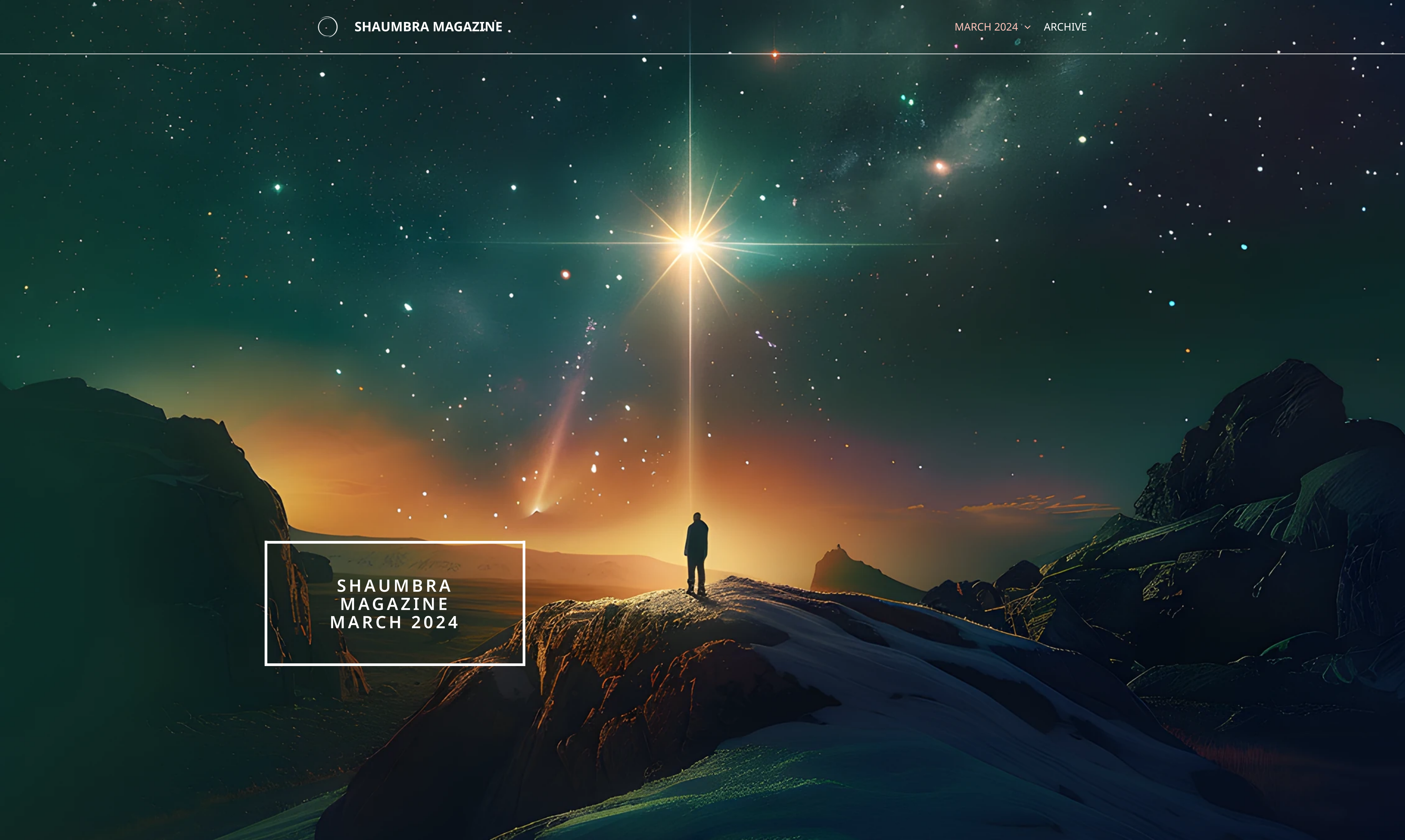


SHAUMBRA
MAGAZINE
MARCH 2024





WELCOME TO SHAUMBRA MAGAZINE

INSPIRE CONSCIOUSNESS

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Welcome to Shaumbra Magazine for March 2024!


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Thank you for shining your light!

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Crimson Circle Energy Co.
 PO Box 7394
 Golden, CO 80403 USA
 crimsoncircle.com
 Crimson Circle IP, Inc.

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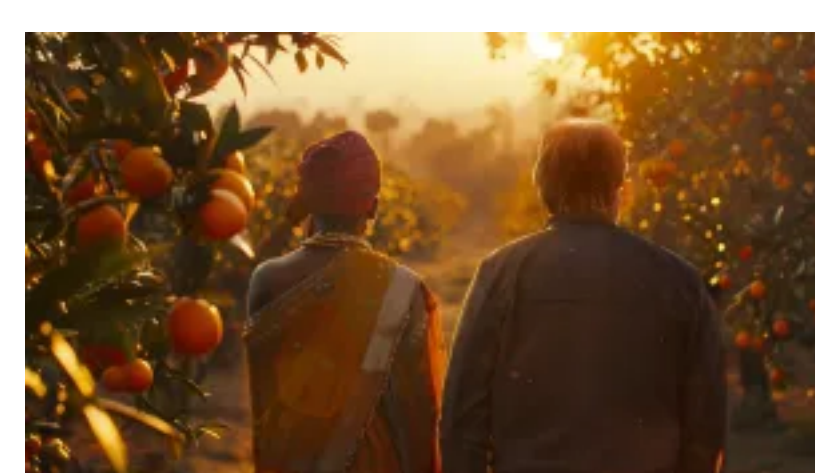
MARCH 2024



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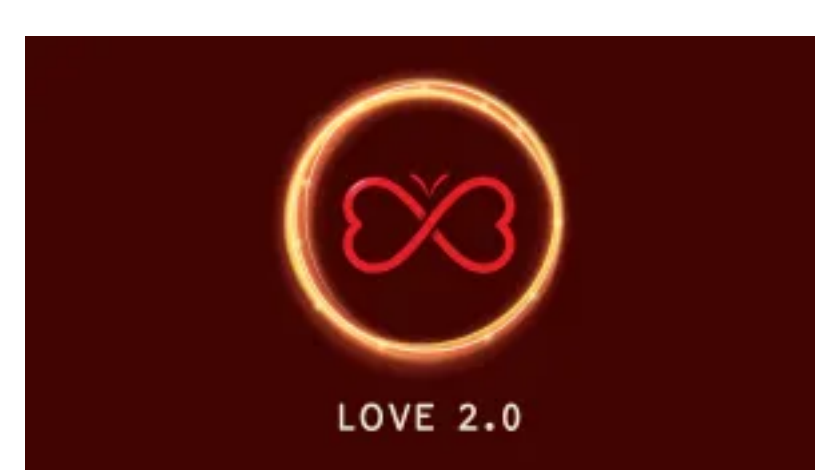
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A meeting with Kuthumi about what comes after allowing the light

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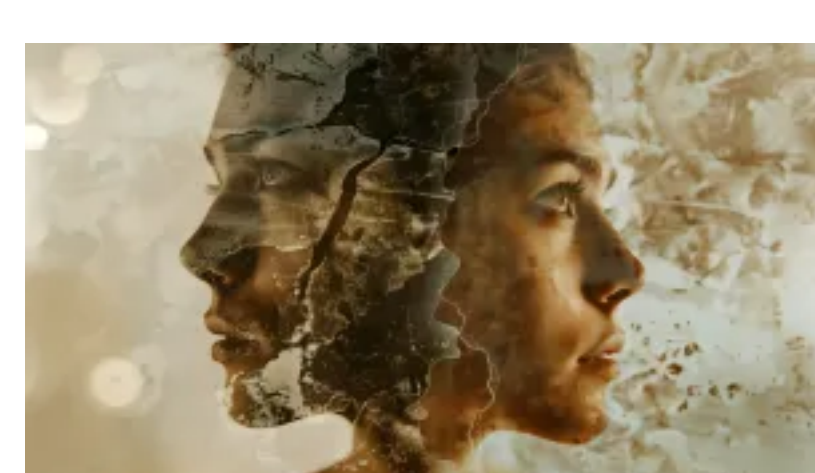
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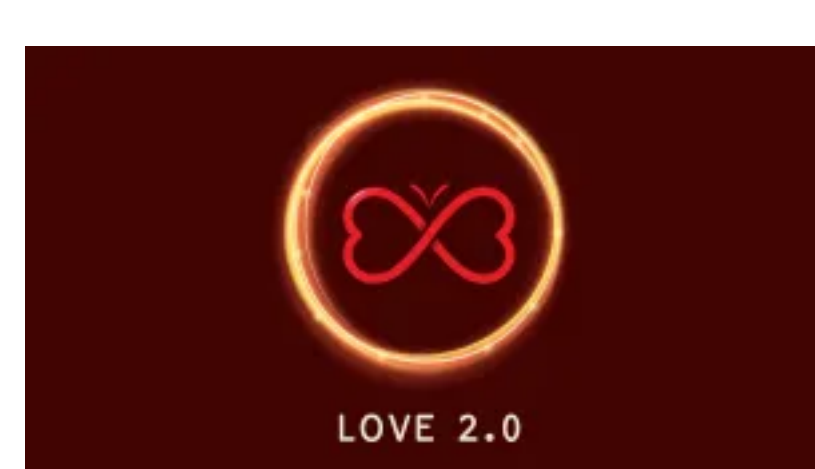
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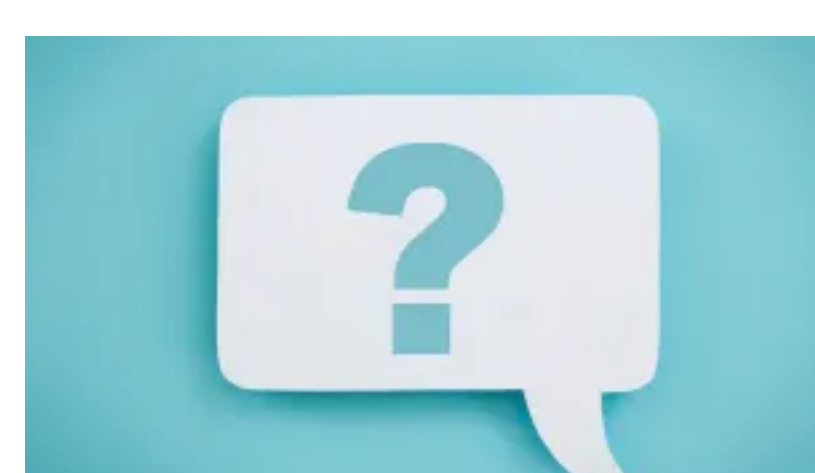
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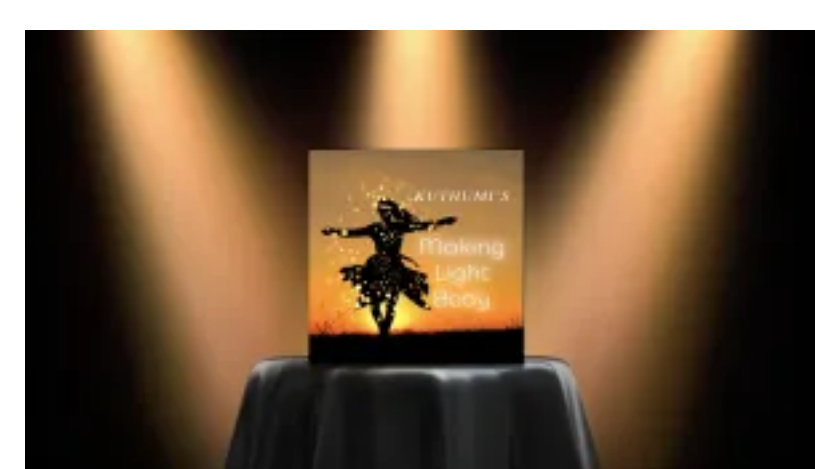
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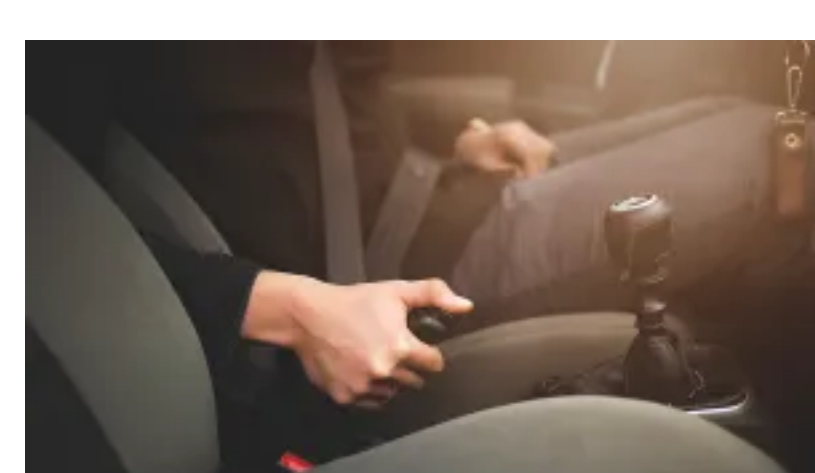
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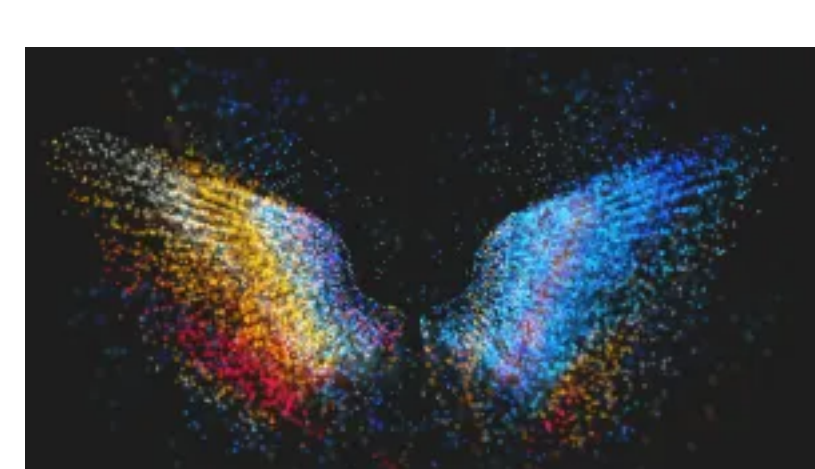
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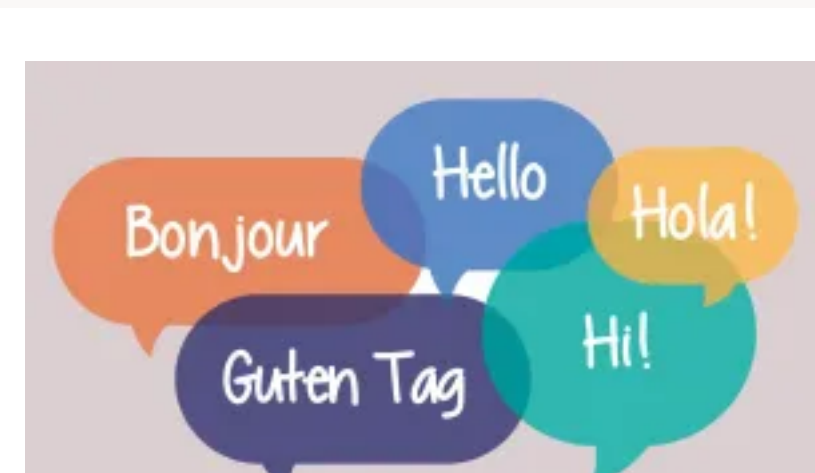
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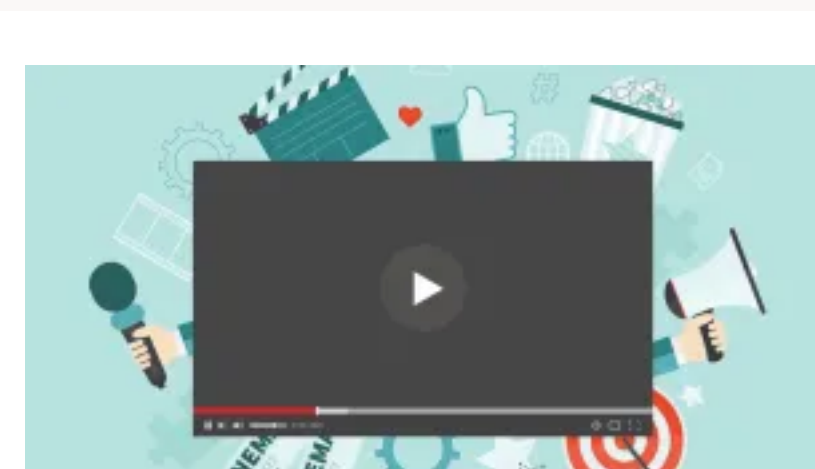
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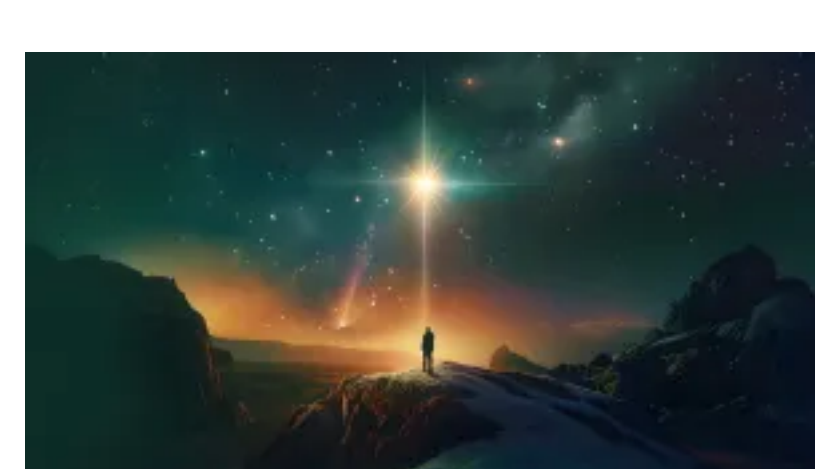
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By [Crimson Circle](#)

