circle for 30 days or less. His crystal prison was ultimately an illusion, but for 99,999 years + 363 days he believed it was real and acted accordingly, imprisoned by its impenetrable lines, until one day it became fine lines and he simply

taxes?

walked out.

Now, he wants us to walk out of our illusion that energy must be earned by means of hard work, suffering and worthiness. Ultimately, it's a very fine line held in place by the gravity of mass consciousness and our own patterns. Let's change the world by turning that line into a Free-Range Noodle.



# **AUTHOR**



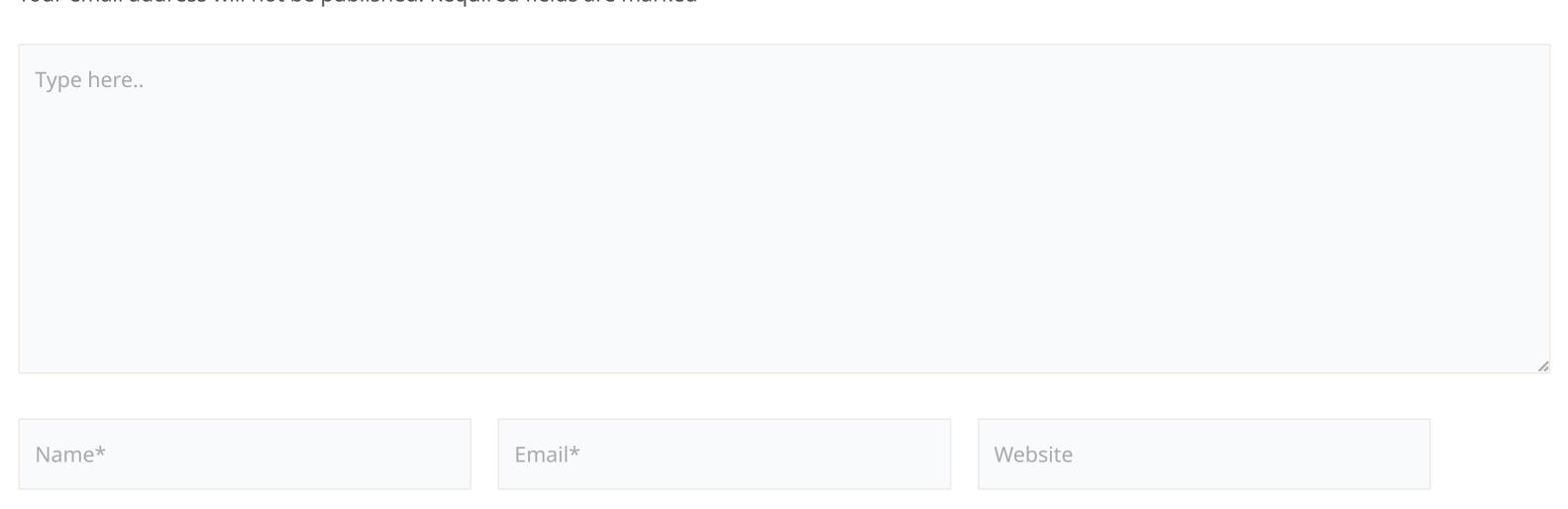
# Geoffrey Hoppe

Geoffrey Hoppe founded the Crimson Circle in 1999 after a series of conversations with the angelic being known as Tobias. He left the corporate world in 2001 to devote his full time to the Crimson Circle, along with his wife Linda. Geoff channeled Tobias until 2009 when Tobias returned to earth in a new incarnation known as Sam. Tobias handed off his guidance role with the Crimson Circle to Adamus Saint-Germain, a facet of the Beloved St. Germain who has been working with humans for hundreds of years. Geoff has been the messenger of Adamus Saint-Germain ever since.

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# TIME TRAVELING

with Adamus

# NEW! TIME TRAVELING: METAPHYSICS OF THE SOUL

All-new Cloud Class from Adamus Saint-Germain!

Traveling in time – we've all fantasized about the possibilities. Go back to fix a mistake? Look ahead to see how things turn out? If only we could. But according to Adamus, all this – and more – IS possible!

On October 3, 2015, Adamus made this groundbreaking statement: "You do not move through time and space. Time and space moves through you."And now, he goes on to explain that in true time traveling, you simply allow other moments in time to come to you.

The remarkable thing is that when this happens, you can literally change the past and redirect the future. In fact, with time traveling and the new access to your wisdom, *everything* is changeable!

After presenting four in-person *Time Traveling* events, Adamus decided it was time to make this astounding material available around the world. With five sessions and several hours of experience beyond time, it is not to be missed!

*The future is the past illuminated. The past is the future illuminated. It's all about illumination.* ~ Adamus

Cloud Class access includes pdf download of Adamus' time traveling guidelines.

#### HIGHLIGHTS

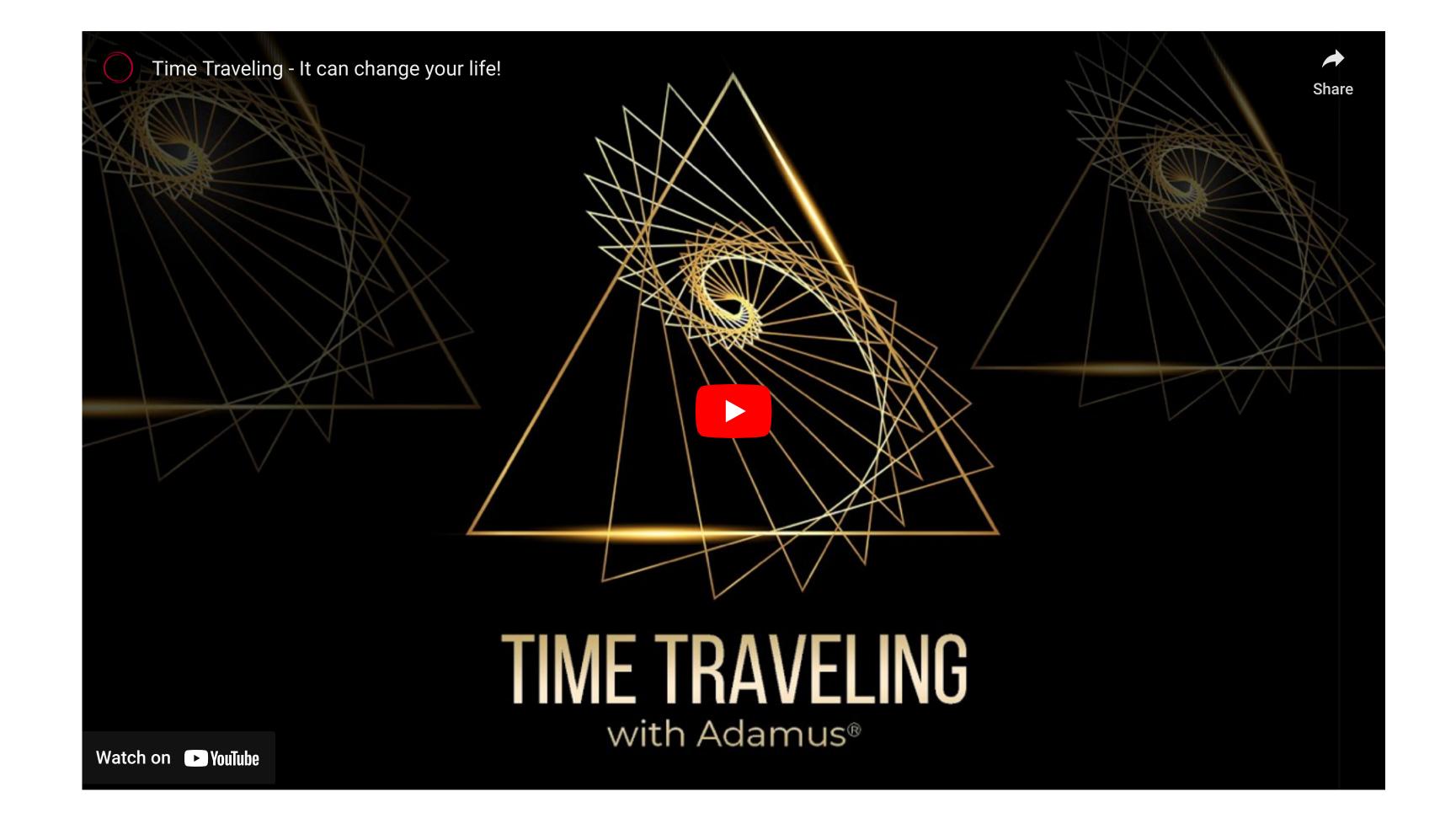
- Time traveling is natural!
- Learn how to visit and *change* your past
- Realize that the future is also up to you
- Meet yourself in other lifetimes
- Everything changes with access to wisdom
- It's all about illumination

**Format**: Streaming video, audio, and online text e-reader **Cost**: \$150 (\$195 after September 29, 2023)

**NOTE:** Attendees of the in-person *Time Traveling* events will receive an

automatic 50% discount during checkout. **Access**: 90-days access to video, audio & text e-reader

MORE INFO



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By Antonia Lyons

he first time I heard Adamus saying the words "You are God, also," I knew right away I'd be writing a book about this sooner or later. That was during the first lockdown here in London, about 3 years ago and much has happened in the world and in my life ever since.

But at the time, those words were a lot for me to digest. This had very little to do with my Catholic upbringing, and everything to do with my sheer terror at no longer be able to pray to "someone" up there. If we are all God, I thought to myself, then whom do we turn to at times of need? Who will hear our crying and dry our tears? Most of all, who will assure us that it will always be okay?

I remember crying my eyes out for a couple of days as if I was mourning the loss of a dear friend. The God I had grown to rely on and often fear, was me after all, but this just felt a bit too much to accept. A big responsibility, really, because this meant that I could no longer screw up. I took Adamus' words as an invitation to become some sort of selfless and magnanimous person, who graciously made her way through the world like a beautiful angel. Little did I know at the time, but angels often fall flat on their faces in the mud – and then start rolling in it because they are having fun. The sensuous life they come here to experience often requires them to get real dirty and then brush themselves off and carry on, heedless of what others may think.

Over time, however, I have learned that accepting our divinity is very different from trying to be perfect. Quite the contrary in fact. That is when I started to caress the idea of writing a book about the many Gods I have met along the way. And suddenly the people around me began to sound and look very different.

In truth it was my own husband who inspired *The Day I Found God in A Pub*. Although he never showed any interest in the metaphysical field, he always displayed the wisdom and self-assurance typical of a very old soul. I loved him for this and truly respected what he offered. Yet, after a few years of being together, I embarked on a risky mission: converting the man to the matters of Spirit. He could not care less. The more I tried, the more resistant he grew. I turned myself into a bit of a *"spiritual nazi"* for a while, which caused quite a few issues and tensions between us. I obstinately believed that only if we both walked the same path, could our marriage stand the proof of time. Most of all, I arrogantly believed that only when you make space for Spirit can you get life to go the way you want her to.

One day, out of the blue, I suddenly saw something that I had previously completely missed: my husband was totally at ease with himself. He genuinely was very comfortable with his humanness, having learnt early on in life that no amount of incense burning and altar-making will change the course of the world. He believed that some days we fall, other days we walk pretty straight, but it is all up to us how we brush ourselves off each time and carry on.

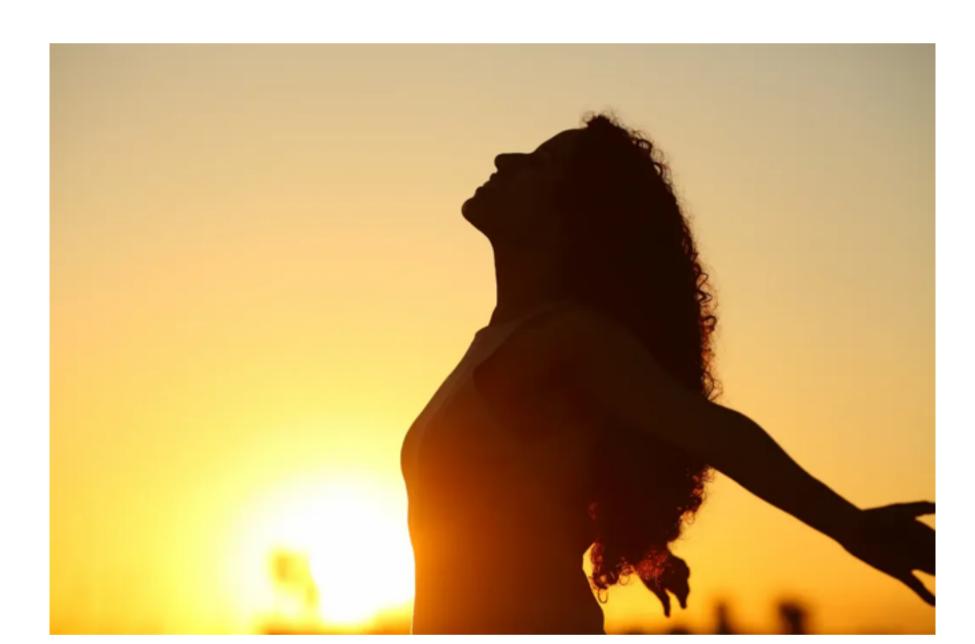
His acceptance of life was foreign to me. His trust and ease, puzzling. How could he be so sovereign and wise without all the self-help books I had read? Where did he learn to stand so tall and regal without the aid of a spiritual teacher? And could all this mean that perhaps the God I had been looking for was closer than I thought?

One rainy afternoon, while quietly enjoying a glass of red wine in our local pub, I watched my husband ordering more drinks at the bar. His laughter sounded heartier than usual. His smile shone brighter than ever. At that very moment, I no longer saw the man, but God. I thought that if whatever I had been searching for through spirituality felt and looked like that, then I wanted the same for myself.

But soon I was back on my quest. I enrolled in new workshops, bought a few more books, found new teachers, and life carried on being the same long and exhausting search. The one exception was that I did leave my husband alone after that and started to embrace his "human ways" a bit more.

Until one day I came across Adamus and Shaumbra, and suddenly my husband's acceptance of life and people did not look so strange. Adamus spoke of sensual life and human angels. He invited us to put the incense out and enjoy the smells of real life. Mostly, he told us that we are God, also.

After my initial resistance and sadness, I started to feel curious about such a controversial statement. Did Adamus really mean his words, or was this just a clever marketing stunt to attract new Shaumbra? Could we really ditch the search and start living this often crazy life without the constant need to fix it? Did our supposed divinity demand perfection and mastery or was it just an invitation to give ourselves tons of grace along the way?



Since then, I have become more comfortable in my own skin. I have learnt to embrace the joys this life offers and lose myself in the world without worrying if I'll ever find my way back. I no longer feel the need for guidance, nor do I look for something bigger than myself to turn to.

