SHAUMBRA MAGAZINE
AUGUST 2023

– ENTER –

WELCOME TO SHAUMBRA MAGAZINE

Dear Shaumbra,
We're still tweaking and improving the new Shaumbra Magazine format.
Let us know how you like it and what else you'd like to see!

Things you can do:

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- **ARCHIVES** – Select a back issue from the ARCHIVES, then use the buttons *on the welcome page* to begin navigation.

We hope you enjoy this new format!

The CC Magazine Team

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1 THOUGHT ON "WELCOME"

ALEXANDRA MARTÍN GARCÍA
AUGUST 3, 2023 AT 5:22 AM

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Accept your mastery, receive your energy, and shine your light. It's pretty simple.
– Adamus Saint-Germain... Read More »

Help

A BIG DUH!

By Geoffrey Hoppe

We had Crimson Circle's semi-annual Managers Meeting at the studio in Colorado a few weeks ago. About half of the managers attended in person, while the other half joined in on Zoom from places afar. We talked about everything from finances to upcoming events and productions, technology, AI, customer service and Shaumbra. Yep, we talk a lot about how we can continue to serve Shaumbra in the years ahead.

During one of the sessions I mentioned a Shaumbra situation that had popped up the day before. It truly puzzled me. Someone started a thread on the Crimson Circle Facebook page about the video announcement we created for Adamus' new *Meta Changes – A Heavens Cross Follow-Up* (Meta Changes Promo). They were very clear that they didn't like the trailer, but instead of identifying what they didn't like, they just said it looked "American." Hmmmm. I assume they meant it looked overly promotional? We take great care not to be pushy or sell-y with our product promos and recaps. The goal is to tell Shaumbra what the product is, and what they could expect from it. We don't make promises or use marketing gimmicks to get people to buy. There's no need to because either you are drawn to the product or you're not. Shaumbra are pretty discerning, and they tap into the energy to determine if they are interested in the products. It would be an insult to try to coax them into buying something.

We pay attention to the energetic quality of everything we put out for Shaumbra. It's reflected in the graphics, music, audio and video quality, color selections, design, and final presentation. The reason is simple, and it's ingrained in the Crimson Circle staff: *We do it to honor Shaumbra*. It's the same as having an over-night guest at your house. You honor them by having clean sheets on the bed, vacuuming the floor, amenities in the bathroom, etc. Whether they ever notice it or not, they can feel and sense it on some level. It creates a safe space.

> *When someone feels safe they are more prone to relax, open up and allow.*

It's the same reason we pay particular attention to the room layout in the studio, the arrangement of chairs at workshops, the volume of the sound, the temperature in the room, and all the little details. It's about honoring Shaumbra, and making sure they feel safe. When someone feels safe they are more prone to relax, open up and allow.

We have a great in-house creative team at Crimson Circle. What always impresses me is how well we collaborate with each other. There are no artistic prima donnas. We work together on everything from the Shaumbra Magazine to the product graphics and promos, as well as the store and website designs. Creativity-by-Committee is usually a disaster; and the resulting end product is usually uninspiring.

> *What we present to Shaumbra has to match the quality of Shaumbra's energy, so it better be good.*

Not with this team. We come up with the basic creative concept, then it improves as the team members add their input. We're not afraid to trash the entire concept if it's not excellent, even if we're already into production. What we present to Shaumbra has to match the quality of Shaumbra's energy, so it better be good.

Now, back to the problem at hand: Someone expressed their disdain about the *Meta Changes* promo video. The script was straight forward, without any pushy marketing techniques. The video clips within the promo were pretty cool, at least in my opinion. The music was good but after listening again I realized it was a little too epic, a little dramatic for this product. On the Facebook page, some people agreed that they didn't like it while others said they enjoyed it. I think it was about a 50/50 split. Still, I was totally puzzled. I thought it was pretty good, otherwise we would never have released it.

During the Managers Meeting we put the promo video on the big screen so everyone could see it. We played it several times before the discussion. "What's there *not* to like?" I questioned. The script was good, we paid for a professional voice-over announcer, the video clips were high quality, and the post-production work was smooth and professional. This led to a much deeper discussion about our core values.

It's funny how a simple thing like this promo video would lead to a long discussion about our values. Here's what we observed about the Crimson Circle as a team, and our relationship with Shaumbra:

Authenticity – Shaumbra demands that we are authentic. Over the past 24 years it's what has created a high level of trust. Not only do we want to be authentic, we need to be because we are dealing with people's lives.

Integrity – Our integrity has to be impeccable. We can't stray from our reason for being here: *To serve Shaumbra*. It can't be for fame or money, power or glory. We can never put ourselves above any Shaumbra; we are all on the journey together.

Consistency – As an organization we have to be consistent in everything we do. No surprises (we'll leave that for Adamus). We can't be one thing one month, and another thing the next month. Consistency helps create the safe space. When you stay at a Four Seasons (five star) hotel you know it's going to be consistent quality whether you're in Germany or Japan. When you interact with Crimson Circle, you know it's going to be a consistent energy whether you're reading the Shaumbra Magazine, attending a live workshop in Hawaii or tuning into the monthly Shoud.

Compassion – Staying here on the planet as an embodied Master is not always easy. I truly believe we've taken on one of the toughest missions of all. As an organization, we must have compassion for each and every Shaumbra. We need to honor and respect their journey, no matter how they choose to experience it.

Safe Space – We are charged with creating a safe space, whether at a live event, during an online Cloud Class or with our customer service. A safe space allows the human to expand, express, experience and realize (enlighten). Without a safe space, the balanced relationship between parties collapses, whether it's in a personal relationship or between an organization and it's members.

> *How can we continue to earn Shaumbra's trust, and serve them with integrity?*

It was a very insightful discussion with the CC Managers. These were all things we knew, but never assessed them at a single time and place. The last portion of the discussion was asking ourselves, "How do we continue to earn Shaumbra's trust, and serve them with integrity?"

> *It was a nice male voice, but it was an **outside** voice.*

How does all of this relate to one person's comment on Facebook about the *Meta Changes* promo video? As I mentioned, the management team viewed the video numerous times before opening the floor for discussion. There was one simple thing we had all overlooked in our pursuit to create a quality video. We all came to the same conclusion as a big "duh!" moment swept over the room. *It was the voice!* We had hired an outside announcer to read the script. It was a nice male voice, but it was an *outside* voice. He read the script well, but he wasn't Shaumbra. It lacked the important element of (energetic) integrity and therefore disrupted the safe space. It was not consistent because usually the new product promos feature clips of Adamus. It was a good voice if you're selling cars or hamburgers, but it was energetically out of harmony with Shaumbra viewers.

That night, I made a few revisions to the script. The next morning Linda and I recorded the new version using my voice. Bye bye professional announcer. Within hours Peter Orlando put in my voice and changed the music to something calmer and we had the new version – the Shaumbra energy version – of the *Meta Changes* promo video ready to go. I viewed the old and the new side by side. The original was pretty good for a promo, but the new version was a heartfelt message to Shaumbra.

> *Duh!*

I'll never forget this simple but profound "duh!" moment. It's especially important as we launch into new technologies and Artificial Intelligence. We have big plans for these in our future, and we have a 10-person in-house tech team to make it happen. I'm pretty sure I'm going to have the word "Duh!" tattooed on my forearm so I always remember to maintain a close, personal and authentic relationship with Shaumbra. Technology and AI can improve Shaumbra's experience with Crimson Circle, but nothing can ever replace the personal energy relationship. Duh!

AUTHOR

GEOFFREY HOPPE

Geoffrey Hoppe founded the Crimson Circle in 1999 after a series of conversations with the angelic being known as Tobias. He left the corporate world in 2001 to devote his full time to the Crimson Circle, along with his wife Linda. Geoff channeled Tobias until 2009 when Tobias returned to earth in a new incarnation known as Sam. Tobias handed off his guidance role with the Crimson Circle to Adamus Saint-Germain, a facet of the Beloved St. Germain who has been working with humans for hundreds of years. Geoff has been the messenger of Adamus Saint-Germain ever since.

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KASAMA™ ONLINE – WALKING WITH YOUR SOUL

HOSTED LIVE WITH GEOFF & LINDA HOPPE
AUGUST 11–13, 2023

Adamus invites you to go beyond suffering, reunite with your soul, and live in grandness, because your destination is inevitable! In fact, energy serves you with total accuracy, and the way life unfolds is all about your self-perception.

REGISTER NOW – Your soul is ready!

In your own words...

