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WELCOME TO SHAUMBRA MAGAZINE

Dear Shaumbra,
Here's a quick look at the features and functions of this new Shaumbra Magazine format. Let us know in the comments section what you think!

- **NAVIGATION** – at the top right corner of every page, you'll see arrows to move back and forth between the articles. Use the **Table of Contents** tab to see an overview of the current issue.
- **PDF / PRINT** – at the bottom of this page click the "Download PDF Version" button to download this complete issue to your computer for offline reading. Print if desired. A print option is also available on the individual pages.
- **TRANSLATE** – open any page of the magazine in Google translate or DeepL for easy translation to your preferred language.
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- **COMMENT** – add your comments and feedback to many of the articles.

We hope you enjoy this new format!

The CC Magazine Team

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I BEG YOUR PARDON...

By Geoffrey Hoppe

Author's note: This story has been embellished for entertainment purposes, otherwise it would be just plain dreary.

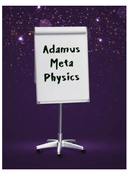
"Right about now, if you don't feel like you're going crazy you're probably really crazy." That was the "helpful" advice I got from Adamus recently. I was having my weekly Wednesday 1:11 AM bitch session with him. Sometimes I bitch about everything, sometimes I'm just his bitch. This particular night I came to the meeting with a long list of questions and complaints.

I sarcastically thanked him for helping me to clearly understand what he meant by his crazy comment. He picked up on the sarcasm and replied, "Any time, Grasshopper." He refers to me as Grasshopper when we're trading snarky or sarcastic comments. The term comes from the 1960's American TV series *Kung Fu* featuring Master Po and his befuddled student Caine. Kuthumi is the one who came up with the Grasshopper name for me (thank you - not). Adamus thinks it's really funny because my last name is Hoppe... kind of like Hopper. It was also Kuthumi who helped the Germain come up with his Adamus moniker (from a comment by Kuthumi about St. G being "a dumb ass"). These Ascended Masters are so funny (eyeballs rolling). Keep walking, Kuthumi, just keep walking.

But back to crazy. I've gone through plenty of rough transformations over the years but right now everything is just intensely quantum nuts. Ooowright crazy. Whacko on steroids. "You seem to be handling it quite well," noted Adamus as I was going through my list of WTF's with him. His comment made me think about how he got the Adamus name from Kuthumi. Yes, I Am a battle-hardened metaphysician from way back when, but *this* is something I didn't expect.

"Adamus, wasn't everything supposed to get easier after Heaven's Cross?" I asked with a tude.

"I beg your pardon, but I never promised you a rose garden," he literally sang back his answer. I could hear strains of the popular country-western song *I Never Promised You a Rose Garden* by Lynn Anderson playing in the background. Funny thing is that the famous Lynn Anderson actually performed for us live at the Quantum Leap event in Taos, New Mexico in 2007. She heard Shaumbra was in town and brought her entire band over one night to play free of charge. Now I think Kuthumi arranged the whole thing as a peek into the future.



Adamus' presence morphed into more St. Germain as we got into the serious part of our discussion. "Here's what's happening after Heaven's Cross. I talked about some of the metaphysics during the latest Kwahak session but you probably don't remember." He instantly manifested a large easel with a writing pad so he could illustrate what was coming next:

"The coronavirus pandemic in 2020 and 2021 forced people to go inside, both literally and metaphorically. In that way it was a brilliant human plan. It turbo-charged the level of consciousness on the planet by at least 19 years, and actually not a moment too soon because of the accelerated rate of technology." He was drawing graphs on the paper to illustrate his point, "COVID was on a decline by summer 2022. It had done its job and now it was waning. Last summer was also the time the Crimson Council realized that Heaven's Cross was imminent. We didn't know the exact date but we knew it would be in early 2023." He drew a little cartoon graphic of a spikey COVID cell in a hospital bed, looking like it was about to die. The cartoon doctors and nurses were laughing and applauding.

"Within a few months we could predict the exact date for the beginning of the Apocalypse: March 22, 2023. There would be enough consciousness on the planet to break a hole in the old veil." He drew a rocket ship breaking through the clouds. Then he flipped the page and drew more clouds with a big hole in the center, and light streaming down to the earth. "Heaven's Cross allowed a new luminosity, or brightness, of light to enter the 3D human realm."



Next, he instantly drew hundreds of little people on the earth, with most of them dressed in gray and looking down at the ground, but a few dressed in colorful outfits – or naked – looking up at the incoming light from the hole in the clouds. "Most people won't notice that anything happened in late March, but enough humans will get it. That's all that matters. Do you need a cup of coffee, Cauldre? You look bored and tired."

I admit that I had drifted off during his lecture. I've heard most of this before. I wanted to know why I feel like my emotions were on fire, with new fuel being added every time I end to think. Adamus handed me a cup of something that smelled like coffee infused with liquid donuts. I'm sure all that sugar was good for my emotional instability (not) but it tasted fantastic. Good comfort food, I noted, along with all of the other junk I've been eating lately. So fac the Apocalypse has added 5 pounds to my load. I'd hate to go into the fucking future and see what I look like a year from now. I've also been saying fuck at least 100 fucking times more than I usually say fuck.

Adamus continued: "What do you think happens with all of this bright light that's streaming in?" I was about to say "I don't know" but I quickly caught myself. "I have yet to consciously realize the answer, Master." Whew. I dodged that bullet. "Close your eyes and feel it, Grasshopper. Don't think it. Feel it." I did as requested and suddenly an amazing image came to me. I saw spinning atoms separated by huge spaces. Then I saw bubbles floating around with huge spaces in between. I knew that the bubbles were thoughts. The bubbles and atoms were spinning and floating in a sea of darkness. Next, I perceived a ray of light coming from somewhere in the inky darkness. The ray split in two, with one ray starting to fill the dark spaces and the other ray passing right through the entire scene like it was headed to eternity. My body and mind felt a surge of fire, causing me to open my eyes. St. Germain had his eyes closed like he was experiencing all of this with me.



"Cauldre, *that* is what's happening and *that* is what's causing your emotions to flare. Actually, everything is flaring but your emotional body is the first to feel it. Here's how the metaphysics work: Your reality is made up of condensed light, or spinning atoms. Within this soup is also your thoughts, beliefs, memories and desires, represented by the bubbles. Every atom, particle, waveform and thought is in a suspended illusion of separation, yet constantly in communication with every other particle and thought. How? They are all forms of energy, and energy is nothing more or less than communication. What you saw as darkness or empty space is just neutral energy, yet still in communication. IT HAS BEEN WAITING FOR A HIGHER LEVEL OF LIGHT TO ACTIVATE IT. That was what happened at Heaven's Cross. The light, or higher consciousness, now comes through the veil AND BEGINS FILLING THE SPACE BETWEEN THE PARTICLES AND THOUGHTS." Adamus spoke with such emphasis that it felt like he was pushing his words in All Caps.

He opened his eyes and continued: "One ray of light continues right through this reality without altering its natural flow. The other ray 'slows down' to serve the experiential needs of the soul-turned-human. The result of the two different 'speeds' of light creates gravity, time-space and electromagnetics. It's the basis of your reality."

Now, this is exactly what *I'm talkin' about*. My world is getting turned inside out and upside down. Adamus just redefined ALL physics. What, am I just supposed to throw out everything I've ever learned about science and physics? Am I just supposed to jump on the Crazy Train and head for Looney Town without question?

"Yes," replied St. Germain. I always forget that these Ascended Masters can feel everything I'm thinking. "Yes, but look at it this way. Get on board the train but don't worry about the destination, just slip-slide away." I could hear background music from the old Paul Simon song, *Slip Slidin' Away*. I hummed the tune in my head: *You know you're nearer your destination the more you're slip slidin' away.* Damn, I hope there comes a day when I'm talking to people and they hear music in the background. It's worth staying here just for that.



"You hop on board and just allow. The train will probably go off the tracks. You just allow, and let it fly instead of following the old steel rails. You don't worry about the train letting you off in Psychville because while you fear you might end up there, it's not your heart's desire. There is no such place as Nutjob Land unless you want there to be such a place, and you know you don't want that.

"Back to the metaphysics. The difference in 'speed' between the two streams of light creates reality. The space between the two streams of light is just energy, and this energy is just waiting for..."

"Me??" I blurted out.

"Yes Grasshopper," said the Master with smile.

"So all of this emotional, mental and physical upheaval is just the light of my divinity finally filling in the empty space and causing an unprecedented level of change in reality?"

"Yes Grasshopper."

"And as the light fills the empty space, there will no longer be a need for the particles and thoughts to communicate with each other as if they were islands in an ocean?"

"Yes Grasshopper."

"St. Germain, I might be jumping ahead of the train here, but isn't this the return to Oneness, as in I Am My Own Oneness?"

"Yes Grasshopper." In that moment I saw a single tear drop from St. Germain's eye, rolling down his cheek and dropping into the great empty space below. No wonder it's been raining so much lately.

Later that night I dreamt I was being serenaded by Adamus, Kuthumi and Tobias. The song went something like this:

We beg your pardon
We never promised you a rose garden
Along with the Heaven's Cross light
There's gotta be a little dark at night
When you grow you gotta moan so live and let live or let go
Oh-whoa-whoa-whoa
We beg your pardon
We never promised you a rose garden

We could promise you stuff so it doesn't seem so tough
But you don't find roses growin' on stalks of clover
So you better think it over
Well, if sweet-talkin' you could make it come true
We would give you the secret right now on a silver platter
But what would it matter

Stop crying for a while and let's be jolly
The Apocalypse shouldn't be so melancholy
Come along and celebrate the End Times if you can

We beg your pardon
We never promised you a rose garden

Listen to the official Lynn Anderson performance of *I Never Promised You a Rose Garden* on YouTube.

AUTHOR



Geoffrey Hoppe

Geoffrey Hoppe founded the Crimson Circle in 1999 after a series of conversations with the angelic being known as Tobias. He left the corporate world in 2001 to devote his full time to the Crimson Circle, along with his wife Linda. Geoff channeled Tobias until 2009 when Tobias returned to earth in a new incarnation known as Sam. Tobias handed off his guidance role with the Crimson Circle to Adamus Saint-Germain, a facet of the Beloved St. Germain who has been working with humans for hundreds of years. Geoff has been the messenger of Adamus Saint-Germain ever since.