What I have really learnt though, is that God has many faces. They are not all pretty, and quite often God does very despicable things. Nevertheless, once we truly accept our divinity, we also accept the fact that we come here to experience life in her infinite facets. And each time, it gets a little easier to remember ourselves and where we come from, especially if we allow. Sometimes, of course, remembering and allowing may not be our game, so we spend our time choosing to be very removed from our divine self and causing quite a bit of pain to ourselves and those around us.

Something quite specific happens when we end the search for a better self and a better life: colors become vibrant, feeling and looking alive; sounds, even when loud, no longer offend the ear, but rather blend in the background like a masterful symphony; and people are no longer just people. When one starts accepting life as she is, one realizes that every person has a story that must be told so this world can carry on existing.

The people in my book don't have a spiritual background. They never had a guru, nor believed that anyone or anything could actually fix whatever challenge they were facing. By embracing their humanness, they were able to clearly know what to do next, while keeping their heart open to be surprised. For, in the end, the one thing I have come to realize whilst writing this book is that to truly live our time in this world, we ought to be able to show up and allow ourselves to be surprised. Each moment will be a new gift and carry the opportunity to remember our divine essence a bit more.

When *The Day I Found God in A Pub* was first released, I had not noticed that the title was wrong. To my horror, my husband pointed out that the title on the website was different than what the cover said, and for a moment I went into a full fit of rage against myself. *How could I be so clumsy and blind, really? How on earth did I miss such an important detail?* 

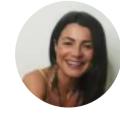
simply stating, "For someone who declares to have found God in others, you surely know how to be pretty cruel towards yourself."

For a couple of days, I threw all sorts of harsh criticism at myself and refused to offer any comfort or grace. It was my husband who saved the day by

In that moment I suddenly saw that if it is true that I am God, then no mistake will ever define me or change that fact. I brushed myself off, told my petulant dark aspects to be quiet, and contacted Amazon's customer services to find a solution to the inconvenient hiccup.

Adamus never meant to push us towards perfection when he declared that we are God, also. Instead, he invited us to embrace the divine mess and trust that grace is never too far off.

# **AUTHOR**



## <u>Antonia Lyons</u>

Antonia Lyons is an <u>author</u> & <u>Intuitive Storyteller</u> who lives in London, England. She helps others unlock the potential held in their story and live their true purpose. She can be contacted via her website <u>EvokingGrace.com</u> and her book, <u>The Day I Found God in A Pub</u>, is available on Amazon.

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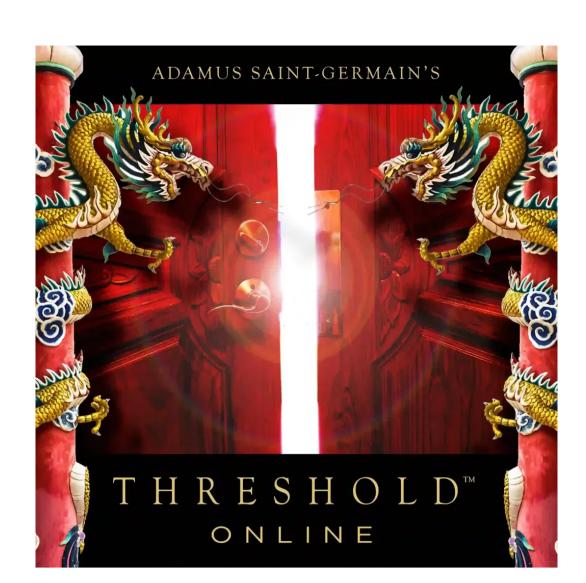
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## **UPCOMING EVENTS**



# THE THRESHOLD<sup>™</sup> ONLINE • JULY 7–9, 2023

The journey of an angel from first arrival on Earth until their final emergence as a realized Master is very long and winding, filled with experiences, joys and heartaches.

Getting lost on Earth and forgetting oneself is the "fall from grace" for which humans eternally seek redemption, having accumulated layer upon layer of guilt and shame along the way.

And yet, these things simply cannot be carried into Realization, so the dragon comes in to dig up and release every shred of guilt and shame still borne by the human. Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

MORE INFO

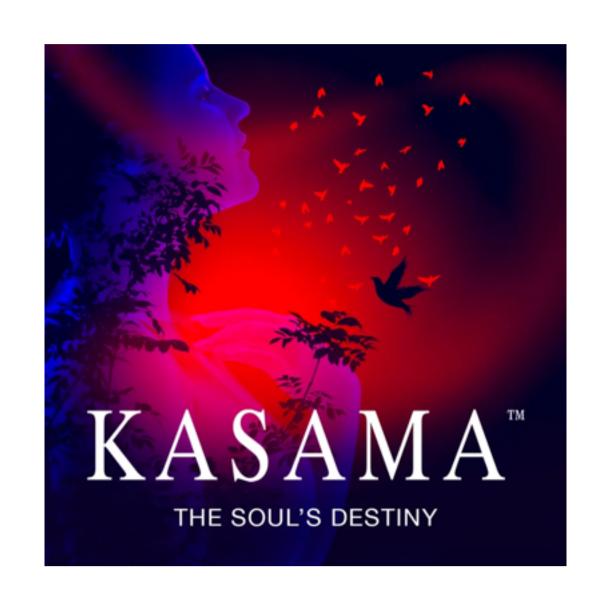
# KASAMA<sup>™</sup> ONLINE • AUGUST 11–13, 2023

If you've ever wondered about the nature of your soul – what it is, where it is, and how to allow it into very moment of your life – this Cloud Class will bring you to a new level of awareness. Adamus answers some of the biggest questions about the soul, as well as staying on the planet as an embodied Master with energy serving you in grace.

The premise is simple: You are in the midst of a beautiful and natural process of reuniting with your soul, but oftentimes it seems challenging or elusive because of the human perspective and conditioning. Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

MORE INFO





# NEW! – LIGHT OF THE MERLIN ONLINE • SEPTEMBER 9–10, 2023

Once a year for the past nine years, we have joined our Merlin energies in celebration of our journey to mastery on Earth. With the unprecedented level of changes happening around the world this year, the 2023 Light of the Merlin Online event has the potential to be one of the biggest and most transformational ever.

This inspiring 2-day event will feature channels from Adamus Saint-Germain and friends for more than 8 hours of inspiration and celebration.

MORE INFO

# NEW! – SEXUAL ENERGIES SCHOOL® ONLINE • DECEMBER 15–17, 2023

This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self.

Hosted live by Geoffrey and Linda, includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

MORE INFO



# IN-PERSON EVENTS • FALL 2023



#### MASTERS CIRCLE KONA, HAWAI'I • OCTOBER 22–26, 2023

Each Masters Circle event is more of a gathering than a workshop, and will be tailored to the specific group of Shaumbra in attendance rather than a more structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus.

MORE INFO



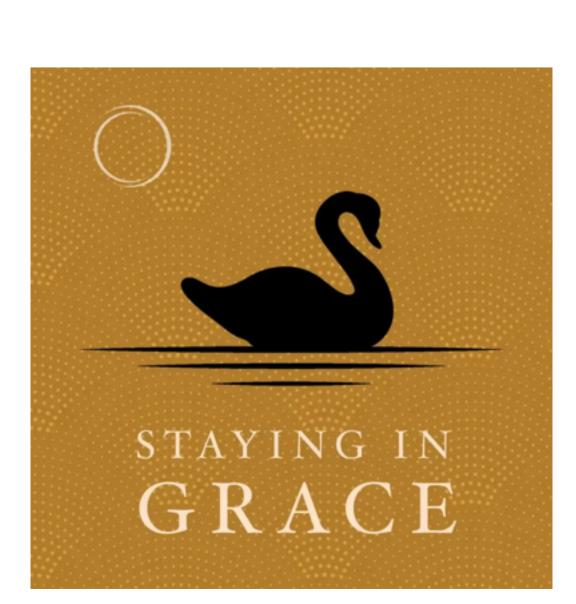
# SOLD OUT!

# EXPLORING THE NEW LIGHT KONA, HAWAI'I • NOVEMBER 8–12, 2023

During a recent workshop Adamus Saint-Germain made first mention of "The New Light." The physics are simple: As a result of Heaven's Cross, there is a new level of divinity and consciousness with many humans around the world.

The "light" from the soul's energy that provides the personal life-force in this 3D realm refracts in a different way when it lands on a highly conscious or Realized person.

MORE INFO



#### STAYING IN GRACE KONA, HAWAI'I • NOVEMBER 18–22, 2023

This wonderful workshop is about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

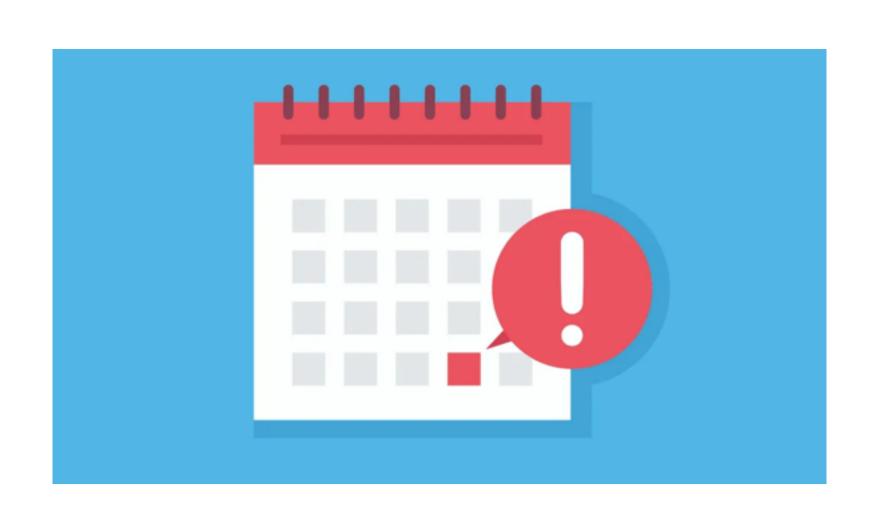
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### **CALENDAR**

SHAUMBRA MAGAZINE



PLEASE VISIT THE <u>CRIMSON CIRCLE STORE</u> FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC – Crimson Circle Connection Center, Louisville, Colorado

#### **JULY 2023**

01	Monthly Webcast & Shoud	CCCC & Online
02	Keahak XIII Intro	Online
07–09	The Threshold Online	Online
08	Keahak XIII	Online
22	Keahak XIII	Online

#### **AUGUST 2023**

05	Monthly Webcast, Shoud & Summer Party	CCCC & Online
12	Keahak XIII	Online
11–13	Kasama Online	Online
26	Keahak XIII	Online

#### SEPTEMBER 2023

02	Monthly Webcast & Shoud	NO SHOUD
09	Keahak XIII	Online
09–10	Light of the Merlin	Online
23	Keahak XIII	Online

#### OCTOBER 2023

07	Monthly Webcast & Shoud	Online
14	Keahak XIII	Online
22–26	Masters Circle	Villa Ahmyo, Kona, HI
28	Keahak XIII	Online

## NOVEMBER 2023

04	Monthly Webcast & Shoud	Online
11	Keahak XIII	Online
08–12	Exploring the New Light	Villa Ahmyo, Kona, HI
18–22	Staying in Grace	Villa Ahmyo, Kona, HI
25	Keahak XIII	Online

#### DECEMBER 2023

09	Monthly Webcast & X-Mas Party	CCCC & Online
09	Keahak XIII	Online
15–17	Sexual Energies School Online	Online
23	Keahak XIII	Online

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# ALL NEW! MASTER'S PAUSE – I AM RECEIVING

LETTING ENERGY WORK FOR YOU

"The biggest shift in ages"

Adamus

According to Adamus, the concept of "receiving" instead of efforting is one of the biggest shifts in consciousness in over 7000 years. The current mass consciousness construct is that people have to work hard for what they get. Just about everything requires effort and struggle, from abundance and relationships, to education, health, and career. Even the current mind-set of spiritual growth calls for hard work and suffering.

In I Am Receiving, Adamus notes that it's time for this to change. He reminds us that the energy is ours to begin with, and that it's time we accept the natural, graceful flow. As easy as it sounds, humans are so indoctrinated into the "no pain, no gain" mentality that it's hard to break the old paradigm. He says it's "a completely new level of metaphyics" that will change your life and eventually the planet.

The question is, can YOU receive everything – without hesitation, limitation, or control? When you do, energy becomes animated, adjusting and serving you in radically new ways.

> In a recent Keahak channel Adamus said receiving is "the most critical component right now in these apocalyptic times. It is a life changer. It is a paradigm shifter. It is a reversal of eons of time of human belief, human action, human reaction. It is almost the antithesis of karma, and it's one of the most simple, sacred concepts of all. Blows away just about everything else. But yet right now, it goes against the very grain of human consciousness, of human thought, of human action. It goes against the grain even of how a human who crosses over into the other realms in between lifetimes... It's a totally different consciousness."