Here's what attendees had to say about Kasama:

DEEP *– "I just finished diving in to KASAMA for the second time. It goes so deep, I can hardly fathom it."*

BEST *– "The best material available on Earth at this time."*

SUPPORTIVE *– "The channeled messages are deep, profound and have an effect on all levels – body, mind and soul. I am very grateful to have this support, especially now when the world is really 'crazy.' Reconnecting with my soul and feeling the energy flow clearly in my body now (I get hot flushes every time) helps me to stay grounded, to shine my light and to continue on my own path."*

LIFE CHANGING *– "Such dense transformative content – I find it difficult to evaluate using ordinary parameters. Life changing certainly. I am going through it all again and learning how to apply every day."*

BEAUTY *– "One of the best workshops ever!! The lightness and beauty of the nature around the Shaumbra Pavilion has an effect, too!"*

ILLUMINATING *– "Excellent material – I didn't realize before how much I still suffer in my personal life."*

INVALUABLE *– "It's difficult for me to put into words what this experience has meant to me. I'll say this: I knew I had to do it and I'm absolutely happy I did. It's been the most invaluable Crimson Circle workshop I've ever done and the most powerful experience of my life."*

RELEASE *– "For me it is the highest and holiest thing I can experience. Kasama has changed my perception and my self-perception and brought great insight and release."*

FANTASTIC *– "I did so many online classes but this one is EPIC. Immediately after the class a lot of old energies started to dissolve in my life and New energy came in. Absolutely fantastic."*

PRECIOUS *– "For me this was the most precious and exciting experience I have come across. To merge with my soul and my deepest inner truth makes me extremely grateful and joyful. It is so precious I cannot even find the right words to describe how I am feeling now after Kasama. Everything seems to unfold in a beautiful way so that I can keep up with every step I take from now on. I feel my "I am" far more and it is pure joy!"*

WONDERFUL *– "I hoped to immerse myself totally in my own energy and Shaumbra energy during the three days of Kasama and forget about the world. Instead, it helped bring up all the things in my life that 'prevented' me from doing that, my main sufferings at the moment. Wonderful how my energy served me once again, through Kasama, and not exactly how my mind expected it to go, but infinitely better. Should be used to it by now!"*

HIGHLIGHTS

- Energy responds to your self-perception
- The song of your soul has always been there
- Now is the time to release all suffering
- Sing back to your soul
- See yourself in a new way
- Allow kasama to become a way of life

Sessions: Nine sessions including live channeled Q&A
Format: Streaming video and online text e-reader
Cost: $595 (automatic 50% discount for graduates)
Access: 90-days access to video & text e-reader
Translations: E-reader available in 12 languages

MORE INFO

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NEW!

PROGNOST 2023 UPDATE

STREAMING CLOUD CLASS

In this long-awaited *ProGnost Update*, Adamus passionately calls a "Crimson Alert" for Shaumbra to "*Be aware of what's happening*."

AI is the thing most affected by the new level of light, and the birth of Practical Artificial Intelligence is already underway. The darkness – meaning limitations, power games and slow evolution – will try to use AI to maintain itself. But Earth is already becoming a planet of light, and even the darkness will eventually accept its own light.

In the few short months since the Apocalypse began, consciousness has expanded, and "un-gravity" is changing the very fabric of reality. As you let your consciousness now dance with the gravity that can expand, it gives you back your wings.

Adamus declares, "This is the clarion call to each and every one of you to release your old issues, your wounds. Oftentimes, you get so engrossed in them and you spin in circles with them. Now is the time to release those. Just let them go. There are far more important things to be doing on the planet right now. What you're here for is to *let your light shine*."

HIGHLIGHTS

- Light will expand at least 7% in 3-5 years
- The atomic structure is simply condensed light
- Reality is an illusion that can be altered
- The key is letting un-gravity serve you
- Gaia's departure makes way for your light body
- AI is responding to your consciousness

Session 1 – Four Factors (1:19:29)
Session 2 – Dancing with Gravity (39:34)
Format: Streaming video, audio and online text e-reader
Cost: $60 (through November 1, 2023; $75 thereafter)
Access: 90-days access to video, audio & text e-reader
Featuring: Adamus Saint-Germain, Geoffrey & Linda Hoppe
Recorded at the Crimson Circle Connection Center, July 2023

MORE INFO

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NEW!

META CHANGES – A HEAVEN'S CROSS FOLLOW-UP

DOWNLOADABLE VIDEO, AUDIO AND TEXT

In this important follow-up to Heaven's Cross, Adamus gives an astonishing report on the meta changes taking place on Planet Earth since the Apocalypse began. With the New Light coming in – allowed and received by conscious humans around the globe – the gravity that holds everything together is already beginning to loosen.

Divine light is filling the "space between" everything, and the effects of this include a new unity consciousness or sense of "oneness" with your Self, an easy flow as things naturally unfold, new things happening that you could hardly imagine, and much more. It's magical; it's metaphysics finally being expressed in your life!

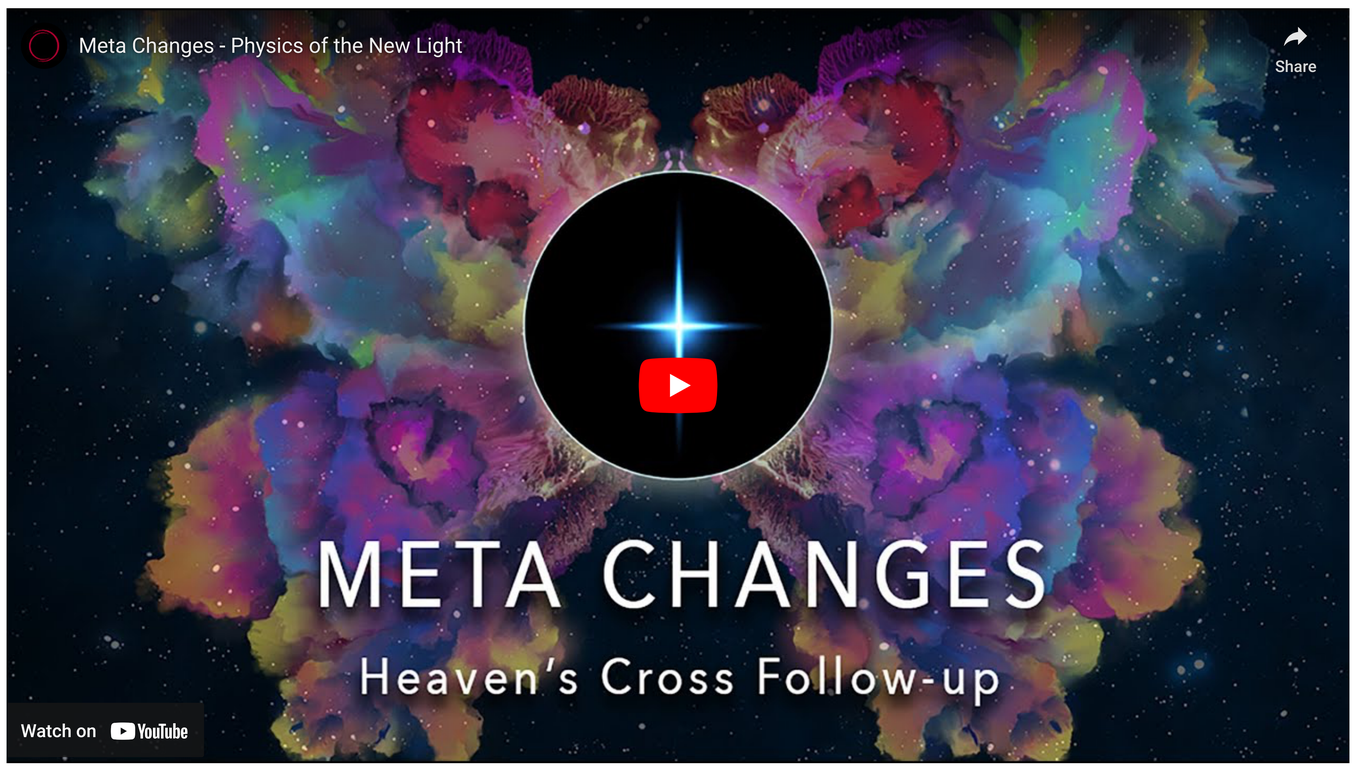
> *The path before you clears. The obstacles, the distractions, suffering, they just go away. This is your light. Let it serve you now. This is exactly what you've worked so very hard for in so many lifetimes.*
>
> – Adamus

HIGHLIGHTS

- Heaven's Cross, the Apocalypse, brought in light
- Now physics are literally changing
- Extraordinary things begin to happen
- In unity with soul, the path clears in front of you
- Life flows in grace, ease, and understanding
- In this ocean of divinity, all things are possible

Session 1 – Effects of the New Light (1:10:55)
Session 2 – Receiving Your Light (53:02)
Format: Downloadable audio, text, video
Cost: $33
Featuring: Adamus Saint-Germain, Geoffrey & Linda Hoppe
Recorded at the Crimson Circle Connection Center, June 2023

MORE INFO



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UPCOMING EVENTS

KASAMA™
ONLINE • AUGUST 11–13, 2023

If you've ever wondered about the nature of your soul – what it is, where it is, and how to allow it into very moment of your life – this Cloud Class will bring you to a new level of awareness. Adamus answers some of the biggest questions about the soul, as well as staying on the planet as an embodied Master with energy serving you in grace.