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WHAT MAKES KEAHAK SO SPECIAL?

Each and every Shaumbra participant, of course. And Adamus. He has more of an aura of St. Germain around him during the Keahak sessions, probably because he doesn't have an in-person audience to banter with, and probably because the information goes much deeper than a monthly Shoud.

If you're new to Crimson Circle, Keahak is a special year-long journey with Adamus. Twice a month we gather in the sacred House of Keahak (virtually, of course) and hear the latest and greatest from Adamus as he takes a deep dive into metaphysics. It's not just theoretical. Adamus talks about how Keahakers are responsible for living it in their lives, not just thinking about it in their brains. In that sense, Keahak is very practical even though it deals with physics that go well beyond anything currently discussed on the planet. As an example, Adamus recently talked about how reality is created as a result of the difference between the "speed" of divine light vs physical light. Whoa! Even Albert Einstein would have to take a deep breath with that revelation.

This stuff isn't for novice seekers or those that are just looking for some quick crystal healing. It's for graduate-level meta-physicians who are ready to blow the lid off of 3D reality.

In the most recent Keahak XII message, Adamus stated: "*We're not only reexplaining some of the current physics, but we're creating the new physics*." This is literally how Earth came into being, by creating the physics of this realm! What new potentials are accessible to us now as we enter in the Apocalypse?

Talking about literally changing your reality, Adamus said: "*It's not magic if you understand the physics. When there is that understanding of the metaphysics – what's behind everything – suddenly it's practical. It's real. It's doable. It's not just limited to a few Merlins, it's available to anyone*."

Keahak XIII includes access to the online House of Keahak, two recorded audio sessions with Adamus each month, full access to all Keahak XIII sessions now and in the future, plus the monthly Living in Keahak show with Dr. Douglas Davies and Linda Benyo Hoppe.

Keahak XIII begins July 2, 2023 and goes through June 2024.



→ **REGISTRATION FOR KEAHAK XIII CLOSES JUNE 15, 2023**

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Artwork by Marc Ritter

By Kim Seppälä

It's seven weeks since the Apocalypse. Nothing appeared special about the day the heavens crossed: The sky was grey, the traffic loud, and people were busily running through their lives like on any other Wednesday. No grandiose effects or dramatic music in the background to signify the importance of this day that we have been awaiting, preparing, and working towards for lifetimes. And we did it; we dropped the veils and realized the Atlantean dream!

I'm still assimilating what this event truly means. The realm work took me, like many others, by surprise. To discover that many people you know have acted as "multidimensional secret agents" working with dark energy is a revelation; to realize I was one of those undercover agents is amusing (I was so undercover that I even fooled myself), gratifying (because it finally makes sense), and confounding (did I really volunteer for this job?), all at the same time.

I also feel like an angel in recovery mode. My angel feathers are more than a little ruffled and I feel exhausted in multiple dimensions. For a visual anecdote, you can refer to an oil painting called "The Wounded Angel," painted by Finnish artist Hugo Simberg in 1903. The image depicts a bleeding angel who is being carried by two boys. What strikes me about this somewhat disturbing image is that the angel has been blinded, evoking provocative questions in the viewer: How can an angel be blinded? What happened to her?

Here's one way to interpret the painting: An exhausted Realm Worker has returned to Earth after Heaven's Cross and is carried by two bearers (archangel Raphael's assistants, no doubt) into what I imagine is Tobias' recovery spa. The bandage around her head is the result of being blinded by her own soul. This adds a layer of irony to the story: the angel is veiled from her mission of unveiling the other realms. Was it really necessary to keep the realm work hidden from ourselves? It doesn't really matter now, but it might take a moment to repair my self-trust.

With the unveiling of the heavens, all the insecurities still remaining within me were unveiled, too: old regrets, questions that I never dared to ask out loud, and the unrealized dreams of the human were exposed by the new light of consciousness streaming in. I found myself doing a life inventory and questioning every choice I made in this life – my old friend Dragon flew in through the open heavens for yet another encounter.

In addition to the more unpleasant feelings, I also feel profound relief and gratitude for this new level of understanding; it's like all these years I've been trying to watch a 3D movie (my life) without 3D glasses, and everything looked a bit blurry and off. Putting on this new perspective – oh, I was a Realm Worker! – is like watching my life through the right lenses. No wonder I was feeling so dizzy... Funnily enough, I wrote an article for the Shaumbra Magazine in 2015 titled "Falling Angels." In the article, I describe the frustration of seeking the missing piece, and conclude that life is easier when you simply surrender and give up the search. Now, I imagine traveling back in time to my 2015-self, giving her a tight hug and whispering to her: "Hang in there, just 8 more years and I promise, you will find the missing piece. (BTW, it's not a guy.) Don't think about it now, but it will all make sense one day."



One of the things that started to make sense was my dream-state. For over 15 years, I had vivid and debilitating nightmares on a weekly basis, at times more frequently. These dreams felt as real as this reality and thus were both physically and mentally consuming. Luckily, the dreams have ceased since April. At the time, I explained them as PTSD and aspect integration dreams. And that is one facet of the truth; I don't believe that everything difficult in my life was a consequence of being a Realm Worker. A lot of things have happened due to me choosing this lifetime as the point of realization and integration. Ancestral influences have certainly played a part in my life, and some experiences were simply caused by bad choices.

Were the more traumatic events in this lifetime caused by karma and seduction, or were they a necessary sacrifice taken in the name of realm work? This is how my soul explains it: the realm work made me more susceptible to attracting certain kinds of energies that led to heavy experiences (like when you spend all night working with the density of mass consciousness, some of that heaviness can rub off on you).

At the same time, facing and integrating my dark aspects would have been inevitable anyway in the process of embodied Realization. In my case, learning to integrate dark aspects allowed me to be a more effective Realm Worker as I learned how to transmute different kinds of energies in dream state.

Like a cat dragging a dead mouse into the house, the Dragon also brought me the "gift" of acknowledging all the unrealized dreams of the human. I glimpsed some of the potential life paths that I might have chosen if I hadn't been so tied up in the other realms. How would I have invested all that extra energy? Naturally life would still have presented challenges, but it is clear that my human experience would have been lighter and that I would have been more creative and productive on a human level.

For a moment, I had the urge to just run towards these discarded dreams and start living all of them now that the realm work is done. However, as I felt into these unchosen potentials, I had an interesting realization: Those dreams aren't mine anymore. They belong to other lifetimes, and in fact, I have lived them many times before.

Sure, it would have been grand to spend a life as a dancer, mother, or actress, but this is a very special time on Earth. There are many souls who can serve as artists, but not that many who have been training in metaphysics and preparing for Heaven's Cross for lifetimes. What we were doing, both Realm Workers and Earth Workers, was influencing consciousness. A true influencer doesn't need to be popular in order to influence mass consciousness; they just need to be conscious. In that moment I understood that the realm work was not a cross to bear, but a conscious choice born out of love for humanity. It was a mission that I, as a souled being, claimed with full awareness and fierce passion.

After Heaven's Cross, my soul has been gently, but persistently, asking me to let go of all missions. The opening up of mass consciousness was the last mission, and even though I can't quite believe it yet, it's completed. Here I am, unveiled, wings folded, without missions or dreams – just a big blank canvas in front of me.

So, what to do next?

How about enjoying life, soul whispers to me. *Enjoy your life,* Adamus echoes in clear tones. But is there really such a thing as passion without mission, or joy without dreams? Can I really create without a plan?

Yes!

The answer reverberates across my inner heavens. It's going to take some time to get used to living without a mission, but I'm glad to know that I'll be in good company. And next time I travel to the other realms and border control asks: "Are you visiting for business or pleasure?" I can finally say, "for pleasure!"

AUTHOR

Kim Seppälä

Kim is an explorer and expressionist of consciousness. If you'd like to read about her metaphysical adventures or contact her, you can visit her new website.

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UPCOMING EVENTS



KEAHAK® XIII
ONLINE • JULY 2023–JUNE 2024

Keahak is a one-year program, designed by Adamus Saint-Germain, for the realization of your "I Am" consciousness into your daily life. This will be our 13th year of Keahak, which has been recognized as one of the most impactful and beneficial Crimson Circle programs for Shaumbra who are committed to embodied enlightenment in this lifetime.

REGISTRATION CLOSES JUNE 15

MORE INFO

SEXUAL ENERGIES SCHOOL®
ONLINE • JUNE 16–18, 2023

This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self.

Hosted live by Geoffrey and Linda, includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

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THE THRESHOLD™
ONLINE • JULY 7–9, 2023

The journey of an angel from first arrival on Earth until their final emergence as a realized Master is very long and winding, filled with experiences, joys and heartaches.

Getting lost on Earth and forgetting oneself is the "fall from grace" for which humans eternally seek redemption, having accumulated layer upon layer of guilt and shame along the way.

And yet, these things simply cannot be carried into Realization, so the dragon comes in to dig up and release every shred of guilt and shame still borne by the human. Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

MORE INFO

KASAMA™
ONLINE • AUGUST 11–13, 2023

If you've ever wondered about the nature of your soul – what it is, where it is, and how to allow it into very moment of your life – this Cloud Class will bring you to a new level of awareness. Adamus answers some of the biggest questions about the soul, as well as staying on the planet as an embodied Master with energy serving you in grace.

The premise is simple: You are in the midst of a beautiful and natural process of reuniting with your soul, but oftentimes it seems challenging or elusive because of the human perspective and conditioning. Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

MORE INFO





NEW! – LIGHT OF THE MERLIN
ONLINE • SEPTEMBER 9–10, 2023

Once a year for the past nine years, we have joined our Merlin energies in celebration of our journey to mastery on Earth. With the unprecedented level of changes happening around the world this year, the 2023 Light of the Merlin Online event has the potential to be one of the biggest and most transformational ever.

This inspiring 2-day event will feature channels from Adamus Saint-Germain and friends for more than 8 hours of inspiration and celebration.

MORE INFO

IN-PERSON EVENTS • FALL 2023



MASTERS CIRCLE
KONA, HAWAI'I • OCTOBER 22–26, 2023

Each Masters Circle event is more of a gathering than a workshop, and will be tailored to the specific group of Shaumbra in attendance rather than a more structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus.

MORE INFO



SOLD OUT!