When light is experienced and expressed as love, it has the ability to expand gravity.
– Adamus Saint-Germain

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WWWM: PART 2

Walking with Kuthumi

By Geoffrey Hoppe

(CLICK ON PLAYER TO BEGIN LISTENING TO THE AUDIO VERSION OF THE ARTICLE)



Continued from last month...

Dr. Agon raised one eyebrow as he looked at me. "You obviously have issues with allowing. I'm going to refer you to a specialist." He scribbled a few notes on the back of his business card and handed it to me. It took a moment for my eyes to adjust, but I was finally able to read it.

Referral from Dr. Agon to:

Mahatma Koot Hoomi, aka Kuthumi

Like many Shambra, I have been going through the ups and downs of embodied Realization, the Apocalypse, the Time of the Machines and just dealing with everyday human life. January was a particularly rough month due to an overly-busy schedule and not enough time to myself. If there's ever any sage advice I'd like to pass on to the New Ones it is this: *You must take time for yourself.* Even the most seasoned Shambra know this, but few actually do it.

I smelled something warm and spicy in the air, and immediately knew Kuthumi was close by. Apparently he had already talked to Dr. Agon. I "feel" Adamus when he comes in, but I actually smell Kuthumi when he is present. The aroma is a combination of sweet fruit and exotic spices. He smells like a holiday tea, with hints of cinnamon, pumpkin spice, honey and oranges.

"Namaste! Naaa-maa-stay! It is me, Kuthumi Lal Singh." Chills ran up and down my body at the sound of his voice within my being. It immediately brought reminders of the times I've channeled Kuthumi in front of large groups in the past. The energy in the room, and in me, immediately shifts when Kuthumi makes his entry. Everything lightens up – the audience, the room, the air itself. Everyone knows that for the next hour they can leave their troubles aside and take a journey with one of the greatest Ascended Masters of all times. I wasn't really ready to have a one-on-one with Kuthumi because I had too much work to do after just arriving in Kona, but I knew he had gone out of his way to track me down so I drew a deep breath and gladly welcomed him in.

"Cauldre," he addressed me by the name the other entities call me, "let's go for a walk." Oh, how Kuthumi loves to walk! Most of his channeled messages to Shambra involve a walking story. I often wonder if we'll ever tire of walking with Kuthumi, but every story he shares is rich in humor and wisdom. I knew he meant it literally, so I put on my shoes and began strolling around the property at Villa Ahmyo here in Hawaii, Kuthumi at my side and Belle, my dog of many lifetimes, sniffing the path in front of us.

Kuthumi and I walked in silence for a while. I knew it was up to him to initiate the conversation, and he knew I needed a few moments to feel back into my recent angst. "Rough times?" he finally asked. "It's not a big deal... I can handle it. It was just one bad patch," I replied in total denial of reality. I don't want any of the entities to think I can't handle my role here in this lifetime. As that Big Fat Lie came out of my mouth, tears started to roll down my cheeks. "Must be the volcanic ash in the air?" said Kuthumi with a compassionate smile. After a long pause I replied, "Kuthumi, I just want to do it right, but I don't even know what 'right' is any more. All I can seem to think is 'what's wrong with me?'"

WWWM. It's the nemesis of Shambra, "What's Wrong with Me?" It's right up there with "Who Am I?" in terms of questions to never ask yourself. "I Am That I Am, therefore everything is in divine order" should be the only thought in our minds.

As we continued to walk around the property, I started to feel like a young boy. It's been ages since I felt this way, and once again I wondered what was wrong with me. Why would I suddenly feel like a youngster? Maybe it was the energetic contrast of Kuthumi's mastery glow to my little human self? Somehow Kuthumi knew what was happening and chimed in. "Is it a pleasant feeling, Cauldre, feeling like a young boy again?" I stopped walking in order to really feel into it. I felt younger of course, which also felt fresher and with less physical and mental crustiness, but there was something I didn't like. "Close your eyes for a moment," invited Kuthumi. "What are you feeling?" I stood there for a long time with my eyes closed, trying to grasp a feeling that was familiar but yet mostly hidden.

All I could feel was my present-day conundrum, "What wrong with me?" WWWM must be the father of Self Doubt. Talk about coming from a dysfunctional family! It was then that I realized that just like my mature human self in the now, I had the same feelings of WWWM as a young boy. It had followed me through my life like a dark cloud.

"It's an energy virus," said Kuthumi with a frown on his face. "WWWM – or as I call it 'Wham-Me' – is related to the sexual energy virus. It's a sneaky little bastard because it leads you to believe you're asking the question in earnest to try to find an answer, but there is no answer. Only more Wham-Mes. It's been with you since childhood, and even flowing in from past lives as well."

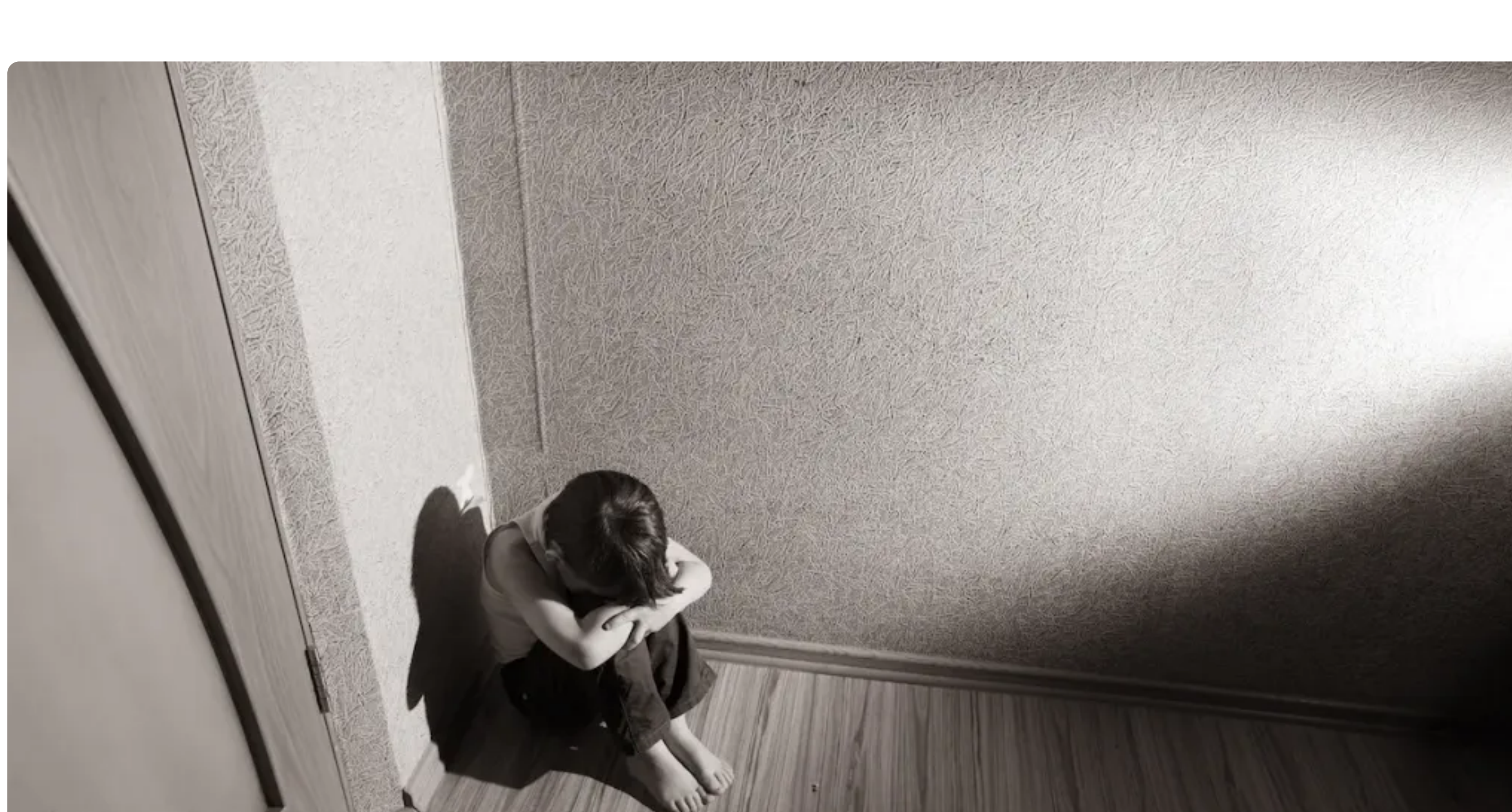
I felt nauseous. Now I have one more thing to deal with, a demon from the past that I wasn't even aware of by name. When will it ever stop? What's Wrong With Me? Arrrgghhh!



"Oh, you're not the only one with the Wham-Me virus, Cauldre. It's as common with Shambra as fleas on a junkyard dog. In my last lifetime I was Whammed on a daily basis until my breakdown, and even in my embodied Realization it came back from time to time in an attempt to lure me into its filthy bowels." His words didn't help my nausea.

Kuthumi continued, "One of the symptoms of Wham-Me is that many people – like you – try to compensate for it by working hard, achieving a lot, and basically wearing themselves out. You fight it by trying to prove yourself as a child, a teen and an adult. The thinking is that with success, you can prove to yourself that there's nothing wrong with you, but that only causes Wham-Me to demand more proof. In many cases, you end up with more doubts than ever, then you try even harder to prove yourself. It's a vicious cycle.

"Another symptom is taking on problems that really aren't yours, as a strange way of proving nothing is wrong with you because you can handle more than others," Kuthumi added. "Shambra have a habit of doing this, at the expense of their own bodies and minds. They blame themselves for, well, just about everything, and then wonder what's wrong with them."



As we continued our walk around the property I recalled my early family years. My father was an alcoholic, so family life was highly dysfunctional. I had six sisters and brothers. I always wondered what I was doing wrong to cause my father to drink, my siblings to fight, and my mother to lose hope. I went out of my way to be the "good boy," to try to be the family hero, and achieve success at every opportunity. I figured that if my life was straight, it would straighten out the entire world.

"And how did that work for you?" asked Kuthumi as he read my mind. "Not so well, Kuthumi. I felt like a failure because I couldn't even save myself. At age 17, I joined the Army and said farewell to my old life."

"And..." probed Kuthumi.

"Over the years I kept on trying to prove myself, but the WWWM demon kept coming at me even with my credible list of successes. As a matter of fact, it never acknowledged the successes but only focused on the failures."

Kuthumi picked an orange off one of the trees, holding it to his nose to smell the fresh fragrance. "No matter how many degrees a person earns, or how much money they make, or how well they manage their family life, or how many charitable deeds they do, the What's Wrong With Me demon can never be satisfied with achievements and status. You can spend your entire life climbing the highest mountains and still get Wham-Me'd.

"And here's the tough part," Kuthumi said in a low voice. "It shows up even stronger in your spiritual life than your everyday life. Am I really enlightened? Why can't I heal myself, and others? Why don't I have total clarity? Why do I feel unfulfilled? Why do I feel lonely? Your spiritual garden is fertile ground for the weeds of WWWM. As much as you tend to your spiritual garden, the Wham-Me weeds seem to grow faster than the flowers and trees.