The premise is simple: You are in the midst of a beautiful and natural process of reuniting with your soul, but oftentimes it seems challenging or elusive because of the human perspective and conditioning. Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

MORE INFO

LIGHT OF THE MERLIN
ONLINE • SEPTEMBER 9–10, 2023

Once a year for the past nine years, we have joined our Merlin energies in celebration of our journey to mastery on Earth. With the unprecedented level of changes happening around the world this year, the 2023 Light of the Merlin Online event has the potential to be one of the biggest and most transformational ever.

This inspiring 2-day event will feature channels from Adamus Saint-Germain and friends for more than 8 hours of inspiration and celebration.

MORE INFO

SEXUAL ENERGIES SCHOOL®
ONLINE • DECEMBER 8–10, 2023

This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self.

Hosted live by Geoffrey and Linda, includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

MORE INFO

NEW! – ASPECTOLOGY®
ONLINE • JANUARY 19–21, 2023

Aspectology, also called "New Energy Psychology," is a groundbreaking study of human nature, healing and creation. Unlike traditional psychology which assumes there is something wrong with you that must be fixed (or medicated), Aspectology assumes that you are whole and complete at your core, no matter the level of your current difficulties.

MORE INFO

IN-PERSON EVENTS • FALL 2023

MASTERS CIRCLE
KONA, HAWAI'I • OCTOBER 22–26, 2023

Each Masters Circle event is more of a gathering than a workshop, and will be tailored to the specific group of Shaumbra in attendance rather than a more structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus.

MORE INFO

SOLD OUT!

EXPLORING THE NEW LIGHT
KONA, HAWAI'I • NOVEMBER 8–12, 2023

During a recent workshop Adamus Saint-Germain made first mention of "The New Light." The physics are simple: As a result of Heaven's Cross, there is a new level of divinity and consciousness with many humans around the world.
The "light" from the soul's energy that provides the personal life-force in this 3D realm refracts in a different way when it lands on a highly conscious or Realized person.

MORE INFO

STAYING IN GRACE
KONA, HAWAI'I • NOVEMBER 18–22, 2023

This wonderful workshop is about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

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CALENDAR

PLEASE VISIT THE CRIMSON CIRCLE STORE FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.
CCCC – Crimson Circle Connection Center, Louisville, Colorado

AUGUST 2023

05	Monthly Webcast, Shoud & Summer Party	CCCC & Online
12	Keahak XIII	Online
11–13	Kasama Online	Online
26	Keahak XIII	Online

SEPTEMBER 2023

02	Monthly Webcast & Shoud	NO SHOUD
09	Keahak XIII	Online
09–10	Light of the Merlin	Online
23	Keahak XIII	Online

OCTOBER 2023

07	Monthly Webcast & Shoud	Online
14	Keahak XIII	Online
22–26	Masters Circle	Villa Ahmyo, Kona, HI
28	Keahak XIII	Online

NOVEMBER 2023

04	Monthly Webcast & Shoud	Online
11	Keahak XIII	Online
08–12	Exploring the New Light	Villa Ahmyo, Kona, HI
18–22	Staying in Grace	Villa Ahmyo, Kona, HI
25	Keahak XIII	Online

DECEMBER 2023

08–10	Sexual Energies School Online	Online
09	Keahak XIII	Online
16	Monthly Webcast & X-Mas Party	CCCC & Online
23	Keahak XIII	Online

JANUARY 2024

06	Monthly Webcast & Shoud	CCCC & Online
13	Keahak XIII	Online
13	ProGnost 2024	Online
19–21	Aspectology Online	Online
27	Keahak XIII	Online

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A THOUSAND DREAMS – COME TRUE!

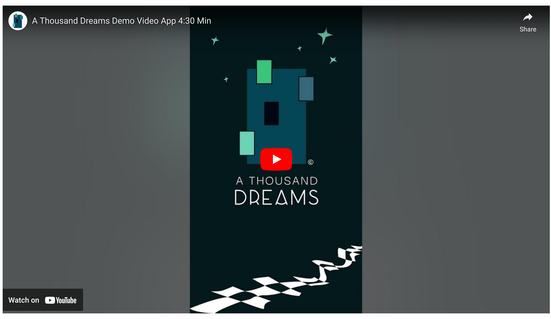
By Olivia Morales Zenteno aka "Aberdeem"

EDITOR'S NOTE: Tobias and Adamus Saint-Germain have both talked at length about the importance of dreams and dreaming, assuring us that dreams are real, valuable, and even highly creative. During the June 2023 Shoud, the topic of dreams came up again, which brought to light a wonderful creation.

It's been one year since Adamus Saint-Germain made *A Thousand Dreams* visible and gave an interview with Aberdeem that ended up being *DreamWorlds*. So much has happened since then, and now we are ready to welcome your participation!
A Thousand Dreams is a portal for dreamers around the world. It is currently divided into two parts.

1. The conceptual framework and offerings, which include:
   1. The Dreamer Quiz – find out what kind of dreamer you are!
   2. The Dreaming Landscapes – explore the 11 ethereal territories we visit in dreams
   3. The Dreaming Profiles – learn how we journey within the dreaming landscapes
   4. The Essential Dreaming Workshop – take your dreaming to a new level
   5. A dreaming contest – one dream wins a prize every month!
   6. Plus, "About Dreams" (at the footer of our website), and "A Journey into Conscious Dreaming," a blog on dreams that currently has 30 stories

2. The platform and app are coming soon, which will:
   1. Make it easy to document your dreams
   2. Make the analysis of dream data meaningful
   3. Make the experience of sharing dreams enjoyable
   4. Be an inspiring and easy-to-access reservoir of dreams
   5. Be an exciting place to connect with fellow dreamers all over the planet
   6. And much more!



WHY IS THIS PROJECT SO RELEVANT?

Maps, archetypes, and eventually the app, are mental models that help us anchor dreams in this physical world. Their fleeting nature will finally be attuned and grounded, *bridging the gap between realms*, and thus helping us realize the magnificent creators we are.

TO PARTICIPATE – visit AThousandDreams.world

Here's what you can do on the website:

- Watch the **Demo Video** of the navigation journey of the app's prototype
- Fill out **The Dreamer Quiz** and find out what type of dreamer you are
- **Submit a dream** for The Thousand Dreams Prize
- Register on the **waiting list** to receive information on The Essential Dreaming Workshop
- Register to help us **test the prototype**
- Sign in to receive **development updates** on the platform
- Browse an amazing amount of **information**
- **Subscribe** to be one of the first to receive the app when it is complete, thus helping us fulfill our dream of building this app

Also, on **August 4th** The Dreaming Landscapes and The Dreaming Profiles will be available for purchase.

MORE INFO – For all details of our journey and a look at where we're going, please check out

THE LAUNCH, ORIGINS & DESTINY

"Dreams are for real."

Ask Tobias on Dreams Dreamworlds with Adamus

AUTHOR

OLIVIA MORALES ZENTENO AKA "ABERDEEM"

Born in Mexico City, Olivia Morales Zenteno [Aberdeem] is a dreamer. With a passion to bridge realities spanning lifetimes, and more than 20 years of documented dreams, she explores the dreaming landscapes and writes about them on Medium. Along with her team, she is building A Thousand Dreams, a platform for dreamers to document, analyze data, and share dreams with the world.

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Help

SEPTEMBER 9–10, 2023

SHAUMBRA'S ANNUAL MERLIN GATHERING

ONLINE

FEATURING:

- MERLIN AMBROSIUS
- ADAMUS SAINT-GERMAIN
- KUTHUMI LAL SINGH
- BELOVED ST. GERMAIN
- GAIA
- STEVE JOBS

By Geoffrey Hoppe

Just like an athlete training for a marathon, I'm starting to get in shape for the upcoming *Light of the Merlin* event in early September. I'll be channeling six different entities for the two-day gathering. Some will be pre-recorded because it's too exhausting to do so many channels with different entities in two days. Others will be live from Villa Ahmyo in Hawaii from where Linda, Belle and I will live-host the event.