NEW! – EXPLORING THE NEW LIGHT
KONA, HAWAI'I • NOVEMBER 8–12, 2023

During a recent workshop Adamus Saint-Germain made first mention of "The New Light." The physics are simple: As a result of Heaven's Cross, there is a new level of divinity and consciousness with many humans around the world.
The "light" from the soul's energy that provides the personal life-force in this 3D realm refracts in a different way when it lands on a highly conscious or Realized person.

MORE INFO



STAYING IN GRACE
KONA, HAWAI'I • NOVEMBER 18–22, 2023

This wonderful workshop is about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

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Help

CALENDAR



PLEASE VISIT THE CRIMSON CIRCLE STORE FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.
CCCC – Crimson Circle Connection Center, Louisville, Colorado

JUNE 2023

03	Monthly Webcast & Shoud	CCCC & Online
10	Keahak XII	Online
16–18	Sexual Energies School Online	Online
24	Keahak XII Finale	Online

JULY 2023

01	Monthly Webcast & Shoud	CCCC & Online
02	Keahak XIII Intro	Online
07–09	The Threshold Online	Online
08	Keahak XIII	Online
22	Keahak XIII	Online

AUGUST 2023

05	Monthly Webcast, Shoud & Summer Party	CCCC & Online
12	Keahak XIII	Online
11–13	Kasama Online	Online
26	Keahak XIII	Online

SEPTEMBER 2023

02	Monthly Webcast & Shoud	NO SHOUD
09	Keahak XIII	Online
09–10	Light of the Merlin	Online
23	Keahak XIII	Online

OCTOBER 2023

07	Monthly Webcast & Shoud	Online
14	Keahak XIII	Online
22–26	Masters Circle	Villa Ahmyo, Kona, HI
28	Keahak XIII	Online

NOVEMBER 2023

04	Monthly Webcast & Shoud	Online
11	Keahak XIII	Online
08–12	Exploring the New Light	Villa Ahmyo, Kona, HI
18–22	Staying in Grace	Villa Ahmyo, Kona, HI
25	Keahak XIII	Online

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Help



By Jean Tinder

CHEAT CODES FOR A GOOD LIFE

> *"Cheat codes" – Commands which can be used to change a game's behavior, alter a character's abilities, skip levels, or access other hidden features.*
>
> *– Wordnik*

In this game of life, when something sounds too good to be true, it usually is. Whether in the field of medicine, psychology, wealth, religion, spirituality, or something else, if some magical cure-all is being promoted, I am exceedingly skeptical. Because there is never a one-size-fits-all, of anything.

Well, almost never. An exception to this rule and a truly effective cure-all is love for self.

I don't mean a reactive, insecure, narcissistic preoccupation with self. I'm talking about an absolute and unconditional dedication to returning again and again to love for oneself, *no matter what*. In fact, I have not found a single issue that cannot be resolved by deep, true, unconditional love and acceptance for oneself. Although the expression of this love will be unique for every individual in each moment, I am certain there is nothing it cannot cure.

Of course, there are countless overt and covert reasons to dismiss the idea of loving self, along with plenty of active opposition to the whole notion. But why? (Side note: In my opinion, the principal redeeming feature of Christianity is that it opens the door for love of self, if only because Jesus loved me first.) Innate resistance notwithstanding, if loving myself really is a cure-all, wouldn't it be worth the persistence required to cultivate it?

Unfortunately, as Tobias and Adamus have both stated, loving oneself is the most difficult thing a human will ever do.

Fortunately, Tobias and Adamus have also provided the cheat codes for this life changing, incarnation-completing, reality-shifting experience.

The best of those cheat codes are offered in the *Sexual Energies School*. By wholeheartedly diving into the experiences and wisdom of this class, you can indeed *change this Earth game's behavior, alter your human character's abilities, skip obsolete levels of suffering, and access other hidden features, such as embodied mastery.*

What issues is your human still wrestling with in this game of life? Whether problems with other people, crappy emotions, confusion, manipulation, victimization, hopelessness or anything else, the answer to each of these issues ultimately comes from the same place: love and acceptance of yourself.

This coming to love yourself is inevitable. It's going to happen eventually, even if it takes a few more millennia. But why not give yourself the cheat codes to the good life, release the issues, and become your true Self?

SEXUAL ENERGIES SCHOOL – RETURN TO LOVE.



MORE INFO

Where: Online

When: June 16–18, 2023

Who: It's a date with yourself

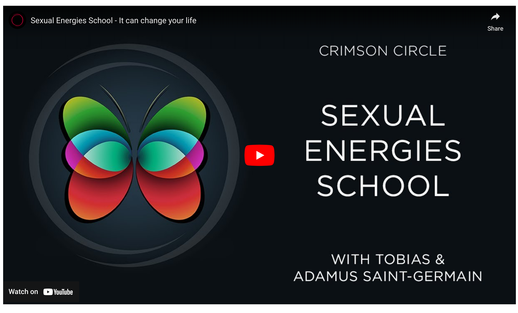
Why: Because you're worth it

How much: $595 (50% discount for graduates)

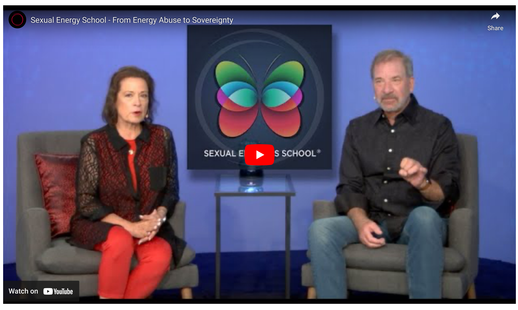
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GEOFF & LINDA TALK ABOUT SES



AUTHOR

Jean Tinder

As Crimson Circle's Content Manager, Jean is fulfilling her life-long dream to shine her light in the world. On a spiritual journey since childhood, she found Crimson Circle in 2002, joined the staff in 2008 and never looked back. Her first book is called "Stories from My Last Lifetime".

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Help



By Dalur (Also known as Dale Presly)

NOTES FROM A JOURNEYER

A Journeyer Never Returns To Where They Start.

I read the words, and place *Notes From A Journeyer* on the table beside me. Familiar objects come into view as the sun's early light fills the room. Everything is in place, including me. I close my eyes and recall the beginning.

Silence. Silence is the beginning. No word from the story tellers, yet we are here, feeling our way into forms that crawl, fly and swim. I'm drawn to the water bodies, sleek creatures that allow my silent entry. The boundary of flesh and bone is a tight fit for a free spirit, and it takes several attempts to gather myself in. The sea creatures introduce me to a liquid world that eases the effect of gravity, though I feel pressure when we dive followed by a strange new sensation—the urge to breathe. Moments later we shoot to the surface, leaping into the air. They use senses to locate themselves but what fascinates me is that the sea creatures communicate. Each one knows where the others are.

I take a breath. I'm aware of my body sitting in a chair, a dog barks in the distance as boundaries blur and human stories drift away. I'm floating in a sea of geometric forms that words cannot describe.

I learn to infuse myself into living form but even though the bodies don't belong to me, I notice that it's becoming hard to leave. Each time I entered one of those sleek creatures I stayed a little longer until eventually I forgot what being outside of a body felt like. For the first time I feel separation.

Tagging along in animal forms had its limits. The animals came in all manner of shapes and sizes which made communication almost impossible. There's a suggestion, from a few clever ones, that every body adopt a standard form.

Standardized bodies facilitate communities but for a community to interact, every body had to perceive the world in a similar way. The mind required an upgrade.

Without going into detail, the mind was altered in such a way that soon every body is on the same page, an appropriate metaphor because now we are ready to tell stories. At first the stories are simple but it's not long before they are layered and intertwined. It never occurred to anyone that stories had gravity, a pull that bound us so tightly that not even death released the story teller. Like the others, I became lost in human stories, unable to remember who I was before the Journey began.

The sun had moved around the room to touch the chair I sat in when it occurred to me that if I could infuse myself into a body, then I could use the body to go beyond human stories. I opened my eyes. I recalled the beginning of the story but not how it ended. There's no template for how to end human stories. Death was put into the human experience as an exit from the story, but few humans released the story upon the death of the body. Story fragments went into the other realms which eventually pulled us back into a body and another story.



I had read enough novels to know that the best ended with the death of the lead character. Now I was that character, and I didn't want to experience death the way I had in past lives. The final story needed a twist, a surprise ending that called for a radical shift of perspective. This time I would release the story prior to death, allowing the story to end while I would continue to live.

I leaned over and reached for Notes. There it was on page one, the twist to the story that I hadn't understood until now—*a Journeyer never returns to where they start*. I can look back, but I can't go back because my perception has shifted. There really are no beginnings or endings, only shifts in perspective. I look around the room. Nothing had moved. Everything is in place, except for me.

I continued reading Notes.

Beginningandendingarerelativetermsbutareveryrealwhentheʃourneyeris pulled into a cycle of repeating stories. A Journeyer eventually discovers where they are in the arc of the human experience and brings the stories to wisdom. ThequestionfortheʃourneyeratthatpointiswhethertostayembodiedorexitthEarth realm entirely.

Light filled the room. I wonder if sea creatures feel the body age. At least they didn't have to contend with the gravity of a thousand stories as I did. It was a paradox, I didn't feel old, but my body seemed to carry bits and pieces of every story I had ever lived. Suppose I could bring my stories to wisdom AND stay in the body? One thing was certain: to extend my stay in this realm I needed a lighter version of the body I had now.

What did Notes have to say about the challenge of staying embodied without a story? I turned the page and began to read.

Thechoicetobringthehumanexperiencetoaclose,yetremainembodiedinthe Earth realm, is a unique path for the Journeyer. The details of such a post-story life are unknown because few humans come this way. What is known is that the post-story life has benefits for the body that ultimately alter the trajectory of death. The Journeyer is free to choose how and when they exit the Earth realm, taking what will become the light body, with them.

Tobias calls this a point of separation and I was at that point now. I knew where I was in the arc of my human stories, but the wild card was always death. As modern humans, we've never fully understood the relationship between death and life. We became adept at creating stories but never understand how they affected the energy patterns in a body. Though the body is designed to improve with age, repeating cycles of stories aged the body and frequently brought in dis-ease. What began with diving into a body took me deep into the human experience. Now I had come to the surface.

