



SHAUMBRA
MAGAZINE
JULY 2024



WELCOME TO

SHAUMBRA MAGAZINE

INSPIRE CONSCIOUSNESS

READ FIRST ARTICLE

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Check out the new Author listings on the ARCHIVE page!

Thank you for shining your light!

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JULY 2024

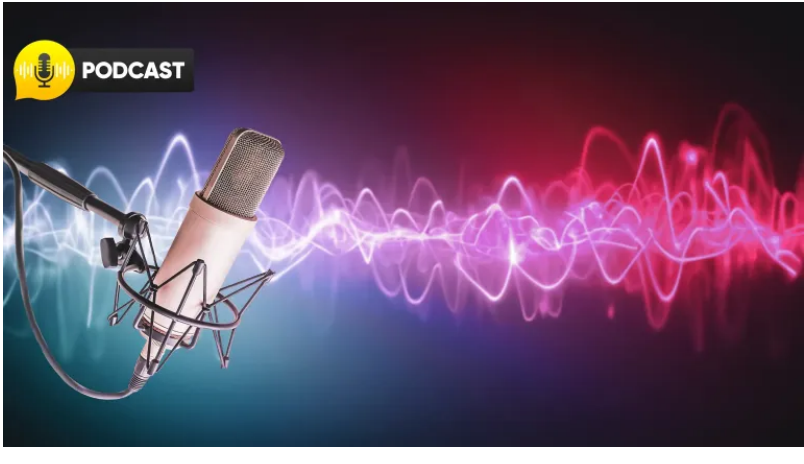


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The journey is interesting, illusionary, and wholly natural.

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Very exciting news!

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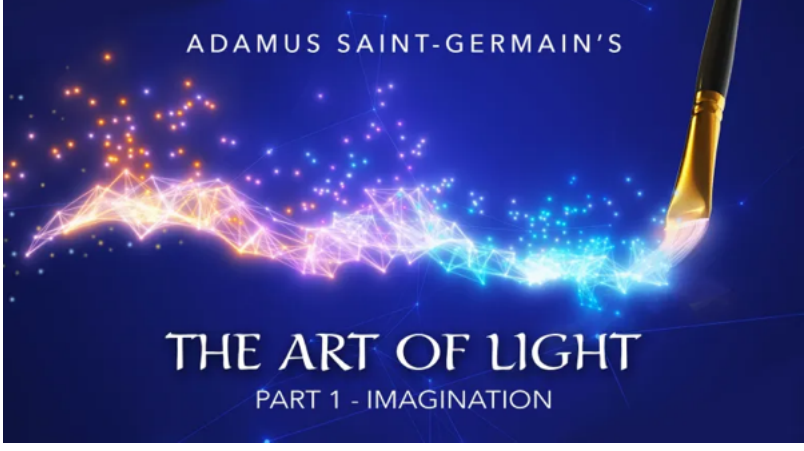


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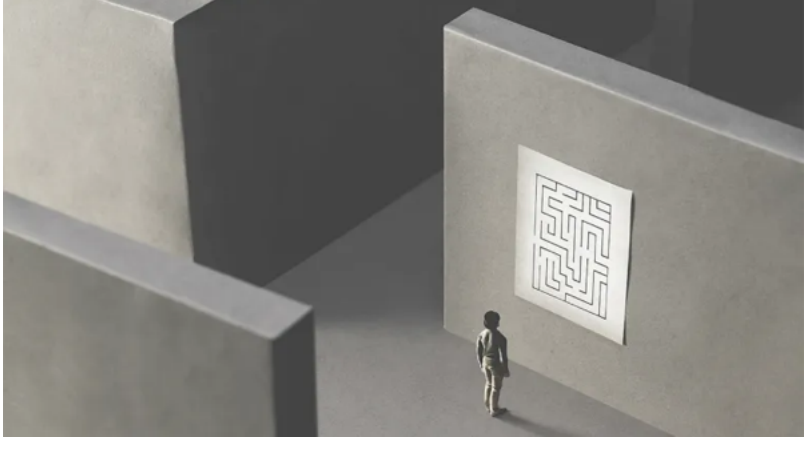


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It's going to be okay... just let go.

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By [Crimson Circle](#)

Where everything comes to you in the perfect time without effort

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It's all in the eye of the beholder.

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A special welcome to our newest Angels!

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QUOTE FOR JULY

By [Crimson Circle](#)

All the hard parts are done. Now it's just a matter of being a little crazy, of being totally free, of always allowing.

— Kuthumi

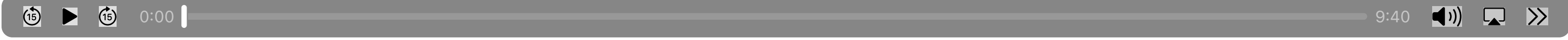
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PODCAST FEVER

By Geoffrey Hoppe

(CLICK ON PLAYER TO BEGIN LISTENING TO THE AUDIO VERSION OF THE ARTICLE)



I’ve done quite a few podcast interviews with Adamus in the last 18 months. There seems to be a new breed of spiritual podcast hosts out there who have upped the game with their shows. I suspect that COVID had something to do with it. Technologies like ZOOM made the shows easier to produce, and people turned to media/entertainment sources like YouTube during their long hours of isolation at home. You don’t need much of a studio or a big investment in equipment to do a professional podcast these days. A good camera, microphone and lighting will get you started, then some software and training in video post-production will bring it to the next level.

For many years I resisted doing interviews. I turned down a lot more interview requests than I accepted after watching some of the host’s interviews with others. Some of the hosts simply did not know how to conduct an interview, or obviously knew little or nothing about their guest. Some would do 50% of the talking while not leaving many openings for their guests; they wanted to hear themselves more than anything else. Some just wanted a “private reading” from their guest to learn about how grand they were in a past lifetime.

Far too many of the podcast hosts simply wanted to be seen with a well-known guest like Lee Carroll, Darryl Anka, Matt Kahn or Gregg Braden. Some had viewer numbers so low that it simply wasn’t worth the time to prepare for and do the interview. Other hosts wanted me to push products to their viewers so they could take part of the proceeds. (To this day, Crimson Circle has a strict policy about never promoting any products even if the host allows it.)



But then in early January 2023 I received a request to do a show with Alex Ferrari on his *Next Level Soul* show. I had never heard of Alex but decided to check it out. I was amazed at the number of viewers he attracted, and the quality of his guests.

It was obvious that he prepared for the interviews, and that he had experience in video production. He also had a warm and genuine personal style. So, with a bit of anxiety I agreed to do a show with him, but with the stipulation that it would be just me, without channeling Adamus.

I was surprised at how much I enjoyed doing the interview. Alex asked good, direct questions, and I had to answer clearly and concisely without wandering or going down rabbit holes. Subsequently that **episode** has had nearly 484,000 views. Even before the interview was done, Alex invited me and Adamus back for another interview.

I was back on Alex’s show just a few months later, in late March 2023, and this time with Adamus. After chatting for the first 20 minutes or so, I brought in Adamus to be interviewed. I immediately realized that Adamus liked the stage; I could feel his Shakespeare and Mark Twain facets come to the forefront. By no means was he reserved; he was so much better at this than I was! I could feel him focusing on the energies of the viewers, distilling his thoughts and delivering very clear and inspiring answers while also transmitting a lot of energy. He was in his element. That **episode** has generated almost 393,000 views since it went live.