I'm very familiar with channeling **Adamus**, of course. Between Keahak, workshops and Shouds, his energy is nearly always present. I can turn him on and off like a lamp (please don't tell him I said that).

I've been channeling **Kuthumi** for many years now. Even though he only comes around a few times a year, I just need to have a few private chats with him prior to doing the actual channel. He's probably the easiest of all of the entities to work with (but please don't tell Adamus I said that).

Channeling the **Beloved St. Germain** always requires some adjustment. The energy feels just like Adamus' as I open up for the channeling, but then it seems to take a sharp turn as the words start coming out of my mouth. St. Germain is very dignified and regal. He gets straight to the point and delivers his message with laser-focused energy. The difference between Adamus and St. Germain is that Adamus is a composite of Shaumbra, me and St. Germain. St. Germain is pure St. Germain.

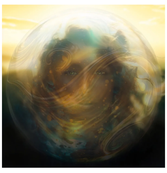
Merlin is the most mystical of the entities. I'm familiar with the energy but he cloaks his message until the actual channel begins. He doesn't give me any advance heads up on what he's going to talk about. I feel like I'm surrounded by the mists of Avalon when he comes in. I have a more difficult time translating his energy communications into words than any of the other regulars. It's like he's communicating in the Amatakka tongue and I'm trying to put it into English. He conveys an incredibly sincere and deep energy.

I was surprised when Adamus told me that he had asked **Gaia** to be one of the presenters this year. He reminded me that Gaia is in the process of departing so that humans can take responsibility for the planet. He also shared with me some incredible insights about Gaia, including the fact that this entity's actual name is not Gaia, but rather Adamah. I thought it was a joke, but he insists that it's true. It doesn't stem from his name, Adamus, but rather from the ancient Hebrew term that relates to the Adam Kadmon template for living biology. Knowing what I know (but cannot reveal at this point), I think Gaia will have the most interesting and perhaps controversial message of the entire conference.

Adamus waited until mid-July to announce the final presenter to me. He claims that this entity wouldn't give him an answer right away. This entity doesn't like others speaking for him, and has only allowed a few people to channel him since his death, and only then on a very limited basis. Apparently, he doesn't want to be channel-fodder. It took some additional encouragement from Kuthumi to get him to agree to be channeled for the Merlin conference. His name: **Steve Jobs**. He has some very special things to say about Artificial Intelligence and consciousness, according to what Adamus told me. The fact is, I have actually channeled Steve Job twice in the past, so I am somewhat used to his personality. These were two private readings I did for his ex-partner and mother of their daughter Lisa. In spite of everything I had heard about Steve Jobs in his recent incarnation, he was actually very pleasant to channel and shared some very touching words with his ex.

What does "getting in shape for the Merlin gathering" look like for me? Sometime next week I'll spend time with Adamus reviewing the overall energies for the event. He'll tell me more about what each entity plans to share. He'll coach me how to best channel Gaia and Steve Jobs, with little tips like, "Don't expect Gaia to feel humanlike because she's never been" or "Don't get rattled if Steve Jobs makes some very rash statements about AI, and humans." Beginning shortly after the August Shoud, I'll isolate myself several times a week and feel into the collective energies of the entities and Shaumbra viewers. I'm not looking for details or facts & figures, rather just the energy flow. Then, unlike any previous Merlin event, Adamus said that he would meet with me and all of the entities prior to our first recording.

I hope you register for the upcoming *Light of the Merlin* event. If so, join me in adding your energy to this incredible annual gathering even now, a month before the air date.



HIGHLIGHTS

- Six channeled messages
- "State of the Circle" with Geoff & Linda
- Four Faces of Shaumbra videos
- Live worldwide gathering
- Two days of celebration and inspiration

Length: Eight sessions over two days
Format: Streaming video and online text e-reader (text available within 2 weeks after the event)
Cost: $250
Featuring: Live hosting with Geoff & Linda with live and pre-recorded channels
Access: 90-days access to video & text e-reader

MORE INFO

AUTHOR

GEOFFREY HOPPE

Geoffrey Hoppe founded the Crimson Circle in 1999 after a series of conversations with the angelic being known as Tobias. He left the corporate world in 2001 to devote his full time to the Crimson Circle, along with his wife Linda. Geoff channeled Tobias until 2009 when Tobias returned to earth in a new incarnation known as Sam. Tobias handed off his guidance role with the Crimson Circle to Adamus Saint-Germain, a facet of the Beloved St. Germain who has been working with humans for hundreds of years. Geoff has been the messenger of Adamus Saint-Germain ever since.

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Help

FACES OF SHAUMBRA

LAST CALL FOR SELFIES!

DEADLINE – AUGUST 15, 2023

Dear Shaumbra,

We miss connecting in person, but the next best thing is seeing each other online! To help make this happen, we're making several new "Faces of Shaumbra" videos to share during the upcoming *Light of the Merlin* event.

After the event, the videos will be published on YouTube, and the photos posted in the Shaumbra Family photo album.

YOU'RE INVITED TO PARTICIPATE!

Here are a few ideas we'd love to see:

- With your **pets**
- Shaumbra **groups** (two or more people)
- **Dressed up** as Merlin (or any other character)
- **Radiating** (in the park, at a café, or anywhere else)
- Holding a sign that says, "I Am _____"

DEADLINE – AUGUST 15, 2023!

We need time to put the videos together and will not include photos sent after August 15 (they'll still be added to the photo album).

Please send **up to 3** photographs to photos@crimsoncircle.com.

A big *Thank You* to everyone who has already sent in your photos!

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ADAMUS REQUESTS

SPECIAL 50% DISCOUNT!

STREAMING CLOUD CLASS

BIRTH INTO BIOLOGY; REBIRTH INTO ENLIGHTENMENT

DreamWalker Birth provides deep insights into rebirthing yourself in this lifetime. At a deep cellular level, you are truly becoming a new being, even though it might feel like you're dying. A thorough understanding of the birth transition process (as well as the death process) will greatly facilitate and ease your transformation.

As an important part of Adamus' DreamWalker Transitions series,[1] you'll learn about the close parallels between biological birth in this lifetime and the rebirth of yourself as a being of full consciousness. In this new rebirth, you can release ancestral ties and karma to allow your light body, enlightenment, and ascension.

Adamus also gives crucial information on autism, abortion, and miscarriage, explaining in depth how to facilitate a conscious connection and birth experience. Beginning even before conception, this profound service results in high fertility, low complications, parents getting the "right" baby, and a delivery marked by ease, grace, and joy.

SPECIAL OFFER BY ADAMUS!

During a recent message to the Crimson Circle Angels, Adamus asked that DreamWalker Birth be offered for half price through the end of September.

> As more light is grounded on this planet in beings like yourself, that will have a very profound effect on both the birth and the death processes.
>
> For those of you wanting to have children or having children on their way, please, please check into *DreamWalker Birth*. It's probably one of the most underrated of any of the Crimson Circle offerings. *DreamWalker Birth* and the whole process of being able to begin connecting with, communicating with the incoming spirit that's going to now flow into biology as your baby. Connect with it for months ahead of time before it comes in, even before conception, and then lasting for 90 days or nine months or a year even afterwards.
>
> You see, there's this debate on Earth, "When does life start?" Well, there's biological life, which starts at inception. But it's oftentimes months, even years after birth itself, that the spirit comes into that physical body. Prior to that it's just raw biology. It has no real spirit in it. And it's sometimes months after birth when the incoming – the eglendra that we talk about in *DreamWalker Birth* – when it actually begins to inhabit the body. So, life doesn't begin at birth. Life doesn't begin at conception. True life begins when that spirit comes in. You can start talking, communicating, connecting with that spirit even before conception. And I do advise any of you, whether you're going to have children of your own or you're going to be grandparents, to check out *DreamWalker Birth*. I really believe it's one of the most underrated of any of the DreamWalker Series.
>
> And that wasn't a promotion. Cauldre's wagging his finger at me telling me not to promote products. I don't care about products. I care about the teachings. As a matter of fact, just to make it easier, **offer it at half price for the next three months**.

HIGHLIGHTS

- Incarnation is a complex process
- Understanding it can ease your Realization
- Beautiful parallels between birth & enlightenment
- Remember the magic of your first incarnation
- Assist parents and incoming children to connect
- Discover the secret to come and go at will

Format: Streaming video, audio and online text e-reader, plus downloadable pdf support material
Cost: ~~$495~~ $247.50 through September 30, 2023
Access: 90-days access to video, audio & text e-reader
Translations: E-reader translations available in 10 languages

MORE INFO

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1 – The DreamWalker series includes *DreamWalker Death*, as well as *DreamWalker Life* & *DreamWalker Ascension* which will be re-released in the future.