I look out the window. The final chapter, if it could be called that, has an unscripted, dream-like quality that's impossible to describe. It feels like I'm on a stage, not an actor but a solitary figure on a bench, observing the swirling stories around me, unsure of where they begin or where they end.

AUTHOR

Dalur (Also known as Dale Presly)

Dalur says: "A biography makes no sense in a post-story life. Notes From A Journeyer is as close as I get."
He can be contacted through journeyer.org

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Website

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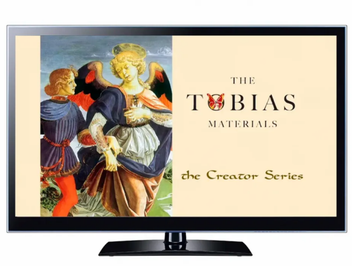
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TOBIAS' LOST CREATOR SERIES VIDEOS NOW AVAILABLE!



You might have noticed that **videos** of the monthly Shouds are not available until the *Returning Series* beginning August 2008. From the year 2000, the monthly messages are available in audio and text format, and the first *New Earth Series* is text only. However, thanks to some long-time Shaumbra and the magic of technology, you can now see the *Creator Series* in video format!

The *Creator Series* was given by Tobias in twelve 'lessons' between August 2000 and July 2001, and literally provides the foundation for all subsequent Crimson Circle materials. Introducing concepts such as "stand behind the short wall," the "oven of grace," accepting, allowing, conscious creation and so much more, Tobias set the tone for the next decade and far beyond. The *Creator Series* material is so fundamental that it was published as a book in July 2002, and is currently available as a free e-book. And now, it is receiving yet another boost.

You probably know that our Shaumbra journey began (in this lifetime anyway) with the messages from Tobias given high in the mountains of Colorado. While the very first "Lesson," as the monthly messages were called back then, was given in a teepee, the gatherings soon moved to a small community center in Coal Creek Canyon, located in the foothills west of Denver. Except for a brief stint at a local church, this humble shared venue was Crimson Circle's home until June 2014, when the high tech Connection Center was opened down the hill in Louisville, Colorado.

Those first years with Tobias were exciting, daunting, and oh, so precious. He had sent out the energetic call, and Lightworkers – many of whom would soon resonate with the new/old term "Shaumbra" – began finding their way back together.

At first, the monthly channels were recorded on simple cassette tapes, which would be given to a local volunteer for transcription, and then reused for something else. The technology was upgraded over time, audio recordings became available in the second year, soon followed by audio webcasts, and by August 2008 videos had become a regular part of the monthly meetings.

However, back in August 2000, David McMaster, a passionate and forward-thinking Shaumbra, began using his camcorder to record Tobias' messages at the beginning of the *Creator Series*. It wasn't a fancy setup; the group gathered in a small circle around the fireplace to listen to Tobias, and nobody worried about things like lighting or stage design. The recordings were stored away and almost forgotten, until not long ago when David unearthed the old VHS tapes and decided to bring them into the digital era. Together with Tess Henry, a dear Shaumbra friend, they worked to extract the recordings from the old magnetic tapes and then gave the footage to Crimson Circle.

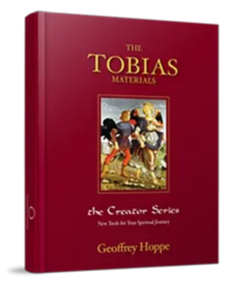
Although the entire CC staff is fervently trying to keep up with the Adamus deluge, this project was kept simmering in the background. Over many months, the recordings were processed to correct the faded colors and make the old, distorted audio as good as possible. Finally, over just the last couple of weeks, the "new" old files have been completed, processed, and uploaded to the Channel Library.

As a result of all this work, we are very happy to announce that the *Creator Series* channels are now available in video format! The quality is less than perfect, as would be expected from tape recordings made over 20 years ago. But the love, grace, and compassion of dear Tobias come through loud and clear, and another dimension of his precious legacy is there for all to savor.

We extend a very special *Thank You* to David McMaster for having the foresight to record Tobias so long ago, his generosity in donating the footage to Crimson Circle, and to Tess Henry for her invaluable assistance in preparing the files. Also, huge gratitude to Marc Ritter for the many hours he spent color correcting, enhancing the audio tracks, and processing the files for final distribution.



To see the videos of these very timely messages, simply go to the Creator Series in the Channel Library and select "Watch" under each lesson. Note that the transcripts have also been made available in an updated PDF format, so you can download the text as well.



Get the FREE *Creator Series* e-book

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THE THRESHOLD

The Last Thing You'll do Before Realization

Everyone's journey is unique, but Adamus says there's one experience that every Ascended Master, without exception, goes through. It is the moment of coming face to face with the dragon, the final guardian of your Realization and the focal point of *Threshold*.

"What exactly is the dragon?" you may ask. Will you meet a flying lizard that breaths fire? It might feel like that at times because the dragon finds the ugliest guilts and shames that have been hidden away in the deepest parts of yourself. Reminiscent of Smaug guarding mountains of treasure deep underground, only the bravest Master will be ready to face the fury and flames of the darkest parts of self.

This is because the dragon will make sure that nothing remains hidden. It will not relent until all things have been released to wisdom. At that point, if the Master remains in human form, the dragon becomes your closest friend, helping you continue releasing things long before they become toxic.

In *Threshold Online* Adamus Saint-Germain tells the true story of Margo, a woman who went through human struggle and pain, then finally started her spiritual journey seeking answers to life's questions. Many elements of Margo's story will be recognizable to the viewers, for all of us have sought solutions to the problems of life. The unexpected answer she receives eventually changes everything.

Your own story will be unique, and along the path to Realization you'll eventually encounter your inner dragon, just like St. Germain, Tobias, Kuthumi, Margo and every other Ascended Master. One simply cannot go into Realization while still holding onto guilt and shame. There is no God blocking the doorway; it is these burdens themselves that prevent Realization.

As a human on Earth, your Realization is inevitable. Whether this lifetime or thousand years from now, you *will* find your way back home to Self. The journey may be intense and very difficult at times, but the information and experiences that Adamus offers in Threshold will provide invaluable insights and information.

According to Adamus, coming to the Threshold – and your inner dragon – is the last thing you'll do before Realization.



THE THRESHOLD ONLINE

AT THE DOORWAY TO REALIZATION

HOSTED LIVE

BY GEOFFREY & LINDA HOPPE

JULY 7–9, 2023

PREREQUISITE:

SEXUAL ENERGIES SCHOOL

MORE INFO

COMMENTS FROM PREVIOUS THRESHOLD ATTENDEES

"The clarity about why I am here is priceless."

"It is a great and (for me) an absolutely necessary class. I didn't realize what guilt and shame does to us, to me."

"Deep fulfilling experience."

"Very uplifting, life-affirming experience."

"Best messages ever. THIS is exactly what I came for."

"One word: Amazing."

"Nothing is as it was, so much more clarity, knowledge, recognition, compassion and realization. No more processing, no more waiting, no more judgements, no more guilt, no more shame, no more remorse, it was all pipe dreams. All my energies have always served me in a great, perfect way, guiding me to this sacred place at exactly the right moment. That's it, everything was and is perfect in my creation."

"Many experiences in my life are reassembling themselves like puzzle pieces. I am having one Aha-moment after another..."

"I was not disappointed with how powerful the program is."

"What I have been waiting for all of my life, and lifetimes."

"I am deeply moved and grateful to have this explained and available for us, at this time on the planet. So much easier than going it alone, and not understand what is happening! I am sure it was one of my conditions for agreeing (with myself) to come back in AGAIN for this last lifetime."



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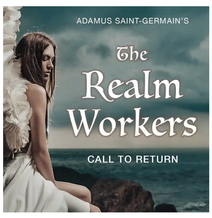
NEWEST PRODUCTS

Check here each month to see the newest releases not featured elsewhere in this issue!

REALM WORKERS

The Role of Realm Workers in Lifting the Veil

Cost $0 FREE
Format: Downloadable audio, video & text
Access: Unlimited



The Realm Workers played a crucial role leading up to the opening of Heaven's Cross on March 22, 2023. While living their human lives on Earth, they also worked in the other realms to help lift the veil that for so long has separated the human from the other heavens, or realms. Their work helped facilitate the easing of gravity, electromagnetics and other forces that kept the human consciousness from going into the "beyond."

It was necessary to have dedicated human angels working in the other realms (often in their dream state) to create a balance between the realms and weave in familiar human harmonics. Many Realm Workers lived relatively quiet lives on this planet, and a common attribute was feeling tired and low-energy as humans because of their intense and prolonged work in the heavens. Now the work is done, and the Realm Workers can come back to full presence as honored Masters in this reality.

MORE INFO WATCH EXCERPTS

HEAVEN'S CROSS MERABH

A Deep Personal Journey into Your Own Heavens



Cost $22
Format: Downloadable audio, video & text
Access: Unlimited

This deep inner journey into new realms of your Self is perfect for bringing more personal depth and meaning to the opening of Heaven's Cross. In this guided experience, Adamus Saint-Germain helps you expand into the other heavens and bring back newly available energies, wisdom, and consciousness to serve you in daily life. Infused with the illumination and grace of the Apocalypse, this beautiful encounter with your soul will help dissolve the barriers between the realms of Self, making your divinity, light body, past, future, and dreams, fully accessible to your human self.

The veil, the innate separation between human and divine that has caused feelings of isolation and exile, finally begins lifting with Heaven's Cross. This long-foretold Apocalypse will eventually change the world, but first, it can change your life. Limitations no longer need apply; struggle, study, and effort are not required. This is the time to listen – listen with your entire being – and simply allow this integration. There's nothing more to do now but relax, allow, and let the energies flow in this time of grand unveiling.

MORE INFO WATCH EXCERPTS

HEAVEN'S CROSS: THE OPENING

The Apocalypse Begins

Cost FREE
Format: Downloadable audio, video & text
Access: Unlimited



Apocalypse, meaning "to unveil" or "uncover" in Greek, allows the deep reunion with one's own divine Self and the inherent joy and freedom of this expansion. With new levels of consciousness on the planet, the Apocalypse will eventually mean the ending of power games, wars, suffering and karma, true ancestral freedom and thus the ability to live in abundance, ease, and grace.