Crimson Circle doesn’t do any advertising, which is kind of ironic because I used to own an ad agency in Dallas in the 80’s and early 90’s. We don’t even have a marketing function within the company. We learned a long time ago that people will come to us. The few marketing outreach programs we tried in the early days brought in the wrong kind of people so we stopped doing it. Even within our Shaumbra community we don’t do any marketing other than the monthly Shaumbra Magazine, which is more about information and articles.

But these podcasts are a great way to reach a focused audience and give them a taste of CC and Adamus.

A podcast interview begets more podcast interviews. Once you’ve been on a show, and if the viewer numbers are respectable, other hosts will start calling.

That’s exactly what happened. We turned down some of the requests for the reasons listed above, but after our Social Media Manager Nazar Fedunkiv checked out a request for Michael Sandler’s *Inspire Nation* show, we agree to an interview because we liked Michael’s style and authenticity.



Adamus and I did our first **show** with Michael on February 8, 2024 (163,000 views to date), then **another** on May 30, 2024 (135,000 views to date) and yet another recent **interview** on June 20, 2024 (65,000 views to date).



In the meantime, we did another **show** with Alex Ferrari on February 24, 2024 (375,000 views to date). And just a few days ago an **interview** with Emilio Ortiz on his *Just Tap In* podcast hit the airwaves with over 25,000 views in the first 24 hours.

About four years ago Adamus came to me one evening while sitting on the lanai at Villa Ahmyo in Hawaii sipping a glass of wine. “Grasshopper, get your house in order,” he said. “Many new ones will come to the Crimson Circle in the next 3-5 years. Make sure you’re ready for them.” I shared this with the staff, and everyone took it very seriously.

Over the past four years we’ve gone through every internal system and process in order to bring it up to date. We brought our entire technical initiative in-house and now have a team of 12 full-time planners, developers and programmers. We cleaned up our data bases and business systems, cataloged and indexed 25 years of messages, streamlined internal processes, created a new e-commerce store from the ground up, and in just a few weeks we’ll launch our new website after 18 months of dedicated work. We heeded Adamus’ directive. It felt like the modern version of Noah’s Ark, but this time instead of a boat and animals it was digital technology and awakening humans.

As a result of the podcast interviews, a lot of new people have found their way to Crimson Circle. Compared to the original Shaumbra Founders, they are younger (in their 20s – 40s) and at least 50% male compared to 75% female in the past. They are technically savvy, and embrace Adamus’ unconventional style. They want answers, not sugar-coating. They like Adamus’ irreverent attitude and direct style, as well as his eyes-wide-open approach.

What I really like about doing these interviews is that Adamus will distill 25 years of teachings into 90 minutes of interview. He also uses the shows to stir the pot in typical Adamus style. He doesn’t hold back, even when I try to hold him back.

In the most recent show with Michael Sandler, he dropped the P-Bomb, noting how he doesn’t like or trust the Pleiadeans. WTF Adamus? Half of the New Agers are heavy into the Pleiadeans! According to some “experts” they are our star seed, and they’re here to save us. Many of the podcast guests are P-channelers. “Oh, Adamus, you are walking on very thin ice,” I thought to myself as his P-rant came out of my mouth. But his point was clear and simple, and it’s something that nobody – not even the churches – recognizes. “In all of creation, there are no greater Beings than Human Beings.”

While everyone else seems to think of humans as lowly sinners or the creation of some demented alien gods, Adamus loudly proclaims that humans are the grandest of all, and tells us it’s finally time to acknowledge it so this planet can move on. This is pure blasphemy to many who are invested in suffering and unworthiness, but a delight to the ears of those who are ready to hear it and live it.



As all of us shine our light to the world during this epic Time of the Machines, this new style of podcast interview has turned out to be an excellent way of radiating our *message* to the world. We’re fortunate to have Adamus, one of the most popular and beloved podcast guests, representing us to the public. Adam-US!

Check out the various interviews over the years: crimsoncircle.com/News/Interviews

AUTHOR



GEOFFREY HOPPE

Geoffrey Hoppe founded the Crimson Circle in 1999 after a series of conversations with the angelic being known as Tobias. He left the corporate world in 2001 to devote his full time to the Crimson Circle, along with his wife Linda. Geoff channeled Tobias until 2009 when Tobias returned to earth in a new incarnation known as Sam. Tobias handed off his guidance role with the Crimson Circle to Adamus Saint-Germain, a facet of the Beloved St. Germain who has been working with humans for hundreds of years. Geoff has been the messenger of Adamus Saint-Germain ever since.

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☐ Save my name, email, and website in this browser for the next time I comment.

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NEW!

THE SPEED OF CHANGE

50% DISCOUNT AT ADAMUS’ REQUEST • \$30 THROUGH AUGUST 31, 2024

After talking about how the laws are not yours back in January, Adamus took a different direction in this ProGnost Update. He noted that humans are having a hard time dealing with the stress, pressure and compression of feeling like reality is changing at breakneck speed. However, instead of literally moving faster, the flow is getting smoother, which generates the perception of speed.

For Shaumbra it means freedom, but for humanity in general it can result in feelings of hopelessness, for they don’t know what’s going on. Because of this, people are seeking hope and leaders in their nocturnal dream state, and this is where they encounter Shaumbra, attracted by your light.

They will follow your example, along with the entire cosmos. Therefore, Adamus says the absolute most important thing you can do is let go of suffering! Just say, “No more!” to suffering consciousness in all its forms. Adamus guides a merabh to support the release.

HIGHLIGHTS

- You’re here at the craziest, fastest time ever
- Everything accelerated after the Quantum Leap
- Earth is becoming the planet of love and enlightenment
- *Everything* now is about your Realization
- Suffering helps nothing; it’s time to say, “No more!”
- You’re setting the example for how to enter enlightenment

Length: Two sessions over 1 hour each
Format: Streaming video, audio and online text e-reader
Cost – special intro price at Adamus’ request: \$30 (\$60 after September 1, 2024)
Access: 90-days access to video, audio & text e-reader (120 days for CC Angels)

MORE INFO

WATCH EXCERPTS



KASAMA™ ONLINE

Walking with Your Soul

HOSTED LIVE WITH GEOFF & LINDA HOPPE

JULY 12-14, 2024

Suffering is the result of losing touch with your soul and is caused by things like worry and doubt, not being understood, feeling insignificant, lonely and guilty, and experiencing abuse. In Kasama, the opposite of suffering, Adamus shares details about what your soul really is and invites you to deeply reconnect.

The reconnection between human and soul is finally possible in this epic time of light and change. And allowing this can change your life, invigorate the relationship between human and divine, and potentially alter the course of humanity.

You'll also find out how energy serves you, based entirely on your self-perception, and how to make it grand.

Includes a live channeled Q&A session!