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NEWEST PRODUCTS

Here you can see the four newest releases every month!

PROGNOST 2023 UPDATE

Four Factors of a Changing World

Cost: $60 (through November 1, 2023; $75 thereafter)
Format: Streaming video, audio, and online text e-reader
Access: 90 days

In this "full Crimson Alert" Adamus asks Shaumbra to stay present and very aware of what's happening on the planet. You chose to be here as bearers of light, and AI is the thing most affected by the new level of light. In just four months since Heaven's Cross, the level of consciousness has measurably increased, and will expand by at least 7% in the coming 2-3 years. This means drastic changes in every area of life, with the strong potential that Earth will ultimately become a planet of light populated by beings of light. Practical

Artificial Intelligence is rapidly expanding, and Adamus says that the power games and limitations of darkness will attempt to use it to stay active as long as possible. However, the one thing that will illuminate the darkness is allowing, receiving, and radiating your own light. This "un-battle" is the fulfillment of our entire journey and it's happening *right now*.

Let your light, your consciousness, now dance with this gravity. It brings your wings back.
~ Adamus

MORE INFO WATCH EXCERPTS

META CHANGES: HEAVEN'S CROSS FOLLOW-UP

Physics of the New Light

Cost $33
Format: Downloadable audio, video & text
Access: Unlimited

Humans are accustomed to slow-paced evolutionary, societal, and personal changes, but it's like rearranging a room with the same furniture. Adamus says that *meta change can only occur when the level of light changes*. With the New Light coming in since the Apocalypse, the literal physics of reality are changing, bringing transcendence, magic, and perhaps temporary anxiety. It is all caused by light filling the space between thoughts, potentials, atoms, *everything*. Being in this divine flow brings a new level of clarity, ease, and grace. It is literally meta-physics expressing in your everyday human life!

As the New Light "backfills" the space between, it becomes an ocean of divinity connecting everything. This is the culmination of The Way that began with the Essenes more than 2,000 years ago, and an example of the new physics that are coming to humanity.

We are going cosmic. We're going multidimensional. It breaks the old patterns. All things are possible.
– Adamus

MORE INFO WATCH EXCERPTS

TIME TRAVELING: METAPHYSICS OF THE SOUL

Putting Time to Work for You

Cost $150 (through September 29, 2023; $195 thereafter)
Format: Online streaming
Access: View for 90 days after purchase

Humans have always dreamed of traveling in time. We want to see what's ahead or change the past, always hoping for a better present. Now, Adamus explains how time traveling really works. We go beyond linear reality into circular time, where both the past and the future are changeable. In advanced metaphysics, you'll discover that some things in the past haven't happened yet, and some events in the future have already been experienced.

From the illumination of Presence, you'll discover how to change the past, visit the future, and collect the wisdom from *all* your lifetimes. True time traveling can literally change your life.

The future is the past illuminated. The past is the future illuminated. It's all about illumination, about letting the light shine.
– Adamus

MORE INFO WATCH EXCERPTS

MASTER'S PAUSE: I AM RECEIVING

Letting Energy Work for You

Cost $25 (through September 29, 2023; $33 thereafter)
Format: Downloadable audio, video & text
Access: Unlimited

The way of life on Earth has always been to work hard for what you want, and even then, the rewards seem far away. But what if life was easy? What if such struggle is no longer required? What if everything you want is already yours? Adamus says that our shifting relationship with energy is the biggest change on Earth in 7,000 years; one that brings advanced metaphysics and a whole new way of living, allowing, and communing. Rather than toiling through blood, sweat, and tears, now is the time to *receive* your reward.

The question is, *can you receive this much*? Without limitation, control, or reservation? When you do, everything in your life becomes animated energy, actively *giving* to you and serving you in balance and joy. It's a whole new way to live!

MORE INFO WATCH EXCERPTS

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CC TIPS

Monthly suggestions and recommendations to help make your Crimson Circle experience smoother and easier!

THE ULTIMATE GIFT: CRIMSON CIRCLE STORE GIFT CARDS

Have you ever thought about how amazing it would be to send a product from the Crimson Circle store to a friend? Well, now you can make that dream come true with Crimson Circle gift cards. These little gems are the perfect solution when you feel deep in your gut that someone you appreciate would fully enjoy a gift of wisdom.

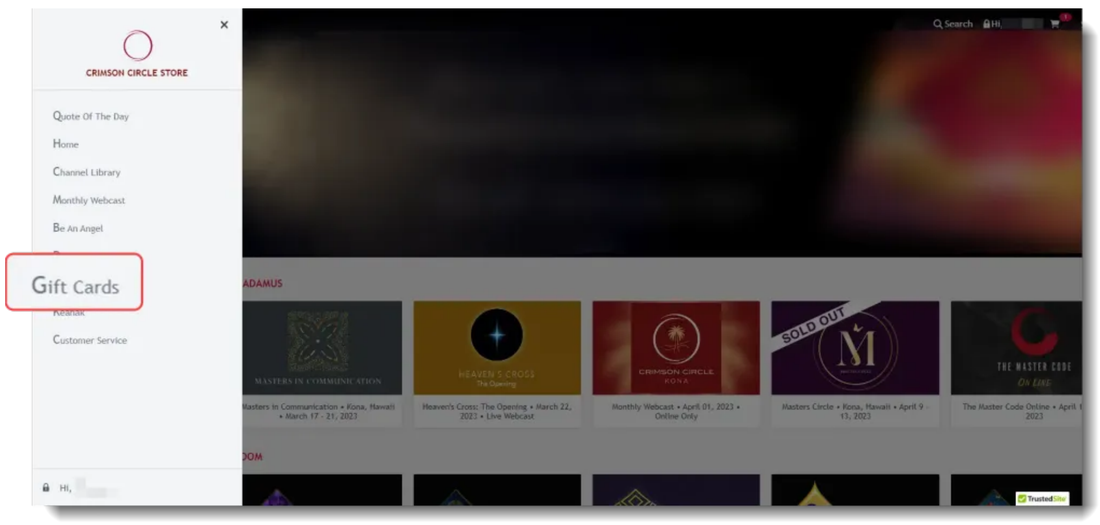
If you are new to gift cards, here's how to purchase them in the Crimson Circle store.

First – this is important! – make sure you're operating in the English language version of the store and using USD as your currency. Gift cards won't work correctly if you're using other languages and/or currencies.

To get started, simply follow these steps:

- Login to your CC store account. If you haven't created one yet, it's quick and easy to set up. By the way, your friend will also need an account to be able to redeem your gift. (Here's how to create an account.)

- Once you're logged in, spot those three horizontal lines in the top left corner. Give them a little click and select "Gift Cards" from the menu that pops up.



- You have the flexibility to purchase a gift card in any amount between $10 and $1,000. Scroll down if needed to find the "Select Amount" section. Here, you can use one of the pre-determined buttons or enter your desired amount in the "Other" field. The choice is yours!

- You can also personalize the artwork that accompanies the gift card. By clicking on the left and right arrows, you can find the perfect design to match your friend's style or preferences. It's all about those little touches that make the gift extra special.

  Once you've settled on the amount and artwork, it's time to fill in your friend's name and email address. These fields are required, so make sure you have the correct information and always double check the email address. You don't want your gift to get lost! If you want to add a custom message to accompany the gift card, feel free to do so. It's like sending a virtual hug along with your gift!

- Before you finalize your purchase, take a moment to preview the gift card. Click on "PREVIEW GIFT CARD" to see what it will look like. If you're happy with the result, great! Otherwise, continue making changes until it's just right.

- Click the "ADD TO CART" button, and you're one step away from making someone's day. Complete the checkout process, and voila! Your gift card is on its way to bringing joy and happiness.

Your friend will receive an email with your message and a code to redeem their gift card. (Here's how to redeem a gift card.)

Oh, and here's a little secret! Some Shaumbra have found ingenious ways to use gift cards. For instance, they send themselves gift cards to create a monthly savings amount to eventually order a live-hosted event, or even send money to other Shaumbra who might not be able to make online purchases with their own credit cards. Talk about the power of community and the magic of gift cards!

If you have any questions about gift cards, please send us a note at customerservice@crimsoncircle.com

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DEAR MASTER ....

WHY IS IT STILL SO HARD TO ACCEPT MY BODY AS IT IS?

Compiled by Carolina Oquendo

NOTE FROM THE COMPILER: Dear Shaumbra, as I was preparing this month's article, I realized that most of what we think about ourselves and our precious bodies comes from that chatty (and dreary) little voice inside our heads. You know the one, right? The one that can't shut up even if you offer it a lifetime supply of cookies.