The Heaven's Cross ceremony was conducted at Crimson Circle's Villa Ahmyo in Kona, Hawaii on the morning of March 22, 2023. Tens of thousands of humans from around the planet gathered online for this unprecedented event. In the presence of all the Ascended Masters and with deep acknowledgement for the rigors of our human journey, the Beloved St. Germain ushered in a new era. It is the ancient dream coming true, the culmination of a long and arduous journey.

MORE INFO WATCH EXCERPTS

HEAVEN'S CROSS – PART 3: QUESTIONS & ANSWERS

Reconnecting with Self



Cost FREE
Format: Download audio, video & text
Access: Unlimited

As the veil between Earth and the realms beyond begins opening, the implications are profound. While the reduction in emotional, mental, and physical gravity will eventually affect every part of human life, the most meaningful outcome is the divine access that humans have yearned for since the beginning of time. For those who allow their energy to serve without limits, the result of this magnificent time will be a life of joy, happiness, abundance, ease, and grace.

Answering questions from Shaumbra around the world, Adamus speaks of potentially miraculous changes in health, a lightening of the physical density, the impact on our human lives and relationships, and much more. It is an inspiring picture of the profound change unfolding on planet Earth and the perfect time to let clear and pure energy serve you without limit.

MORE INFO WATCH EXCERPTS

HEAVEN'S CROSS – PART 2: THE APOCALYPSE

The Heaven's Revealed

Cost $95
Format: Online Streaming
Access: View for 90 days after purchase



Humanity has always dreamed of access to the divine, of seeing beyond, of mysteries revealed and a lifetime of grace. But the physics of this planet blinded the senses to our true state of being. Now, because of humanity's strong desire for change and your radiant light, an unprecedented level of consciousness allows the clouds to begin lifting and the veil to begin dissolving. Although the implications go far beyond this planet and physical creation, for humanity it means a quantum change that will evolve into every part of life.

Adamus talks about the physics of creation, and how the atomic structures on Earth will be affected by changes in time, space, gravity, and electromagnetics. This apocalypse or opening of the realms is the core reason for why you're here. It is the time of harvest, when the Christ seed planted so long ago finally bears fruit. This is what you came for.

MORE INFO WATCH EXCERPTS

HEAVEN'S CROSS – PART 1: PREPARING FOR THE OPENING

Christ Consciousness in a Hopeless World



Cost $195
Format: Online Streaming
Access: View for 90 days after purchase

Planet Earth has always been isolated from the other realms, causing humans to forget why they are here and blocking the natural flow of divine energies and communication with the soul. This disconnection results in a profound sense of hopelessness, which then causes mental imbalance, depression, addictions, and disease. Now, the opening of Heaven's Cross, a literal physics event that changes the electromagnetics of Earth, brings access to the other realms, Christ Consciousness, sovereignty, and grace.

This first installment of the Heaven's Cross series is in preparation for the actual opening of Heaven's Cross on March 22, 2023. Adamus says the effects of this momentous event will eventually be perceived by science bring a level of change to the planet not seen since the fall of Atlantis. The implications are far-reaching as many extraordinary potentials now become possibilities.

MORE INFO WATCH EXCERPTS

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POST APOCALYPSE BEGINNINGS

By Nivara W

Wow, it's actually post Apocalypse now and here we all are, exactly where we are meant to be, no matter what is going on within us and around us. We've spent lifetimes to be here on Earth at this opening of the realms, signing up to participate however we have with so many possibilities of what we might experience and what might occur. And now that what we have been waiting for is over in one way, it is just beginning in so many other new ways.

Earth Workers and Realm Workers are like two sides of a coin that together have helped allow this monumental unveiling to become a reality. We are all waking up to who we truly are and still grasping the enormity and grandness of what this opening is for all of creation, not just humanity and ourselves.

Before sharing some of my experiences, I'd like to give a grand Thank You to all the beloved Earth Workers. You were many and there was so much you have done in consciousness and grounding for this Earth to help make Heaven's Cross possible. Do not underestimate what great service you have done.

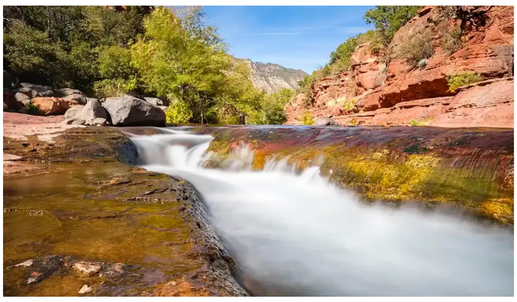
To the beloved Realm Workers who now know who you are, a grand Thank You for all you have done so well, known and still to be revealed. Most of all, you don't have to feel alone anymore. You are so much more than your human self could ever have known. No greater gift could you have given humanity and Earth than to help in selfless service for Heaven's Cross along with the Earth workers.

The grand Heaven's Cross opening was quite emotional for me. Saying goodbyes with open wings as the procession passed was so heartfelt; feeling those we had been creating with for so long, and all of us now ready to move on to new experiences. After the ceremony it was four days till I would even try to drive. The energies in my body were moving so fast, purging and integrating, that I felt dizzy, sick, and weak. A few times even wondering if I would leave my body. I'm so grateful for *Quantum Allowing* and *Master's Life 1 – Transfiguration*. These cloud classes helped me through these days of change, along with an unwavering resolve to truly know what living as a divine embodied Master upon this Earth could be like.

The life I had created and was living in as a human was not something I really looked forward to being put back into after integrating my Realm Worker aspect. Much of my life had become such a mess that I wondered how I was even functioning as a human. And now there are lots of pieces to pick up, make sense of, take responsibility for and love in this human realm. Most of this life I've been self-employed and often found it difficult to maintain a business dealing with antiquities, antiques, and collectibles, especially when coming across objects from past lives. I delved into the healing arts, finding ways to help support people and animals in their rebalancing only to find, as with the art and music, that I could never excel in anything to be truly happy in trying to support myself. Everything was such an effort, especially when health issues arose with multiple diagnoses.

So, with the Realm Worker information, aha's of "Oh that's why" continue to keep making more and more sense, like "*That's* why I choose to go down so many unusual and sometimes very dark holes of experiences," or "*That's why* so many creative endeavors couldn't come to fruition." Now I can also understand why I became a recluse, hiding and experiencing life very differently than everyone around me. Perhaps now, even the "Oh that's why I could never be on Facebook" can shift.

It was one week after Heaven's Cross and I was still feeling woozy, nauseous, and sick. Feeling I just had to get out of the house to be in nature, I carefully drove towards the mountains. Arriving at my favorite place, the stream was running faster than usual due to snow melt. Knowing I was in no shape for much exertion, I slowly walked alongside the stream till I saw a large rock where I could just sit and listen to the rushing water.



While sitting there, I started to hear what I first thought were leaves rustling in the trees. The rustling got louder and soon turned into a big sound of applause. What? I looked toward the sound on the other side of the stream and was surprised to see white figures covering the large hillside and felt voices saying, "You Did It!" over and over again. As this surreal experience continued, my heart opened to the feeling of such compassion, appreciation, and rejoicing.

At the same time, it was difficult to accept this praise and I did not take much time to soak it in nor really look at all who were present, as I was feeling really sick and didn't want to move. Part of me still seemed to be reeling in the illusion of a deep dark hole of unworthiness and whatever else. What the heck? Perhaps it takes a while for the residue of our work to subside. Anyway, I continued looking at the stream rushing towards me, feeling it as my divinity coming to me, until I felt ready to make drive safely home.

Back at home, the mind kicked in, wondering why I didn't ask questions like "What was the applause for?" and "What did I do?" My doubt felt it was probably for actually getting my body out of the house and into nature or perhaps integrating my light body. Ah, human aspects can be so adorable. The questions and doubt dissipated after giving my aspects a big long hug of compassion and allowing myself to accept more of what was being conveyed by so many applauding figures.

Waiting for the *Realm Workers – Call to Return* recording, I felt the words "You have sacrificed so much of the human for what you have done. It is from these times you shall remember." Later I felt "This human aspect is only a portion of the grandness that you are, yet it is also the only aspect that can allow the integration of what is to come possible." I felt into this as I rested, still wondering what I had done yet trusting it was unfolding gently enough so I didn't explode! Then I felt "You have always known and chose not to remember. This was the way."

My first time experiencing the *Heaven's Cross Merabh* was magical. I was lying on the couch with my macaw companion bird on my chest as it began. Suddenly I felt my wings pop open in a glorious way, and at the same time Arty's head feathers went up. Suddenly I was in the AND, watching my realm self with wings out facing the ocean at sunset. *And* I was here as my human self, holding hands with my realm worker self, looking at the magnificence of Heaven's Cross. Then I was there with my realm aspect, wings out holding me the human around the waist, and together we expanded into Heaven's Cross. I started to "hear" angelic music and "see" many beautiful paintings as potentials to create, all while Arty stayed hunkered down with me in quiet awareness.

Over the next few weeks my life began shifting and I experienced a lot, but it still felt like something was unsettled, so I went back to the forest, this time for a long walk. I asked Kuthumi to walk with me and immediately felt him there. As we meandered the trail, I asked why he was not talking with me as in other times and felt him answer, "This is for you to figure out. I'm just here to support you."

As we continued walking, my mind churning away, I felt another voice of a different frequency ask Kuthumi, "How do I get her to open up to me?" Then I got it!

REALLY?!!! After lifetimes of preparation and holding back Realization, how could part of me still not welcome home my aspects and divinity, or be in resistance? "NO MORE!" I said out loud. "I ALLOW MYSELF TO BE OPEN TO ALL THAT I AM." Turning around to start the long hike back to the car, I stopped to mark a line across the trail in front of me. I took a deep breath and stepped over it, continuing to declare "No More" and thanking Kuthumi for his light & support.

Later that night, sitting as a human in surrender and allowing, I felt the words again, "Are you ready to let me in?" I knew it was time to release all the illusion in a life I thought was real. "Yes, please, you are welcome. I am ready for my grander life that is waiting. I now consciously allow my Realm Worker self, my past lives and my divinity to come home, integrating with love into my human body and all that I Am, knowing that this is changing everything. It is time to be all that I truly am."