*“Welcome home.
Welcome back to the soul.”*

~ Adamus

HIGHLIGHTS

- Energy responds to your self-perception
- The song of your soul has always been there
- Now is the time to release all suffering
- Sing back to your soul
- See yourself in a new way
- Allow kasama to become a way of life

Length: 9 sessions
Format: Streaming video and online text e-reader
Cost: \$595 (50% discount for previous attendees)
Translations: E-reader available in 15 languages
Access: 90 days access to the video and e-reader (120 days for CC Angels)

MORE INFO

WATCH EXCERPTS

COMMENTS

from previous attendees

DEEP – *“I just finished diving in to KASAMA for the second time. It goes so deep, I can hardly fathom it.”*

BEST – *“The best material available on Earth at this time.”*

LIFE CHANGING – *“Such dense transformative content – I find it difficult to evaluate using ordinary parameters. Life changing certainly. I am going through it all again and learning how to apply every day.”*

BEAUTY – *“One of the best workshops ever!! The lightness and beauty of the nature around the Shaumbra Pavilion has an effect, too!”*

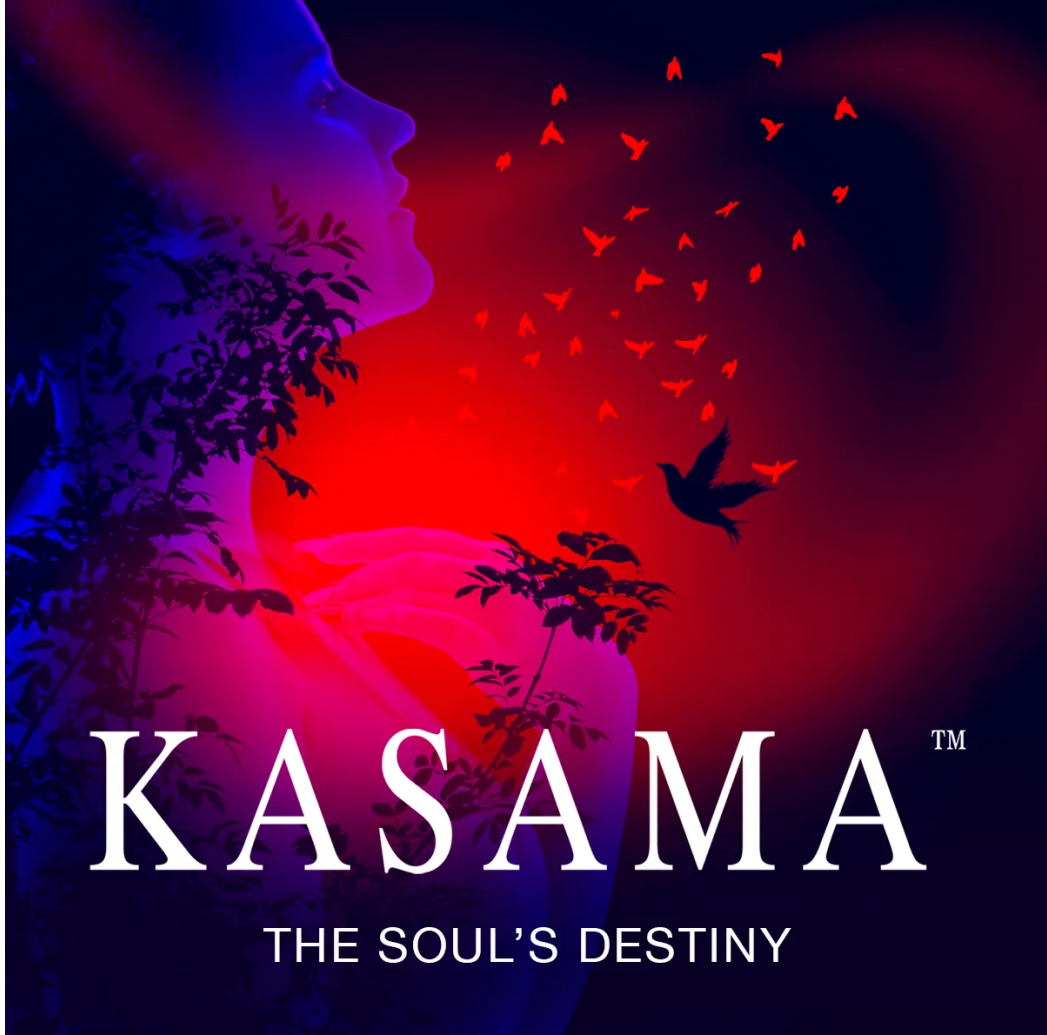
ILLUMINATING – *“Excellent material – I didn’t realize before how much I still suffer in my personal life.”*

INVALUABLE – *“It’s difficult for me to put into words what this experience has meant to me. I’ll say this: I knew I had to do it and I’m absolutely happy I did. It’s been the most invaluable Crimson Circle workshop I’ve ever done and the most powerful experience of my life.”*

RELEASE – *“For me it is the highest and holiest thing I can experience. Kasama has changed my perception and my self-perception and brought great insight and release.”*

UPCOMING EVENTS

ONLINE EVENTS 2024



KASAMA™
ONLINE • JULY 12–14, 2024

If you've ever wondered about the nature of your soul – what it is, where it is, and how to allow it into every moment of your life – this Cloud Class will bring you to a new level of awareness. Adamus answers some of the biggest questions about the soul, as well as staying on the planet as an embodied Master with energy serving you in grace.

Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

NOTE: This Cloud Class Is Only Offered Once a Year!

MORE INFO

THE THRESHOLD™
ONLINE • AUGUST 9–11, 2024

The journey of an angel from their first arrival on Earth until their final emergence as a realized Master is very long and winding, filled with experiences, joys, and heartaches.

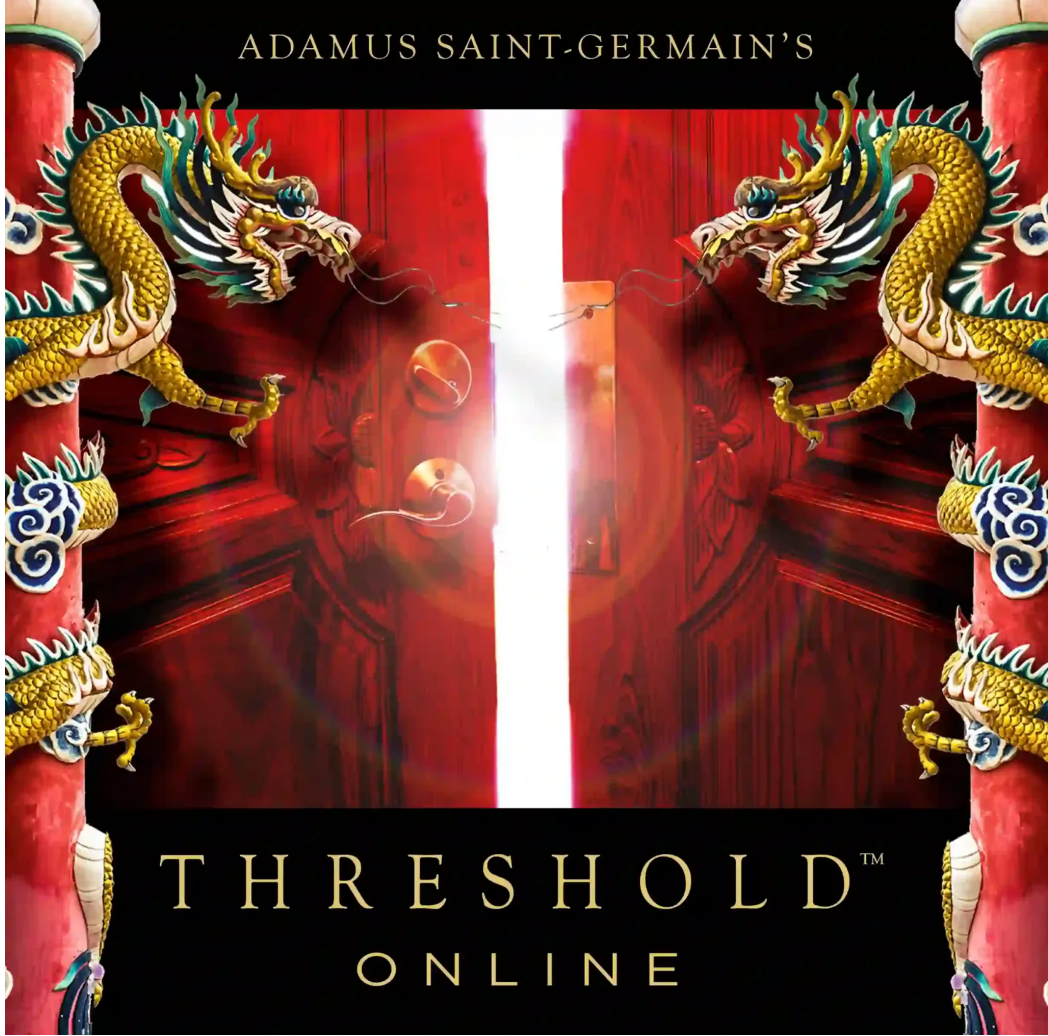
Getting lost on Earth and forgetting oneself is the “fall from grace” for which humans eternally seek redemption, having accumulated layer upon layer of guilt and shame along the way. And yet, these things simply cannot be carried into Realization, so the dragon comes in to dig up and release every shred of guilt and shame still borne by the human.