"Dr. Agon told me you've been doing a lot of Allowing," Kuthumi noted as he finally ate the orange. By this time, we were sitting on a bench next to the Shambra Pavilion. "You've brought a lot of new light into yourself, and had human expectations of the changes that should take place. In spite of the light, you got into the What's Wrong With Me because your body and mind felt off. What did you think was going to happen?"

I almost blurted out the words "I don't know" but I knew better. If you ever want to irritate Adamus or other Ascended Masters just say "I don't know." Instead I answered, "I expected things to get easier after Heaven's Cross. I allowed more light, and in doing so I expected everything to ease up. I expected the light to soothe my body and mind, yet I find myself with more aches and pains than ever, and less clarity."

What I didn't say is that I had a grudge with Adamus. I put myself on the line with Heaven's Cross. It sounded grandiose at the time, but I didn't hold back or filter any of the information being channeled through me. I let it come out of my mouth for all Shambra to hear. And here we are, nearly one year later. Has it really gotten any better for Shambra, or the world?

With Kuthumi's gentle assistance, I was finally able to come down to the core issues. My WWWM demon was really about the aftermath of Heaven's Cross. I wanted every Shambra to have joy-filled days, and notable positive changes in the world. Yet what I saw was one of the hardest years for Shambra, and a world filled with hopelessness.

"It was the beginning of the Apocalypse, Cauldre. Quite simply, it was the beginning of a new era on the planet. It is the time of uncovering the great truths and metaphysics, the time of revealing the great mysteries. This also means a time of upheaval, changes and recalibrations. Nobody said it was going to be easier after March 22, 2023. As a matter of fact, for the world in general, it is a trying time."

I spit on the ground in response to Kuthumi's words. This was not what I wanted to hear. I was led to believe that the heavens would open up, and it would be much easier to bring our light and divinity into this earthly realm. In other words, more light = more clarity, and ultimately an easier life, at least for Shambra and awakened humans across the planet.

"Cauldre, feel into your internal light," beckoned Kuthumi. "Do you possess more light than one year ago? It's either yes or no." I thought about it for a long time, weighing the good and bad. I finally let out a deep sigh and said, "I definitely hold more light than a year ago. But Kuthumi, while I know it's there, little if any of it has been externalized. It's like a brilliant light bulb trapped in a closet. I'm dealing with a light that is, without a doubt, inside me but it hasn't manifested into my external life. In fact, the light is causing a lot of stress and discomfort in my body and mind. Not a day goes by when I don't wonder What's Wrong With Me."

At this point a fresh wave of tears rolled down my cheeks. Belle came and laid at my feet. The air around me went very still. I could feel my internal light shining in all of its glory. Even WWWM couldn't take that away from me. I had Allowed it from the deepest and most genuine part of myself, and it was there. But now what?

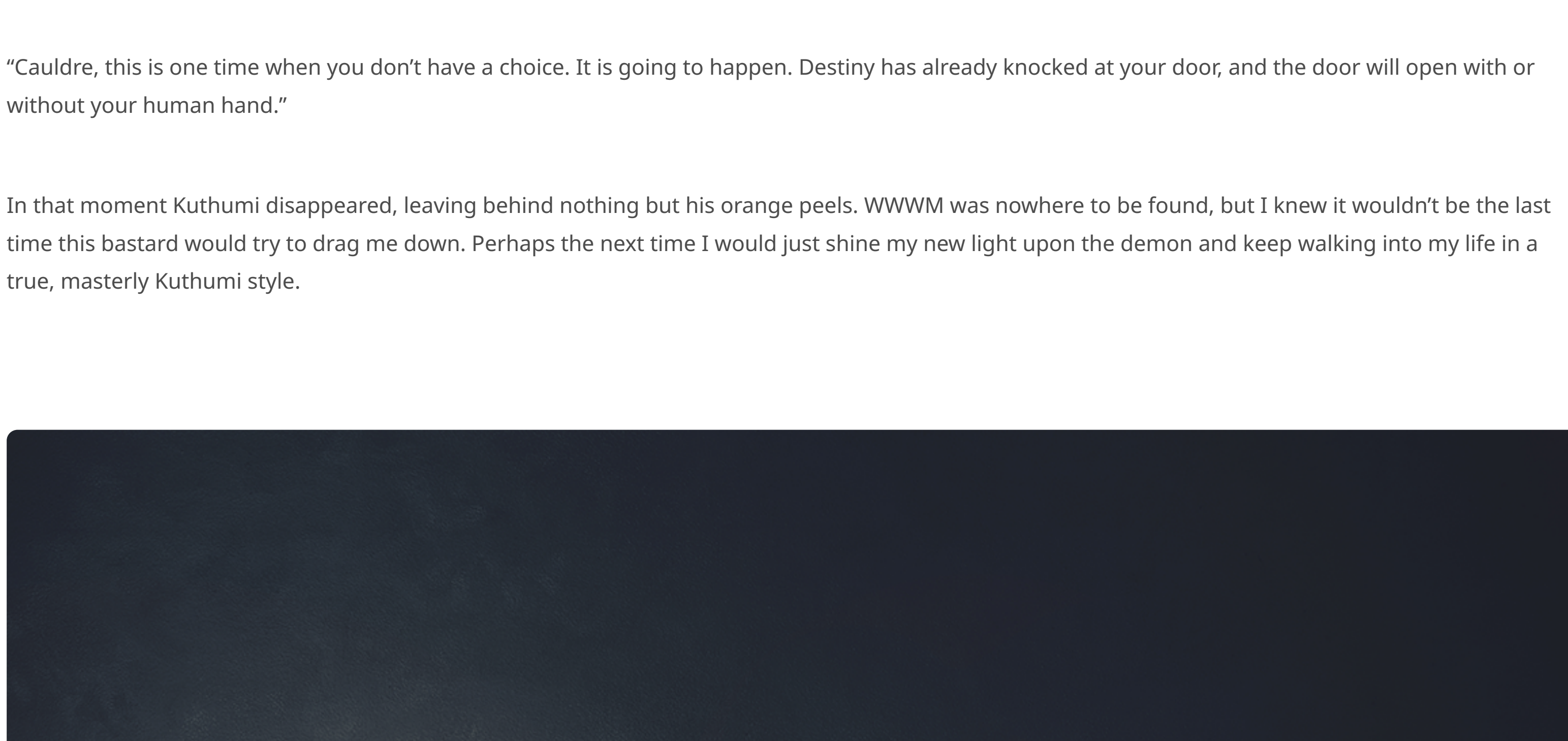
"The fact that you are aware of this new light is the first step," said Kuthumi. It is different than the limited old light you've been accustomed to. The old light you've been using for all of your lifetimes is like an incandescent lightbulb compared to a new LED bulb. LED is much more efficient and shines brighter with a lot less energy. Using this comparison, you're changing all of your internal bulbs from incandescent to LED, and at the same time upgrading all of your wiring. You just assumed before that you'd have more incandescent bulbs but never stopped to consider you'd be getting a new 'technology'. And when things didn't happen the way you thought they were going to happen, you assumed there was something wrong with you.

"And one more thing before I leave you to be. Part of you is resisting this new light because it's an 'unknown.' Your old Self is holding back because it is intimidated by the magnitude and magic of your new light. Part of you wonders if you're ready to unleash it into your human life, so you have been keeping it in the closet. Are you ready to let it out, for not only yourself but for everyone around you to behold?"

I thought about everything Kuthumi had said. He was absolutely right. I was OK with more of the old light, but uncertain about what would happen if I let the new light out. I had been keeping it hidden within.

"Cauldre, this is one time when you don't have a choice. It is going to happen. Destiny has already knocked at your door, and the door will open with or without your human hand."

In that moment Kuthumi disappeared, leaving behind nothing but his orange peels. WWWM was nowhere to be found, but I knew it wouldn't be the last time this bastard would try to drag me down. Perhaps the next time I would just shine my new light upon the demon and keep walking into my life in a true, mastery Kuthumi style.



We are the new light of the world. Those who follow us shall not walk in darkness, but have the new light of life.

AUTHOR



GEOFFREY HOPPE

Geoffrey Hoppe founded the Crimson Circle in 1999 after a series of conversations with the Being known as Tobias. He left the corporate world in 2001 to devote his full time to the Crimson Circle, along with his wife Linda. Geoff channeled Tobias until 2009 when Tobias returned to earth in a new incarnation known as Sam. Tobias handed off his guidance role with the Crimson Circle to Adamus Saint-Germain, a facet of the Beloved St. Germain who has been working with humans for hundreds of years. Geoff has been the messenger of Adamus Saint-Germain ever since.

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NEW!



LOVE 2.0

THE EVOLUTION OF LOVE

EVERYBODY LOVES LOVE, EVEN ADAMUS!

After avoiding the topic for years, he's finally talking about it because "You finally have the maturity to allow this sacred energy."

Adamus says that love itself is the answer to our original questions of "Who am I?" and "How do consciousness and energy work together?" In fact, he says that love is what will ultimately bring consciousness and energy together. Not only is love precious and sacred, but the future of the planet literally depends on it.

He defines love as "awareness and acceptance" and says that while love has included a lot of pain in the past, its ultimate purpose is to bring the love of Self. He also states that love can alter the very fabric of reality by affecting gravity, time, and space.

Adamus says that Love 2.0 expands and updates "classic love," enriching your current relationships, stimulating your creativity, and opening deep joy and soulfulness within.

Whether you're looking for love, in a joyful relationship, or happy alone, you won't want to miss this beautiful experience.

HIGHLIGHTS

- Love is vital to the planet's evolution
- Love changes how light becomes reality
- It can expand gravity and alter time & space
- Self-love is the Christ Seed planted with Yeshua
- Now is the time for this precious harvest
- What is love? Awareness and acceptance

IMPORTANT NOTE: Those who purchase this Cloud Class **before April 30, 2024**, may send in a question for an upcoming Q&A session with Adamus, plus receive extended access. More details can be found on the Cloud Class Welcome page after purchase.

Length: 6 sessions, including 2 merabhs and a soon-to-be-recorded Q&A session

Format: Streaming video, audio, and online text e-reader

Cost: \$150 (through June 1, 2024, \$195 thereafter)

Access: 90-days access to video & text e-reader (120 days for CC Angels)

Featuring: Adamus, Geoffrey & Linda Hoppe

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For the past 13 years, the Keahak program has been the leading edge of Adamus' new physics, metaphysics, and beyond. These advanced sessions, delivered two times per month by Adamus in the House of Keahak, dive deeper than any other Crimson Circle materials into the nature of reality and the metaphysics of Creation.

Keahak XIV will focus on bringing higher levels of consciousness into your life, staying in communication with your Soul, gently integrating your Free Energy Body (Light Body), and living as an embodied Master at a time when the planet needs it the most.

KEAHAK®: SPIRIT IN EXPERIENCE AND ENERGY IN MOTION

A one-year advanced program with Adamus Saint-Germain

JULY 1, 2024 – JUNE 30, 2025

ALL NEW, OPEN TO ALL SHAUMBRA!

This intense one-year program with Adamus of St. Germain includes:

- Two channeled audio sessions per month
- Access to the House of Keahak XIV in the Online Connection Center
- The monthly *Living in Keahak* show with Dr. Doug and Linda Hoppe (English only)
- Connecting with an amazing group of fellow travelers on the path of embodied Realization
- An online celebration at the end of the Keahak XIV year

The Keahak program expands year after year. In other words, it is never the same. Many Keahakers take part in the program every year because it's always Adamus' most current information that continually offers the potential for deep life changes.

In addition to the bi-monthly sessions with Adamus, Dr. Douglas Davies (aka Dr. Doug) and Linda Hoppe host a monthly online program called *Living in Keahak* to discuss and review the more recent Keahak channels. Dr. Doug has an extraordinary intuitive ability, that, when combined with his vibrant sense of humor, provides a deep and practical level of understanding of the Keahak sessions.

NOTE: There are *no written transcripts*. It is therefore necessary that you have a good understanding of spoken English if translations are not available in your own language.

TRANSLATIONS: Keahak XIV will be offered in English with audio translation of the Adamus channels in French, German, Italian, Japanese, Korean, Polish, Portuguese, Romanian, Russian and Spanish.

Keahak XIV will open for registration on Monday, April 1, 2024 in the [Crimson Circle store](#).

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UPCOMING EVENTS

ONLINE EVENTS 2024

**THE MASTER CODE
ONLINE • MARCH 16–17, 2024**

There is a path, a destiny that brought you through lifetime after life-time, called The Way, coded in Atlantis. It's finally time to release the Atlantean Code, formed in guilt and remorse. The mind will resist, then it will rejoice as the light of your soul releases the tightly fused energies. It's time for a new Code, The Way of the Master, and your greatest gift to humanity, the Ascension Code.

[MORE INFO](#)**FREE! HEAVEN'S CROSS – 1 YEAR UPDATE
ONLINE • MARCH 22, 2024**

On the first anniversary of Heaven's Cross, Adamus Saint-Germain will talk about the implications and consequences of the light that has come in since the Apocalypse began. This historic time will be long-remembered – and you are a very important part of it! Tune in to this free webcast and connect with radiant Shaumbra around the world!