## **HIGHLIGHTS**

- Can you fully receive bounty of your energy?
- It's a huge, unfamiliar, and radical shift
- It upends and disrupts the ancient paradigm of toil
- life

These new metaphysics can change your

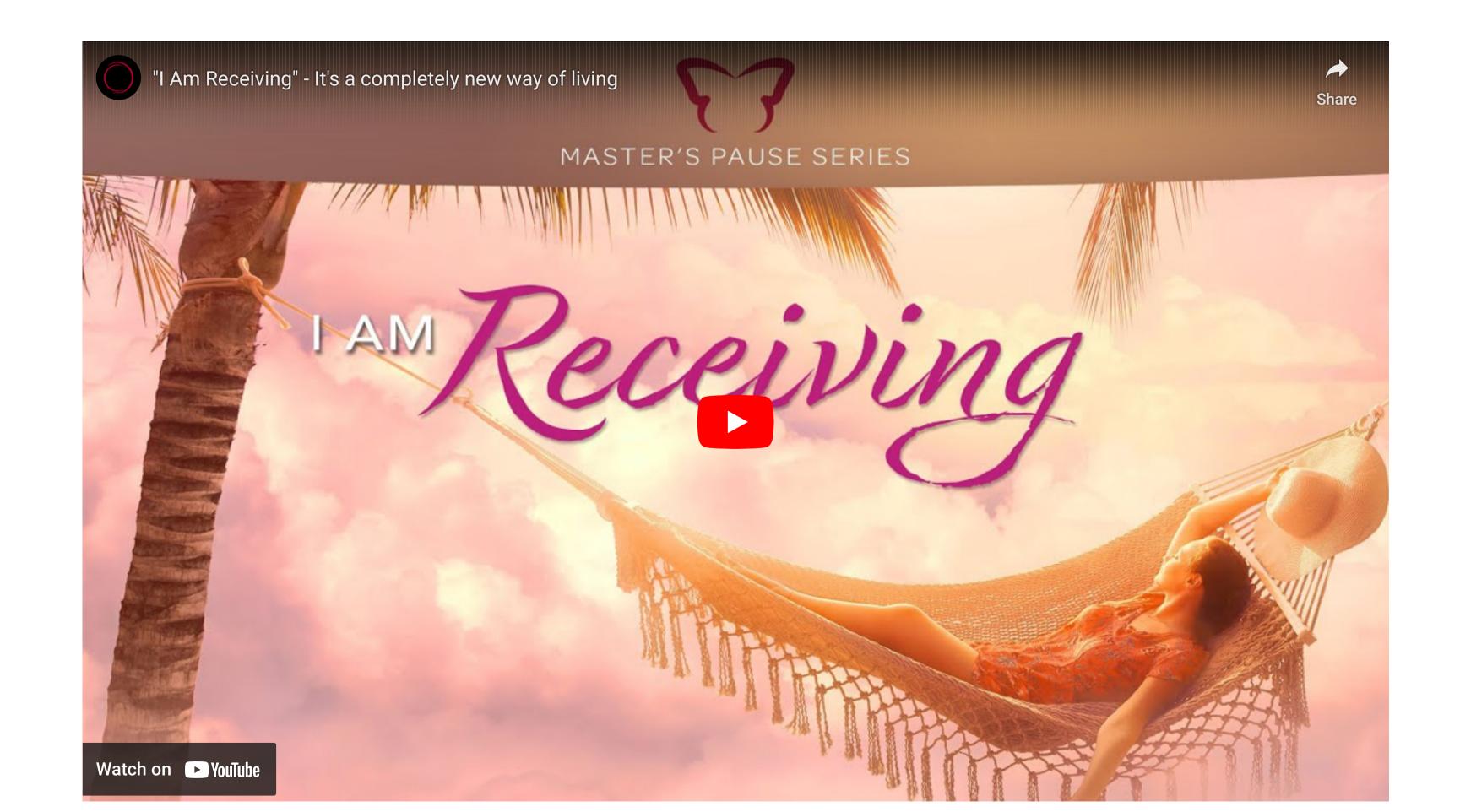
Relax and enjoy the fruits of your labors

You've earned this!

**Length**: 1:16:32

Format: Downloadable audio, text, video Cost: \$25 (through September 29, 2023; \$33 thereafter) **Featuring**: Adamus Saint-Germain, Geoffrey & Linda Hoppe **Recorded** at the Crimson Circle Connection Center, June 2023

MORE INFO



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#### SEPTEMBER 09-10, 2023

#### SHAUMBRA'S ANNUAL MERLIN GATHERING

#### **Entity Lineup:**

- MERLIN AMBROSIUS
- ADAMUS SAINT-GERMAIN
- BELOVED ST. GERMAIN
- KUTHUMI LAL SINGH
- NEW! GAIA
- MYSTERY GUEST

The 9<sup>th</sup> annual Merlin celebration is coming soon! With an amazing lineup of entities and the online connection with Shaumbra around the world, this promises to be a memorable event!

The Merlin gatherings are always filled with incredible profound information, incredible insights and cosmic humor. The past few Merlin events have been groundbreaking:

In 2020, closing out the "Summer of Realization" with <u>Passion of the Merlin</u>, Beloved St. Germain delivered a stirring call to the human – "Let yourself know what you know" – and to the soul – "Never again turn your back on the human." Other guests included our beloved Sart, Kuthumi and Merlin.

In 2021, during <u>Time of the Merlin</u>, we heard a remarkable story from Mark Twain. Plus, Adamus, Merlin, Kuthumi and dear FM explain some of the new physics and how to go far beyond suffering into a world of grace, beauty, and ease.

And last year's <u>Dream of the Merlin</u> saw a reminder from Adamus that "This is the life you chose" and mind-blowing messages from Nikola Tesla and Merlin. Beloved St. Germain closed it out with the reality-shaking announcement that Heaven's Cross was imminent.

Now we're excited to find out what will happen in this year's <u>Light of the Merlin</u> event! In addition to the usual suspects – Adamus, Beloved St. Germain, Kuthumi and Merlin – Shaumbra will hear from Gaia herself! We'll find out her real name, hear an update on her evolution beyond Planet Earth, and more about how humans can take responsibility for our home. With another yet-to-be-announced mystery guest, this is an event you won't want to miss!

#### HIGHLIGHTS

- Six channeled messages
- "State of the Circle" with Geoff & Linda
- Four Faces of Shaumbra videos
- Live worldwide gathering
- Two days of celebration and inspiration

**Length**: Eight sessions over two days

**Format**: Streaming video, audio, and online text e-reader (text available within 2 weeks after the event)

**Cost**: \$250

**Featuring**: Live hosting with Geoff & Linda with live and pre-recorded channels

Access: 90-days access to video, audio & text e-reader

MORE INFO



#### **FACES OF SHAUMBRA**

# CALL FOR SELFIES!

#### Dear Shaumbra,

We're excited about the annual Merlin event, coming up in just a couple of months! While we'd love to see each of you in person, the next best thing is connecting virtually. So, we're calling for photos of you beautiful Shaumbra who are lighting up the world!

These photos will then be used to create several "Faces of Shaumbra" videos that will be played during the upcoming <u>Light of the Merlin</u> event. After the event is over, the videos will then be published on YouTube, and the photos posted in the **Shaumbra Family** photo album.

## WE HOPE YOU WILL PARTICIPATE!

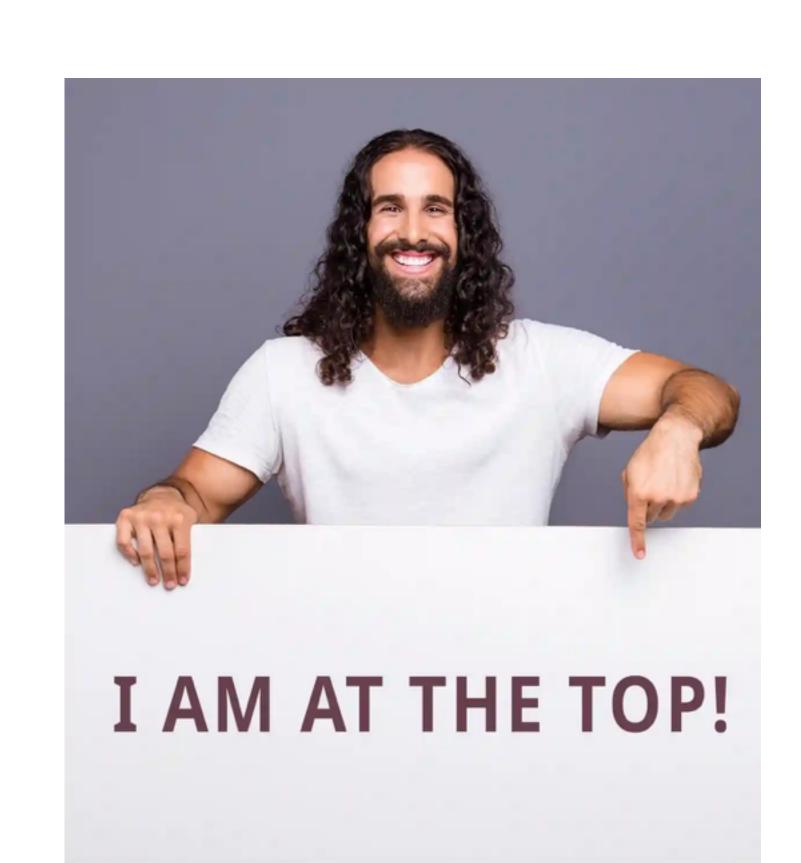
Here are a few ideas we'd love to see:

- With your **pets**
- Shaumbra **groups** (two or more people)
- In **costume** as Merlin (or any other character)
- Radiating (in the park, at a café, or anywhere else) Holding a sign that says, "I Am \_\_\_\_\_\_" (one or two
- words, not a whole paragraph <sup>(2)</sup>

## PHOTO DEADLINE – AUGUST 15, 2023!

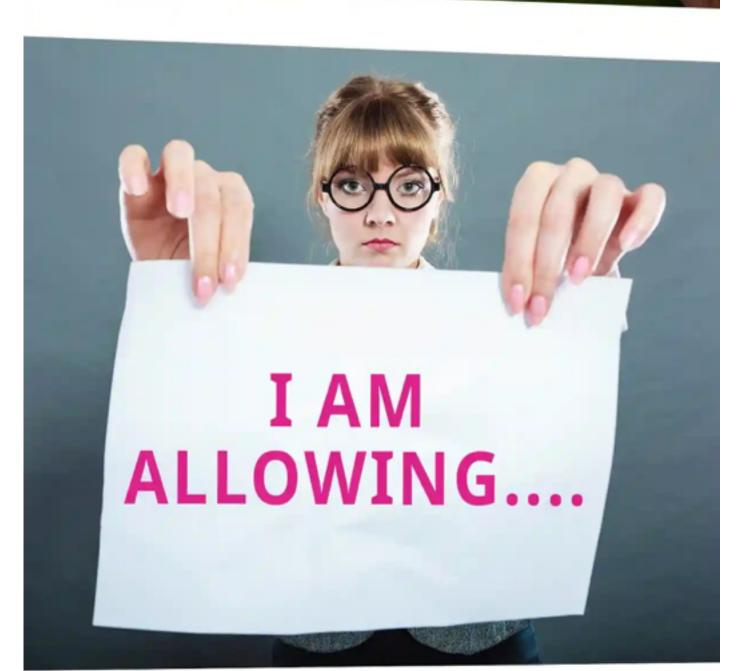
We need time to put the videos together and will not include photos sent after August 15 (they'll still be added to the photo album).

Please send **up to 5** photographs to <u>photos@crimsoncircle.com</u>.















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#### A CORE CRIMSON CIRCLE CLASS

JULY 7-9, 2023 INCLUDES LIVE Q&A SESSION WITH ADAMUS!



Did you know that all Ascended Masters have two things in common?

First, they all come by way of Earth. This is *THE* place to discover how deep you can dive, how high you can fly, and then finally return home to your Self.

Second, just before enlightenment, every Master comes to a very specific place in the journey: the Threshold. Here, one cannot pass until the dragon roots out all remaining feelings of guilt, shame, and remorse.

All humans accumulate these heavy emotions during their lifetimes on Earth. We often see ourselves as imperfect fallen beings, filled with dishonor and self-loathing. But one cannot enter the sacred realms of Realization and finally Ascension without releasing these false self-perceptions. If not released, these imbalances would cause even more lifetimes of suffering and conflict. So, the dragon stands fierce and relentless, ready to bring them *all* to the surface for no human can become enlightened without this complete release.

In the past, each Ascended Master had to face their dragon alone, not knowing what it was or why it felt so horrendous. Even with a deep desire for Realization, they found themselves in one of the greatest upheavals ever, facing a vicious resurgence of guilt and shame, and wondering why everything seemed so

Fortunately, as a new Masters on Earth, *you* don't have to go through it alone! Adamus explains what happens, using the story of Ascended Master Margo as the beautiful thread that ties everything together. You'll find out there's nothing wrong, and it's all about a new kind of forgiveness.

The Threshold has never been taught on Earth, neither in the ancient Mystery Schools nor in modern esoterica, until Adamus Saint-Germain brought it to the Crimson Circle. It provides deep insights and experiences into your journey to mastery, the role of the dragon, and how to receive the profound soullevel forgiveness that allows true freedom.

Are you at the Threshold?

Are you nearing the completion of 1,000 or more lifetimes on Earth?

Are you ready for the dragon that awaits you on the eve of Realization?

"This is why I'm here," says Adamus, "to share the Threshold with those who are ready."

THE THRESHOLD. IT'S THE LAST THING YOU'LL DO BEFORE REALIZATION.

#### **HIGHLIGHTS**

- The path to Realization holds a few surprises
- Secrets hidden deep beyond the human's grasp
- The dragon comes to find them
- An unrelenting demon becomes your dearest friend
- St. Germain himself did not escape
- The final ruthless step before Realization

**Cost**: \$595 (50% discount for previous attendees) **Prerequisite**: Sexual Energies School **Featuring**: Adamus Saint-Germain, and Geoffrey and Linda Hoppe

**Translations**: E-reader available in 15 languages **Access**: 90 days access to the video and e-reader.

MORE INFO



#### **NEWEST PRODUCTS**

Here you can see the complete list of our newest releases every month!

#### TIME TRAVELING: **METAPHYSICS OF THE SOUL**

Putting Time to Work for You

future have already been experienced.

Cost: \$150 (through September 29, 2023; \$195 thereafter) Format: Online streaming **Access**: View for 90 days after purchase

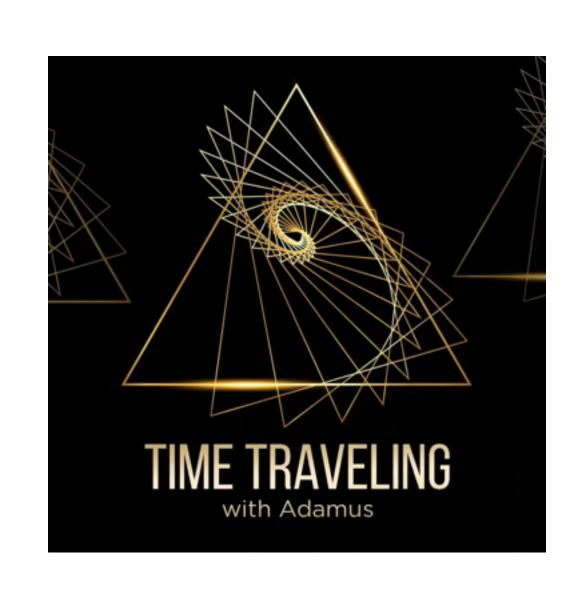
Humans have always dreamed of traveling in time. We want to see what's ahead or change the past, always hoping for a better present. Now, Adamus explains how time traveling really works. We go beyond linear reality into circular time, where both the past and the future are changeable. In advanced metaphysics, you'll discover that some things in the past haven't happened yet, and some events in the

From the illumination of Presence, you'll discover how to change the past, visit the future, and collect the wisdom from all your lifetimes. True time traveling can literally change your life.

The future is the past illuminated. The past is the future illuminated. It's all about illumination, about letting the light shine.

~ Adamus

WATCH EXCERPTS MORE INFO



## MASTER'S PAUSE: I AM RECEIVING

Letting Energy Work for You

Cost \$25 (through September 27, 2023; \$33 thereafter) Format: Downloadable audio, video & text **Access**: Unlimited

The way of life on Earth has always been to work hard for what you want, and even then, the rewards seem far away. But what if life was easy? What if such struggle is no longer required? What if everything you want is already yours? Adamus says that our shifting relationship with energy is the biggest change on Earth in 7,000 years; one that brings advanced metaphysics and a whole new way of living, allowing, and communing. Rather than toiling through blood, sweat, and tears, now is the time to receive your reward.