Hosted live by Geoffrey and Linda Hoppe.

INCLUDES LIVE Q&A SESSION WITH ADAMUS!

NOTE: This Cloud Class Is Only Offered Once a Year!

MORE INFO



METAPHYSICS OF THE MERLIN
ONLINE • SEPTEMBER 7–8, 2024

Once a year for the past nine years, we have joined our Merlin energies in celebration of our journey to mastery on Earth. With the unprecedented level of changes happening around the world this year, the *2024 Metaphysics of the Merlin Online* event has the potential to be one of the biggest and most transformational ever with Adamus leading the charge into the metaphysics of reality and beyond, we anticipate that this will be another one-of-a-kind event.

This inspiring 2-day event will be webcast from the Crimson Circle Connection Center in Louisville, Colorado so Shaumbra from all around the world can participate. There will be channels from Adamus Saint-Germain and friends for more than 8 hours of inspiration and celebration.

MORE INFO

NEW! DREAMWALKER DEATH 2024
UPDATE
ONLINE • OCTOBER 25–27

DreamWalker Death is so important that it was the very first class Adamus created back in 2005. It was then recorded in 2006 and presented by teachers all over the world for many years, until Adamus updated it two more times in 2017 & 2020.

Now, because of the rapid shifts in consciousness, he says it's time to provide new information about what happens upon death, where we go, and even how to come back in a new way. So, we're offering DreamWalker Death as a hosted Cloud Class with new live updates from Adamus.

Hosted live by Geoffrey and Linda Hoppe.

INCLUDES NEW LIVE SEGMENTS WITH ADAMUS!

OPEN FOR REGISTRATION August 1st, 2024

MORE INFO



IN-PERSON EVENTS • FALL 2024



EXPLORING THE NEW LIGHT
KONA, HAWAII • OCTOBER 13–17, 2024

During a recent workshop, Adamus Saint-Germain made the first mention of “The New Light.” The physics are simple: As a result of Heaven's Cross, there is a new level of divinity and consciousness with many humans around the world. The “light” from the soul's energy that provides the personal life force in this 3D realm refracts in a different way when it lands on a highly conscious or Realized person.

MORE INFO



METAPHYSICS OF THE MIND
KONA, HAWAII • NOVEMBER 6–10, 2024

“What was I thinking??”

You might have asked yourself this question a few times, especially after doing something odd or unusual. It's a great question, especially when you consider what's really going on in your mind. What makes you think certain things? What is happening inside that brain of yours that makes you think the way you think, act the way you act, and feel the way you feel? In this new and groundbreaking course from Adamus Saint-Germain, we'll take a look at what's happening in the mind from the metaphysical perspective rather than the traditional psychological viewpoint.

MORE INFO



MASTERS CIRCLE
KONA, HAWAII • NOVEMBER 17–21, 2024

Each Masters Circle event is more of a gathering than a workshop and will be tailored to the specific group of Shaumbra in attendance rather than a more structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus.

MORE INFO

CALENDAR



NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC – Crimson Circle Connection Center, Louisville, Colorado

VISIT THE CRIMSONCIRCLE STORE FOR MORE EVENT INFO

JULY 2024

06	Monthly Webcast & Shoud	CCCC & Online
07	Keahak XIV Welcome	Online
12–14	Kasama	Online
13	Keahak XIV	Online
27	Keahak XIV	Online

AUGUST 2024

03	Monthly Shoud & 25th CC Anniversary Celebration	CCCC & Online
09–11	Threshold Online	Online
10	Keahak XIV	Online
24	Keahak XIV	Online

SEPTEMBER 2024

07	Monthly Webcast & Shoud	NO SHOUD
07–08	Metaphysics of the Merlin	Online
14	Keahak XIV	Online
28	Keahak XIV	Online

OCTOBER 2024

05	Monthly Webcast & Shoud	Online
12	Keahak XIV	Online
13–17	Exploring the New Light	Villa Ahmyo, Kona, HI
25–27	DreamWalker Death 2024	Online
26	Keahak XIV	Online

NOVEMBER 2024

02	Monthly Webcast & Shoud	Online
06–10	Metaphysics of the Mind	Villa Ahmyo, Kona, HI
09	Keahak XIV	Online
17–21	Master’s Circle	Villa Ahmyo, Kona, HI
23	Keahak XIV	Online

DECEMBER 2024

06–08	Sexual Energies School	Online
14	Monthly Shoud & Holiday Celebration	CCCC & Online
14	Keahak XIV	Online
28	Keahak XIV	Online



ASK TOBIAS: THE EVOLUTION OF GAIA

Transferring Ownership of Planet Earth

WE HAVE SOME EXCITING NEWS!

2007

Tobias announces that Gaia will be departing, having fulfilled her commitment to embody and bring life to the planet, and is turning over the responsibility for the care and maintenance of Earth to humanity.

2023

During *Light of the Merlin*, Gaia gave a message called “[Living Light](#),” a beautiful account of the creation of the planet. It was also announced that she will speak to Shaumbra three more times before her departure.

2024

We are re-releasing this Ask Tobias session in preparation for a series of messages from Adamah, beginning with “Living Light” at the end of July.

At only \$20, this is an excellent introduction to the new and upcoming messages to be channeled directly from Gaia/Adamah herself.

HIGHLIGHTS FROM THE EVOLUTION OF GAIA

- Gaia helped set up the unique experiment of Earth
- Now she’s moving on, gifting the planet to its residents
- It’s time for humans to take responsibility for our home
- Many new sources of energy are waiting to be discovered
- Water is a conduit for interdimensional energies
- Gravity itself is changing

Length: 1:15:12
Format: Downloadable audio and text
Cost: \$20

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SHAUMBRA REALIZATIONS FROM A BOTTOM-UP, HUMAN PERSPECTIVE

By Tibor Szolcsányi

As a human, the very first thing I know for sure is that I have bodily sensations. I feel when I am taking a breath, and I can even take a conscious breath. I feel my body movements as I move my legs, arms, or hands. I feel when I touch myself. I have visceral sensations and gut feelings. I can feel physical pain and pleasure. I am just simply aware of these bodily sensations.

I also know with certainty that my bodily awareness is embedded in a broader self-awareness. I have experiences, feelings, and thoughts. I know what it is like for me to watch the sunset, to hear the birdsong, to feel the odor of flowers, or just to feel the evening breeze on my skin. Perhaps these experiences are only illusions, a kind of dreams, hallucinations, or simulations. But these are my experiences because I am aware of them. In a similar manner, perhaps my thoughts and beliefs are not true, and perhaps my thoughts are not even mine. Still, I can be sure that my explicit thoughts are really mine in one respect: I am aware of them. It was what René Descartes, the French philosopher realized, and since then it has become the starting point of modern philosophy: “I think, therefore I am.”