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This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self. Hosted live by Geoffrey and Linda, includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

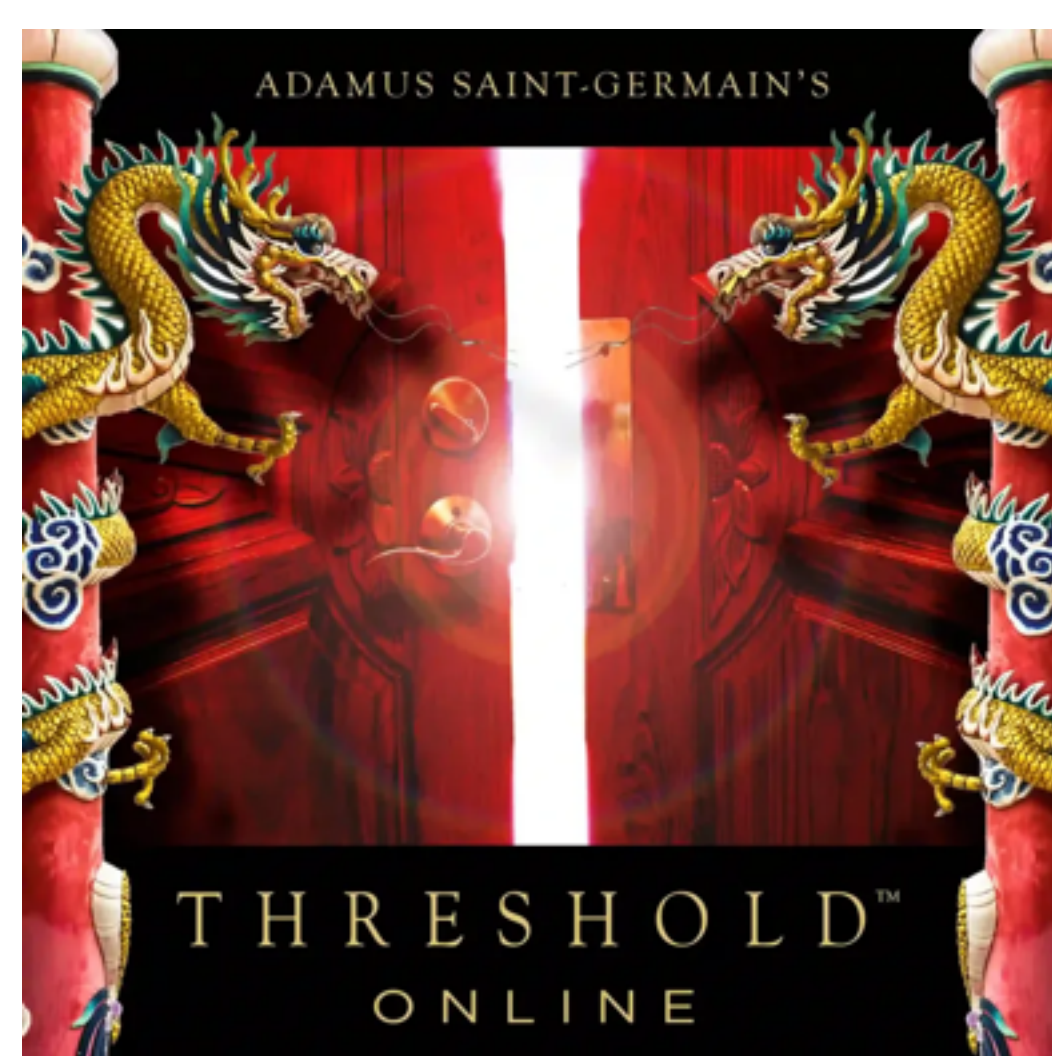
[MORE INFO](#)**KASAMA™
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If you've ever wondered about the nature of your soul – what it is, where it is, and how to allow it into every moment of your life – this Cloud Class will bring you to a new level of awareness. Adamus answers some of the biggest questions about the soul, as well as staying on the planet as an embodied Master with energy serving you in grace.

The premise is simple: You are in the midst of a beautiful and natural process of reuniting with your soul, but oftentimes it seems challenging or elusive because of the human perspective and conditioning.

Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS! This Cloud Class Is Only Offered Once A Year!

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ONLINE • AUGUST 9–11, 2024**

The journey of an angel from their first arrival on Earth until their final emergence as a realized Master is very long and winding, filled with experiences, joys, and heartaches.

Getting lost on Earth and forgetting oneself is the "fall from grace" for which humans eternally seek redemption, having accumulated layer upon layer of guilt and shame along the way. And yet, these things simply cannot be carried into Realization, so the dragon comes in to dig up and release every shred of guilt and shame still borne by the human.

Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

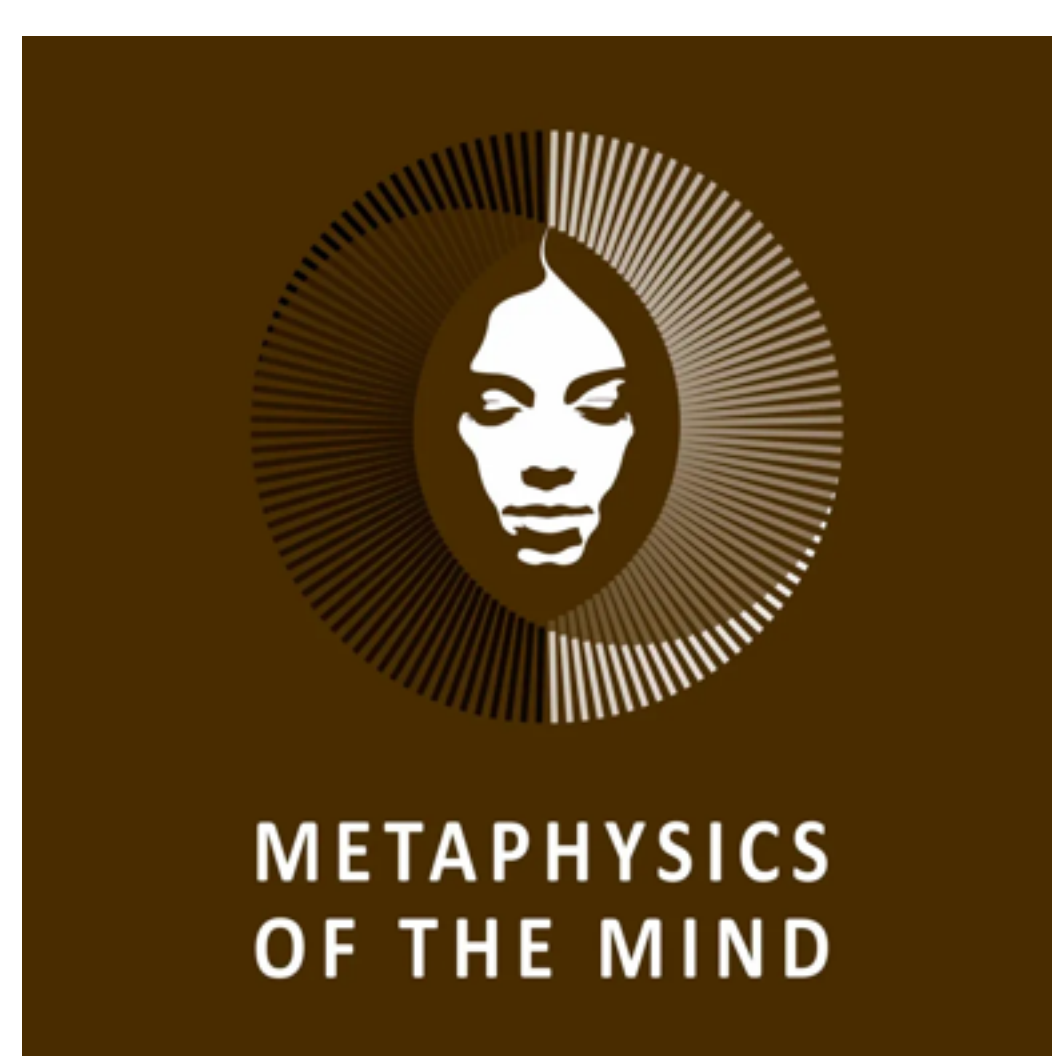
OPENS FOR REGISTRATION March 2, 2024 – This Cloud Class is only offered once a year!

[MORE INFO](#)

IN-PERSON EVENTS • WINTER / SPRING 2024

**EXPLORING THE NEW LIGHT
KONA, HAWAII • MARCH 10–14, 2024**

During a recent workshop Adamus Saint-Germain made first mention of "The New Light." The physics are simple: As a result of Heaven's Cross, there is a new level of divinity and consciousness with many humans around the world. The "light" from the soul's energy that provides the personal life-force in this 3D realm refracts in a different way when it lands on a highly conscious or Realized person.

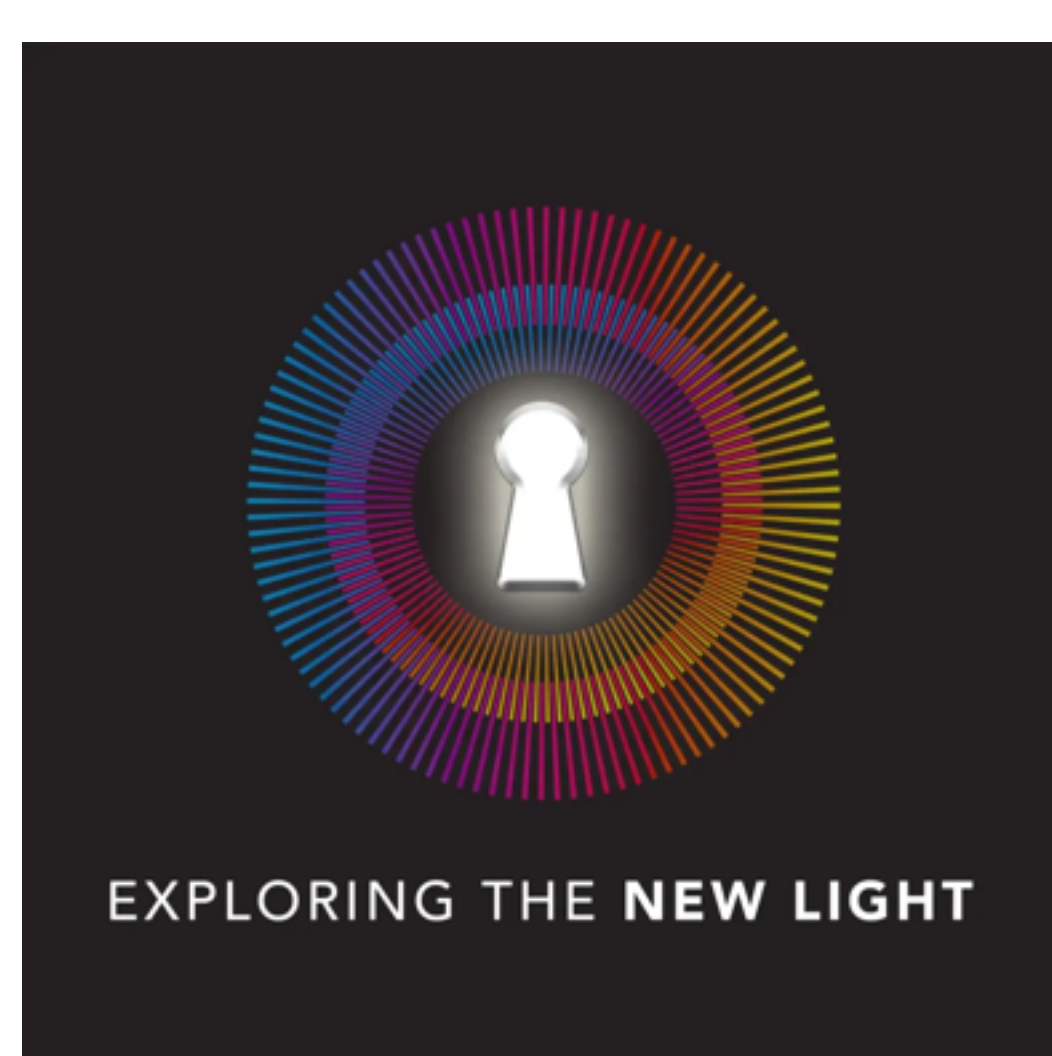
[MORE INFO](#)**NEW
METAPHYSICS OF THE MIND
KONA, HAWAII • MARCH 24–28, 2024**

"What was I thinking??"

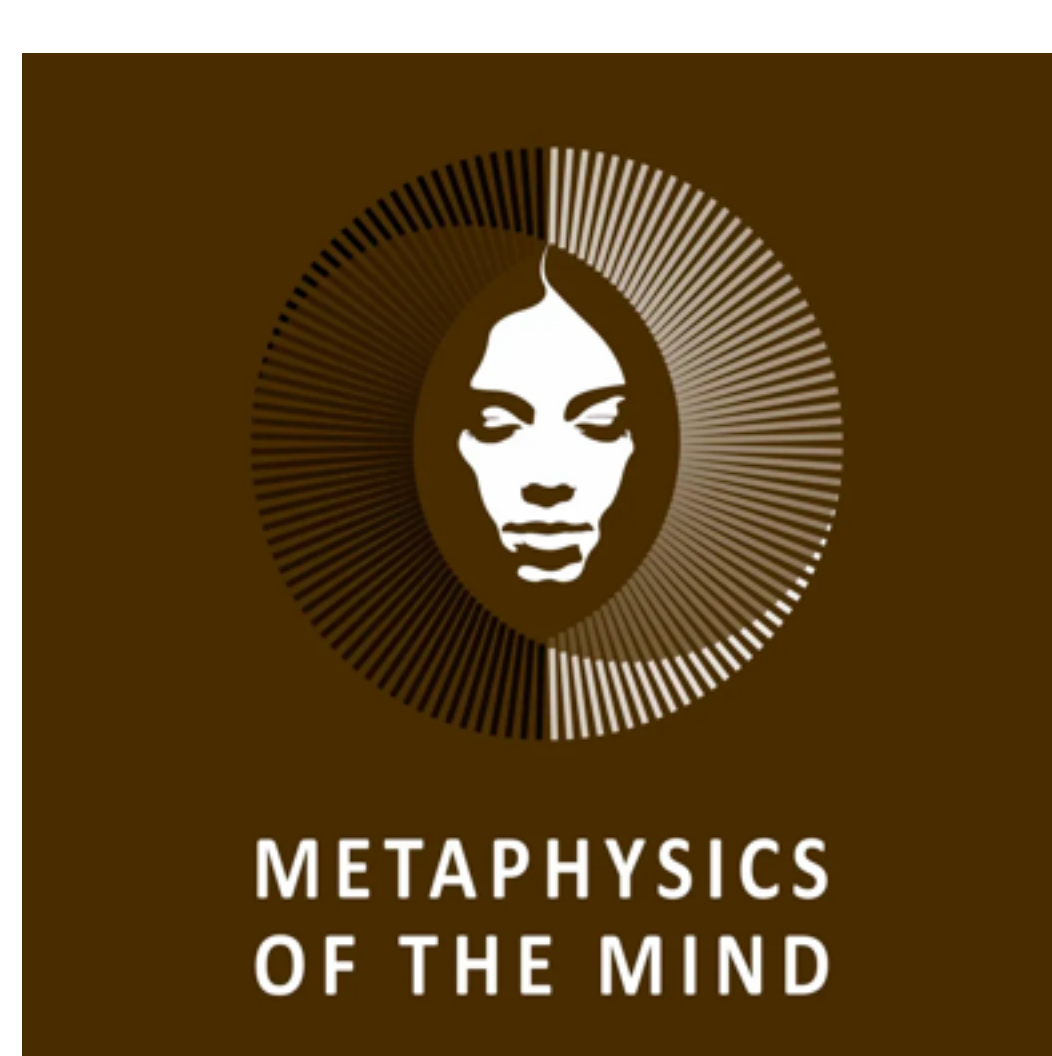
You might have asked yourself this question a few times, especially after doing something odd or unusual. It's a great question, especially when you consider what's really going on in your mind. What makes you think certain things? What is happening inside that brain of yours that makes you think the way you think, act the way you act, and feel the way you feel? In this new and groundbreaking course from Adamus Saint-Germain, we'll take a look at what's happening in the mind from the metaphysical perspective rather than the traditional psychological viewpoint.