The question is, can you receive this much? Without limitation, control, or reservation? When you do, everything in your life becomes animated energy, actively giving to you and serving you in balance and joy. It's a whole new way to live!

MORE INFO

WATCH EXCERPTS



## **REALM WORKERS**

The Role of Realm Workers in Lifting the Veil

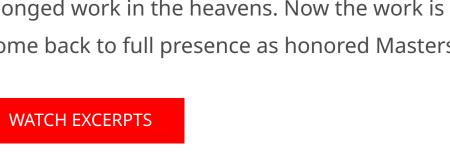
**Cost** \$33

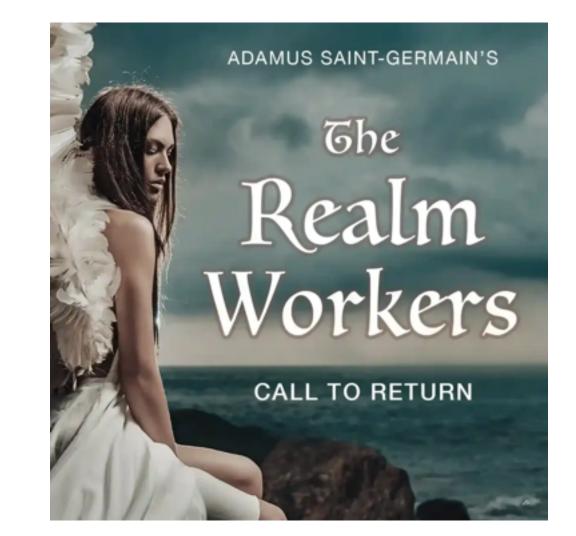
Format: Downloadable audio, video & text **Access**: Unlimited

The Realm Workers played a crucial role leading up to the opening of Heaven's Cross on March 22, 2023. While living their human lives on Earth, they also worked in the other realms to help lift the veil that for so long has separated the human from the other heavens, or realms. Their work helped facilitate the easing of gravity, electromagnetics and other forces that kept the human consciousness from going into the "beyond."

It was necessary to have dedicated human angels working in the other realms (often in their dream state) to create a balance between the realms and weave in familiar human harmonics. Many Realm Workers lived relatively quiet lives on this planet, and a common attribute was feeling tired and low-energy as humans because of their intense and prolonged work in the heavens. Now the work is done, and the Realm Workers can come back to full presence as honored Masters in this reality.

MORE INFO







A Deep Personal Journey into Your Own Heavens

**Cost** \$22 Format: Downloadable audio, video & text **Access**: Unlimited

This deep inner journey into new realms of your Self is perfect for bringing more personal depth and meaning to the opening of Heaven's Cross. In this guided experience, Adamus Saint-Germain helps you expand into the other heavens and bring back newly available energies, wisdom, and consciousness to serve you in daily life. Infused with the illumination and grace of the Apocalypse, this beautiful encounter with your soul will help dissolve the barriers between the realms of Self, making your divinity, light body, past, future, and dreams, fully accessible to your human self.

The veil, the innate separation between human and divine that has caused feelings of isolation and exile, finally begins lifting with Heaven's Cross. This long-foretold Apocalypse will eventually change the world, but first, it can change your life. Limitations no longer need apply; struggle, study, and effort are not required. This is the time to listen – listen with your entire being – and simply allow this integration. There's nothing more to do now but relax, allow, and let the energies flow in this time of grand unveiling.

MORE INFO

WATCH EXCERPTS

HEAVEN'S CROSS

MERABH





#### **ONLINE**

August 11–13, 2023

Hosted live with Geoff & Linda Hoppe

# YOU ALWAYS COME BACK TO YOUR SOUL, NO MATTER WHAT

Destiny is "the predetermined inevitable or irresistible course of events." And Kasama, an ancient Atlantean and Lemurian word, means "your soul's destiny."

This means that, rather than wandering lost and aimless on Earth, every single human is here with their own soul's plan *and* they're on the path to its inevitable fulfillment. This simple knowing can be a profound gift to the human self.

Kasama means "You always come back to the soul, no matter what." The opposite of Kasama is suffering, which is caused by things like not being understood, feeling insignificant, lonely and guilty, experiencing abuse, worry and doubt, and so on. Ultimately, suffering happens because of losing touch with the soul. But what IS your soul?

In this Cloud Class, Adamus explains the attributes of your soul and how you can connect with its potentials, Entelligence and wisdom. It is simply all your energy, and he goes on to share the type of things that *activate* that energy in your life.

At its core, energy is mobilized by one's self-perception. *The way you perceive yourself is the way energy will respond*. We've gotten used to limited self-perceptions, but Adamus invites us to let go of the restraints and start living in grandness.

A life of Kasama has many effects on the human, and Adamus will provide a real-time live channel to discuss questions sent in by the listeners. With a closing merabh to bring everything together, he simply says, "Welcome home. Welcome back to the soul."

#### **HIGHLIGHTS**

- Energy responds to your self-perception
- The song of your soul has always been there
- Now is the time to release all suffering
- Sing back to your soul
- See yourself in a new way
- Allow Kasama to become a way of life

Format: Streaming video, audio and online text e-reader

**Cost**: \$595 (50% discount for previous attendees)

**Translations**: E-reader available in 12 languages

**Access**: 90 days access to the video and e-reader **Repeat**: Previous attendees receive automatic 50% discount

MORE INFO

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# MY CHALICE RUNNETH OVER

#### By Alaya Holman

damus' lead-in question to the audience during Shoud Nine of the ALT Series was, "It's been a little while since Heaven's Cross. How has your life been on a scale of one to ten in terms of gracefulness?"

My mind-gears started to review four significant events: Heaven's Cross and the introduction of the chalice of the soul; the realization of being a Realm Worker for the past forty-plus years and shining my light in the bowels of mass consciousness; being one of the Beyond-the-Beyond Shaumbra attendees at the first Masters Circle four-day event at Villa Ahmyo in Kona, Hawaii; and stirring up ancestral karma energies during an extended stay in Hilo on the Big Island while exploring my mother's maternal family's history from the early 1900s.

On a sliding scale of ten to one, I came up with: *ten*, at first; *six*, on the average; and *ground zero* for the month of May. "Ground zero?" you may ask. With an accumulation of the above experiences, please allow me to explain....

My mother and I returned to Colorado from our visit to Hilo and the Big Island toward the end of April. During the first week of May, I started to feel gravely ill, and my daughter took me to an Urgent Care Clinic. I was diagnosed with a UTI (urinary tract infection) and was prescribed oral antibiotics. A few days later, my symptoms escalated, culminating in an emergency ambulance ride to the hospital where I was diagnosed with something far more sinister: sepsis, a life-threatening condition caused by an overwhelming immune response to infection. Specifically, I had a severe e. coli blood infection.

As my body lay in the hospital, I felt like I was having a mini Kuthumi-type collapse. The doctors and nurses attentively fought to save my life, their efforts guided by the knowledge and experience of modern medicine. My loved ones continued their vigil, unaware of the profound journey that was unfolding within me. Embarking on an extraordinary passage through vast expanses of consciousness, beyond the confines of my physical being, I found myself contemplating whether to stay or transition.

Through this journey, I began to understand the delicate balance between the physical and spiritual aspects of life. The body is merely a vessel for the soul to experience this earthly reality. And true healing and growth come from nurturing the communication with the soul. I became deeply aware of my dedication to being a Realm Worker and how I "owned the culmination of these experiences as my own." Although I did not consciously know the specifics of the realm work and ancestral karma that I had embarked upon, I realized that the events did not belong to me and turned them all over to the chalice of my soul. With an enormous number of experiences being dumped into my chalice, it became clogged up and overflowed into my physical body as a poisonous infection.

Multiple realms had been unveiled during the Heaven's Cross ceremony on March 22<sup>nd</sup>, and now I was able to understand the true nature of existence and the interconnectedness of all things. I found my soul in a realm of ethereal light, where knowledge and wisdom permeated every atom. With wonder and curiosity, I delved deeper into the mysteries of the universe and explored the boundless realms of consciousness. I witnessed the intricate dance of energy, the symphony of thoughts and emotions that interconnect all living beings. I learned that at the core of every existence was a spark of divinity, universal consciousness, and that gravity binds physical objects into changeable manifestations.

With infusions of fluids and potent antibiotics pumped into my body, the infection slowly started to purge. I started to regain consciousness and my vital signs stabilized as my body responded to the treatments. I felt a newfound sense of peace and clarity. The wisdom that I had gained in the realm of higher consciousness infused my being where the infection had resided, giving me strength and a clearer sense of purpose.

After the medical tests concluded that the infection was no longer evident in my body, I was discharged from my four-day stay in the hospital. For the next fourteen days, I was an out-patient receiving a daily potent antibiotic infusion treatment to ensure that the infection would not return. During that time, and for weeks later, I was exhausted, empty, unenthusiastic, goalless, and in a place of the void. And....I allowed the New Light to come forth within me.

My experience reminds me that there is more to life than what meets my reflections. And that, beneath and beyond the surface of our physical existence, there lies a vast realm of consciousness waiting to be explored. And sometimes, in the depths of our darkest moments, we find the brightest light, guiding us to new heights of understanding and compassion for self and others.

### **AUTHOR**



### <u>Alaya Holman</u>

Alaya's awakening began in the late 1970s. She draws upon her life experiences, and as a returned Realm Worker, to inspire others as they explore their individual realms of consciousness. She discovered Crimson Circle in 2009 and currently volunteers during inperson events at the Crimson Circle Connection Center in Louisville, Colorado.

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**CC TIPS** 

Monthly suggestions and recommendations to help make your Crimson Circle experience smoother and easier!

#### NEW – ADVANCED SEARCH

Have you ever tried to find information about a specific topic in the Crimson Circle store, but had trouble locating the right product? To solve this, we're very excited to announce an improved **Search** feature! With this advanced tool, you'll be able to find the exact items you're looking for quickly and effortlessly.

Here's how to use the new advanced Search!

First, simply locate the Search button at the top of every page in the Crimson Circle Store. When you click on it, a box will pop up, inviting you to write in the word or topic you're curious about. Remember to use simple words to ensure the system provides you with the most accurate results.



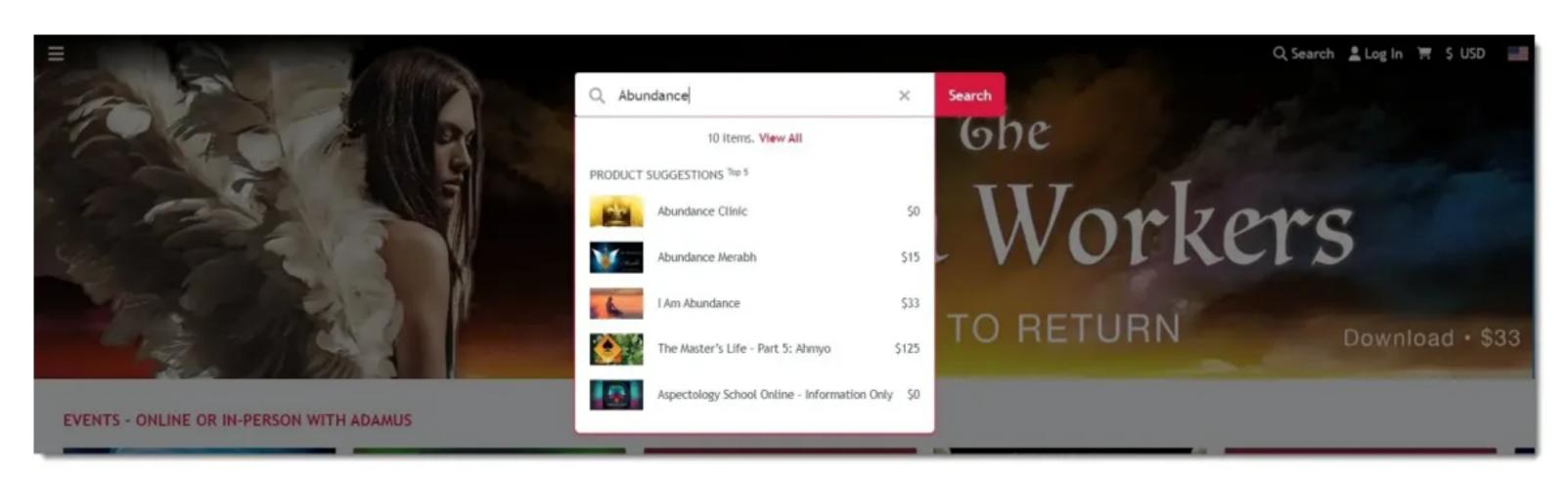
#### LANGUAGE NOTE



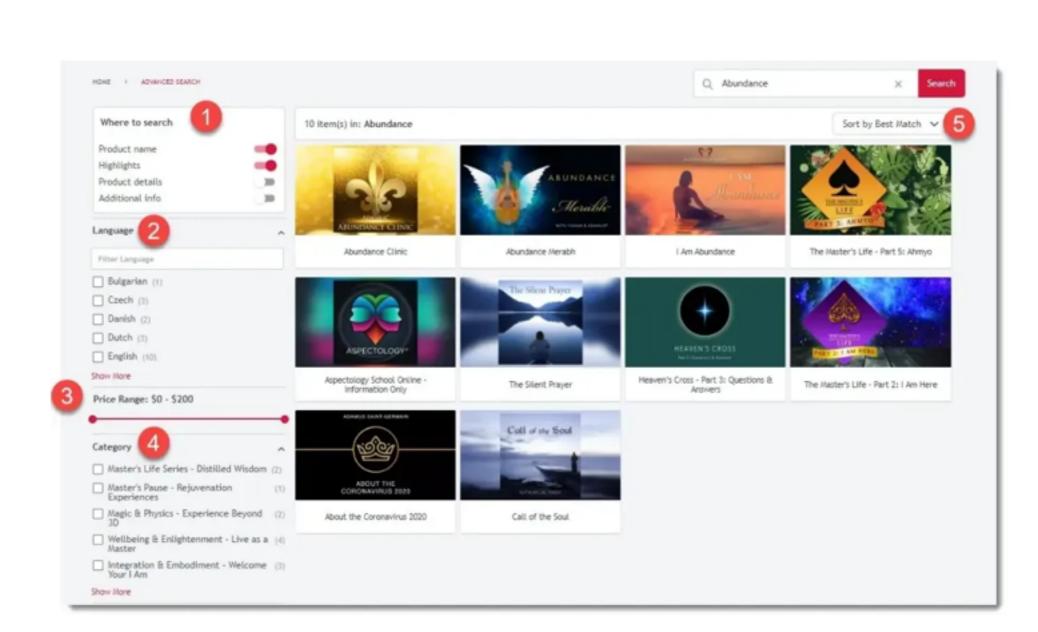
A friendly tip: if you prefer to **search in a different language**, remember to change the **store's language** before you begin your search. This way, you'll receive results tailored to your language preferences. To learn more about how to change the language, please go to our <u>Service Center article on languages</u>.