Since all this happened, I've been feeling a point of presence at my core, like a seed growing inside. It feels like the very beginning, the "I Exist," the core from which all emanates. It is expanding, getting larger, pushing out anything that is not mine, even any dis-ease in the body. I feel it's my sovereignty, a space that is only my true self within; where everything that I have previously (unconsciously) created or taken on as mine can no longer be present. So, dear soul, dear divinity, drink up the nectar of my experiences so I may continue experiencing with you the wisdom of all that I AM!

There has been little question that I choose to stay on the planet and be part of what is transpiring in this world and other realms of creation. No matter what challenges it took to get here and stay in human form – and there were many – I am not giving up my ticket (even though I came close a few times). I share some of my experiences to let you know that, as strange and difficult as it was being human, now the realms are open, the limits have been dissolved, and we all have a lot more to explore and experience of who we truly are and what is possible.

Bravo everyone! You did it!

AUTHOR



Nivara W

Nivara now lives in Arizona, USA, where the cactus grow in harmony around pine trees and nature can be found in all her glory. She has worn many diverse hats of who she believed herself to be; her favorites are those that allow her to breath in, expand and joyously be all that she is at any given moment. She can be reached via email.

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CRITICS CORNER



THE REALM WORKERS
– CALL TO RETURN • $22

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WHOEVER FEELS ATTRACTED TO THIS, JUST LISTEN!!!

I am sooo happy and grateful that this came out so soon after 22.03.2023. The moment I heard the word "Realm Workers," I was very intrigued. When I started reading Geoff's article, I started feeling I might be, and by the time I finished reading I had a strong conviction that I am that. I understand now why I cannot remember 98 %of my dreams, and in most of them I feel that I was working very hard alone against walls, or against some limitations, and feeling exhausted very often. When I was a small child, I knew I had an important job to do, almost like a contract to which I remembered that I had agreed before I was born, but I could not remember what exactly and was very frustrated. Also, the part that "they have a quiet life and harshness of human life scares them." This is spot on. I have taken lots of hard core CC courses, but this one appealed to me to each cell of my body.

— Mari

THE REST OF THE STORY

There's one sure thing about human life: it's easier to go through stuff when it makes sense to you; when it doesn't, the only wise thing that's left is to rely on divine providence in hope that "the answer is to be realized... someday", and yet, that pent-up doubt is lying in wait to get you when you're having "one of those days". The main effect this material had on me – it finally made sense of things that were most frustrating: suddenly, my miserable, unhappy life makes sense; my deep interest in metaphysics and especially magnetism makes sense; benching makes perfect sense!

How effective was benching? Heavens opened and humanity didn't feel a thing – now, that's some real smooth work, Shaumbra, AMAZING job!

— Anastasia

IN HONOR OF THE REALM WORKERS

I am not a Realm Worker, still I find this material has so much information that is important and interesting. Many of the things Adamus talks about in the session, is something I have heard before. But as you probably know, you can hear something a dozen of times, and then suddenly, you get it. This is how it has been to me to listen and read the material. The second session is a Merabh to call home the Realm Workers. It is very beautiful with supporting music.

My deepest thanks to all of the Realm Workers. You have truly done an amazing job. Time for you to relax and enjoy life.

— Anne-Maribo

GIVE YOURSELF PERMISSION TO BE WHO YOU ARE AND FULLY ENJOY LIFE

Though I do not feel I have been "working outside" in the other realms, I fully enjoyed this merabh. It is all about acknowledging oneself and allowing all parts home, also receiving the acknowledgement from the whole community of Masters for the work that has been completed.

— Finn

GOOD TO KNOW!

This product feels very personal. For I'm in no doubt: I have definitively been a Realm Worker! So much being explained of what I couldn't understand about myself. For instance, why I always felt like I couldn't cope with life even though I've had so many abilities, qualities, resources – it was a mystery. Why can't I live, create and play as well as others seem to do? Now I know why: I've been one of the many who agreed to release the stronghold of mass-consciousness...

Puzzle pieces fall into place. Including why I stayed here even though my life was more confusing and depressing, stressful and burdensome than pleasing and fun. So a part of me wanted to leave, but it was as if I couldn't. For as Adamus explains; staying embodied was crucial to our balancing work.

Now I can leave, for the work is done... but hell no – not now that I can fully enjoy being here! And that is such a great gift of this product; the inspiration to hang in here.

— Lise

MISSING ANSWERS

In the Q&A, IMHO the whole topic of what happens after fully returning was a bit thin... Apart from this it was strangely emotional. More so than I thought...

— Lars

KEEP TELLING YOUR STORIES...

This is a very beautiful, but also interesting, and informative recording for those who were Realm Workers and those who weren't.

Was I a realm worker? I have all the characteristics, love long walks, and lead a quiet life, especially now that my dear dog is very old. Since childhood, I've known that I'm here to bring heaven to earth. Born on 7/7 at 7 AM. I was a perfect example of someone who joyfully can take on other people's issues – not realizing how those will affect my brightness. Yet things had changed... with the rise of technology I found my niche. So instead of spending my nights in mass consciousness, I spend my days and nights embedded deeply in technology. My services were needed somewhere else, here on earth.

Dear Realm Workers – and I know quite a few of you – thank you for your beautiful service. I will never get tired of hearing your stories.

— Iwona

GRATITUDE

[Translated] I have always doubted myself, my worth, even now, despite having found many correspondences between what is described in this channeling and my way of perceiving life on this earth. Who knows if I will receive confirmation in this sense. In any case, I am grateful to all those who have contributed to the realization of the opening of the cross of heaven.

— Gabriella

A BEAUTIFUL SERVICE TO HUMANITY

I was touched by a long time Shaumbra friend who wrote in a social media post how meaningful it was to her to now fully understand aspects of her life. The validation that she was a Realm Worker was important to her, and I could feel that deeply. I came away with a deeper appreciation of how this has affected her life and the lives of so many Shaumbra... I sincerely thank them for their beautiful and selfless service.

— Kathleen

WHAT AN EXCITING PRODUCT

Though I felt like something other than a Realm worker, I was curious... It took me some time, but I landed safely on Earth: I am sure I have been working here on Earth, at the fringe of Consciousness, in so many ways, so many places...

This product was significant because I became more confident that I had not been a Realm Worker. But with even higher respect and a lot of gratefulness for them that have been. I live with a Realm Worker, and I see how big a release this has been for her, with some of the last pieces of the puzzle falling into place. It is lovely to watch.

Welcome back, Realm Workers. Welcome back!

— Jaziel

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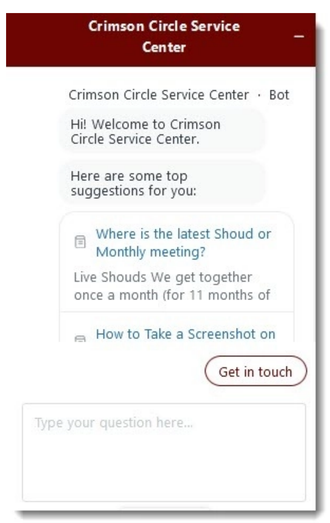
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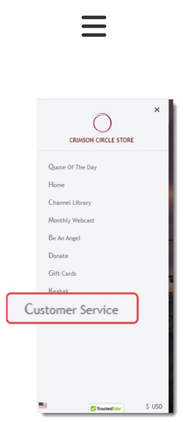
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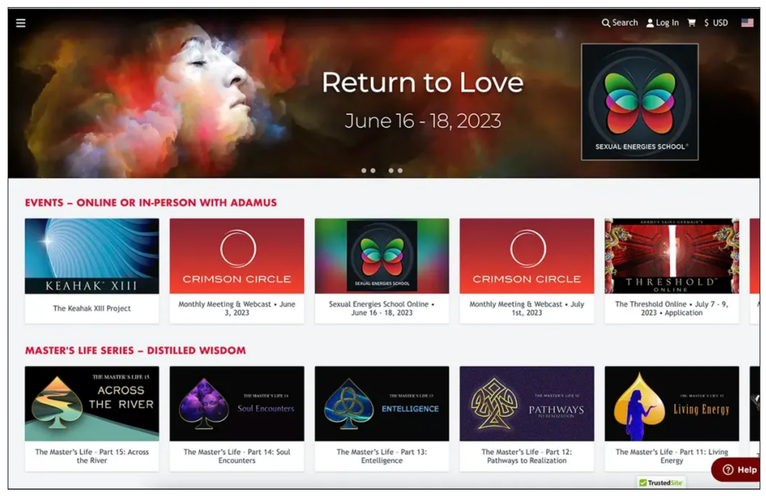
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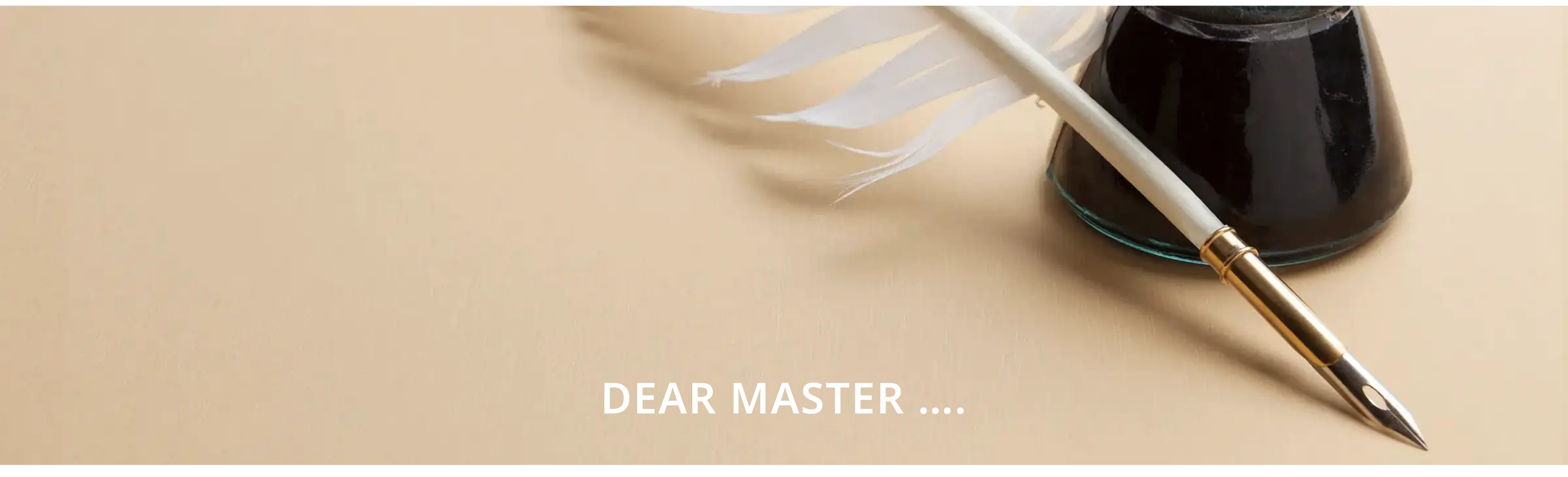
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Help



DEAR MASTER ....