But I can go even beyond this because I can recall my past experiences, and I have imagination. I am able to open up an alternative space of experiences and feelings. Of course, my memories may be false, and my imagination may represent nothing about the external reality. Yet, when I am aware of my memories or phantasies, I can be sure that they represent something about my own internal reality.

Finally, as a human, I can create changes and phase transitions in my awareness simply by modulating my attention. I can choose to focus on my breathing, but I can also choose to dive into my external experiences, or into my thoughts instead. I may even identify myself with my body, or with my feelings, or with my thoughts, or with the contents of my imagination. It's a kind of self-awareness technology available for me, which presupposes a higher-level awareness (or meta-awareness). We may refer to it simply as consciousness. As a human, I can be sure that I have consciousness, and that's exactly why I can be aware of the various facets of my self-awareness.

Moreover, from a human perspective, the most direct subjective evidence for my own existence is provided by my ability to identify myself with a particular and unique physical body. It is, however, primarily due to the dynamic coherence of those bodily sensations I am aware of. But I am able to create changes in my bodily sensations purely through the modulation of my attention. I can learn, for example, how to calm myself and my gut feelings down by becoming fully aware of my breathing. Or I can learn how to feel into my body, and how to imagine that my muscles are relaxed, and my limbs are warm. Even scientific evidence confirms that these kinds of modulations of my bodily awareness can have a measurable impact on the internal functioning of my body. The effect of self-awareness techniques can be, therefore, as real for me as the existence of my physical body. I can thus realize from a human perspective that I have consciousness, and I exist not only as a physical body, but also as consciousness.

These are the first two Shaumbra realizations from an entirely human and skeptical standpoint. But of course, we can go much further, and we can become transhuman, especially when considering and feeling into those insights and inspirations that Adamus has been sharing with us. For example, Adamus often talks about acts of consciousness and about the Master. Indeed, when I identify myself with a particular and unique physical body, it is more than just a phase transition in my self-awareness: it is a reality-choice, an act of consciousness. As a human, I must identify myself with my body to a degree because it is a necessary component of my human journey. Once I realize this, however, further acts of consciousness will be available for me, and I will also be able to identify myself as consciousness. It is, again, a reality-choice, which opens up brand-new realities to me, including the unique reality of my higher consciousness. Well, that's exactly when the life-changing intimate dance between the Master and the human begins...



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Adamus also often talks about the experience of nothingness and about sovereign existence. No doubt, the paradoxical experience of experiencing nothing is crucial for understanding what it really means to exist. As a human, I can open up the space of cosmic void because I can imagine that I am just floating in the empty space in darkness and silence, far, far away from everything. But I can also allow myself to dive more into the state of emptiness so as to become aware of what it is like to exist without any definition and limitation.

When one really feels into one's own indefinite existence, however, it may manifest itself as a kind of cosmic contact between the human and its pure – timeless and limitless – consciousness. Adamus' metaphysics is centered around the realization of pure (timeless) consciousness, and he often emphasizes that energy is communication. Indeed, when experienced, nothingness can be a living and radiating vacuum once the human becomes aware of its timeless consciousness by taking inspirations from its Master-consciousness because it makes available or even manifests a special kind of energy to the human, which is timeless and limitless. Well, manifesting such energy may seem to be somewhat paradoxical as this energy originates from the internal “awareness-dynamics” of pure consciousness, but for me it is the birthplace of New Energy and of New Light on Earth.

Many further examples and personal experiences could be brought here to show how perfectly Adamus' teachings and inspirations are adjusted to match the most fundamental elements of human knowledge combined with imagination and experiential understanding. Nonetheless, I would like to mention just one thing that I also know for sure after 30 years of internal paradigm shifts and awakenings: the Shaumbra journey is not only the most astonishing journey of humans, but also a completely natural one.

AUTHOR



TIBOR SZOLCSÁNYI

Tibor Szolcsányi is a Hungarian Shaumbra and a philosopher who also works in the field of cognitive science and bioethics. His biggest philosophical discovery took place in 2006 when he discovered the Crimson Circle and joined the Shaumbra journey at the level of human consciousness. As a 56-year-old philosopher, he really likes abstract insights, but since childhood, his favorite tool to explore the universe and life has been imagination. Tibor can be contacted through [Facebook](#).

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ALL-NEW

CRIMSON CIRCLE WEBSITE!



Special Announcement!

After 18 months in the Development Lab, our Tech Wizards are finally rejoicing! The all-new Crimson Circle website goes online later this month!

Our technology, content, and management teams have been working hard for many months to streamline, consolidate, coordinate, and integrate the many thousands of parts, pieces, and pages on the CC website. We’re very excited now because it’s almost ready for you!

A NEW,
CLEANER LOOK

After working closely with a skilled Shaumbra web designer, we know the first thing you’ll notice is the clarity and beauty of the new website. With plenty of visual space, no clutter, and an easy-on-the-eyes color scheme, it’s simply a delight to look at.

EASIER
NAVIGATION

In addition to the beautiful design, it’s also easy to read, navigate, and quickly see the most important items each time you visit. We’re particularly excited about new features in the Channel Library, which include titles, highlights and summaries of each Shoud!

MORE UPGRADES
TO COME

The new site will be a beta version at first, giving you time to get accustomed to it as we resolve out any unforeseen issues, and improvements will continue. The search function will become smarter and be able to sift through the entire wisdom of Crimson Circle to find better answers to your questions.



The new Crimson Circle website is currently scheduled to go live on or near July 26, 2024!



TIME PERCEPTION

WITHIN NEW ENERGY

By Britta Canete

Lately, I've been playing a lot with time awareness. Over the years I have experienced numerous moments when it is real that time does not exist. These were wonderful experiences, but now it is different. It is about presence and letting go of timeline-based experiences. The New Energy works different.

What does that mean?

Well, first of all, I'll tell you a bit about my experiences of how I have come to realize and experience No-Time.

Many years ago, while in my awakening period, I often consciously played with energies. But these experiences I'm speaking of just happened spontaneously. All of a sudden, I felt the big, amazing space I was in, and everything appeared to stand still. This happened twice. The first time I was sitting in an airplane by myself and the second time I experienced it together with another person. Both were astonishing, impactful, and informative experiences for me.

But what is the Now moment?

This was another question of mine, often wondering what the Now moment really is. And the very moment I formulated the question consciously within myself, I started to experience my answer.

Suddenly, my awareness expanded. I felt like being within a balloon that was constantly expanding. It expanded in a way that it enclosed everything, the whole universe and what I call the omniverse, all dimensions, everything. And then I realized, **I Am the Now**.

The Now moment encompasses all and everything, IT IS ME within my oneness. This means that time does not exist. Time is a creation within all that I Am. It also means nothing is separated from me. Separation is just a perception created and reinforced within timeline awareness.

Even though I had been aware of the fact that time doesn't exist and everything is within me, I constantly resisted allowing myself to stay in the Now-moment awareness. Which means I was not allowing myself to be in the full I Am presence.

This was because underneath I knew I would be feeling and sensing EVERYTHING. And as I was experiencing myself as a very sensitive person, within the perception of being damned to bring all these feelings into experience, I feared tremendously staying within my awareness.