After typing in your search term, the system will show a short list of products related to your query. Simply click on an item to learn more.

To **refine your search** further, hit Enter (or "View All").



The Advanced Search page offers additional options to fine-tune your search results. These options include:



- 1. **Where**: Use the toggles to specify what area of the product information you want to consider.
- 2. **Language**: To search in another language (such as "fülle" rather than "abundance"), select your desired language flag, then click on Search and enter your words.
- 3. **Price**: You can set a price range to filter the search results accordingly.
- 4. **Category**: The categories correspond to the 'sliders' on the Home Page and can help you refine the search even more.

You can also **sort the search results** (5) by best match, price, or alphabetically.

We hope you enjoy this new Advanced Search feature in the Crimson Circle Store! With its ability to provide accurate and personalized results, you'll be able to explore our wide range of inspiring products with ease.

Happy searching, and **may you discover new treasures** on your Crimson Circle journey!



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#### WHERE'S MY PASSION?

THE TRUE PASSION OF THE MASTER AND RELEASING GOALS AND LETTING ENERGY SERVE YOU

Compiled by Carolina Oquendo

Q – I used to have goals, a passion that filled my heart with joy and my life with purpose. But lately, it seems all that has gone out the window, and I feel adrift. So, dear Master, now what? How can I feel fulfilled again?

Passion. You're used to human passion that gave you **a reason to get up in the morning** and make it through the end of the day. Nothing wrong with those passions, and it might have been sports, creativity, business, helping other people, or whatever. Obviously, those have gone away.

And then you go through that long passionless period. **I think truly the hardest part of going from awakening into mastery is the loss of passion**. You just don't want to be here anymore. There's nothing that really excites you.

You spent your whole life working and suffering and slaving for energy, and in that, you found some passions, which I really don't call passion.

#### We're goalless here. That's so old human.

"How does my light, my consciousness excite and stimulate my energy?" (...) if you don't think it's your energy – you think it's external, out there someplace – then you're already kind of lost.

[If] you're trying to think, "And here's my goal. Here's what I want." Get over it. Give it up. It's old.

The **passion is letting energy serve you.** Period. But don't think about it, **feel it.** Don't try to organize it in the hierarchy of your mind. It will fall apart and won't work, and then you'll get really depressed and you ask questions like this.

But, if I don't have something to look forward to, should I just sit down and do nothing? That sounds boring.

If you want. But you'll find out that life becomes fun.

You realize, "This is my energy and it's my light, my absolute love for life that excites that energy."

Imagine now, going forward, that you see beauty in all things, and not meant as just a little cliché, but I mean truly feel the beauty in things. That's the way life should be.

Without it, there's not going to be any happiness. There's going to be depression. There's going to be anxiety.

Once you start letting the natural beauty of everything come through and let yourself perceive it, you can't be depressed and you cannot be bored.

You could sit on a park bench eight hours a day and do nothing but feel, sense, and experience the beauty, and somebody would say, "Well, isn't that boring just sitting there all day?" (...) Boring is what you're doing, not leading a sensual life.

## Q – I think I understand, but there's still an unsettled feeling deep inside. Who will I be without my goals and passions?

We're going to go into a beautiful time now of **truly releasing the personality**. I'm not talking about killing the personality or annihilating it, but releasing all of those connecting points, the validating points of who you are.

The personality wants to improve itself. It's been programmed to improve over lifetimes, improve your intelligence, improve your abundance, improve your looks, improve your ability to make friends and win over people and all these other things. So **the personality, the identity can't fathom the fact that it's actually going to dissolve away.** 

But the personality, the thing you identified to, connected to, validated yourself to is no longer valid.

[And] it's awkward. You're coming out of a very dense personality – a personality that was developed over many, many, many lifetimes – and now it's being dissolved away.

## Q – Is this why I've been feeling so out of sorts lately?

Your consciousness is blossoming (...). It's opening up. It's exposing itself to realities that have been closed down for a long time; rooms within your mansion of Self that have been absolutely sealed off.

It's going to feel uncomfortable. Then it'll feel really good.

Part of what you're experiencing right now is kind of this changeover, kind of a turnover from the old relationship with energy where it was somewhere else, now to your own, and there are times when it kind of feels like it's out of resonance. It's bumpy and it's choppy.

That goes away pretty soon and it starts to be this new flow physics in your energy where it's just flowing. And you might get up in the morning (...) just feeling out of sorts.

## Q – Is there anything I can do to make this blossoming more graceful?

You take a deep breath and you just feel back into the flow physics.

There's a flow to your energy. There's a grace to your energy. **You take a deep breath and you just allow that**. (...) You don't think about it. You don't stress on it. You just allow.

It's how you come to your light body, to your embodied Realization – a good deep breath, letting in that energy into your life, into your consciousness, into your awareness, into your body, into your mind, into everything.

A really good deep breath bringing it in.

Not thinking about it, not wondering how much you're going to bring in. It's not going to overwhelm you. It'll put you back in a true natural balance.

It's just a coming to peace within yourself. Coming to peace where there's not the battles, there's not the guilt or the shame or the issues; finally being able to enjoy yourself – the human self, the divine self, the I Am, the Master – all that together

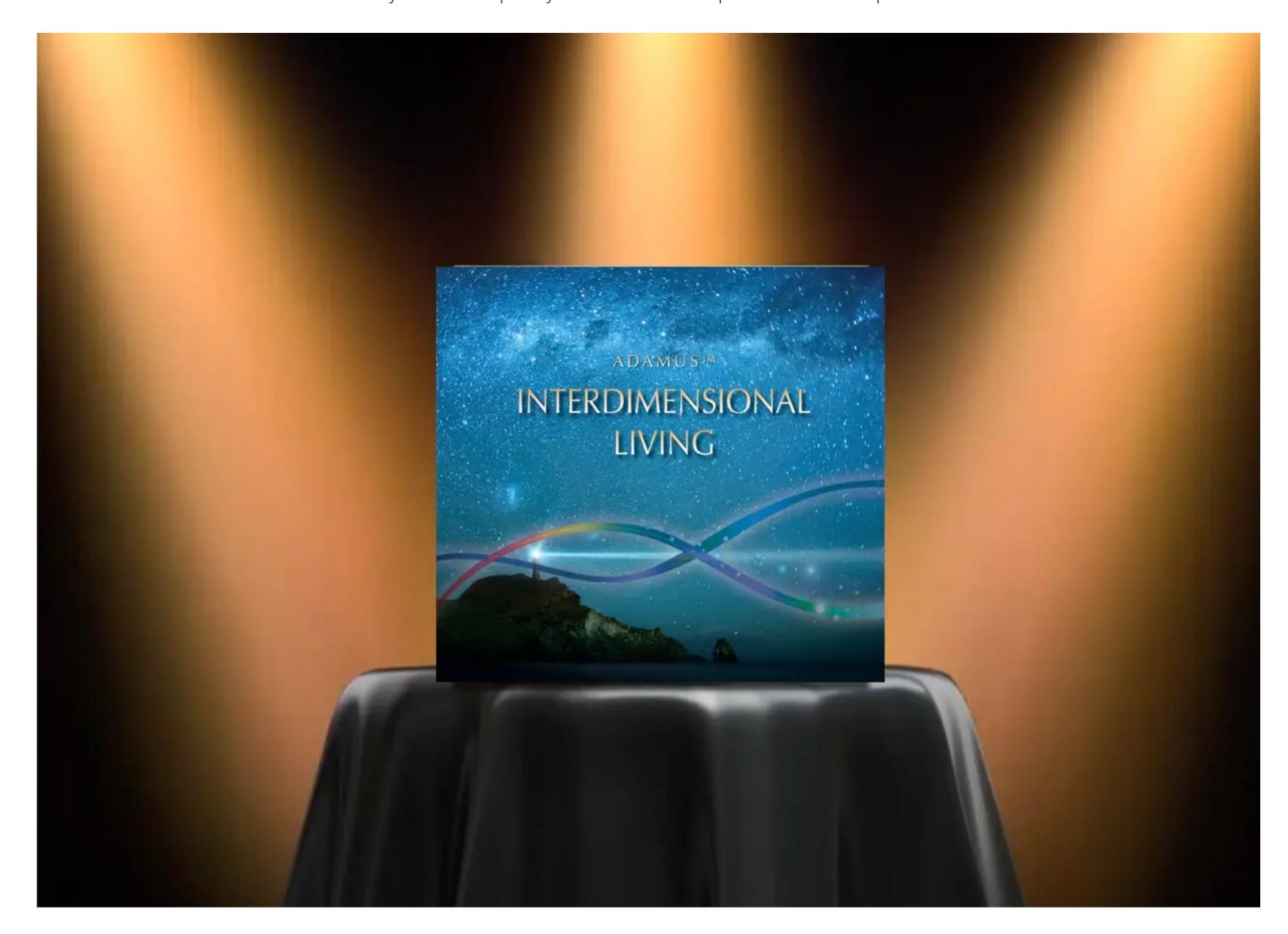
Adapted from:

Kharisma Series: Shoud 1
Walk On Series: Shoud 1
Passion 2020 Series: Shoud 3, Shoud 6
Merlin I Am Series: Shoud 2
Art of Benching Series: Shoud 11
ALT Series: Shoud 9

#### SPOTLIGHT

#### INTERDIMENSIONAL LIVING

Check here every month for a specially selected and relevant product offered at a special 15% discount!



JULY Spotlight – 15% off!

#### HIGHLIGHTS

- Reawaken your angelic senses and abilities
- Consciously experience other dimensions
- Unlock your prison and be free
- Travel far and wide with Kuthumi
- Remember your Self
- Profound experiences and practical information

Begin remembering how to perceive and function in dimensions and realms that are beyond this human reality!

Now that Heaven's Cross has occurred, it's easier than ever to traverse the realms, and this very experiential course will help you remember how it works. After many lifetimes in the density of Earth, your angelic senses have become dull and forgotten. It can feel like being in prison, but you already have the keys to let yourself out.

In 10 interactive sessions, Adamus Saint-Germain helps you to open your senses, travel the realms, and experience your natural state of being. Also assisted by Kuthumi, you'll learn what dimensions are, how to perceive and experience them, and how they can serve you here on Earth. You'll learn about five angelic senses that correspond to our five human senses and begin reawakening many more angelic senses.

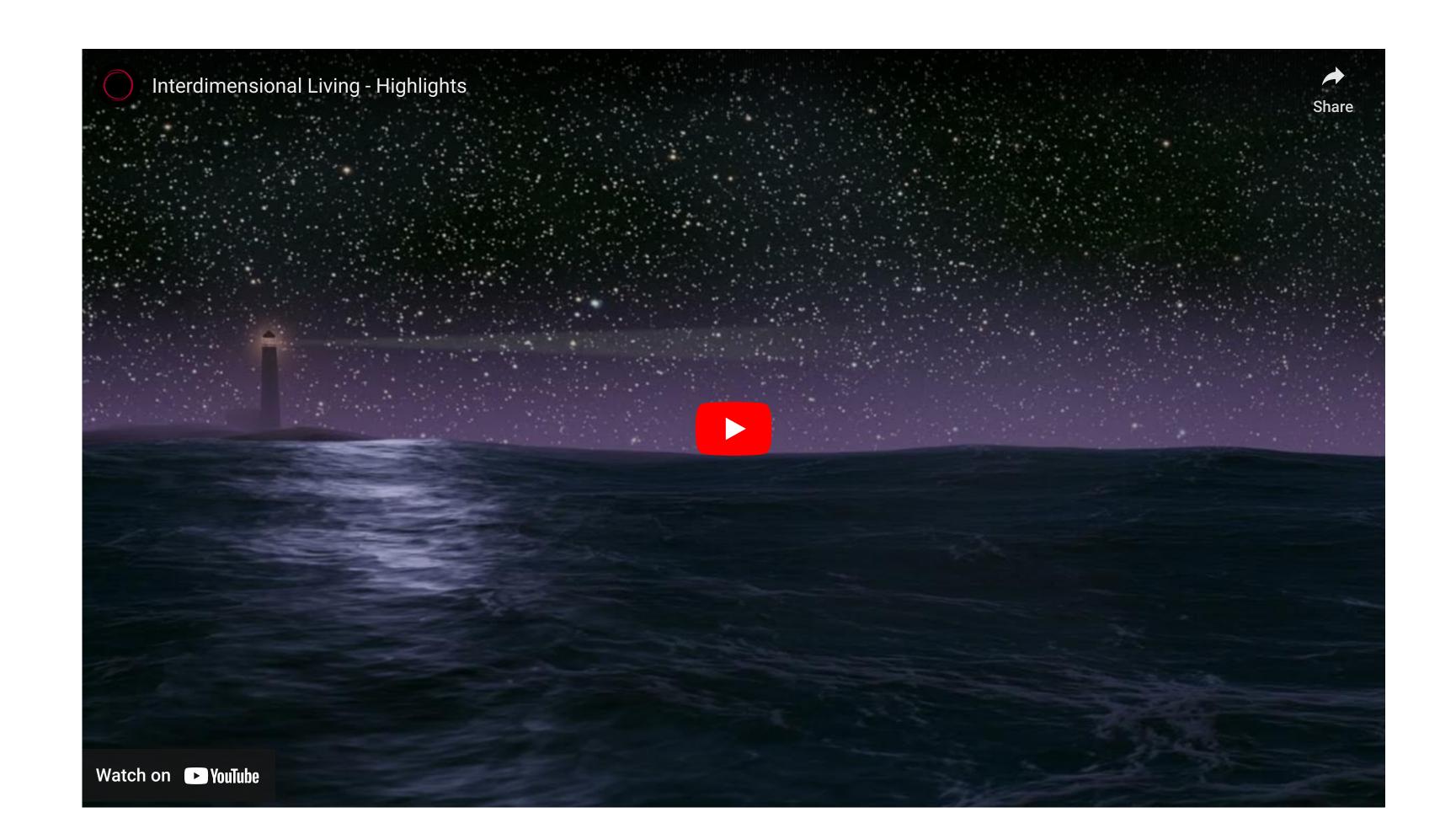
**ATTENTION:** Be sure to read the "IMPORTANT NOTES" before embarking on this interdimensional adventure!