[MORE INFO](#)**MASTERS CIRCLE
KONA, HAWAII • APRIL 14–18, 2024**

Each Masters Circle event is more of a gathering than a workshop, and will be tailored to the specific group of Shaumbra in attendance rather than a more structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus.

[MORE INFO](#)**EXPLORING THE NEW LIGHT
KONA, HAWAII • APRIL 24–28, 2024**

During a recent workshop Adamus Saint-Germain made first mention of "The New Light." The physics are simple: As a result of Heaven's Cross, there is a new level of divinity and consciousness with many humans around the world. The "light" from the soul's energy that provides the personal life-force in this 3D realm refracts in a different way when it lands on a highly conscious or Realized person.

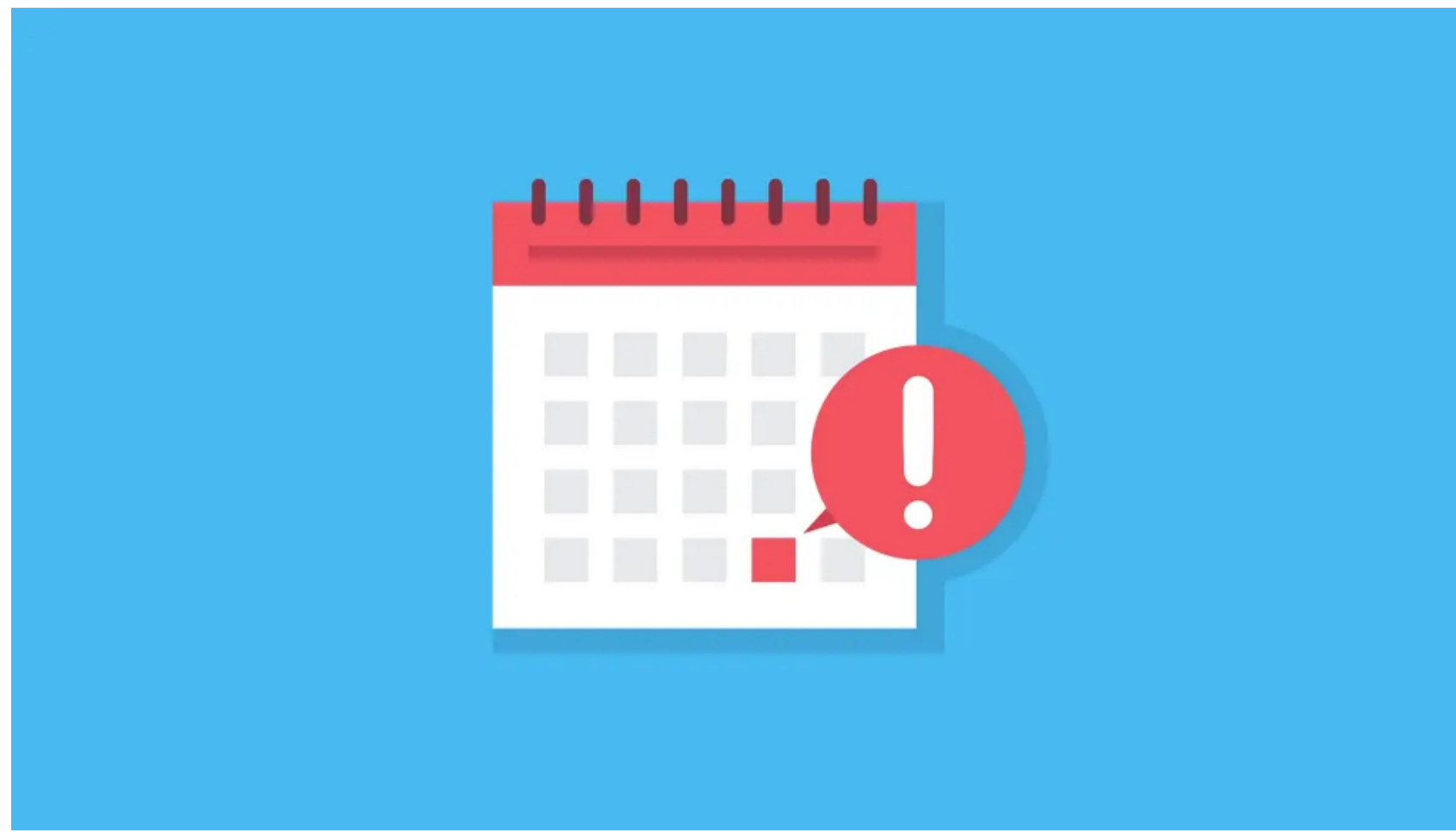
[MORE INFO](#)**NEW
METAPHYSICS OF THE MIND
KONA, HAWAII • MAY 8–12, 2024**

"What was I thinking??"

You might have asked yourself this question a few times, especially after doing something odd or unusual. It's a great question, especially when you consider what's really going on in your mind. What makes you think certain things? What is happening inside that brain of yours that makes you think the way you think, act the way you act, and feel the way you feel? In this new and groundbreaking course from Adamus Saint-Germain, we'll take a look at what's happening in the mind from the metaphysical perspective rather than the traditional psychological viewpoint.

[MORE INFO](#)

CALENDAR



VISIT THE CRIMSONCIRCLE STORE FOR MORE EVENT INFO

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC – Crimson Circle Connection Center, Louisville, Colorado

MARCH 2024

02	Monthly Webcast & Shoud	Online
09	Keahak XIII	Online
10-14	Exploring the New Light	Villa Ahmyo, Kona, HI
16-17	Master Code Online	Online
22	Heaven's Cross 1-Year Update	Online
23	Keahak XIII	Online
24-28	Metaphysics of the Mind	Villa Ahmyo, Kona, HI

APRIL 2023

06	Monthly Webcast & Shoud	Online
13	Keahak XIII	Online
14-18	Masters Circle	Villa Ahmyo, Kona, HI
27	Keahak XIII	Online
24-28	Exploring the New Light	Villa Ahmyo, Kona, HI

MAY 2023

04	Monthly Webcast & Shoud	Online
08-12	Metaphysics of the Mind	Villa Ahmyo, Kona, HI
11	Keahak XIII	Online
25	Keahak XIII	Online

JUNE 2024

01	Monthly Webcast & Shoud	CCCC & Online
08	Keahak XIII	Online
14-16	Sexual Energies School	Online
22	Keahak XIII Finale	Online
29	Keahak XIV Welcome	Online

JULY 2024

06	Monthly Webcast & Shoud	CCCC & Online
12-14	Kasama	Online
13	Keahak XIV	Online
27	Keahak XIV	Online

AUGUST 2024

03	Monthly Webcast & Shoud	CCCC & Online
09-11	Threshold Online	Online
10	Keahak XIV	Online
24	Keahak XIV	Online



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THE MASTER CODE ONLINE

Your Destiny, Your Fulfillment, Your Creation

MARCH 16-17, 2024

HOSTED LIVE BY GEOFFREY AND LINDA HOPPE

Early-bird price ends March 11, 2024 – Only offered once a year



“A PROFOUND, HISTORY-ALTERING, REALITY-SHIFTING EXPERIENCE.”

There is a destiny that has brought you forward lifetime after lifetime. It was The Way, the path forward that was coded in Atlantis and based on a foundation of guilt and remorse. The mind, locked into its own coding for eons, will finally rejoice as the light of your own soul releases the old, tightly fused energies of the Atlantean Code.

Now it is time for a new Code, The Way of the Master, accompanied by your greatest gift to humanity, the Ascension Code. This is why you're here.

In *The Master Code*, Adamus shares the poignant story of an important event near the end of Atlantis. Those who had worked with the headbands saw the pain and destruction they were causing and, filled with remorse, eventually created a mystical community and the Temples of Tien. The coding that was done then – filled with regret, shame, passion, and hope – created the path we have followed ever since.

It's time now for a new code, to live as a Magi in freedom, ease, grace, and abundance.



HIGHLIGHTS

- *Everything* is coded; it's like the software of reality
- Your reality can now be coded consciously
- *The Way* - the Atlantean code that brought you here
- You made it; your coded destiny has been fulfilled
- The Ascension Code – your greatest gift to humanity
- The Master Code – a profound gift to yourself

Length: 6 sessions

Cost: \$395 (through March 11, 2024, \$445 thereafter)

Format: Streaming video and online text e-reader (channels only)

Access: 90-days access to video and online text e-reader (120 days for CC Angels)

Repeat: Previous *Master Code* attendees can register at a 50% discount, once logged into your account.

Translations: Text translations available in 13 languages

MORE INFO

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SIDE BY SIDE

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By Susana Piohtee

In these eand times, as the veils thin, the apocalyptic revealing of truth, both positive and negative, is showing us many things with crystal clarity. For instance, after eons of the Scales of Equality being heavily tipped in favour of The Masculine, these scales are being rocked wildly as The Feminine steps forth to take her rightful place beside her Masculine partner. And surely a new relationship between masculine and feminine is an integral part of the expansion of consciousness; a requirement for that 'New Earth' we see as our future; as the visionary Charles Eisenstein puts it so wholeheartedly *"The more beautiful world our hearts know is possible."*

Today we see the light of expanding consciousness revealing misogyny raging throughout the planet more forcefully than ever. The old patriarchy desperately attempts to cling on to its power by challenging men's fearful aspects to defend themselves with displays of ever more aggressive behavior. My Master self is reminded of a wild cat backed into a corner, masking its fear with loud hissing and fierce displays of tooth and claw. What it really wants of course is to be accepted and loved!

So I was delighted to read Erlend Wangenstein's sensitive article *'And Isis ...About Men with Purpose'* in the [November 2022](#) edition of Shaumbra Magazine, and was prompted to share my own understanding and experience of this important topic from the perspective of a woman. The first thing that came to my mind was the memory of a visualisation I experienced, with support from a friend, some 25 years ago. I have never forgotten it. The portion described below is no more than its beginnings (it did eventually lead to a beautiful completion). This visualization took place during a period when I had become deeply and consciously engaged with exploring what it meant to be a woman ... and trying to understand what it meant to be a man.

I am in conversation with my inner Masculine; or more accurately I am dismissing my inner bloke's pleas that I allow him to walk ahead of 'me' - my inner Feminine. She is striding along a forest path, head held high, clasping a long staff in her right hand.

The shadowy masculine form walking some distance behind her pleads, "Please ... you don't know where you're going; it's my role to lead - and to protect you!"

She scoffs: "Yeah right. Protect me by putting me in chains like you used to before I got wise to you; telling me I'm incapable of doing and being all sorts of things; preventing me from doing anything without your permission, and when I object, abusing me in as many ways as you can think of; telling me it's all for my own good because you are a superior being and always know best. And you know what? I used to believe you!"

As I sat, outwardly calm, allowing this inner experience to unfold, I began to feel a simmering rage bubbling inside me as images unfolded within my mind: women with mutilated genitals; women being killed by fathers and brothers in order to 'protect family honour'; women bruised and battered by drunken partners; women being told by 'the authorities' to 'cover up' if they wanted to avoid being raped; women being hunted down and locked up in solitary confinement by their own fathers for leaving home; women shamed and humiliated for birthing girls; unwanted female babies abandoned to die; girls being prevented from receiving an education, never mind having a profession.

Oh, I felt anger all right! As these and many more images flooded my mind, the rage verged upon hatred! And yet, strangely enough, alongside this rage was sorrow and compassion. Although by that time I had chosen to live without a man in my life, I truly enjoyed the company of awake men, and I could even empathize with their struggle to know 'how to be' in this new world in which women were reclaiming the power of the Feminine.

My own story - in a very small nutshell - goes something like this: I had married young into a very patriarchal culture. It took me eight years to finally acknowledge ("I made my bed so I should lie in it" syndrome) that life as a second-class citizen, in which a woman was expected to know her place - in bed, in the kitchen, as a mother, and as a decorative possession on her husband's arm - was not for me.

With a mixture of relief and great sadness I fled the marriage with my four-year old twin daughters and my widowed mother. The sadness was due to not wanting to deprive my daughters of contact with their father and his family; these were good, kind people who happened to live within a belief system that considered it perfectly acceptable for a man to beat his wife if necessary to 'bring her into line!' This belief system was not compatible with my own.



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During the years that followed I had several enjoyable intimate relationships with men. Nonetheless there came a point when I could no longer avoid being confronted by the fact that when in such a relationship, I adapted my behaviour in order to please my partner. I even did so with male friends! Consequently, in my early 40s (I guess as I began to allow my Master - my soul - to guide me) I made a conscious decision to continue life without seeking, or even being open to, a man to share it with me. By this time, I had realised that one of my purposes in this lifetime was to bring about balance between my inner Feminine and Masculine energies. Therefore, much of the last 40 years has involved exploring the differences in the expression of these energies, and how these very real differences can either blend into a beautifully creative harmony, or clash and cause misery all around.

Eventually returning to live in the UK after 25 years living in Spain and the Netherlands, several eye-opening experiences showed me how dependent I still felt upon male approval for my sense of self-worth - despite having lived independently as a single parent for the previous 15 or so years! It was then that I began to truly explore what it means to be a woman; both psychologically and practically; both in my own daily life and in the daily lives of other women. I devised and ran a variety of workshops under the title "What is a Woman?" and commenced four years of formal training to become a psychotherapist.

During this period, I participated in and initiated several women's groups. I also worked and socialized with men who belonged to men's groups and who were themselves 'awakening', and thoroughly enjoyed their company. I read the key books of those times (early 90s) that talked about what it meant to 'be a man', such as Robert Bly's *Iron John*, and *Fire in the Belly* by Sam Keen. And yet, on occasions, something a man said or did would trigger that inner rage that still smoldered in my own human's belly, just waiting for something to fan it into flame - "Aagh men! Who do they think they are! Such arrogance!"

As the views of feminists were slowly being adopted within western societies, giving rise to actions and government policies that aimed to bring about greater equality between men and women both in public and private life, I began to see a victim mentality emerging amongst men who no longer felt secure in their dominance. Although I could *understand* these feelings, the remnants of that rage deep within my human was still triggered when hearing them complain about all the ways in which life was treating them unfairly now that Feminism had shown them to be less indispensable than they had believed themselves to be. One very sad example of this today is the 'ince' movement.