Further on, a very dark aspect was present. He even communicated to me that he has damned me, through other lifetimes into eternity, and that he will follow me through all dimensions forever. Even though I knew how to handle it, we battled unconsciously. I tried to get out of the fight and to integrate the aspect, but it didn't work. He often tricked me in very subtle ways that I wasn't aware of it until after the "damage" had occurred. Asking my soul-self for a solution, the answer was a picture of an inflated balloon which is then released and all its air blows out as the balloon flies away. I had to laugh about this pictured solution, happy to know there was one. But it took me many years to finally integrate that aspect with tremendous love, compassion and patience for myself.

It felt like the final integration took place recently as I realized **it is already done**. The integration has already occurred, no more timeline-based experiences needed.



Within timeline-based experiences, everything goes on and on and on, one after another, looking like I never "arrive." **And this is the key factor** (within the New Energy experience): Within linear-time-consciousness creation, I separate myself from myself. This is because I put the past and future out of my Now moment, out of the reality where I exist. Remember, I Am the "NOW," outside of which nothing exists. Even "outside" is a creation called separation.

How did I come to this realization?

Resisting staying in full presence meant I was continuing within my timeline-based experiences. And they made themselves known. Suddenly, I insisted on needing time to get from one place to another. I required time to do a task. I felt nervous about time passing by. Some events didn't take place and I couldn't sense them anymore within my energy. And so on.

Lately I'm observing aging more consciously too, which seems to have started becoming a theme right now, where it never was before. Let's see how this one will evolve. And I smile, somehow sensing timelessness.

While I was experiencing my resistance, I also gave myself some input. Awareness came in to remind me of my oneness and that time does not exist, so inwardly I could see my "expanded time." I also reminded myself that **what I want to accomplish is already done**. This reminder came in over and over again, even now as I am writing, because there is great significance to it. It is important for me to let go of time-based experiences because it is important for me to stop separating myself, to go beyond the idea, the illusion of separation.

So, of course, my mind wonders, "How does it work? How do I manifest a task free of time?"

The answer comes: "As an *experience!* Within the And, within the full presence of I Am, within the Now."

How does this express within the material world?

In my wider realms everything already exists, so everything is already done. Every experience I allow comes into my physical reality in its appropriate and perfect timeframe. (A timeframe is like a container in which I can have an experience.)

The best example of this might be past and future lives. Within the awareness of a timeline, I experience one life after another. Within the expanded Now, the I Am awareness, I perceive all lifetimes here, as if beside me, each lifetime in its own timeframe. You could picture it as a honeycomb, one beside another but without real separation. A timeframe is a way for me, as spirit, to experience different time events.

I already experience myself as multidimensional, which in fact doesn't mean anything other than everything is already here. This is because *I Am the Now*. While on a human level, there are still parts I am sometimes more or less aware of, still everything already exists within me, whether the human part is aware of that or not. The same is true with time. All is here — Now. My experiences just take place within a timeframe container; if I wish to experience within time manifestation, but they no longer have to be linear at all. And I admit that, on the human level, this felt a bit dizzy at times, both literally and metaphorically.

My timeframe container, where I experience my events, can be free of timeline. Which means, right now I can feel terrible, depressed, alone and pretty disconnected from myself. Even though, in a perceived moment before, I experienced myself within total balance in full acceptance of everything, and in tune with all that I Am. It means there is no increasing continuum anymore. Any experience is just an experience, nothing else. It can be a one-page experience or a full book of an experienced story. It doesn't matter because I am not the experience, I am the creator. And my energies just reflect me, communicating back to me whatever I have created, where my focus is, and what is going on within my whole beingness.

For example, while I am writing this article I continuously stop and invite myself to relax, to move, and to go out to do something else. And, while I am doing this, my mind chatters: "This way I will never finish this article!" And I reply, "Why not? It's already done." It means all kind of facets are present within me; I just choose which one I wish to experience.

Through writing this article, I invite myself even more to notice my old timeline-based behaviours, beliefs, and habits. I observe and I acknowledge.

Acknowledgement is an expression of integration.

Acknowledging that it is already done, that this event or thing or whatever I wish is already here, is an expression of an integrated being. And, because I express my awareness that it is already within me, my energies respond to it accordingly.

Meanwhile, if I express anything within linear-time-based-consciousness, my energies will respond as well. They will let me know that I have put something out of my existence and provide the corresponding experience. Usually, that experience will guide me back to the awareness that I had put something outside of my existence. The desired event or thing or whatever is 'out there' but never *here* in my experience, until I realize the separation I created.

Even as I'm formulating this article, I am noticing how my decision and acknowledgement of "all aspects are already integrated" affects my experience in many subtle details. I can be much more focused and relaxed at the same time. All the little inner attempts to distract me have very little if any effect on me anymore. The resulting changes can appear to be very little because they are subtle, but I notice they are huge. And noticing is another way of acknowledgement.

It's all about allowing the awareness that it is already here! Allowing that all and everything is already done! Being in that expanded state of the Now, of I Am, looking around and seeing – truly *realizing* – that everything is already here and done, no matter what. This is my new way of living.

This expanded state of the Now, the full presence within my I-Am-Awareness, is also the "place" of my imagination. I imagine whatever my heart desires, and allow the manifested experience of it, always in the Now, nowhere else.

It is here right now. There is no other place or time to be. I Am here!

AUTHOR



BRITTA CANETE

Britta says, "I have a dream. Before I incarnated, I had chosen to live and work in Tasmania, at the time of experiencing myself as a fully realized being. Now, after visiting this Island often, I have allowed my dream into this reality. As a human, I dreamt of sharing my wisdom and gift with likeminded people, and I did so as a facilitator for a time, guiding them into the wider realms and facilitating the connection with Essence. Now, after a long pause, I am back in a new way, ready to share my experiences, wisdom, and immense knowledge about energy." Britta is fluent in German, English, and Spanish and can be contacted through her website [Britta-Ontara.com](#) or via [email](#).

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NEWEST PRODUCTS

Here you can see the four newest releases every month!

NEW! – PROGNOST 2024 UPDATE – THE SPEED OF CHANGE

Cost – special discount at Adamus’ request: **\$30 (\$60 after September 1, 2024)**
Format: Streaming audio, video, and online text e-reader
Access: 90 days (120 days for CC Angels)

From technological advancements to major scientific discoveries, Adamus points out some of the many cutting-edge developments since the Quantum Leap. These changes are happening at dizzying speeds, deeply impacting individuals on many levels, and bringing a general sense of hopelessness to humanity. However, people are beginning to look for Standards, particularly in their dream state, and are encountering you, attracted by your light. We are beginning to see the fulfillment of our ancient dream of Earth as the planet of love and Realization but, for the sake of all creation, please leave suffering behind you.

It is time for freedom from old limitations, and for integration of the light body, currently marked by a fair amount of physical pain. However, a critical part of all this is releasing the consciousness of suffering. It is simply not necessary for enlightenment, and others will be following your example.

MORE INFO WATCH EXCERPTS



ASK TOBIAS: THE EVOLUTION OF GAIA – RE-RELEASE!

Transferring Ownership of Planet Earth

Cost: \$20
Format: Downloadable audio and text
Access: Unlimited

Gaia, the spirit of our beloved planet, is in the process of evolution. After playing a vital role in the experiment of embedding consciousness into dense physical matter, Gaia has begun her departure as the custodian of Earth. Tobias talks about what happens now as Gaia makes this significant transition, including intense Earth and weather changes, the energy crisis, and especially the fact that humanity must now take full responsibility for our home. Gaia is leaving many gifts to help us write the new “operating instructions” for respecting and caring for the Earth’s environment.

Acknowledging the love that Gaia has for Earth, Tobias emphasizes the importance of respecting nature, using common sense when it comes to the environment, and developing new energy sources, including something called “intermagnetics,” as humanity assumes this new responsibility.