**Cost**: <del>\$250</del> \$212.50

Featuring: Adamus Saint-Germain & Kuthumi lal Singh

Format: Downloadable audio and text

MORE INFO



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# AN EXCLUSIVE SHAUMBRA INTERVIEW WITH THE REMARKABLE MIKE DOOLEY

### AWAKENING II TO FEATURE GEOFFREY HOPPE WITH MIKE DOOLEY

Excerpts from an interview with best-selling author Mike Dooley

Watch the full interview below or on YouTube

JEAN: Welcome, Mike! Very excited to talk about what you're doing.

MIKE: I'm happy to be here, Jean. Thank you.

JEAN: You are a consciousness leader, a thought leader, a New York Times bestselling author. How did that happen?

MIKE: Well, in the beginning, long, long ago, as a teenager, I was always kind of deep

into the philosophical questions like, "Why are we here? What's going on?" I would taunt the Catholic Church leaders and my mother and father with these questions, and never really got good answers. So, I started formulating some of my own, bizarre as that may sound. I mean, we're all connected. You know, that God must be everywhere and in everyone, that everyone's doing their best, and there can't be a hell or a devil. I started poking around the fringes – ESP, aliens, Big Foot. That was the most exciting stuff out there that people weren't talking about. Hypnosis, self-hypnosis, the powers of the mind and "like attracts like" and "when the student's ready."

At the time it was Seth and Ramtha and a few others that showed up, and it just connected the dots and filled in so much more than I was able to deduce at the time. And so, as a young adult, I was already into the awareness that we are divine creators, and we create through the focus of our attention. And so, I've used that to my advantage in public accounting, then as an entrepreneur, and then as a teacher sending out *Notes from the Universe*. I was featured in *The Secret*, *The Law of* <u>Attraction</u>. Now there are <u>18 books</u> I've written or co-written, and it's just full guns blazing, still so excited, still discovering so much. You know, thanks to Geoff and Adamus – oh, my gosh! – now the path is red hot for awakening, self-realization, embodied enlightenment, awakening of the Christ consciousness within. Now it's so clear and it's so exciting at this time on planet Earth where the energy is just bubbling over and is ripe for our own ascension, meaning a raise of our vibrations to continue living here like we've never lived before.

JEAN: Absolutely. What a time to be here! After all this time, you have a huge audience. How would define the focus of your work?

MIKE: Well, gosh, until the last few years, my message has been all about living deliberately, creating consciously. What you don't like, you can change. What you want, you can have. You know, manifestation and the art thereof. That's been my sole message, peppered with "We are divine beings."

But in the last few years, my message and my own learning has shifted to what's truly possible beyond manifestation – which to me is otherwise known as self-realization, enlightenment, ascension, soul integration – where we can free ourselves from the illusions that are so hypnotizing and spellbinding and often fear-inducing. We can free ourselves from that by really being awakened to the absolute baseline that it's all God, it's all divine, everything is sacred, and we're here because we chose to be here. We're eternal beings in this playground. And to take that all the way would be to awaken the Christ within.

This is the time of the Second Coming. Conventionally there's this suspicion that Jesus might return. But I've learned that that reference of returning was that the Christ consciousness that within Jesus will come again to sweet planet Earth and awaken in all of us. And the things Jesus did, as he said, we will all do and far greater. That's where I want to be. That's what I'm helping people realize as their potential.

You know, people are faced with a choice – love or fear – and they're literally being separated as wheat from the chaff where we see this divisiveness and polarity. But when we work in cooperation with one another, instead of in competition, it's a whole new game.

JEAN: Humanity has gone through a lot of upheaval in the last few years. I'm curious if you have noticed any trends or tendencies in the post-COVID era.

MIKE: Well, I've certainly witnessed and partaken in moments of enhanced selfreflection because of COVID and seeing the divisiveness in the world. I see the two camps – love and fear, inclusiveness or separation – and I'm kind of in awe. I have a sense that it's playing out perfectly. I mean, that's a naïve statement, but I have a sense that it's going to play out in our lifetimes for the greater obvious good.

Ironically, while I'm seeing divisiveness and polarity and anger and angst, it's been brought to my attention by some of the people I interview that, simultaneously, there has never been a time where there's so much openness, so much willingness to discuss the social crises, whether it's racism or sexual orientation or self-expression. These things were not talked about five years ago. They were taboo, hidden, and suppressed. So now that it's all coming forth, it's like, "Oh, my gosh! We're going to hell in a handbasket!" But simultaneously, there's more love. There's more sharing. There's more assistance. There's so much more of all the good. That is our nature for every one of us to see the good, to be the good. And so, with our inborn inclination to thrive and to see the light and to move with truth, now truth is being shared.

Could I have done an <u>Awakening Adventure</u> ten years ago, five years ago? I don't think it would have been as resonant as it is today. So, there's a trend. I think we're going in a direction that we will find very gratifying in the near future, with some unpredictable bumps and turns. [COVID] was the great recovery, the reboot, where everyone rearranged their priorities and saw things from a different light. It's still happening, the healing this is.

That's the evolution of consciousness and we knew what we were getting into when we chose to be who we now are, alive where and when we now are. We get to be alive as the planet moves from the darkness of millennia into the light. In this lifetime, we're going to see the light like it has never shown on planet Earth.

JEAN: How did you come across Crimson Circle?

of knowledge.

MIKE: [It was] one of those things like, "Where have I been?!" I think it was Daniel Scranton, who channels some Arcturian energy, he sent me a link where Geoff and Linda were being interviewed by Alex Ferrari (<a href="here">here</a>). And I had to be peeled off the floor after I watched that hour, "Oh! This is exactly what I'm excited about! This is exactly what I want to learn more about!" I reached out and fairly quickly heard from Geoff and Linda, and it was like meeting long lost friends. It was just kind of a sense of camaraderie and joy, and Adamus came through and recounted briefly that we had

worked together in one of the dark ages. I'm just so glad that our paths have crossed.

JEAN: What could you tell me about what viewers will get from **Awakening II**? MIKE: One of the many blessings I got from COVID was devouring books on this topic of self-realization and embodied enlightenment. There's so much information out there that I was previously oblivious to. And hearing the different perspectives from channeled sources has really filled in what I would call a mosaic, this beautiful tapestry

The first Awakening had six different channels. The second Awakening has six more different channels. So, there'll be 12 in the entire series, and each one will be sharing insights on the path, and techniques on how to get there. Maybe it's releasing repressed emotions or trauma. Maybe it's releasing the invisible limiting beliefs. Maybe it's an exercise in meditation to connect with your higher Self.

So, it'll be more about awakening, self-realization, a deeper understanding, continued confirmation that we're all where we should be and that the demons you're dealing with or the back pain or the diagnosis is the perfect gift to open you up to exactly what you were most missing.

We're all walking each other home, only to find out we never left. We're still home! Too often, enlightenment, ascension, self-realization gives the picture of, you know, you get it, and then you just buzz off beyond the illusions. You mastered the game. No! Not now. Not with the changing energies. Now with full self-realization of our divinity, of our power, of our support system in the unseen, we will live like we have never lived, transform planet Earth in ways that are unimaginable. This is why we wanted to be here, and I'm so honored to be having this conversation and connecting with Geoff, Linda, and Adamus. And, oh, my gosh! Oh, my gosh, it's unbelievable! Really unbelievable.

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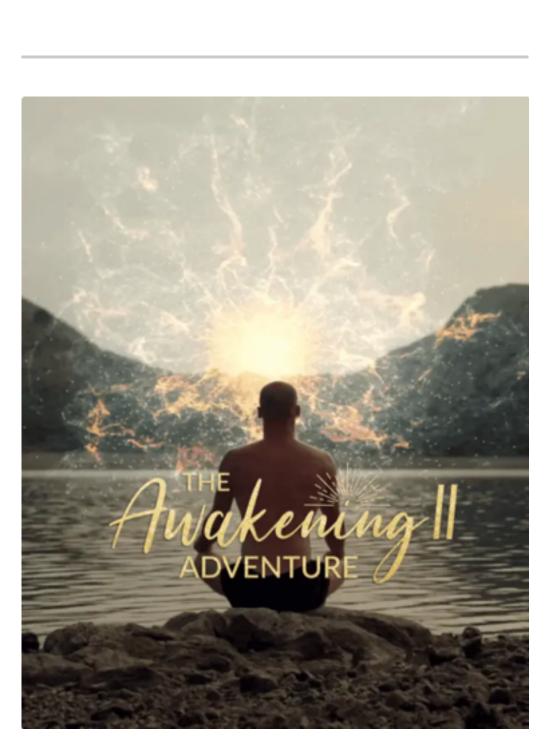
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Mike Dooley is a New York Times best-selling author, metaphysical teacher, and creator of the wildly popular "Notes from the Universe" whose acclaimed books—including The Top Ten Things Dead People Want to Tell YOU, A Beginner's Guide to the Universe, and Infinite Possibilities: The Art of Living Your Dreams—have been published worldwide in 27 languages.

He was one of the featured teachers in the international phenomenon The Secret and is the founder of TUT's philosophical Adventurers Club that's now home to over **1,000,000** online members. Mike lives what he teaches, inspiring audiences the world over. You can find Mike at <a href="https://www.tut.com">www.tut.com</a>



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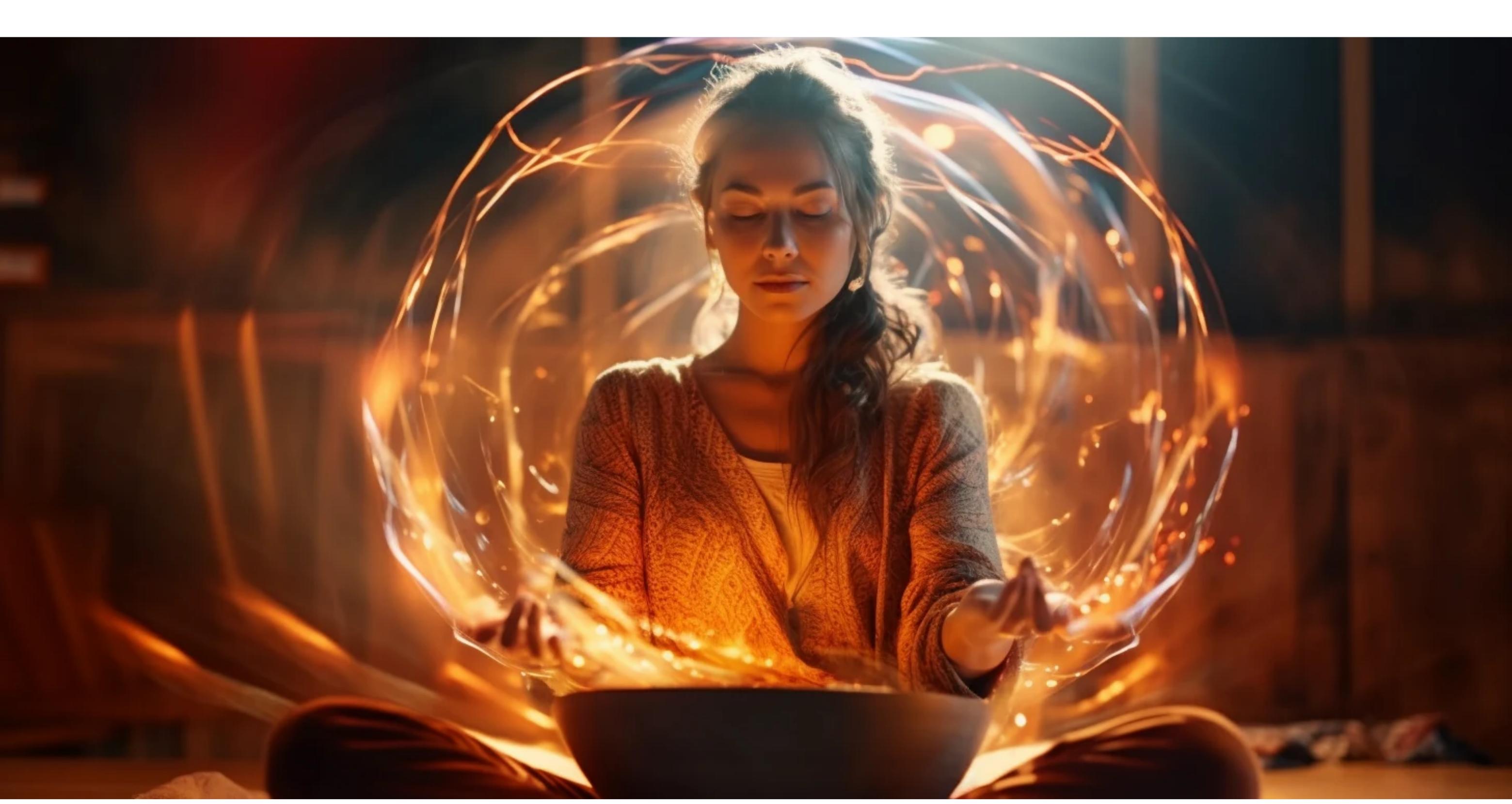
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## SHAUMBRA HEARTBEAT



By Jean Tinder

# MY CRUCIBLE

recently found a new use for my Fuck It Bucket and, adding to the fun, it corresponds delightfully to my Trekkie facet! Here's the story... A lot of us are experiencing body issues and I am no exception. Strange twitchy behavior, wandering aches and pains, seeming inability to handle what was not a problem last week, and so on. Some days, my body feels healthier than ever. Other days, I wonder how it's still functioning. I know Adamus says everything is okay and it's all natural and blah blah blah, but I sure would like to fix this thing once and for all!!

During a recent production at the studio, he said something that triggered an idea: "I should put my whole damn self in the Fuck It Bucket!" Sure, it's just a symbol for releasing stuff, but I'd gotten so distracted with trying to fix my body that I forgot about letting go. Plus, it's one thing to let go of problems and issues "out there." It's something else entirely to let go of something I'm living in every moment of my life. I need all the help I can get!

The next morning, I finally had a moment to breathe, feel, and really commit to my choice to let go. My lovely golden bowl has served very well the last couple months, which means things really change when I put stuff in there along with the clear intention of releasing my grasp on it. (At some point I put my "mother aspect" in the FIB – which upended and rearranged all sorts of stuff!) So, I picked up the bowl and breathed.

Always eager to help, my mind pulled up images of previous "releasing" sessions. But this was its own thing, and I didn't want to pretend it was just like something else. So, I breathed some more, clearly choosing to put my body *and* all its habits and quirks into the bucket.

An impulse came to put the bowl over my heart. Huh, weird. Okay.

More breathing, and then a strange sensation, as if hundreds of little "connections" were tumbling out of my heart into the bowl. Obviously, it was my mind trying to define and make sense of a deeper experience, but I "saw" it as a bunch of nodes and wires. They had been connected all throughout my body, and now they were coming apart, disconnecting, letting go.