So, to change things up and make the dialog more "digestible" (no pun intended) I've cooked up a juicy, and thought-provoking Student Story. Kick back, relax, and prepare to have your mind tickled.

Disclaimer: Side effects of this new approach may include excessive laughter, mind-expansion, and a newfound love for your quirky, imperfect self. Enjoy!

The sun was setting over the mountains, casting a golden glow over the campus. It was one of those afternoons where you could either chill out on the grass or just plop yourself down and bask in the delightful weather. But weirdly enough, the place was emptier than a movie theater in the pandemic. "*What the heck happened? Did I miss a memo or something?*" I thought to myself as I strutted out of my dorm.

Although I wasn't exactly starving, dinner time had arrived, and my inner clock reminded me that it was time to eat. Off I went, following the path that led straight to the cafeteria. Food, glorious food! I'd been daydreaming about it for a while now. Maybe it was just my anxiety acting up as per usual, but I refused to dwell on that. I was done with being hyper-aware today. All I wanted was a moment of yummy, blissful numbness.

Strolling into the cafeteria and approaching the counter, I suddenly froze like a popsicle. Uh-oh, decision time. What the heck should I eat? My jeans were conspiring against me, getting tighter by the hour, and my yoga pants had become my ride or die companions lately. All I craved was carbs, 24/7!

Oh, shoot! How am I supposed to be this this embodied Master when I can't even stick to the same clothing size? Everything I eat just seems to make me expand like a balloon! And the old 'retaining fluids' excuse is not fooling anybody. It was difficult to see my reflection lately, and I was seriously considering evicting the mirror in my bathroom.

Lost in my internal body-image drama, I almost missed someone clearing their throat behind me. And I knew exactly who it was. *Oh no, no, no! It's the Master. Why did our paths have to cross today? Now I know why the campus was empty! Is there a Facebook page with her schedule or something?* My wisdom levels had hit rock bottom, and I definitely wasn't in the mood for verbal sparring with her.

Okay, act cool. Take a deep breath, I silently coached myself, determined to salvage whatever dignity I had left and escape with minimal damage. I forced a smile onto my face and slowly turned around to greet her and apologize for my inadvertent line-stalling. But right at that moment, it hit me like a pop quiz on a Monday morning.

I finally figured out what was truly bothering me – and almost tripped over my own feet in the sheer surprise of revelation.

The Master laughed, sporting her signature knowing (and sometimes annoying) smile, and quipped, "Alright, my friend, spit it out! What's going on in that little head of yours?"

"Master," I began, gathering my courage, "why is it still so darn difficult to embrace my body just the way it is?"

Her gaze bored into me with an intensity that could rival a supernova. It was clear she was sizing me up, trying to determine if I was truly ready for the wisdom she was about to drop. In that moment, I wondered if it would be easier to offer a half-hearted apology and flee the scene, just like I'd been doing for the past few days. But no, I knew she wouldn't let me off the hook that easily. Not today.

She tilted her head towards the seating area, silently gesturing for me to follow her. We settled into one of the booths and, to my surprise, she pushed a steaming bowl of pasta and a cold refreshing soda toward me. The aroma danced tantalizingly around me, awakening my taste buds, and triggering a chorus of cravings. And, as always, that pesky, uninvited thought crashed the party: *You know there are like a gazillion calories in there, right? Put it down, sister!* With a resigned sigh, I summoned my ironclad willpower and kept my hands obediently in my lap.

Casually scanning me from head to toe, the Master began "**The human identity has been programmed for human perfection** – beautiful body; gorgeous face; impeccable sense of clothing, of course, of fashion; wealth beyond wealth; intelligence above anybody's; ability to work miracles simply by waving their hands – and, of course, the smell of chocolate chip cookies all the time. But," she continued, her voice taking on a serious tone, "That is one great big illusion.

"**You'll never reach that state of human perfection. It's unattainable**. You're never going to ascend in that status."

"But Master," I sighed, "I really don't think I pursue perfection. I just want to feel comfortable and content in my own skin. Is that really too much to ask for? Isn't that the whole idea behind being an embodied Master?

She paused for a moment, no doubt rolling her eyes internally, shook her head slightly and mumbled something that closely resembled *"Oh lord give me patience!"*

My body involuntarily flinched, but I was resolute in my quest for clear answers. Squaring my shoulders, I was ready for whatever reproof she had in store for me.

"**You've been trying to get to know yourself and perfect yourself**, make yourself just this pure, holier-than-thou human," she explained, her voice tinged with a touch of sarcasm. "The Ascended Masters didn't do it. Why should you? They had disturbances! Issues! Challenges!

"**Do you know what eventually caused them to be Ascended Masters?"** she asked, her tone dripping with mischief.

Without waiting for my reply, she answered her own question. "Acceptance. **They let go of this need to try to define themselves, to find themselves, to know themselves, to improve and perfect themselves**.

"They came to a point of exhaustion, of saying, 'This search, this desperate search, is exhausting. I'm just going to give up. To hell with this whole spiritual path and all of its books and all of its workshops and all of its accoutrements and everything else – to hell with that! I'm done!'

"In that moment of acceptance, then it came together. Then they had a good laugh, every one of them. And then it didn't matter. **It didn't matter that they weren't perfect, because they were never going to be.**

"It mattered that they accepted. It mattered that they loved themselves, quirks and all. Bad bank accounts, overweight, stupid little tics or strange things you do, your bad temper, your impatience, your lack of real understanding of the spiritual being that you are.

"**Whatever you think is flawed, imperfect, whatever you think are the things you have to work on, forget about it.**

"And then, suddenly, you're just being. You're not trying to perfect anything. You're not trying to find yourself. Now you're just being. In that, the creative energies rush in now saying 'Good! This person's no longer just trying to figure it out. They're just doing it.'

"The mind can slow down. The need to try to make things right or perfect or in some sort of delusional ideals of old gurus goes out the window. That's when you can sit here today and say, "**I am the Master. I don't care what they say, I am the Master. I am the Master.' It's that simple.**"

Simple? I scoffed internally. *If it were as simple as tying a shoelace, I would've aced it ages ago!* Frustration welled up within me, but I suppressed the urge to let it explode. After all, I didn't want to end up on her probation list or deal with her pet dragon, again. I wanted to shout at her. *Human life is anything but simple, and that's a fact!*

I sat there fuming but decided to keep things civil and keep my mouth shut. Absentmindedly, I started poking at the now lukewarm pasta on the plate and then, with a rebellious spirit and a craving that wouldn't quit, I said, "Screw it!" and took a bite. I knew it wasn't exactly what I should be eating right now, but holy guacamole, it was scrumptious. A mix of pleasure and frustration played a lively dance on my face, which prompted the Master to snap her fingers, startling me.

"Oi.... **Live like a Master. Live how you want to live, not how you think you should live!"** she exclaimed, the mischievous glint in her eyes unmistakable.

"I want you to start understanding that all the conventional thoughts, sciences, belief systems are no longer valid. **You are not limited to that**! You are free to get out of your seat and go beyond mass consciousness."

I stared at her, partly impressed, and partly pissed. Then I just snapped.

"Master, do you have any clue what I've been trying to do all these years with you?" I blurted, unable to contain my exasperation. "I'm doing all this—listening to you, going on long walks, 'letting go' of diets and expectations, attempting to escape mass consciousness, 'allowing,' working on myself—all so I can finally live like an embodied Master, just like you! And now you're giving me grief for not doing it right?" *So much for controlling my temper and not wanting to deal with her "pet."*

She looked at me, a devious grin spreading across her face, as if that's what she had been aiming for all along—to rattle me like a maraca.

"**Let go all of that work you've been doing on yourself**," she said.

"Whether it's trying to lose weight, whether it's trying to be a nicer person, whether it's trying to be more spiritual, whether it's trying to smooth off the rough edges, be a better parent, be a better partner; no matter what it is, I ask you to let all of that go now.

"**Let all of it go, especially the part about trying to be more spiritual, trying to be an embodied Master**. Let all of that go.

"There's no more work to do on it. Now it's all about allowing.

"It's about allowing everything that you have been doing, everything you've been working on; **it's about allowing all that suffering, all the hardships, all the confusion.** Let that go. Now it's simply about allowing."

And with those parting words, she sauntered away, leaving me to sit alone at the table, my half-eaten pasta and a detention slip as my sole companions. I stared at them, thoughts swirling through my mind. What the heck was I supposed to do now? Well, I did what any self-respecting student would do: I grabbed my purse and marched straight to detention, hoping the dragon would show me a little mercy this time around.