MORE INFO HEAR EXCERPTS

THE ART OF LIGHT – PART 1: IMAGINATION

Unleashing Your Creative Potential

Cost: \$150 (through August 28, \$195 thereafter)
Format: Streaming audio, video, and online text e-reader
Access: 90 days (120 days for CC Angels)

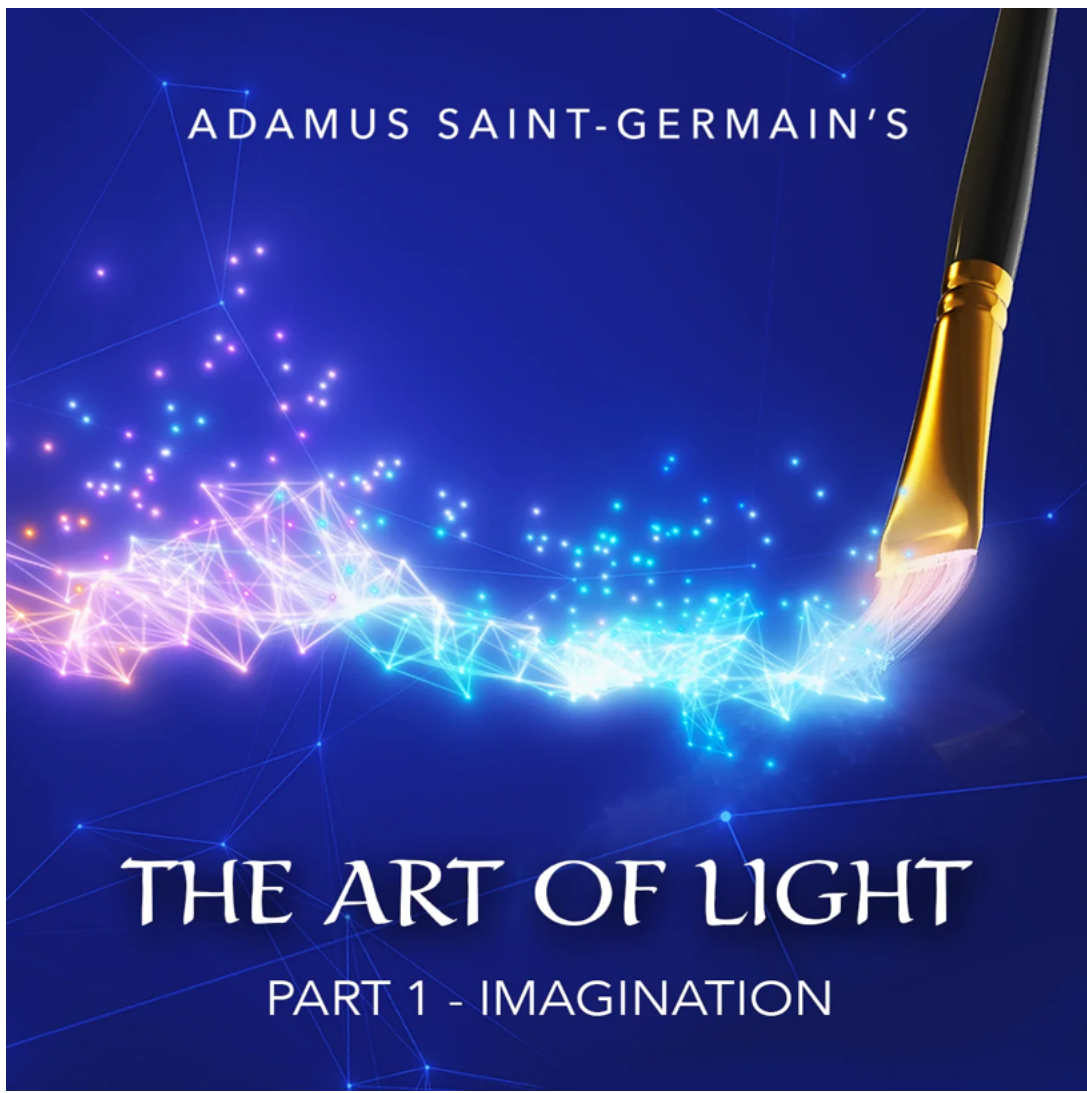
Delve into the profound ability of imagination to literally create reality! Remember how to tap into this natural ability, a vital tool for bringing in your dreams from the other realms and shaping your human reality. Adamus explains how imagination manifests human desires using energy, light, and gravity to form the atomic structures of this physical realm. In fact, this physical universe itself was brought into existence by imagination.

Adamus emphasizes the importance of accessing pure imagination, allowing your passion to guide the process without worrying about the details. He guides several experiences in which you can connect with imagination as the indispensable creative tool of the Master.

*Imagination is not just daydreaming. It is reality building in your light. **Light is imagination.** Can you imagine how that changes everything?*

– Adamus

MORE INFO WATCH EXCERPTS



DREAMWALK INTO AEROTHEON™

Experiencing Full Spectrum Gravity

Cost: \$30
Format: Downloadable audio, video and text
Access: Unlimited

When discussing metaphysics, Adamus describes “Full Spectrum Gravity” as a dualistic force that holds things together but can also bring expansion. “Inbound gravity” is the glue that holds reality together. But in aerotheon, “outbound gravity” changes how the body, mind, thoughts and emotions operate and brings tremendous freedom. It’s an act of consciousness and it’s all natural.

In this DreamWalk, Adamus guides a deep experience into aerotheon, helping us experience the unlimited expansion of gravity in every direction. Includes original music and additional bonus track composed and created by Gerhard Fankhauser. The music is embedded with energies to facilitate a deep experience with aerotheon.

MORE INFO WATCH EXCERPTS



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THE BEAUTY OF EFFORTLESS BEING

By Judith Newman

I would like to share with you how my creative journey in the arts led to self-realization.

Mine was a fairly normal childhood, raised as a Catholic, the youngest of five children, but from the beginning I felt different from my siblings. They each had strong personalities; I was sensitive and felt threatened by the harsh outside world. But I found joy in creativity and felt safe in my own world of creative imagination. My childhood nickname was Sophia, bestowed on me by an older sibling. It was only much later in life that I became aware of the significance of this name.

As I write this, it is a week before winter solstice in Australia. This morning, I was pondering how life takes us on a journey of forgetfulness in time and space in order to help us recognize and accept who we truly are. And what a journey it has been for me, spanning several decades, traveling through many countries, and meeting significant key people along the way. It was easy for my human self to allow and go with whatever I felt passionate about in the moment. For example, while walking down the street, a sign on the footpath said, “Yoga upstairs.” The thought popped in that I’d like to try that, and so I did – and the course of my life took a new turn. Yoga took me on many trips to India, trekking in the Himalayan mountains, and studying Vedanta with swamis and sages. Returning to Australia, I taught yoga and meditation, and dived deep into the teachings of Vedanta, exploring it fully until I no longer felt a need to. It’s really that easy if we trust and allow the flow.

I was also pursuing my passion for art and spent many years painting with two prominent Australian artists. I should mention here that something significant happened in 2005, an experience that I could only describe as falling back into a heart opening I had never known before. I felt boundary-less, a love where there was no separation between me and other. It took years before I realized this was the recognition of true self-love or my true nature. However, at the time the intensity was not easy for the emotional body.

Then in 2011 a friend introduced me to a fine arts course at college. This sounded like an exciting new opportunity to explore more of the arts, expanding into sculpture, printmaking and more. I knew that opportunities always lead to more exciting expansion, and if it resonated with my heart, it was the right next adventure without any expectation of an outcome. So, I moved forward.