Well, I did say I wanted to release all the old patterns from my body, and this was a vividly literal way of doing that! Throughout the day, I was aware of the "un-patterning" process going on inside, along with various odd sensations now and then. Whatever it takes, I said to my Self. Do whatever you need to let it all go. I won't fight.

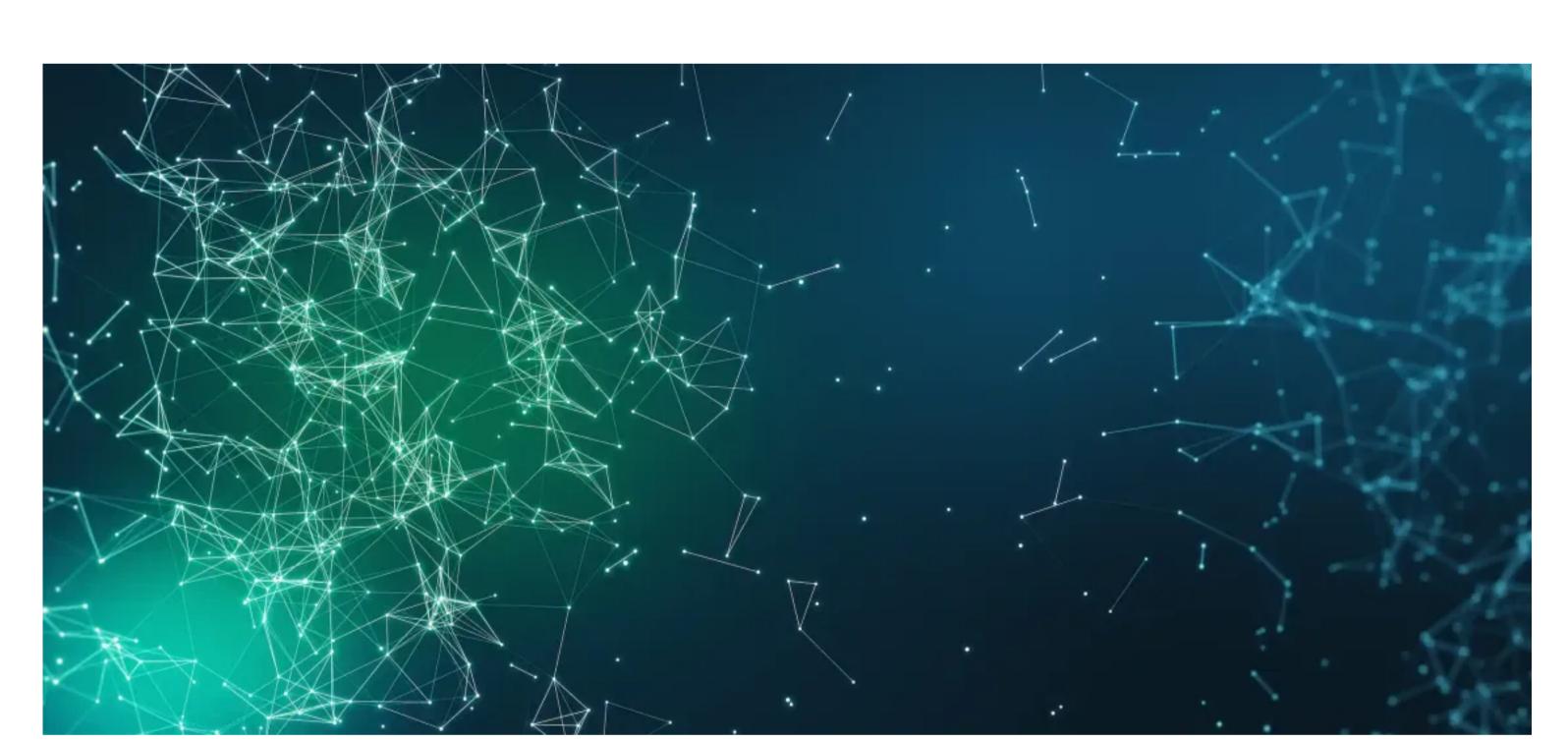
The next morning, I woke up feeling quite out of sorts, telling someone I felt "disconnected." Really? my Self chuckled. Isn't that what you chose, what, yesterday? Even so, I wanted to crawl in a cave and hibernate, not go be around other people, run a webcast, and listen to Adamus, which was what my schedule said. Well, there was a little time to spare but no cave in sight, so I sat down to breathe... and found myself on another adventure with Self.

I've created a beautiful inner Secret Garden<sup>3</sup> as a fantastic place of retreat. One of its features is a beautiful, jewel-lined rejuvenation pool, not far from a peaceful gazebo for reflection. But on this visit, I discovered something new. Over in the corner was the entrance to a cave! I smiled in delight as Self ushered my weary, disconnected-feeling human to the entrance. I walked inside, turned the corner into deep and silent darkness, and crawled into the luxurious pile of bedding on the floor. Ahhh, perfect!

Grateful for my vivid imagination, I relaxed, melting into the softness. Thinking of the "connections" tumbling out of me the day before, I imagined my body without any inner structure. A peaceful puddle. Unstuck and unstructured. Damn, my bucket does a great job!

Then a qualia-fueled lightbulb came on. *Oh my, I am a changeling!* 

If you've ever watched Star Trek Deep Space Nine you know about Odo, a member of a unique race of beings whose natural state is liquid. Their home planet is basically a giant lake where they all live together in the Great Link. They are nicknamed "changelings" because they can take on the appearance of anyone and anything. However, they must return to liquid form on a regular basis to rest and regenerate. So, when living among humans, such as on a space station, the changeling keeps a bucket in their quarters as a little rejuvenation chamber. Interestingly, if they stay in their non-liquid form for too long, they get ill and may even die.



So, there I was, in my bucket in my cave, letting all the old structures and connections dissolve. Whether from ancestors, past lives, mass consciousness or just life experiences, they were the energy patterns that had created my body. Being in solid form gets tedious and wearing, and eventually one builds up emotional, physical, and energetic scar tissue. Far better to let everything go on a regular basis like the changelings do! We humans used to do that at the end of a lifetime, but after so long on Earth we've gotten very, very stuck.

Cue the Fuck It Bucket and plunking my whole self into it. The more time I spend there, the more I feel the potential of total rejuvenation. It'll probably take a while, seeing how there's a lot of old patterns to melt, but it only takes a breath to imagine the inside of me melting and sloshing around unstructured, unstuck, and free.

The key for my busy mind is to remind it that I'm *choosing* this. I've given it the assignment to keep letting go of old patterns, and to nudge me when I do something purely from habit. And, because it too is a creature of habit, the more often I confirm my choice, the easier it becomes. Dear mind has lots of ideas and questions, but it knows I've already experienced very significant shifts from putting other stuff in my bucket. So, we – my mind and me – already know that putting my body in there will not be in vain.

Of course, you may ask, "You're just putting an imagined part of yourself into some imaginary bucket. How can this possibly affect your real human self, the one that's living with discomfort and frustration?"

The answer comes from another real-life example. I've been on a sourdough bread-making kick the last few weeks, and the whole process is based on having a little bucket (ha!) of starter. Once you have this healthy active catalyst, it just takes a small amount mixed into an entire batch of dough and the whole thing comes alive. By the same token, I just take my own inner bucket of unstructured self and mix it into the rest of me, and all of me starts changing!

I can tell you without a doubt that it's working. Some deep stuff is shifting, and maybe the results will emerge in another story. But I encourage you to play in your own imagination, in your own unique way, because it's very, very real. I mean, why imagine the same old dreary issues when you can melt down all those connections and structures, rejuvenate yourself, and generate some new ones? I don't yet have a way to explain this other than in metaphor, but soon we'll be able to demonstrate the physics. I am certain of that.

Oh, and do you know what the real name of that race of beings is in Star Trek? "Changelings" is a nickname; they are known across the quadrant as the Founders.

I had to chuckle when Adamus talked in Threshold about "the Founders," the ones who've been with Crimson Circle for many years, because I sure related to this:

Drop all the causes, whether you're fighting for the goddess or the forest or the fairies or the underprivileged or anything. Not because there's a lack of compassion or understanding for what they're going through, but you [have] other things to do, dear Founders.... The first group that goes through, these Founders, they're paving the way.

If it were me, I'd probably say we're UN-paving the way, disconnecting ourselves and releasing the old structures we got ourselves and everyone else stuck in. (Yep, the Founders started the whole Atlantean headband thing too, also covered in Threshold.) As all that old stuff melts down and returns back to pure core energy, well, let's just say that miracles start happening.

# **AUTHOR**



<u>Jean Tinder</u>

As Crimson Circle's Content Manager, Jean is fulfilling her life-long dream to shine her light in the world. On a spiritual journey since childhood, she found Crimson Circle in 2002, joined the staff in 2008 and never looked back. Her first book is called "Stories from My Last Lifetime".

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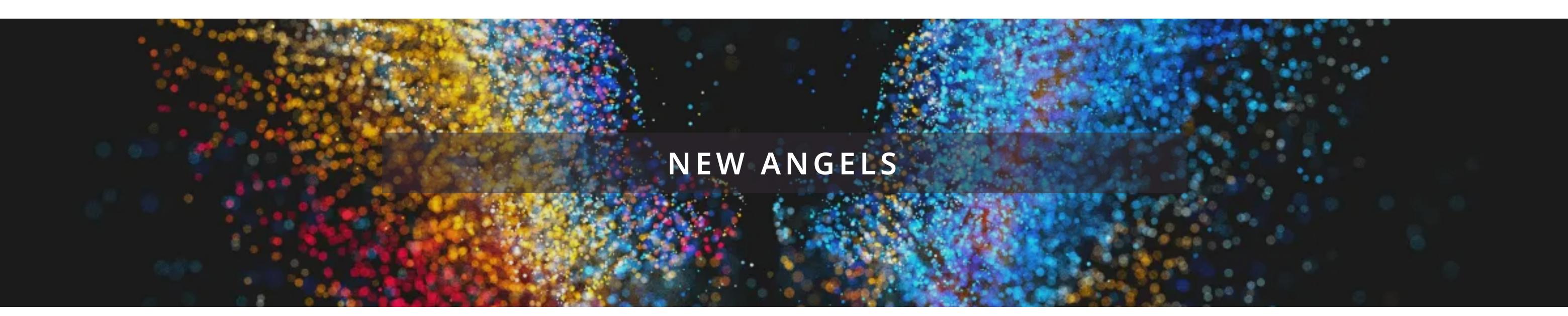
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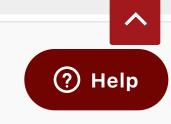
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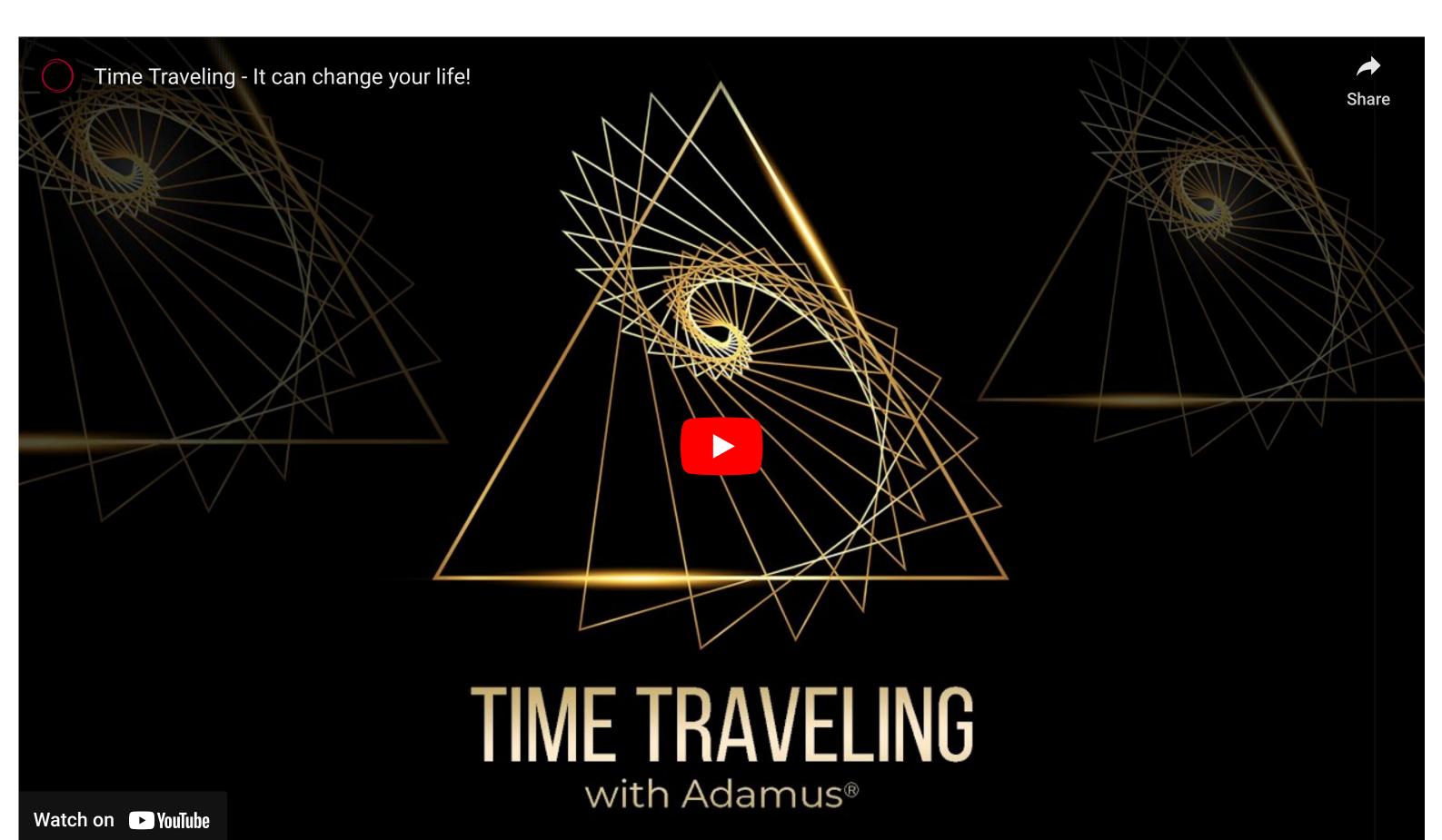