Sources:

The Master's Series, Shoud 10 // The e2012 Series, Shoud 8 // Passion 2020 Series, Shoud 5 // Walk On Series, Shoud 9 // The ALT Series, Shoud 6

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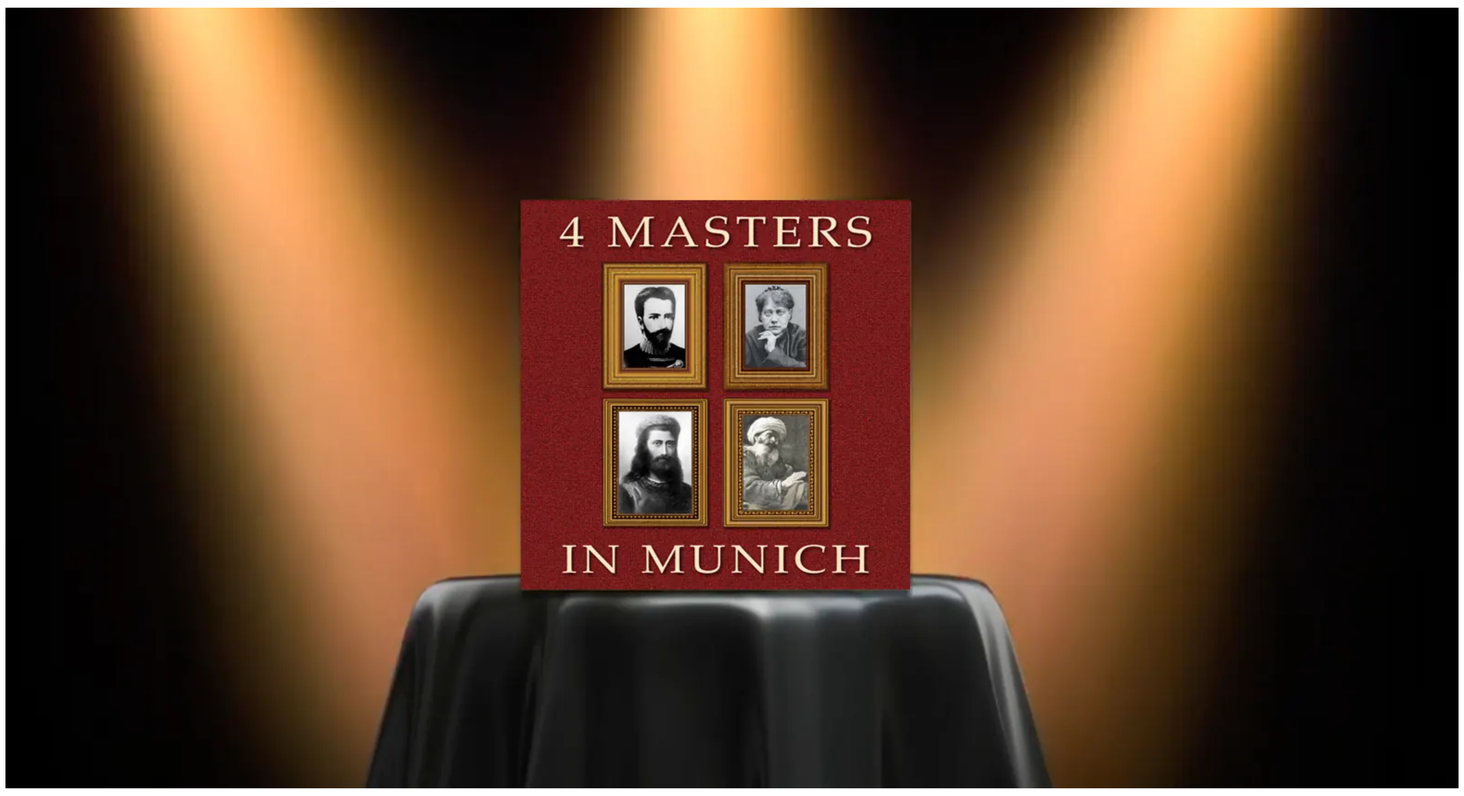

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- Walk on – into life, across the Earth, through the realms
- Celestial graduation and tears of remembrance
- Travel the world and celebrate life
- It's ALL just an act of consciousness!

In this memorable event, Shaumbra were introduced to the inimitable Madame Blavatsky who, together with Kuthumi, El Morya and St. Germain helped get the New Age movement going.

With humor and fun, Kuthumi tells stories about Blavatsky and St. Germain, then collaborates with Yoham in a delightful and enlightening episode of "Walking on."

Tobias speaks to Shaumbra for the first time in seven years after his departure, telling a few stories and sharing his love.

Adamus Saint-Germain opens and closes with his provocative invitation to shine our light and do what we came here to do.

A bonus session includes nearly an hour of music with Yoham along with the meeting hall filled with dancing Shaumbra.

What a celebration!

Cost: ~~$44~~ $37.40

Featuring: Adamus Saint-Germain, Madame Blavatsky, Kuthumi lal Singh, and Tobias

And Gerhard Fankhauser, Einat Gilboa & Amir Yakobi

Format: Streaming video, audio and online text e-reader

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INSPIRING CONSCIOUSNESS

INTERVIEW WITH IIRO RIIHIMÄKI
RECIPIENT OF THE 2023 INSPIRE CONSCIOUSNESS AWARD

The Inspire Consciousness Award has been presented every year since 2007 to someone who has made a big difference for consciousness around the world. This year, Iiro was very surprised to be presented with the 16th annual Inspire Consciousness Award during the June 2023 webcast for his support of Shaumbra, particularly with the Rude Awakening film. We recently caught up with him for a little chat.

SHAUMBRA MAGAZINE: Who are you?

IIRO: (chuckling) Who am I... I've been asking the same question all my life, and I still don't have a good answer! My mind would probably say that I'm a middle-aged ex-physicist. It's funny, because it's 11 years since I stopped working, but I guess I didn't create a new rigid identity after that. So, let's say that I am a well-aged... something. 😊

SM: Maybe you're a new kind of physicist, you know, with the Adamus Physics?

IIRO: Yeah. For me there is only one true science and it's the science of consciousness. Unfortunately – or maybe fortunately – it doesn't really exist yet, because we are only now discovering/creating it. I would say that "Adamus physics" is a great seed for the coming science of consciousness, and Shaumbra are the mavericks that will help that seed to sprout and grow. One could say that we are all researchers in the field of Adamus Physics, and the only way to "study" it, is to live it.

SM: How and when did you find Crimson Circle?

IIRO: It was maybe 2004 or a bit later when I asked my last real question – what is consciousness? Back then I thought that it's just like any other question. Little did I know that it's just a new version of the very first question that started the whole journey. That original question is, of course, the famous "Who am I?"

However, my quest for the secrets of consciousness made me study day and night about everything. During my search, I got lost in many places like conspiracies, healing/health stuff and many other branches of the old "new age" movement.

Then, probably somewhere around 2013, I was again watching some new agey stuff on YouTube and "accidentally" saw a Shoud – a lot of people wearing crazy things plus some guy jumping around and sending people to the toilet. The whole thing didn't seem to make too much sense, but I immediately felt that there was something I needed to know more about. Over the next three weeks, I listened to all the Shouds, like 16 hours per day.

SM: Wow!

IIRO: Yep. So, then I had to go to see these people – and I'm still here. During the first year or two in Crimson Circle, I met 50 to 100 people that I was so sure I have known before. I had been pretty much alone in my "studies," and suddenly meeting so many kindred souls changed everything.

SM: It's such a wonderful feeling.

IIRO: Yeah, it is. And you don't even have to talk too much because you just feel the connection. Another great thing is that these are very low-maintenance connections. Usually just few messages per year and if you meet physically, a couple of hours or days is enough. Then you just move on knowing, that whenever there is a need to catch up, it will happen without any effort and with perfect timing.

SM: You played a big part in the *Rude Awakening* film. What inspired you to participate in that?

IIRO: Years and years before this project, always when I came out of the movie theater, especially if it was some superhero movie, I felt that I could fly, I could do anything. And I understood it was because the movie doesn't talk only to your mind; it engages your emotions also, bypassing the mind and delivering the message directly to your subconscious. It makes you feel something, and that's how you remember/assimilate the information. Just as with the past, you remember the good and the bad; you don't remember the lukewarm, basic stuff.

I often thought, "Why don't we have more movies that actually have a good, beautiful, consciousness-expanding message, delivered not only through the dialogue, but through the full body experience – emotions, feelings, thoughts, everything?"

I'm a preacher by nature, always explaining things to people, but who can engage in a 90-minute monologue about how reality works or how to get to know yourself? But if it's a movie, it would work. I don't have any skills in moviemaking, but when I heard that my fellow Shaumbra were making a movie about the awakening journey, about us, I knew that I had to be part of that.