HOW CAN I TRUST MY OWN ENERGY WHEN IT SEEMS SO MUCH HAS GONE WRONG IN MY LIFE?

IT'S NOT A MENTAL THING. IT'S A SURRENDER.

Compiled by Carolina Oquendo

Q – Dear Master, I recently realized that there's still a lack of trust deep within myself. While on the surface I know (and I've heard you say) that the basis of energy serving me is trusting myself, deep down I still believe that I will be betrayed: by my body, by society, by this harsh world; in short, by my own energy. How can I finally leave that fear behind me?

I can hardly teach trust. I just can hardly do it. I can say the words. We can have some trust Merabhs and all the rest of that, but **if you don't trust yourself, you don't trust yourself**.

A lot of things in your life won't have to happen if you trust yourself. If you absolutely emphatically "I've got nothing else in my life" trust yourself, **it will change the experience**.

Trust is kind of a surrender, in a way... trust, for some of the Masters, has been, "I don't have anything else. There's nothing left. That's all I have. I can't even effort into it. I can't make myself believe in, but that's all I have because everything else is gone." That's when you discover real trust, by the way.

Q – That sounds fine I guess, but could you give me some practical pointers that will help me understand trust? How can I go beyond this lack of trust?

The mind loves to have order, make everything neat, make sense out of things, because you believe that if there is sense, that you're safe. But good lord – not. Not!

There is no safety in sense – mental sense – none at all. Haven't you found that out by now? That's only confusion, chaos, running in circles, chasing the rabbit down the hole and frustration.

So, you breathe in.

Go into your intuition, your gnost, rather than relying on the old functions of the mind, and that can be frightening. It takes a huge leap of trust in yourself to do that, with the mind trying to hold back saying, "No, you have to be logical."

Q – But it's like we're going in circles. That internal voice is still afraid of letting go, and doubts that anything good will come from trusting. Is there a way to shut it down?

When you encounter doubt as you go beyond the box – and, again, we're not building bigger boxes (...) we are blowing through, going out of the box – and you approach that critical point like stepping out of the airplane, (...) of coming to the edge of the cliff (...) where you feel the anxiety within you and you have to take a deep breath and you feel doubt trying to pull you back (...) that's the moment you **take a deep breath and you feel into the communication**, the energy of what is already within you.

But if you're not feeling safe (...) you're going to be constantly frustrated with yourself, constantly wondering why it's taking so long (...) **wondering when I'm going to give you the big answer that's going to solve all the problems**.

It's about **feeling safe in an unsafe reality** (...) realizing the games that have been played to try to make reality safe.

Q – You have talked a lot about creating a safe space, yet this planet feels anything but safe. How can I feel safe in this very unsafe world?

One could say theoretically that a Master is safe wherever they are. Well, that's kind of crap. It really is. A Master recognizes they might be unsafe. A Master recognizes that in this extreme reality called Earth there are a lot of unsafe things.

It's not safe in there. Not safe with the mortar and all the bricks of your consciousness with things like guilt and shame, loathing, judgment.

Take a look, a conscious look at safety, just to recognize and to realize that here you are, a divine being surrounded by things that are kind of unsafe – your body, your mind.

But, my dear friend, what if those walls came down (...) What if beyond these old walls and bricks of consciousness was the true freedom of the I Am, **even in an unsafe world, but no longer unsafe within yourself.**

Safety within Self comes when one forgives themself.

What forgiveness in mastery is, is wisdom.

That's the safe space. It's not a little room in a big house. It's not a little thought that you can run back to and try to repeat to yourself. **It's a feeling. It's a reality. It's a knowingness**. It's the safety.

It's actually tapping into your own wisdom. That's it. Tapping into the "I exist." That's it. (...) The wisdom that you are divine; the wisdom that you exist. That's the core wisdom, from which all other wisdoms come – "I exist."

It's not even a mental thing at this point (...). It's an inherent, it's an innate trust. It's – I'm going to call it **– a righteousness within yourself, because you know it's right**.



Excerpts from:

Masters Series: Shoud 5
Next Series: Shoud 9, Shoud 10
e2012 Series: Shoud 9
Discovery Series: Shoud 4, Shoud 7
Merlin I Am Series: Shoud 9
Art of Benching Series: Shoud 3

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SPOTLIGHT

THE MASTER'S LIFE – PART 2: I AM HERE

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What is mastery? According to Adamus, it is the ability to choose one's reality, whether that is human health, abundance, and joy, or exploring and experience other realms. However, creating the life you want to experience starts with understanding exactly where you are.

When you are in your presence and bring the "I Exist, I Am Here" into your conscious awareness, it opens your freedom and divine creativity. Then every desired experience becomes a potential for you to choose!

In *Master's Life 2: I Am Here* Adamus Saint-Germain gives practical examples and visual illustrations to help you experience the "multiple" consciousness of your true nature. You might think it would be overwhelming, but instead it's a grand realization of mastery and an unforgettable experience. In fact, you'll get a real sense of what is possible, even here on Earth.

> ***"I Am Here. It's the only thing."***
>
> **– Adamus**

SESSIONS

- 1 – Where Are You? (1:10:44)
- 2 – I Am Here (57:36)
- 3 – Applied Consciousness (1:14:22)
- 4 – Master Sense (49:00)

BONUS AUDIO TRACKS (DOWNLOADABLE)

- 1 – I Am Here – *intro music* (9:10)
- 2 – Gentle – *from session 1* (1:00:46)
- 3 – Spacey – *from session 2* (53:58)
- 4 – Movement – *from session 4* (48:03)

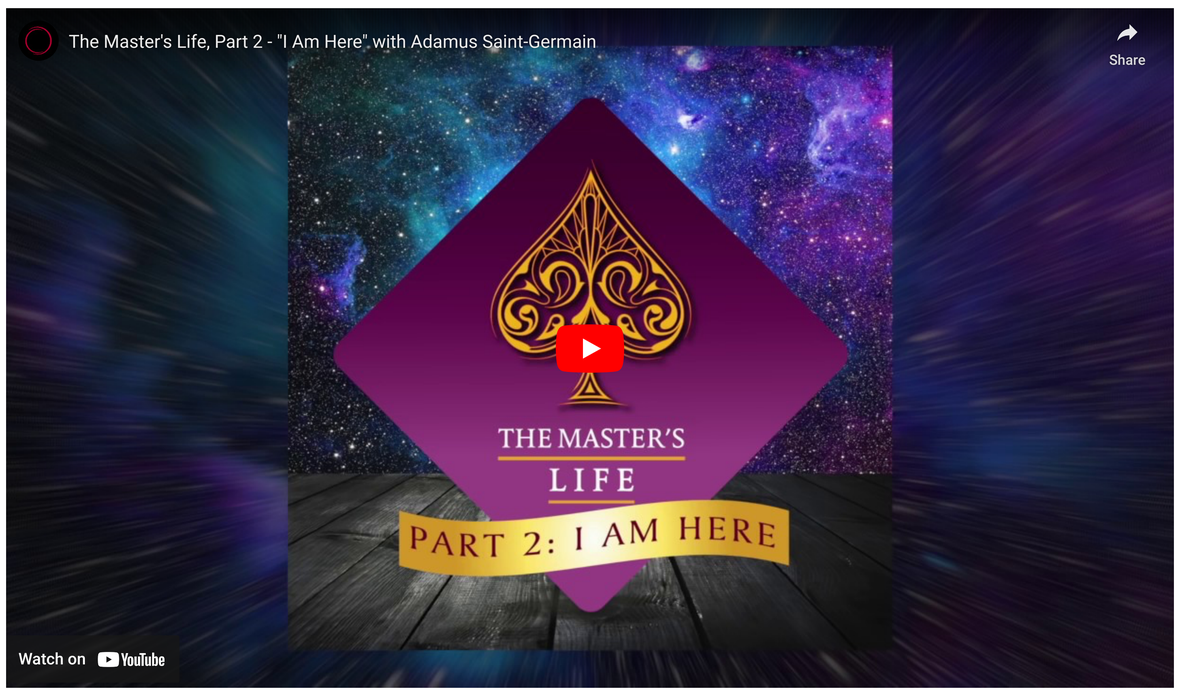
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Help

NETWORK CONNECTIONS

By Jean Tinder

It's been a little over two months since Heaven's Cross, and the grand retirement from realm work has rightfully taken a lot of attention among Shaumbra. It was a huge commitment for so many people, and though I wasn't a Realm Worker myself, I've been watching a lot of you figure out how to adjust to the new paradigm. However, that's not the whole story – or even the main story – of Heaven's Cross, and I am personally very interested in the implications of the veil dissolving. As a matter of fact, I've had a couple of very curious experiences relating to the new access to other levels of Self.

Incidentally, I wish there was a better word for these parts of Self. Whether we call them layers, levels, strata, zones, aspects or facets, each word implies hierarchy and separation, and Self just isn't like that. It's more like the staves of an orchestral score. Each line of music is unique and expressed through a different instrument. Yet the overlapping, intermingling melodies make up a cohesive wholeness. To me, that's what the Self is like. I can focus in on a single instrument, such as the human part of my experience, but the symphony of ALL of Me is constantly expressing, whether I'm paying attention or not.

Anyway, back to the story. For a long time, I've had a minor tickle in the back of my throat that causes an occasional cough. The severity often depends on my environment and it's more annoying than problematic. I just need to hack now and then to "scratch" the itchy tickle.

A few weeks ago, I was sitting quietly out in nature, just breathing and being present. You could call it a type of meditation, and I was enjoying the expanded feelings and sensations. Then, all at once, I sneezed, and that darn tickle started itching.