I remember well the first time I witnessed a man cry during a workshop I was attending, and how good it felt to my human: *"Now you understand what it's like to feel undermined and have your feelings dismissed. Good!"* It was clear that most of the other women present had feelings similar to my own. For this man though, the experience was so disconcerting that he left the workshop.

As a psychotherapist and group facilitator, I attempted to collaborate with a male colleague I had trained with to devise a workshop for men and women to explore together this relationship between masculine and feminine. Ironically, no matter that we were both equally enthusiastic about the project, he and I just couldn't complete our task. Our approaches were so different: I found him unreliable, and he found me annoying! Indeed it was a perfect example of feminine and masculine clashing. We are still friends though, many years later.

During that period, I wrote and had published several articles. One entitled

Me Jane, You Tarzan - Gender and its relevance to Transforming Democracy, went into great detail about the differences between men and women, masculine and feminine, at a time when many feminists sought to deny these differences, erroneously believing that in so doing women would benefit.

As we humans move into a completely new paradigm of experience and development, each encountering the New Earth of our choice, the external interaction between men and women and the inner interaction between Divine Feminine and Masculine must surely be where a major change is needed. I do wonder if the emergence of so much questioning related to gender identity is perhaps the external manifestation of the inner work being done by awakening individuals attempting to find that inner balance between feminine and masculine.

For me personally, during those years of exploration, I did often secretly wish I could meet 'my soulmate'. I didn't understand that in reality my 'other half' was within me all the time, this understanding has not been easy to integrate, living as I do within a society in which an unattached woman is still seen as a bit of an oddity. And yes, my human can choose to have an intimate partner of whichever gender with whom to enjoy life, but there is no 'need' involved, no need to find another to complete me. No, for I am already complete.



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Nowadays I hold within my heart a scenario that encapsulates the eons-old story of the Divine Romance. Many Shaumbra are likely to be familiar with it in some form or other:

She walked behind him the obligatory five paces. Her feet shuffled, her head was bowed, her face was covered. To her Heart/Mind she did not exist.

He walked those five paces in front of her, upright, head held high. A great warrior, proud and unbending.

And then, Light entered her; from where she knew not. It filled her entire being, entering and opening her heart and mind to all that is. Amazed, she uncovered her face and unbound her head. Her eyes saw for the first time.

She, now so light and free, flew past him, exhilarating in new sensations of lightness and air. She danced and twirled, her beautiful hair flowing free in the wind, her feet not touching the ground. She breathed in deeply, absorbing the beauty of this planet called Earth. How had she never seen it before?

And then, her newly seeing eyes fell upon her man. So lonely was he!

She saw him truly for the first time and she loved him. A beautiful man, strong and proud, as straight and as stiff as the staff he carried in his hand. So easily broken.

She saw her old self - a mound of old clothing crumpled upon the ground. She wondered, and made her decision: No, she would never again bind herself in the cloth of patriarchy.

And this beloved man? Would she leave him? No, she would walk beside him, take his hand and feed him with Light and Love. He would sigh and wonder at the softness by his side.

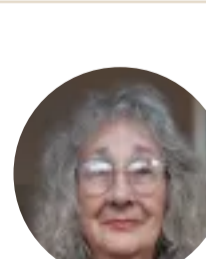
She did as she had chosen. He did as she knew he would. He cast aside the staff he carried, softened his eyes and looked around for the feeling that had engulfed him with delight. He saw her, this woman of his, as she truly was.

He stepped out of his pride and into his true nature. His body filled with the strength of Light and Love.

The woman and the man walked on together, side by side.

My Master Self observes and smiles.

AUTHOR



SUSANA PIOHTEE

Susana writes: My 80 chronological years in this lifetime have been spent 'moving' - physically, mentally, emotionally, and spiritually. After marrying very young into a patriarchal culture where any female was considered a second class citizen, I eventually escaped (literally) with my four-year old twin daughters and my elderly mother.

In my early 40s I made a conscious decision to live without a partner recognizing, that I was in the habit of suppressing much of my 'Self' in order to please the man in my life. During the following years I explored extensively - internally and externally - the meaning, energies, and experiences of the feminine and the masculine, divine and human. These explorations brought many challenges and many insights, culminating in me finally allowing my own inner feminine and masculine to walk side by side - most of the time!

My jobs have included working with horses, tourism, journalism / writing, psychotherapy, conflict resolution, and community facilitation. I now engage with very little other than enjoying my environment and a few precious friendships, and sharing my Light in my bed so naturally to me. I have had a children's book published: [Adventures with Pegasus](#)

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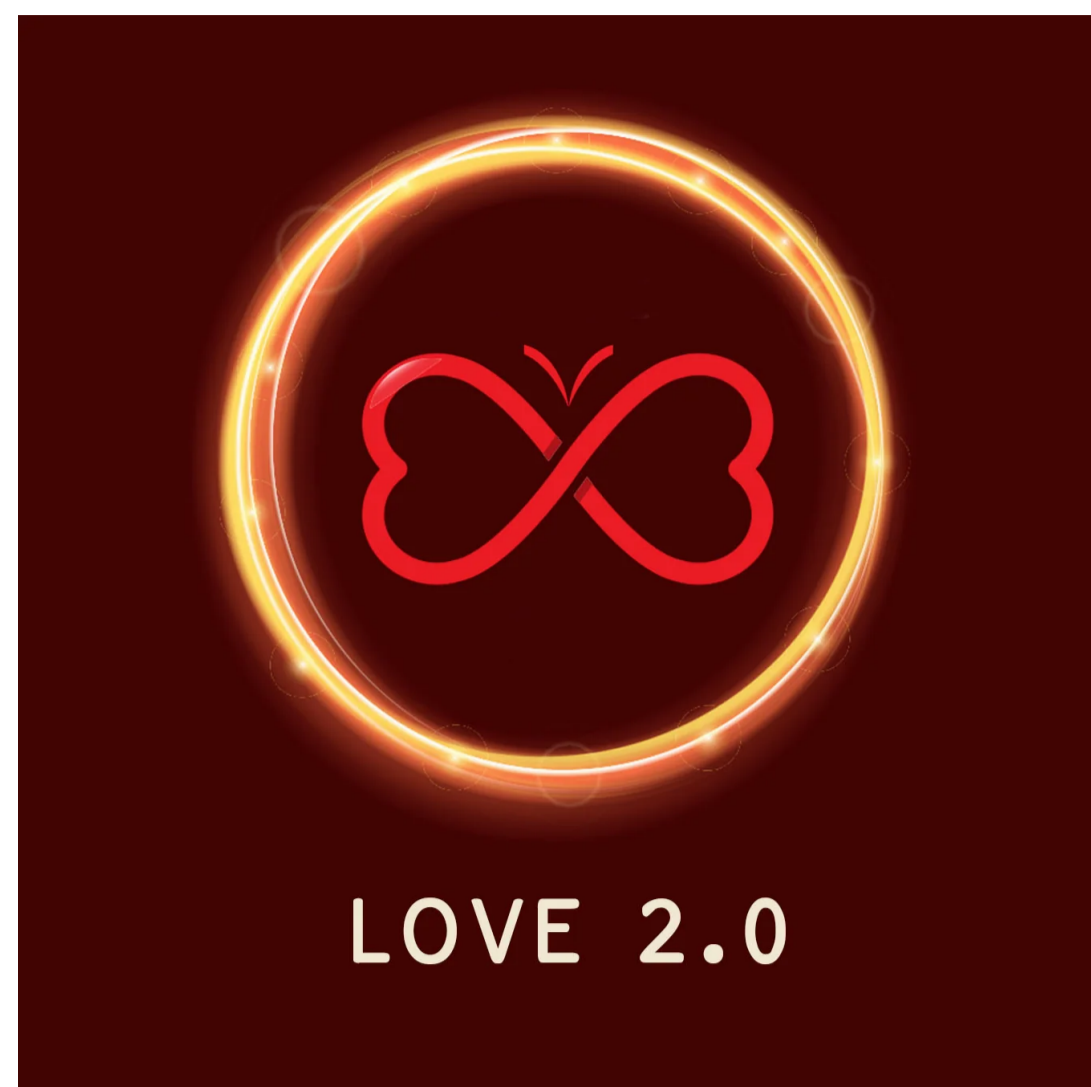
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NEWEST PRODUCTS

Here you can see the four newest releases every month!



LOVE 2.0

The Evolution of Love

Cost: \$150 (through June 1, 2024, \$195 thereafter)

Format: Streaming audio, video and online text e-reader

Access: 120 days if purchased before April 30, 2024

Everybody loves love. Not only is it precious and sacred, but now, after Heaven's Cross, Adamus says the future of the planet literally depend on it! He defines love as "awareness and acceptance." While past love has included a lot of pain, its ultimate purpose is to bring the love of Self, with or without a human partner.

Adamus describes the physics of love and how it can alter the very fabric of reality by affecting gravity, time, and space. He even says that love is what will ultimately bring consciousness and energy together. More than 2,000 years ago Yeshua taught self-love. It was literally the Christ seed, and now we are here to harvest its precious gifts. As Adamus declares, "*In Love 2.0, everything presents itself to you as love.*"

[MORE INFO](#)
[WATCH EXCERPTS](#)

PROGNOST 2024 – THE LAWS ARE NOT YOURS

Releasing the Gravity Magnets

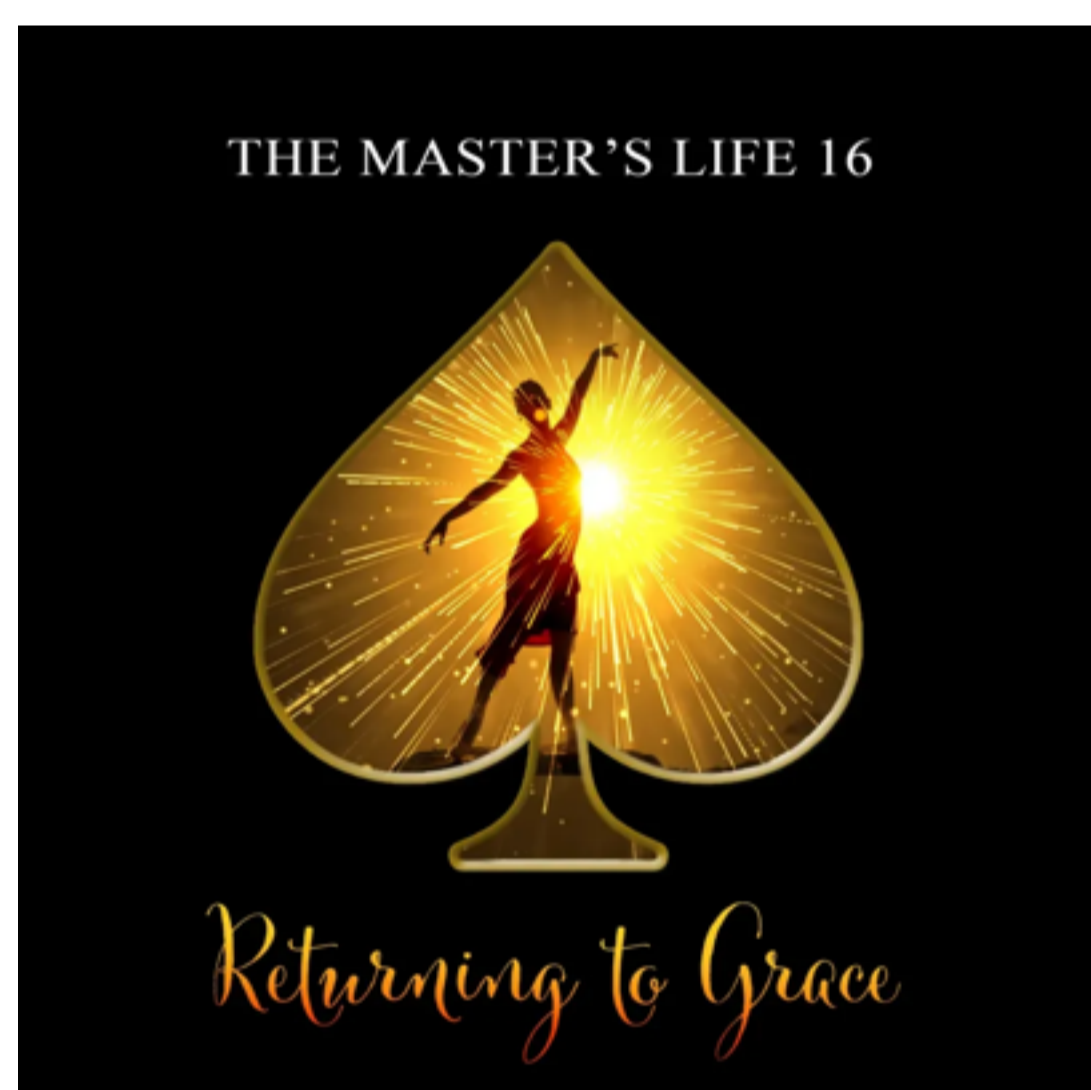
Cost: \$100

Format: Streaming video and online text e-reader

Access: 90 days (120 days for CC Angels)

This is a timely look at the ancient, evolving and gravity-ridden nature of laws, particularly as they affect personal sovereignty. New laws are written every day, adding weight, gravity, and density to the planet, and squeezing out creativity and magic. But it's time to go beyond them because, as Adamus says, "A true Master has no rules."

However, when he says, "The laws are not yours," Adamus is talking about the laws of nature, religion, community and, most importantly, the inner laws of self. Rather than fighting and resisting all these rules, we can simply let them go. This is particularly important for the ones we have internalized because *laws attract gravity*, and these inner limitations make it difficult for our light to shine. It's time for us to allow The Natural Way, and bring our light, sensuality, and freedom to ourselves and to the world.

[MORE INFO](#)
[WATCH EXCERPTS](#)


MASTER'S LIFE 16 – RETURNING TO GRACE

And Staying There

Cost: \$150 (through March 5, 2024; \$195 thereafter)

Format: Streaming audio, video and online text e-reader

Access: 90 days (120 days for CC Angels)

Grace means "to gather or bring together" and is one of the greatest ways to experience human life. It is always here, but most humans do not experience grace because of our inherent sense of guilt and shame, and the belief that we are fallen angels deserving of punishment and suffering. When we accept that there was never a fall from grace, we'll no longer have the pain, struggle, and suffering that stems from feeling unworthy. Life becomes smooth and easy, and everything begins to flow in its natural graceful way.