And yes, it has been a *crazy* journey, but now we are finalizing the much shorter, non-Shaumbra version. It will actually be almost like a new movie. So, who knows? After all the crazy stuff, in the end, there might be the happy ending after all. And let's not forget how non-linear the true journey from the awakening towards Realization actually is. So maybe we had to go through all the confusion and complications to make the movie be truly authentic.

SM: There are a lot of new people finding Crimson Circle right now. What would you tell someone who's just getting started?

IIRO: I would just smile and say nothing. I feel that getting familiar with the Crimson Circle materials is a pretty self-guiding process. If you are attracted to CC, you probably already have enough Earth experiences and it's time to bring it all back together. You may start with excitement and have an urgent need to know more. However, my guess is that most of the new ones that will be coming to CC are going to take the fast lane (unlike us old ones 😊). They will "study" hard for a while before seeing that they can just relax, trust, and allow the natural process to unfold more freely. And this is, of course, possible ONLY because WE have already done all the hard work. Just kidding. Times are changing and what was very difficult just few years ago, is now becoming pretty much natural and even inevitable!

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SHAUMBRA HEARTBEAT

TRUST THE CRAP

By Jean Tinder

When I was growing up as a very devout Christian, one of the things I fervently wished for was the ability to take away people's suffering. I loved the stories about Jesus healing people, whether through his kindness and wisdom or by his healing touch. Oh, to be able to work such wonders in the lives of others! I am still fueled by this desire, although the dream of wielding a magic wand has necessarily given way to the more realistic and honoring approach of "show and tell." If I can share some of what's working for me, perhaps it will illuminate a potential for someone else. In the end, every large or small realization must come from within each person, in their own perfect time. It's hard to watch others suffer, but I have to trust the perfection I know is already there.

Hundreds of Shaumbra have spent years and decades exploring consciousness, learning who they are, sharing with others, and faithfully consuming the Shouds and other CC materials. And yet, so many still wonder when life will finally get better, when their body will stop hurting, when their abundance will start flowing, and all the other wonders they feel Tobias and Adamus have promised. Filled with longing the questions come: "What more must I do to realize the completion and joy that's been assured? When will I finally feel and commune with my soul?"

Having had *plenty* of those same moments, I get it! What's the point of going through all the crap if there's nothing to show for it, no tangible changes in my life? In the end, I can only share "around" the solution rather than give it directly, because the answers are only ever found within. It's all about where I'm looking and what I'm choosing to perceive.

It is human nature to look out there, up there, or anywhere beyond *here* for solace and redemption. If my body hurts, I want something to fix it. If I feel alone, I want someone to bring me comfort. If money is short, I want a miracle to land in my mailbox. It seems life has always been about chasing the dream of something better than *this*.

Unfortunately, the chase will never be fulfilled because I'm running in the wrong direction. Well, it's not *wrong*, exactly. The chase has brought me lifetimes full of rich experience, wonder, pain, and everything else. But when I've had enough, chasing harder or running faster doesn't get me to my coveted reward. The solution to getting there – to reunion with my soul and a life beyond suffering – is so very, *very* simple. But in the gritty moment when I need it most, it doesn't look or feel like much of a solution.

Here's the secret: stop trying to get somewhere else and be *right here* in the middle of the grit and mess and frustration – the crap – of this moment. We've heard it a million times: the only way out is in. That doesn't mean "Okay, I'm in, *now let me out*" but rather, "There's nothing left except to be all in." Full stop.

What I know is that *everything* I experience is my creation. Whether consciously chosen or not, full of beauty and grace or chaos and drama, every bit of every moment is a gift from Me to me. When I can open to that possibility, the thing I've been chasing slips just a little closer. It doesn't mean everything goes how I want it to or that life stops hurting. It means I remember that all is well, no matter what that "all" includes, and since it's my gift to me, something good will surely result – IF I stop chasing and stay *here* to receive it.

I recently went through an extremely painful health issue. Physical pain is very distracting and takes a LOT of attention, and this flared up smack in the middle of a series of super intense work deadlines that wouldn't wait until I felt better. It's easy to feel enlightened and serene when the body isn't screaming. But with pain, all the lofty ideals go out the window. Again and again, I reminded myself to return to the breath and at least try to *receive* this experience rather than resist it. But many times, I forgot, tensing up and withdrawing from my body until it was practically on autopilot. It's an understandable reaction to pain, but essentially abandoning myself results in feeling even worse. So, I would breathe… be with the pain… forget… breathe… be with it… on and on. Sometimes my nervous system felt overloaded, flooded with stress hormones and ready to snap. I took good care of my body, being as gentle and supportive as possible while she dealt with the situation, but sometimes tears were the only expression she could manage. I tried to remember that this was serving *me… somehow*. Finally, with treatment and medication, things began to turn around. The intensity abated and I started feeling more like myself again.

In short, I went through a few weeks of absolute *crap*. So, why do I say to "trust it"? Well, if I believe everything really IS a gift from Me to me, then it makes sense to trust my own creation. Otherwise, I won't receive the gift and Self will just have to send it again. (No, *please*!) Of course, all the human stuff came up – Why me? Why now? Why *this*? WTF? – but I (usually) answered those questions "Because it's (hopefully) serving me."

I decided to imagine the torment being a blessing, even if I couldn't yet imagine how, and gradually that possibility began to emerge. Putting my whole body into my bucket again and again, I trusted and imagined that the old crappy stuck energy causing the pain was dissolving and releasing. And hurray for the creative power of imagination! I couldn't imagine healing, being too busy with its opposite, but I *could* imagine it bringing a yet unknown gift. And now, as my body recovers, I do feel new clarity, balance, and a deep sensuality I've been longing for.

This "trust the crap" business applies outside of me too. It seems like everyone is uptight right now, and when people dear to me manage to push each other's buttons it's hard to watch the crap start blowing up. If only they'd ask for my advice – and follow it, of course. If only they'd take a deep breath and see things from the other's perspective. If only Person A would do this, and Person B would say that. If only… and there I am, wanting that magic fixie wand again (it's like a pixie wand but less realistic). But if I really trust it, their crap is as much a gift as is mine. And if theirs is bothering me, that's MY crap, possibly reminding me about compassion.

The only way out is in, whether pain, integration, abundance, or anything else we wish for.

A very dear and wise friend (who doesn't follow Crimson Circle) recently shared with me something they have learned about dealing with difficult emotions. I would like to share it here (with their permission) because the wisdom is very practical.

> ***Turning Toward the Feeling***
>
> *The most helpful practice I have found for dealing with painful emotions is turning my attention toward the feeling and being fully with it. Often when difficult emotions arise, my inclination is to try to avoid or escape the experience with activities, alcohol, people, drugs, entertainment, work, business, reactive thinking, or other distractions. Turning toward the feeling can seem counter intuitive because it involves taking a quiet moment to giving my full attention to feeling the discomfort rather than turning away from it.*
>
> *I find it helpful to be quiet, alone, and still, and take a moment to attend to what is going on inside of me. In this experience, I am not so interested in the story of my upset, but in the sensations that are present. I don't want to go into the details of why I am feeling this or how things should be different, but just be with the feeling in my body. Where do I feel it? What does it feel like? I hold these questions lightly to keep my attention on the experience. If other related feelings arise such as self-judgment, anger, or self-doubt, I can just fold those into the process and feel them as well. It is not uncommon for tears to come, or sometimes a subtle feeling of panic, like I am going to burst out of my skin. I think this is ok too, and it passes.*
>
> *I sit in this direct experience of the difficult feelings for as long as they are active, whether 5 minutes or an hour. In time, they seem to dissolve or "be digested" and less acute. When a sense of peace or "OK-ness" returns, I go on with my day.*
>
> *It is very helpful to maintain a kindness to myself in this process. I am not trying to suffer or be miserable, and certainly not punish myself. This is not about fixing me, making me better or correcting myself in any way. It is simply about being with my difficult experience with gentle, kind awareness, and I find it to be the most loving thing I can do for myself.*

As we've been told so many times, integration and Realization are natural, and *everyone* will eventually find their way. The reunion with Self and everything else you long for unfolds in the gentle moments of simply being present with yourself even – *especially* – when things feel crappy. With that much trust, nothing else is needed.

AUTHOR

JEAN TINDER

As Crimson Circle's Content Manager, Jean is fulfilling her life-long dream to shine her light in the world. On a spiritual journey since childhood, she found Crimson Circle in 2002, joined the staff in 2008 and never looked back. Her first book is called "Stories from My Last Lifetime".

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> **Accept your mastery, receive your energy, and shine your light.**
> **It's pretty simple.**
>
> — Adamus Saint-Germain