I had just been imagining the energy template of my body, sort of seeing a humanoid "light grid" version of me standing in front and just to my left. (This is beautifully explained in the amazing book *Application of Impossible Things*.) When that tickle started up, I did *not* want to interrupt this lovely experience with a coughing fit. And with the awareness of that desire, something very strange took place.



With my energy body standing there, I suddenly had the notion to see if I could stop the tickle at *that* level, rather than struggle to calm my physical throat spasms. My attention went directly to the energy body's throat from which I plucked out... a *feather*! It was a substantial one, more like a writing quill than downy fluff, and its tip had been somehow embedded in my (energetic) throat.

The amusement and surprise of picking a *feather* out of my imaginary body almost pulled me from my reverie. But I took another deep breath, relaxed, and stayed with it, intrigued with the creativity of my imagination. This had not been planned or thought out; my human awareness was simply watching, trying to keep up with and decipher the antics of some other part of me.

Puzzling about what could have caused me to imagine a feather in my throat, all at once I realized *the tickle was gone!* The need to cough had disappeared, my throat had relaxed, and there was no itch to stifle. I took another deep breath (which could often be a trigger) and felt nothing but the soothing inrush of life.

Remarkably, all these weeks later, the previously chronic tickle has not returned! Not even once. I still have no explanation for pulling an imaginary feather out of my throat, but something very real *in my physical body* changed in that moment.

Eventually I realized that a big part of the experience was the immediate access to this other level of myself. My imagination clearly saw and interacted with the energetic template of my physical body, with no barrier but with lasting effect. The implications of this are mind boggling to me.

Now, I'm not sure this is a technique for "fixing" body issues. There are a lot of factors in any physical imbalance, one of the biggest being the inherent self-rejection of seeing something as a problem. When I'm in opposition to anything in myself, nothing works very well. But the curious affair did provide me with firsthand knowledge of how effectively we can energetically create – and uncreate – a physical experience.

I didn't have an agenda of fixing something; I merely watched what was happening, directed from a different level of Me. The action originated from a simple desire unburdened by any beliefs about what was possible, impossible, right, or wrong with my body. In other words, for a moment, I accessed a level of my Self – a melody within the symphony of my soul – that is unencumbered by typical human limitations.

Maybe the human self is like the drummer in the band, sitting up there behind plexiglass banging away, setting the rhythm for the rest of the troupe but also not really hearing the music. Maybe with Heaven's Cross, the plexiglass fades away, and the drummer can start noticing the strings and woodwinds and piccolos and so on. Or maybe, since this is the Time of Machines and technology, the whole orchestra is getting in-ear monitors so that *everyone* (in me) can finally hear the whole production! And that's bringing a much sweeter harmony overall.

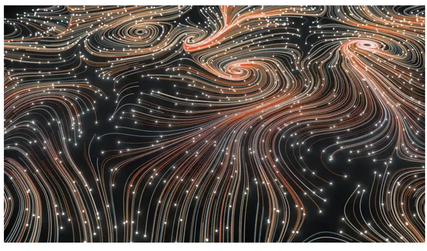
The other experience happened just a few days ago. I was in the middle of my morning walk on the treadmill, mostly zoning out, when out of the blue I felt a very sweet, familiar, and long missed presence. It's been years since I felt... *Tobias!* And suddenly there he was, glowing in delight and making me cry.

His brief visit was completely unexpected, and I noticed that he's changed considerably (even blurting out, "You almost need a new name!"). Rather than the old familiar grandfatherly energy, he seems younger and full of vitality. Not like a *young* man, exactly, but somehow less old and a little more modern. That was curious to feel.

The moment was short and sweet, but a while later I felt him again. This time I stopped what I was doing and opened up; he wanted to commune. It was a little like how we used to chat so long ago, but also different. *Meet me in a new place*, he said. *I am here. But sink into yourself first. You'll find me inside, not out here. Look through your inner "Tobias window."*

Look through my inner Tobias window?? Now there's an interesting concept! It's hard to imagine that everything and everyone exists within my energy, as Adamus has said many times. But having an inner "window" of perception through which I *interact* with others actually makes perfect sense. I see it like inner Zoom calls where I'm relating to everyone through individual viewscreens.

With Heaven's Cross we talk about the veil dissolving. But instead of a barrier falling away between the different parts of me, maybe it's more accurate to imagine that they are all getting *connected*. Every part of me is on wireless now, instantly linked and available via my own inner WiFi (you know, *my* **W**isdom **F**inder) network.



I didn't expect to say this, but I am quite certain that Tobias is more available than ever, thanks to his own evolution and now the inner connectedness we each have thanks to Heaven's Cross. He might give a few messages through his old buddy Cauldre (I haven't discussed any of this with Geoff), but I feel that he's eager to connect with ALL his old buddies – you! – via your own inner "Tobias window." You don't need a go-between anymore, and he – and Kuthumi and Adamus and Sart and FM and all our other friends – are more than willing to commune through this new inner WiFi network.

Wait... network? Didn't I did say it was like an orchestra? Maybe it's a combination, a networked ensemble like "Playing for Change" where musicians connect all over the world to create beautiful performances (like this one). At any rate, I am excited to explore the potentials. Who might I be able to play with through those inner windows? What might I be able to create with immediate access to all my instruments and melodies? The possibilities are endless!

Now... what about that feather? Where did it come from and why the heck was it gagging me on a regular basis?

Oof. It's not easy being an angel in a human disguise. Time to quit choking on my own wings and let them unfurl.

AUTHOR



Jean Tinder

As Crimson Circle's Content Manager, Jean is fulfilling her life-long dream to shine her light in the world. On a spiritual journey since childhood, she found Crimson Circle in 2002, joined the staff in 2008 and never looked back. Her first book is called "Stories from My Last Lifetime".

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We would like to acknowledge the Crimson Circle Angels for your unfailing energetic and financial support. Without you, we would not be able to make this extensive library of material available to conscious and aware humans around the world. Your support means everything!



ON BEING A CRIMSON CIRCLE ANGEL

By an Anonymous Angel

Geoff, Linda, and Adamus Saint-Germain always amply thank and show appreciation to the Crimson Circle Angels. I would like to repay their thanks by explaining why it is unnecessary.

The truest statement made by Geoff and Linda regarding the dedication of the Angels is that they ask for absolutely nothing in return. It is true we are very grateful to have first chance at workshop registration (!), but the level of consciousness of a CC Angel goes far beyond any human recognition or rewards. I did not fully understand it until Adamus began to share about the role of the Realm Workers in preparation for Heaven's Cross (the Apocalypse).

Just as many of us knew this lifetime would be totally unique (the word "unprecedented" being over-used) for our own Realization and mastery, many of us also realized with great joy and excitement that our highest level of service to each other could be fully realized at this time. Being in service to Shaumbra, the Ascended Masters, and the Crimson Council is the greatest joy my imagination could possibly conceive of. This level of joy comes straight from my I AM consciousness – from my mastery which exists before I even understood I had a mastery. It is my most favorite facet of my beingness.

Far from needing thanks and reward for being a CC Angel, I continually express my joy that this role is available for me to fulfill! Thank YOU, Crimson Circle family, with all my heart!

Our dear CC Angels provide tremendous support in many forms, including financial, energetic, emotional, and more. As a token of our gratitude, Crimson Circle offers perks such as event pre-announcements, product discounts, and a twice-yearly webcast with Adamus Saint-Germain, one of the few times he welcomes listener questions. (New Angel subscribers receive access to all previous Angel channels.)

The next Angels webcast will be June 20, 2023, at 11:00 AM (Denver time).

MORE INFORMATION ON THE ANGELS PROGRAM

A special welcome to our newest Angels!

Diana Lanna

Teresa McCormack

In grateful appreciation to the Crimson Circle Angels from around the world!

Click here to see the benefits of being a Crimson Circle Angel

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NEW TRANSLATIONS



Crimson Circle material is translated in up to 22 languages, thanks to a very dedicated worldwide team of translators!

Every month this page will show the newest translations. Click the button below to see them all.

VIEW THE COMPLETE LIST OF AVAILABLE TRANSLATIONS

Cloud Class	The Master's Life, Part 14 – Soul Encounters	BG, BR, CZ, DE, ES, FR, GR, IT, NO, PL, PT, RO, RU, SL, SV
Intensive	The Realm Workers: Call to Return	DE, FR, IT, JP, PT, RO
Master's Pause	I Am Potentials	BR, CZ, DE, FR, HU, IT, JP, NL, PL, PT, RO, RU
Merabh	Heaven's Cross Merabh	BR, CZ, DE, ES, FR, HU, JP, PL, PT, RO, RU, UK, ZH

LEGEND: BR=Português Brazil, BG=Bulgarian, CZ=Czech, DE=Deutsch, DK=Danske, ES=Español, FI=Suomi, FR=Français, GR=ελληνικά, HE=עברית, HU=Magyar, ID=Indonesian, IT=Italiano, JP=日本語, KO = Korean, LV= Latviski, NL=Nederlands, NO=Norsk, PL=Polskie, PT=Português, RO=Română, RU=русский, SL=Slovenščina, SR= Српски, SV=Svensk, TR=Türk, UK= український, ZH=Chinese

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NEW VIDEOS – JUNE 2023

Here you will find all the newest product trailers, Shoud recaps, merabhs, samples, interviews and more!

Watch interviews with Geoff, Linda and Adamus given over the last 12 years

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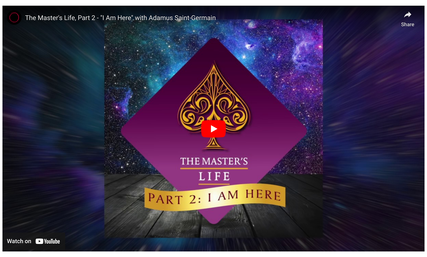
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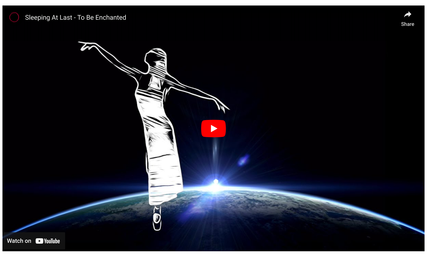
SES Testimonial / Coming June 16–18, 2023



The Threshold / Coming July 7–9, 2023



To Be Enchanted / By Sleeping at Last (from ALT 8)



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