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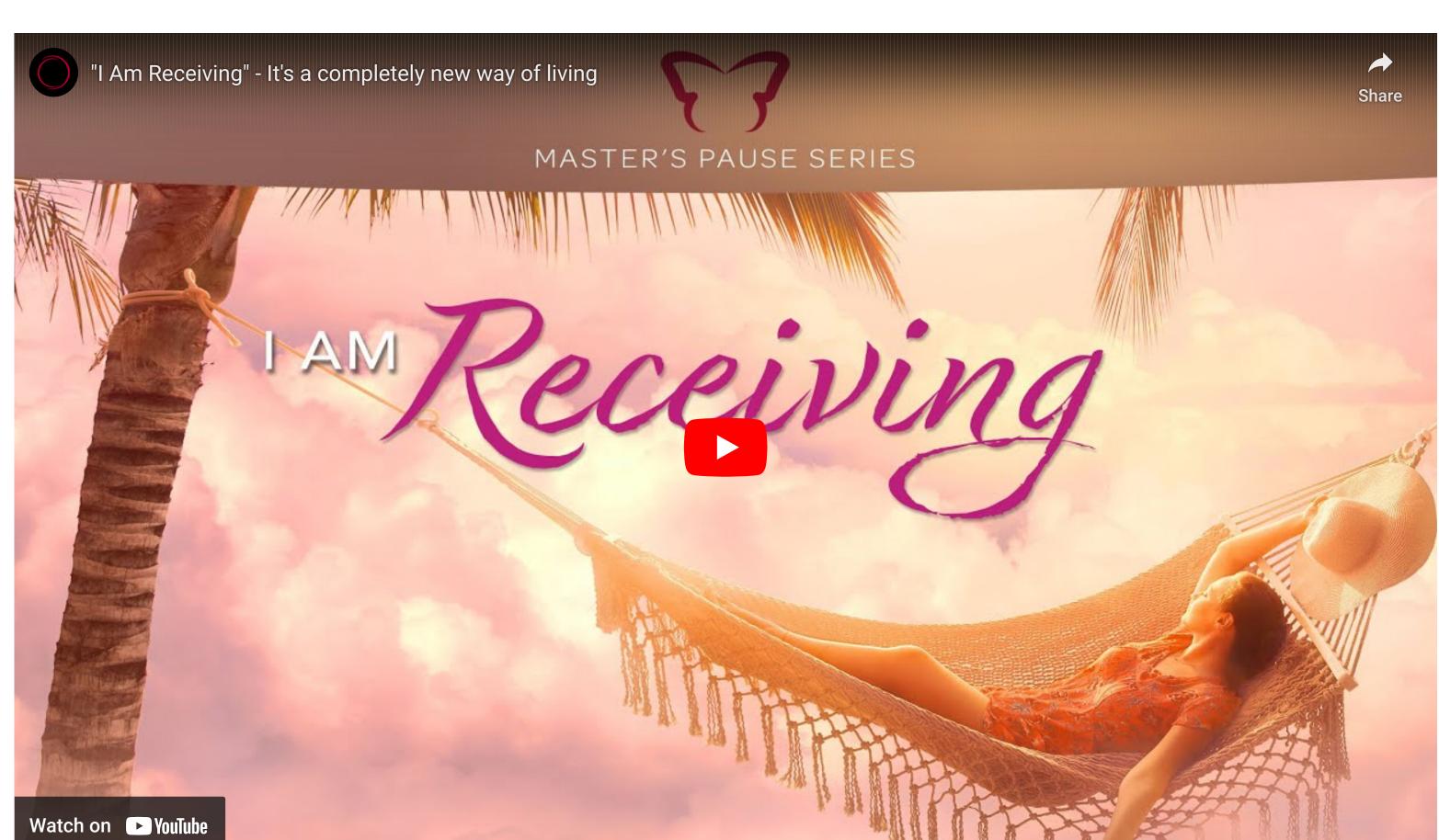
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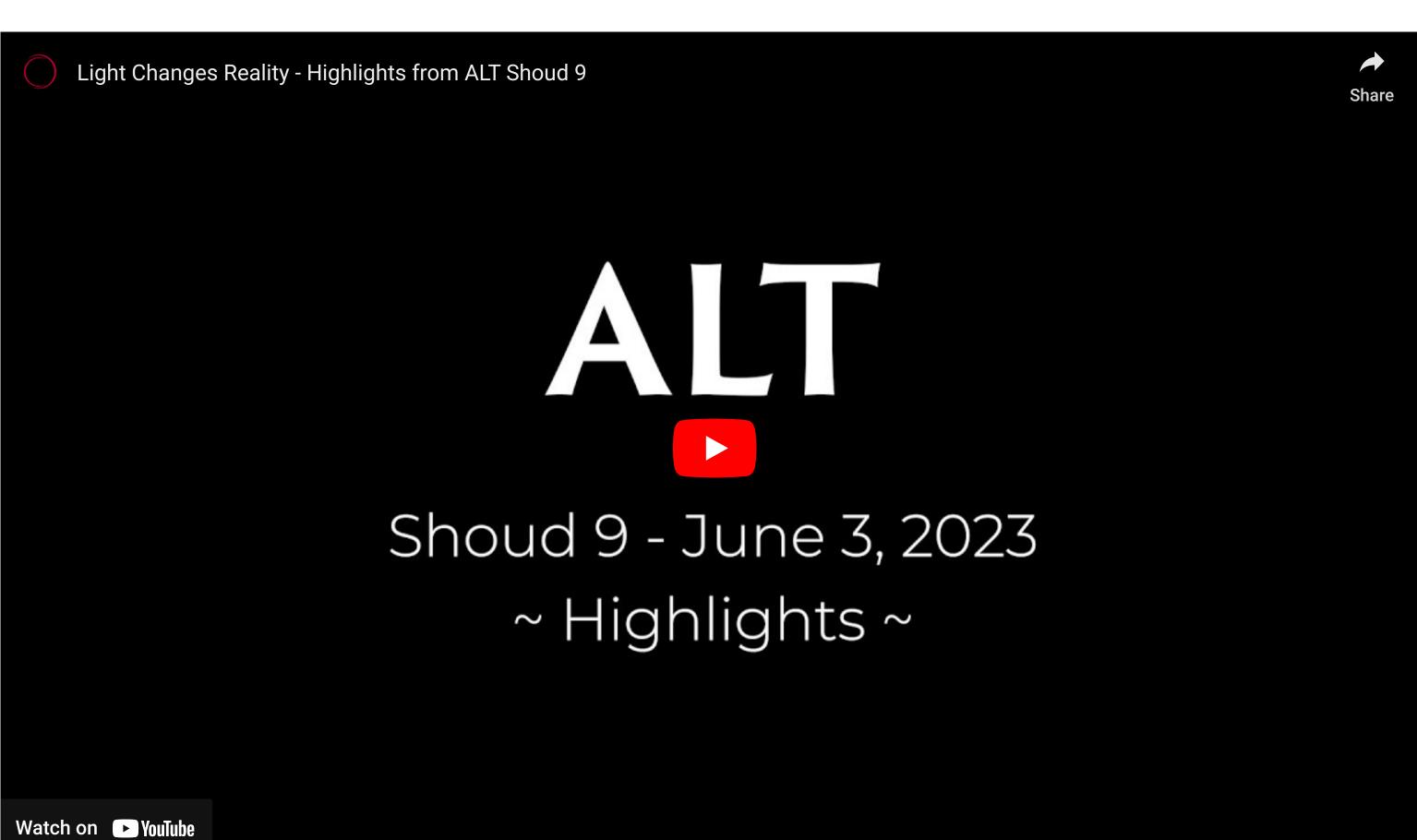
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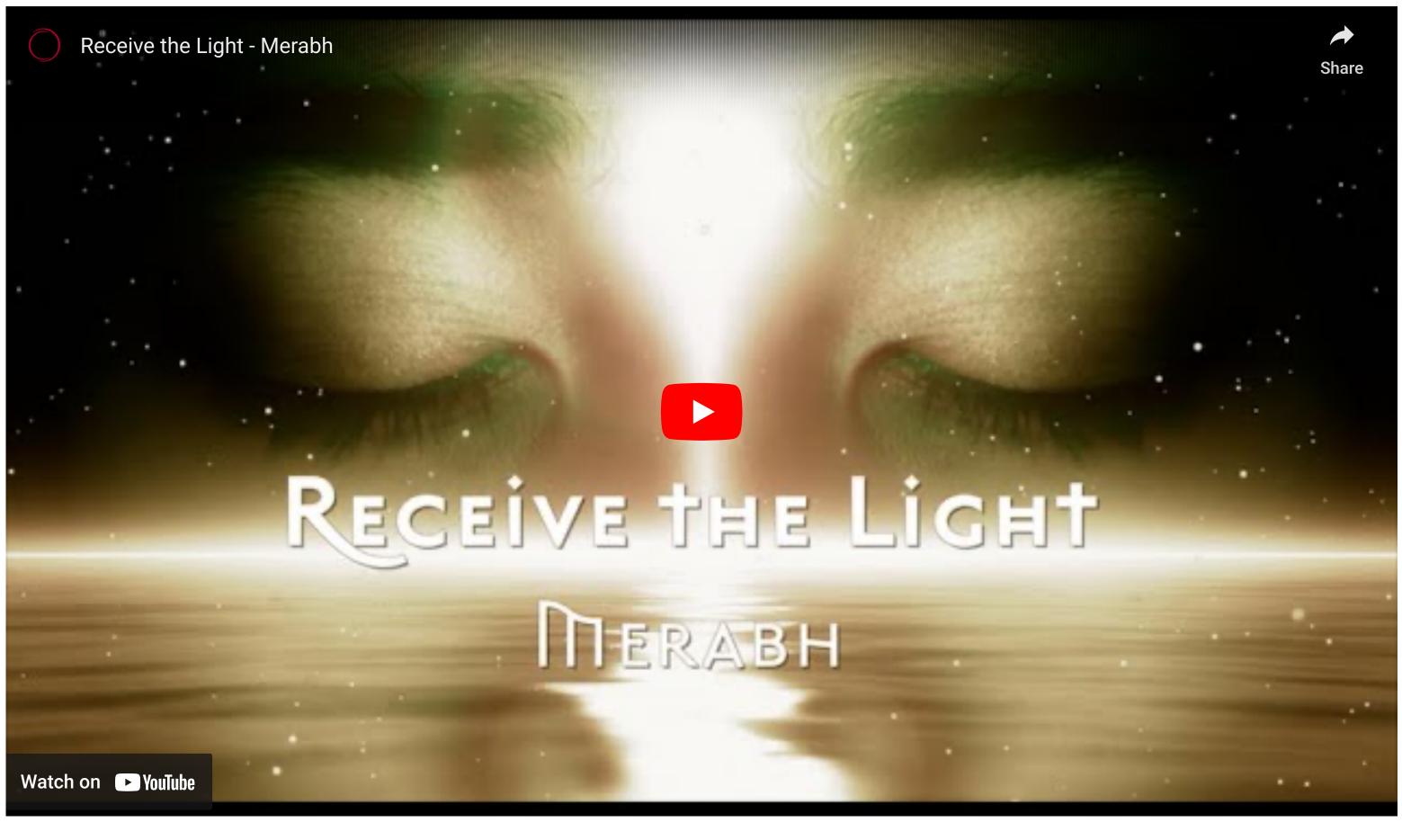
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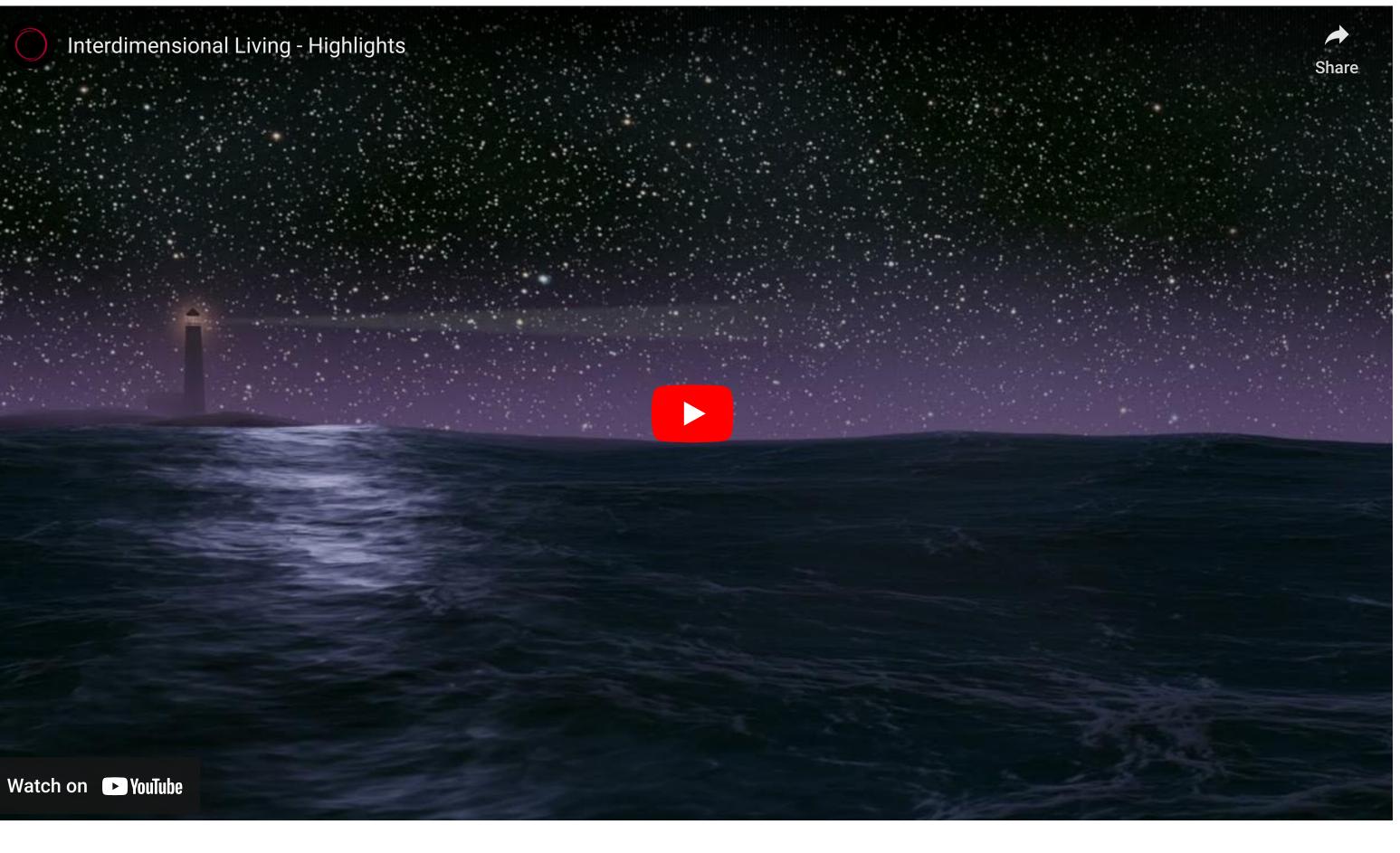
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