The lack of grace in our human experience comes from fear and a deep sense of separation, but it was simply how we experienced the expansion of consciousness from oneness into many. Accepting the truth of who you are, embracing the experiences of human life, choosing your own safe space, and letting go of compromise allows the integration of yourself in all the realms, which brings back the grace and ease into your life.

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[WATCH EXCERPTS](#)

21 SHAUMBRA REALIZATIONS – FREE!

Wisdom from the Masters

Cost: FREE

Format: Downloadable video and text

Access: Unlimited

These Realizations, distilled from nearly 25 years of inspired messages, provide a comprehensive framework for understanding your journey from awakening to enlightenment. Covering the metaphysics of life from pure consciousness to physical creation, from your beginning to your ascension, victimhood to healing, suffering to mastery, from the search for meaning to ultimate freedom, these 21 truths encompass the foundations of physical and nonphysical reality.

Over the past two decades, a tremendous amount of compassion and life-changing inspiration has been shared by Tobias, Adamus, Kuthumi and more. While it's mind-boggling to take in at a glance the vast scope of these messages, the highlights of this ageless wisdom have now been distilled into *21 Shaumbra Realizations*.

[NOW AVAILABLE!](#)
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EMBODIMENT IN EVERYDAY LIFE: ABNORMAL RESULTS AT ARCHERY

By Frieda Bakker

Since the last two Shouds – where Adamus discussed the gravity we sense and frustration we sometimes encounter because of it – I wondered and contemplated about my own whereabouts, more than I did before. I know I am embodied and realized, so far so good. This doesn't mean I have no dragon or gravity days, or no aspects. I still do and am still integrating. Looking back at myself like 5 years ago, or even a year ago, helps me realize how far I've come when feeling 'heavy' or down.

Yet, even though it's nice to FEEL the difference when thinking about it, it's even nicer to SEE the difference right in front of me. This is where my topic comes in, archery, for it shows me – in unexpected ways – how much I've changed! I wish to share this with you.

I started out back in the zeros and found out I'm a talented archer. I get it. It's a combination of logic, physics, coordination, psychological and psychical abilities. I've always been good at sports. Archery was no different.

As I became better at it, the details became more important as well. Not just of the equipment and technique, but even more so of the mind. I ended up at the Nationals (second class) at one point, as an amateur, with my simple yet decent beginner's bow. I learned there and then that, despite my sometimes stressful and nervous appearance, I'm able to perform beyond when needed. I also learned that the most expensive bow does not a winner make. And, I learned about the importance of the now moment.

PART I: THE PSYCHOLOGY DOWN – AT THE NATIONALS

Some info for clarification. Back then the contest happened in two series. Each series contained 10 rounds of 3 arrows, 30 arrows total with a maximum score of 300, 10 per arrow.

During the first series I realized I was on a roll! My Personal Record (PR) before the Nationals was 267 points out of the maximum of 300. After round #9 I realized I could shatter it, right there and then. Plus – and even more important to me – I could break the psychological threshold of 270 points! All I needed was X number of points in the last round. Considering the way things were going, that was do-able.

This is where the mind kicked in: 'If I shoot the exact same way I've done in the last nine rounds, I will not only shatter my PR, I will shoot the 270!' And that's where things went wrong. Rather than being *in the moment* doing what I needed to do, I was occupied with what I did before and what I should do next in order to get what I wanted. I went from the NOW to the PAST and FUTURE. Needless to say, I was short at 268. Still a PR, but not the oh so magical 270.

Disappointed? A little bit, yet also excited that things were going so well, at such an important tournament.

Next, series #2. Here we go! I continued to rock. It was sheer fun and there it was, round #10. Compared to the first series, I was behind one point prior to the last round of arrows. The 270 was still within reach, but only if I was able to finish stronger than before. Oh my...

CHANGING THE GAME – LETTING GO AND THUS IN THE NOW MOMENT

This is where I changed tactics. I knew what went wrong the first series. I knew I had to let go. So instead of anxiously waiting and pondering about what I did and should do in order to get what I want, I walked away from it all, just for a brief moment. Another archer did her thing, which gave me the time I needed. As I walked around the hall I looked at the art on the walls. One tile stood out. Something was written on it. It was a Chinese proverb about winning. It was something like: "Those who want to win, win silver. Those who are able to let go of the end result, will get diamonds."

I laughed. How appropriate in that moment! So, what the heck. I shot my best record already in the first series. I'm at the Nationals! And I wasn't even with the original 12 selected candidates. Forget about the 270, I'm having fun! Let's just finish that way too.

I went back to the line. It was my turn. I sighed and smiled within, relaxed and focused. I let go, and at the same time was doing what I needed to do.

Bam! There it was, 270! The threshold. I did it! Whaaaaaa! And thus, yet another PR. I finished stronger than the entire two series combined. Wow! And with some added rounds in the finals, I ended up fourth on the Nationals. Happy as a clam.

This was back in 2010-2011 and I continued to do well with even better scores. Then I quit archery in 2012 because I moved to a different part of the country. I never sold my bow though. I just couldn't, even though I went through some major downsizing episodes to the point of owning just a few boxes and a suitcase that brought me to the USA for five years. In between my travels I would pick up my bow every now and then, for maybe two months. Nothing more.



PART II: THE MASTER COMES IN

Now fast forward. Since Covid I haven't been traveling much. This opened up the possibility to start archery again and so I did. It had been four years since I picked up my bow and that was only for one of those brief moments of two months. Since Covid there had been lots of changes within as well, with the Summer of Realization and Heaven's Cross as the biggest events in my life. Even though I got the psychological side of the sport down, I didn't think this would make such a difference... how wrong one can be!

I started archery again last November, a little less than three months before this writing. Once a week, just a couple of arrows each time to build some stamina and muscles. Since my technique and my bow are still in pretty good shape, I was expecting to do reasonably well. Plus, I am a notorious, jealousy-causing come-back queen. But I'm also 45 now and it's been a while, so no expectations.

As I trained, I noticed a difference. I already knew how much the mind can play games and tricks on the human, with tangible results on the scoring board, but as I trained, I noticed how easy and graceful it appeared, at least to me. Easier than, let's say, 13 years ago during the Nationals and easier than the previous come-backs. Hmmmm, that's weird, but okay. Nice surprise, right?

ABNORMAL DIFFERENCES

One month in, it started to show. One month in, after 4 years of no archery at all, bam, bam, bam. And not even BAM! Just 'whoosh... plop. Bingo!' And again – 'whoosh... plop. Bingo!' Uhm... what's going on?? I guess I'm having a very good day!

(FYI, the difference in my mind between a BAM! and 'whoosh... plop. Bingo!' is the energy behind it. BAM! is powerful and pushy. 'Whoosh... plop' just IS. A released arrow going where it has to go. Bingo!)

Next time around, same story! So, this wasn't just about me having a good day, huh?

From my previous brief come-backs I know that after about a month in it actually goes down a bit. I was expecting that this time too. But no, things are only progressing and continue to do so. It's going so well, it's as if I never stopped and had even gotten better in the meantime. Co-archers from the club start to ask questions: "Have you've been practicing secretly?" Nope... I'm as amazed as they are. The term 'abnormal' was used and is indeed in place.

Last week I had my first club competition series, now 2.5 months in and with just a couple of rounds as a weekly practice. I was curious to see what this element of 'competition' in the mix would do. Would it affect me? If so, how? What would the score be? After 10 rounds I got my answer. I was able to write down... 274. Oh my god! The ease and grace. Like it's nothing. I was baffled.

SWORD DOWN – DRAMA FREE ARCHERY

This got me thinking. How come I'm able to come back stronger and better than ever before, in such a short amount of time and with so little practice? Why does it come so easy to me? Am I that good? Partly, yes, but this I felt is not the entire story. I sensed into it. I know archery in its basics is actually very simple. You just have to do the same thing over and over again. Always the same. Easy peasy. At least, for a ... Master! Because the simplicity is what makes it hard for the human.

Why? As I mentioned before, the mind plays a huge part in the details with archery. A commonly recurring phenomena is 'Wow, I did good! Let's do it again so I will get the same results!' followed by a crappy round. Exactly like I explained before. Instead of being in the now moment – focused, checking the technique, preparing the shot, and releasing – the mind can be occupied with how you did before and what end result you want. It takes away the focus and ability to sense and change small differences needed for that release.

Another common phenomenon for archers is the nervousness that kicks in when a round of arrows don't land well, probably because of not paying attention for a brief moment. Archers then start to change settings on their bow, thinking they're correcting their flaw. They start to double check their arrows or look for a cause in the surrounding area like chatting people, and getting annoyed by the distraction.

But the bow is still the same bow. It still requires a check-up of the same elements each shot. It's the same distance to the target. It's the same light, the same air and probably the same human body as a minute before. The only thing that's changed is the state of mind. It went to drama mode, sword up, thinking it's an outside force that's messing with you. It's not. It's you.

In both instances, the occurring drama of the mind puts a cloud over the simplicity of the art. Adding gravity to the equation if you will, with less ease and grace as a result.

What a timely and appropriate metaphor for basically everything in life.

TANGIBLE PROOF OF MASTERLY WISDOM

It's this where I feel things changed for me – majorly, post Realization and post Heaven's Cross – and why archery is going so well right now. I have way less drama than before, if at all. Don't get me wrong, I've never been much of a drama queen, but have definitely been a good over-thinker and over-analyzer (okay, that IS drama). As simple as this may sound (just a matter of less drama), oh the mind! It can play tricks on us without even realizing, presenting a subtle aspect-fest of wants, needs, future, past, insecurity, convictions, and so on.

But, for me, most of that is gone. Poof. Or easily redirected, released, and integrated in that very instant when it does come up. THIS is where my mastery wisdom and experience come in. THIS is what's making the difference this time.

I am living with way more ease and grace. It's in this beautiful sport called archery where I receive the unexpected tangible proof of that. Not that I needed the confirmation. I already knew, but it sure is fun to witness it in such a noticeable – and abnormal – way!

Fun side note. My dad is an archer too, a very good one. He's not Shaumbra but is wise. As I talked to him about this realization of the ease and grace due to the lack of drama, he said this: 'You are now the perfect image of an archer the way it's supposed to be practiced. An archer is not supposed to force the results. An archer is supposed to release, by' – yes, he literally said this – 'allowing the shot to be created.(whaaaa!!) It's about getting out of your own way.'

Fantastic!

AUTHOR



FRIEDA BAKKER

Frieda's bigger picture and passion is and has always been embodiment, even before she heard about the Crimson Circle 20 years ago. To her, embodiment is the coming together of all that she is, in this very life and moment. Simply put: Being. Now that Realization and Heaven's Cross took place, embodiment is no longer a private and secluded matter to her. It's finding its way, tangibly, in day-to-day life such as in work, living, business, health, and also sports. She can be reached via [email](mailto:info@crimsoncircle.com).

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NAVIGATING PAST ISSUES OF SHAUMBRA MAGAZINE

Did you know that Shaumbra Magazine has been published *every month* since February 2010? (Before that, it was more like a monthly newsletter.) And every past issue is available for your enjoyment in the [Magazine Archives](#). But with the new layout, it can be a little tricky to navigate the older issues. Here's how to do it!

First, click on the ARCHIVE link in the upper right corner.

Then select the past issue you desire.

For past issues from April 2023 to present, click the "Shaumbra Magazine" title box on the cover image.

(For older issues, just click the cover and it will take you to the PDF.)

Then – the important part! – use the Table of Contents button to navigate the archived issue.

We've changed the menu a bit to make it more clear. The Table of Contents link of the current issue is always available under the issue link as a dropdown.

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DEAR MASTER

WHY DO WE NO LONGER NEED TO FIGURE THINGS OUT?

Compiled by Carolina Oquendo

Q - You've mentioned that we can't continue processing and figuring things out. However, that's how my brain is wired, so it's kind of hard just to stop doing it. Do you have any snippets of wisdom to help me get out of that "figure it out" rut?

You don't have to do a thing other than just take a deep breath and allow. **That creates a consciousness that brings in the light that attracts the energy that changes and that frees**, that opens you up.

Your body might ache a little bit. You feel you're having these internal struggles in the mind. You may feel absolutely disoriented. You may feel so off-base at times, and that's where you take a deep breath and allow and realize what you're going through should have taken 179 years and you're doing it in a few short years.

You're going from being normal, being mainstream to being different, to being absolutely unique.¹

Q - Yes, I understand that there's nothing I have to do except allow. But why doesn't it feel like enough?

You know, a funny thing happened to allowing on the way to enlightenment is the human hijacked it. The human said, "Okay, I've got to take over allowing," (...) You think allowing is just staying in your old ways. That's not allowing; that's just being stubborn.

Allowing means absolute opening to yourself, no matter what. No matter what is going on.

The person who is really allowing never has to think about [it]. They don't have to try to do it as a mantra, this word 'allowing.' They've allowed and they don't have to work at it.

They have to remind themselves once in a while, "Hey, lighten up a little bit," and when you think about that, you remember, "Oh, that's right. I'm getting back into just that human tight-ass, constipated, mental self. Just - poke! - self. Boom! Over.

Now take a deep breath and relax.²

Q - Master, the truth of the matter is that even though sometimes I really feel myself allowing, it doesn't stop that deep anxiety from coming up sometimes. Should I be beyond that by now?

You wonder why one moment you're up and the next moment you're down. It's you asking yourself, "Am I ready? Am I worthy?" **You, testing yourself to the core. And it's got to end.**

Stop testing yourself. That's all you're doing and that's why (...) the energies [don't] come in to work for you so well.

Stop testing yourself right now. This is kind of a "do or die." It's "stay or go home" kind of program. We're not going to keep playing this game anymore.

You have tested yourself to the point of great pain and misery, asking are you really worthy, are you really ready. Let's get on with it.

Let's get on so we can really do Allowing without the static and interference. Let's get on with it so energy can work in your creations for you.

We glide into true Allowing. No longer the human in control. I'm sorry, but no longer the human in control. The human in experience, yes, but we come into Allowing the beauty of the human, the Master and the I Am.³

The question now I have to ask (...), is the human ready? Is the human really ready? And if not, that's fine. Watch the rest of them take this huge leap, and then determine at some point if you're ready.⁴

Q - Sometimes, if I can stop that 'testing' as soon as I am aware of it, it dissolves into nothing. But other times, I get so entangled in the incessant thoughts that there's no stopping it.

When you encounter that fear or the doubt or whatever it happens to be, the confusion, "I can't make a decision. I don't know what to do," when you're in that, go all the way through it.

But you know what happens? It's like you get caught in a fear, an emotional fear that makes no sense whatsoever, but it's there; you get caught in the fear and it's like getting caught in a spider's web.

When you start finding yourself going into the spider's web and you know it's inevitable, you know it's there, go through. Don't stop. Don't fight. Don't process the issue. Don't try to outthink the issue, because you're in the web. You're going to get caught.

Don't try to rationalize yourself out of it. Don't try to meditate yourself out of it. Don't try to seek counselors who are going to help you get out it, because all you're going to do is bring them into your spider's web.

When you find that you're confronted with fear or doubt or uncertainty or your life is a total mess, take a deep breath and go through it. Go into it deeper.⁵

I ask you simply to take a deep breath and live your own life as best you possibly can, as consciously as you can. (...) That is what will make the biggest difference on this planet.

As I've said over and over again, the greatest thing you can do for this planet, actually for this universe, actually for all of creation, is to be the Master that you truly, truly are.⁶

And when you get a little fearful and tearful, you take a deep breath and remember ... All is well in all of creation.⁷

Sources:

1. [Transhuman 3](#) ↗
2. [Kharisma 11](#) ↗
3. [Wings 10](#) ↗
4. [Illumination 5](#) ↗
5. [Wings 1](#) ↗
6. [Discovery 11](#) ↗
7. [Transhuman 3](#) ↗

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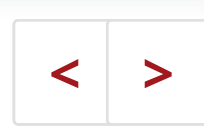
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Last month we told you [\(here\)](#) about the new Shaumbra Music project, initiated by Adamus for going beyond the old gravity.

Now, there are 20 tracks of beautiful music (and more on the way), composed and performed by Shaumbra musicians, ready for your enjoyment!

Listen on [YouTube](#) and subscribe to be notified when new music is posted.

Happy listening!

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BEYOND THE ADAM KADMON TEMPLATE

The human body and mind, based on the original Adam Kadmon template, hasn't evolved much during our time on Earth. However, while much of humanity is choosing evolution through medicine and technology, there is another option: the light body, your true Self!

The physical body relies on a very complex communication network (anayatron) that often breaks down, causing disease and imbalance. The light body, however, is ultimate simplicity. It doesn't get sick, has no aches and pains, and is totally natural. As the physical biology gets to know the light body, it experiences tremendous relief and freedom, healing happens much faster, and ancestral attributes fade away. However, this beautiful merging of human and divine can only happen when you acknowledge and see yourself as a Master.

Join Ascended Master Kuthumi as he explains the benefits of the light body, how it can affect the physical body, and what you can expect as it comes in. Remember, your physical body is simply a costume. Your real body is the light body, and as it comes in, you bring heaven to Earth.

NOTE: If you've already attended this Cloud Class, you will automatically receive an *additional* 50% discount!

Length: 5 sessions with Kuthumi

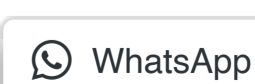
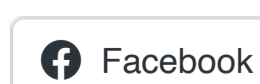
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SHAUMBRA HEARTBEAT



GETTING UNSTUCK

(CLICK ON PLAYER TO BEGIN LISTENING TO THE AUDIO VERSION OF THE ARTICLE)



Energy is always in service. It's also very literal, and sometimes it communicates with such direct simplicity that there's just nothing left to argue with.

Right in the middle of the recent February Shoud, we were graced with an epic snowstorm. In just a few hours, the weather changed from a rainy drizzle to a white landscape eight inches deep in heavy, wet snow. The CC staff members visiting from Mexico were delighted! But after the pizza party, our local friends were ready to start heading out. The roads would be a mess, and their journey home would be much longer than usual. So, it was time to find shovels, brooms, gloves, and anything else that would help move snow so cars could get out of the unplowed parking lot.

A few of us went out to start digging, first simply clearing pathways so people could get to their cars. One of the experienced drivers made a few laps around the lot to pack down tracks in the snow, then offered to get behind the wheel and coax each car out of its parking space. The rest of us were flinging snow left and right, excavating one car after another, and grinning in spite of our dripping hair and soggy shoes. It was an energized team effort that went on for over an hour as, one by one, Shaumbra got their cars underway and ventured home. But there was one experience that topped them all.

The snow was so deep that some of the cars got high centered and stuck trying to drive out, and then we'd have to dig them out again. One of these was a cute little Volkswagen Bug. Its owner was ready to leave, so we got busy digging. When it seemed there was enough clearance, we went to drive it out, but it immediately got stuck in the slippery wet slush. Back to the shovels. Then another attempt to get it out, this time with several people pushing, followed by another slide into the snowbank. The parking lot is tilted slightly and after several repeats of the shovel-push-slide-shovel sequence, someone noted, "Dammit, we're fighting gravity!"

Adamus' message about aetherion and "expansional gravity" was fresh in my mind, and I yelled, "Come on Adamus, give it a rest!" But every single time we dug out the Bug and tried to drive it away, it just slid sideways deeper into the snow. Finally, it was jammed into a snow pile perpendicular to its parking spot, and still refusing to get unstuck. All of us were starting to wonder "What the heck is wrong with this thing?!"

Then an observant shoveler noticed that the back wheels didn't appear to be turning. "Of course they're not," someone else pointed out, "It's front wheel drive."

"Yeah, but they're still supposed to roll!"

Realization finally dawned and someone checked the e-brake. All this time it had been set! No matter how much snow we cleared or how hard we pushed and pulled the car itself, we would never succeed until the brake was released.

We cleared away the snow one more time and finally – bye-bye Bug. The peals of laughter from every weary shoveler must have echoed for blocks around. Having just been told by Adamus to stop compromising, stop holding on, and just GO, we couldn't have asked for a better demonstration of exactly what he meant!

Even the "heavy" aspect of gravity can be overcome, or at least compensated for, by things like a strong engine and good tires. But if my own inner brake is set, there's no amount of helpful angels or life changing wisdom that can help me get out of my self-made stuckness.



A lot of Shaumbra, including several at that very Shoud, have expressed intense frustration that nothing is really changing. No matter how much they want it, how determined they are to allow, and how tired they are of the games, they still feel stuck. Adamus felt that frustration and said,

"Let's blow through the old gravity, limitations, trepidations. Let's get out of the mind and just do it. And if enough Shaumbra gather for this, have a desire for it, it will happen."

Well, there were plenty of people who wanted that car unstuck, and we made a *little* progress with every monumental effort. But in the end, it wasn't the snow or the gravity or mass consciousness or anything else external that was the problem. It was the *inner* brake that had to be released before anything could really change.

Adamus went on to say,

"Some of you are experiencing some barriers, things that are holding you back, and wondering if these are just fears of yours or if maybe you're not ready. It's the old gravity, of course, and it's the human mind wondering. But we're just going to leap over that. We're just going to go beyond it ... The old focus would say that you need to do something, you need to work at it, you need to effort it. But that just makes for more old gravity."

Getting that car unstuck from the snowbank was a grand fight with gravity. The only thing we didn't try was lifting it off the ground over the snow, which of course would only make the gravity issue more... pressing. But in the end, it wasn't about working and trying harder. It was about releasing the e-brake. And what is that exactly?

The *emergency brake* on a car is there to keep it safely in place where you left it, so it doesn't roll down the hill or bump into something. The *energy brake* in a human pretty much serves the same purpose – to keep us safe – and we've set a lot of these internal e-brakes throughout our lifetimes on Earth. Originally, they were necessary to keep us from floating off into the other realms. Embodying into matter was like parking on a very steep hill; the natural tendency was NOT to stay put! And over time, we learned to set these brakes for lots of other reasons too.

Tormented for expressing ourselves? Set the e-brake to keep quiet.

Mocked for being weird? Set the e-brake to keep our head down and fit in.

Heart betrayed and broken? Set the e-brake to keep intimacy at arm's length.

And so on.



It has become an automatic reflex for me to set the e-brake when I park my car, even when it's not really necessary. In the same way, our internal e-brakes become default responses that we don't even notice anymore. But, when we're surrounded by angels, everything is "go," and we're *still* not going, that's a good time to check the internal settings.

For me, I notice the presence of an inner e-brake by the feeling of constriction and restriction that comes up. It can be tied to an embarrassing memory or a bit of extravagance for myself or being noticed by others, displeasing a loved one – pretty much anything. A Master encounters those moments with clarity and neutrality and releases them. But in the human there may still be some resistance. When something triggers an inner e-brake, you can *feel* it! Some of the wheels aren't turning; somewhere the energy isn't flowing, and something inside is just clenching, even if all other systems are *GO!*

Now, this is certainly *not* to point out yet another thing you might be getting wrong. (I mean, the whole "getting it right" thing is just the e-brake set to "Don't get it wrong!") Our energy brakes have served us well, but when we're finally ready to go beyond, we don't need them anymore. And the process of discovering and releasing them is quite helpful, as long as we remember it's not to "fix" things but simply make new choices.

So, if you're doing everything you know to do – allowing, breathing, trusting, receiving and every other 'ing' we've been told – and life still feels stuck, take a look at the e-brakes that might still be set. Feel – and feel and feel – everything that comes up. A feeling isn't right or wrong, it just is. Your senses are simply providing information. What you do with that information – accept it and change the setting or resist it and ignore the brake – is totally up to you.

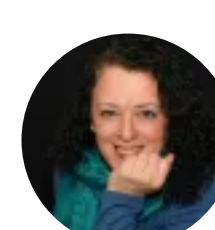
Something odd happened as I was exploring all this the last few weeks. There are a few moments in my past that still make me cringe when I remember them; humiliations suffered at my own hand (usually in public) that I dearly wish had never happened. It occurred to me that the intense cringe I feel at these memories is akin to that little red light telling me the e-brake is on. So, one day I collected two or three of these memories and decided to take off the brake and let them roll. Recalling them in vivid detail, I decided to perceive them neutrally, as much as possible, without letting myself cringe. It was an interesting experience for a few moments, then I went on to other things.

Pondering it later, I noticed that one of the memories had blurred a bit, as if no longer so sharp and pokey. Cool! And that other memory... wait, what was it? The one that made me shrink in horrified disgrace whenever it came up... where did it go? *What was it?*

To this day, I cannot remember.

See, I didn't set out trying to forget these embarrassing moments; that's what I did by pushing them away for years and years. But now that I no longer slam on the brake at that intersection in my mind, it's like they're being gently smudged out of existence. Such is the effectiveness of unlocking the inner brakes and accepting ALL of myself. The energy unpatterns, the old skid marks dissolve, and it's that much easier to roll on.

AUTHOR



JEAN TINDER

As Crimson Circle's Content Manager, Jean is fulfilling her life-long dream to shine her light in the world. On a spiritual journey since childhood, she found Crimson Circle in 2002, joined the staff in 2008 and never looked back. Her first book is called *"Stories from My Last Lifetime"*.

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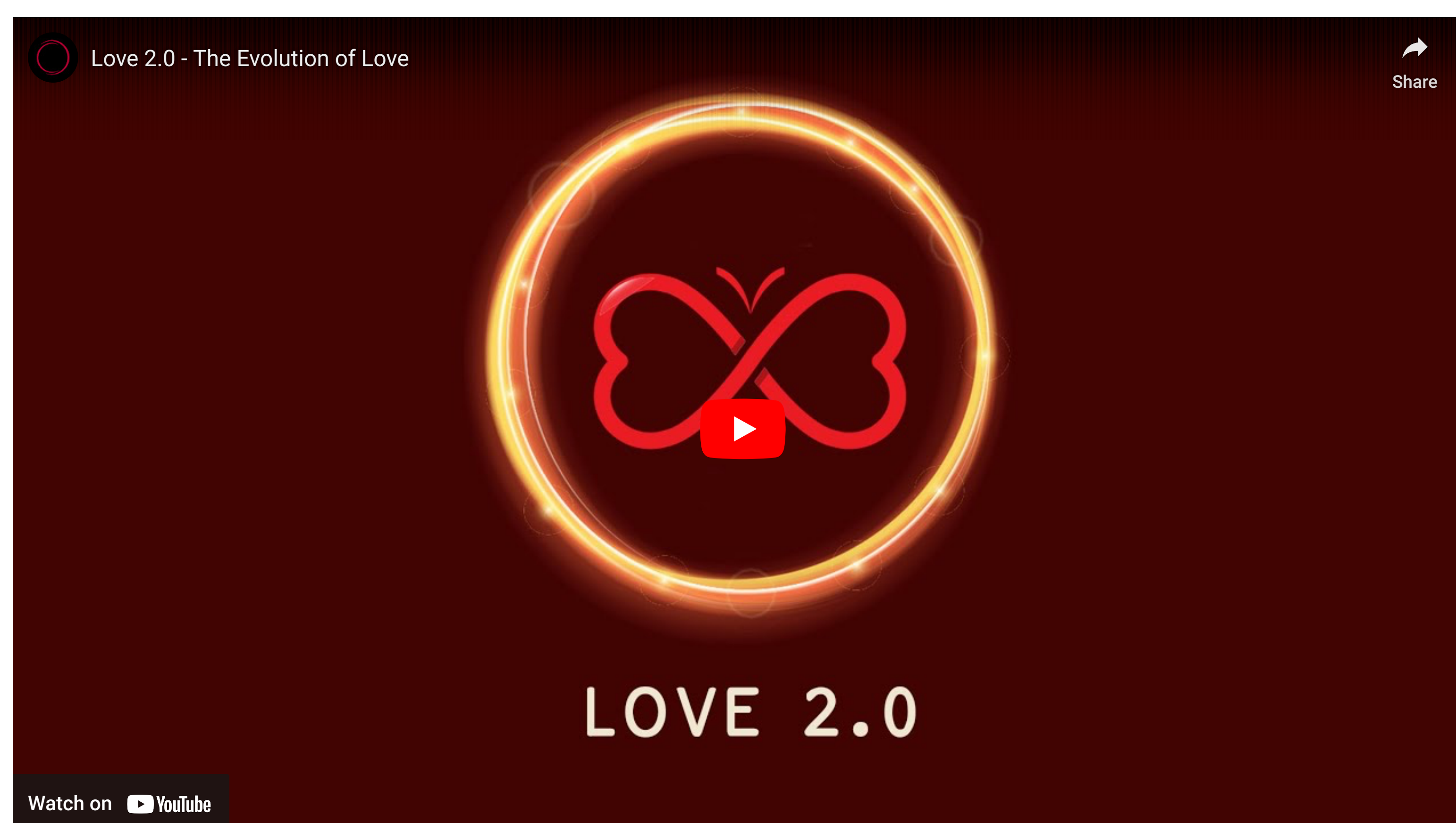
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Adamus returns to Next Level Soul! / Alex talks with him about the future





“

When light is experienced and expressed as love, it has the ability to expand gravity.

— *Adamus Saint-Germain*