Untitled (Red)
(1956)

Mark Rothko

During a visit to the National Gallery of Victoria, while viewing a painting by American artist Mark Rothko, the identity “Judith” disappeared, until a voice next to me said “You’d have to be brave to paint that.” For those who haven’t seen a Rothko, they are formless blocks of color. To me, this one depicted the fragile nature between human doubt and self-acceptance, which was the dominant frequency within me at the time.

[[painting description](#)]

A few days later in art history class, I listened to artist Agnes Martin speak in an interview ([link](#)), and this time, I recognized the formless nature of pure awareness.



Mountain
(1966)

Agnes Martin

Agnes painted formless non-conceptual art, painting with her back to the world. She painted “the invisible, but absolute nature of beauty” . This also alludes to the Vedanta teaching of “Sat Chit Ananda” or “Awareness Aware of itself” or the recognition of “The Absolute.”

[[agnes martin on moma](#)]

Great art carries a frequency that resonates with the viewer. There’s an immersive quality of losing oneself in the beauty of classical music, literature, great art or poetry. Each of these expressions have the ability to connect one to their true nature, and recognizing this is when I realized the significant responsibility that creative expression has, to be pure and authentic, to carry a high frequency as a transmission to the viewer. There’s a transcendent quality to any expression when it comes directly from source created in a conscious way.

There came a point for me when the outside reality was no longer a reflection of the inside, and withdrawal from the external world was needed. It was a period of silent integration, a wisdom understanding of all the teachings and experiences I had had. It felt like dying over and over, falling deep into the soft empty nothingness. I began to understand gravity very clearly, and the games of power and control. Feeling and sensing things that were entangled with collective human consciousness gave way, dissolving into neutrality. Here we still use human words, but they have a different meaning now. Meister Eckhart called this a period of poverty, a state of desirelessness, inner void or emptiness. It was a dissolution of the separate sense of self that, for me, lasted about five years. Adamus calls this integrating the light body.

Looking back, I see a rich tapestry of experiences, all of which were consistently and softly guiding me back to my natural state. The truth is, there is no mental answer to the question “Who am I?” However, with the acceptance of all experiences, Who I Truly Am revealed itself as exquisite beauty and love, ever present as everyone and everything.

While speaking with a friend, I became curious about the name Sophia. According to one Gnostic myth, *the shaping of the material world was the result of Sophia, who was often described as the emanation of eternal light, the “immaculate mirror of God’s activity.”*

WOW!!! I was floored. Never again would I think I was nothing special, with no worthwhile purpose. Nor should you, for this is who we all are in essence. We are complete perfection. Once awake to the truth of our being, one begins to see everything as a paradox to the belief in separation. This was the head-smack moment for me. This is where “The Art of Light” comes into play.

I refer to the “Now” as “Sophia goddess of creation,” because every moment carries the potential of imagination, just waiting to be expressed in vibrant color.

I firmly believe *creativity is humanity’s lost connection to the divine*. There’s a multitude of angelic senses at our disposal to play with, exploring the many potentials the art of light can limitlessly imagine.

AUTHOR



JUDITH NEWMAN

Judith is a painter and an art teacher. She also offers direct pointing to one’s true nature. Her passion is Beyond Realization guidance talks. Judith can be contacted through her website, [judithnewmanartist.com](#) or via [email](#).

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CC TIPS

Monthly suggestions and recommendations to help make your Crimson Circle experience smoother and easier!

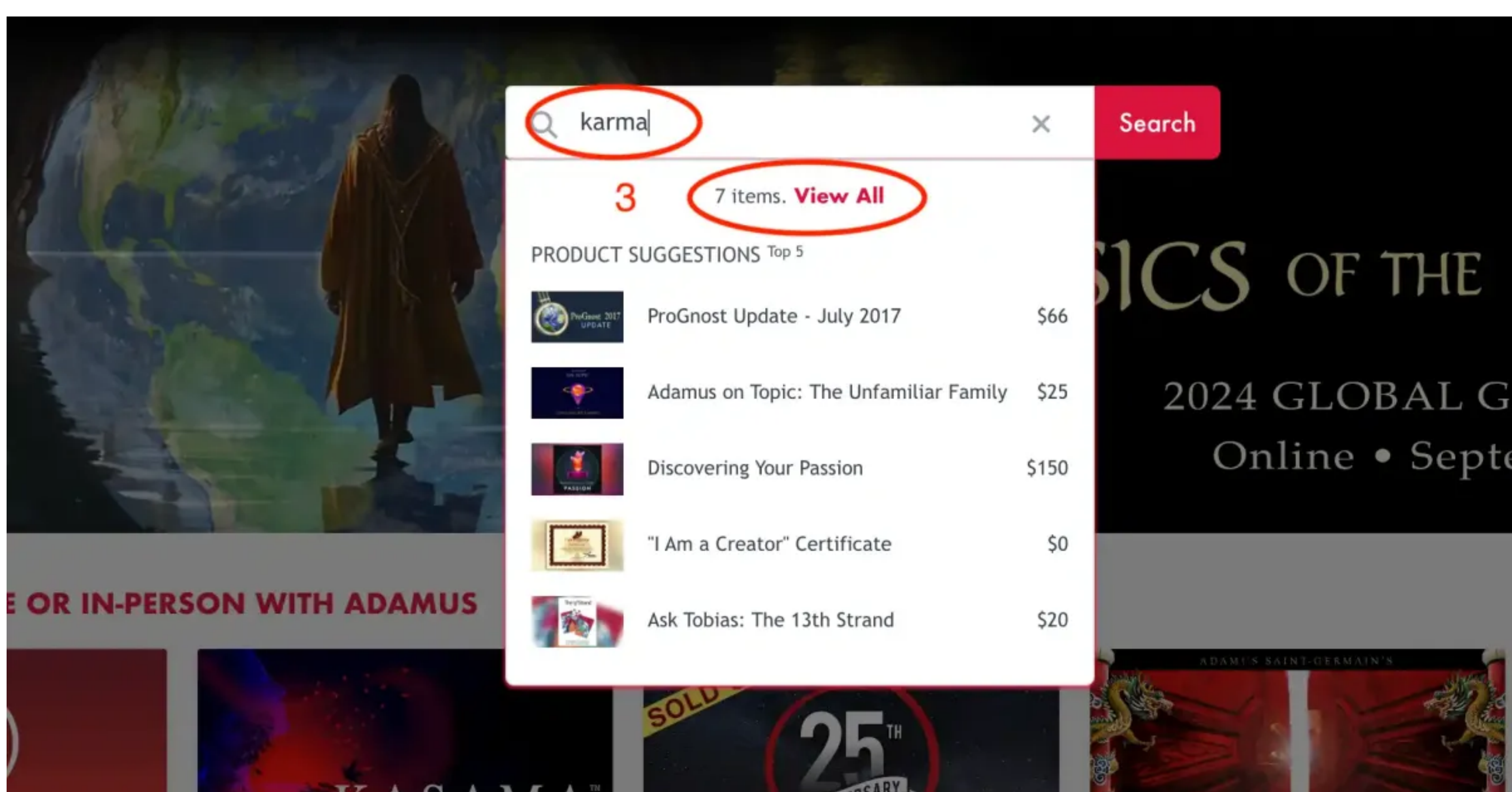
THE VERY USEFUL SEARCH FUNCTION

You can find items on many different topics in the Crimson Circle store, most of which may not be on the first page. Let's say you are interested in a certain topic, such as karma. Here's how to use the search function to find everything where that topic is significantly addressed:

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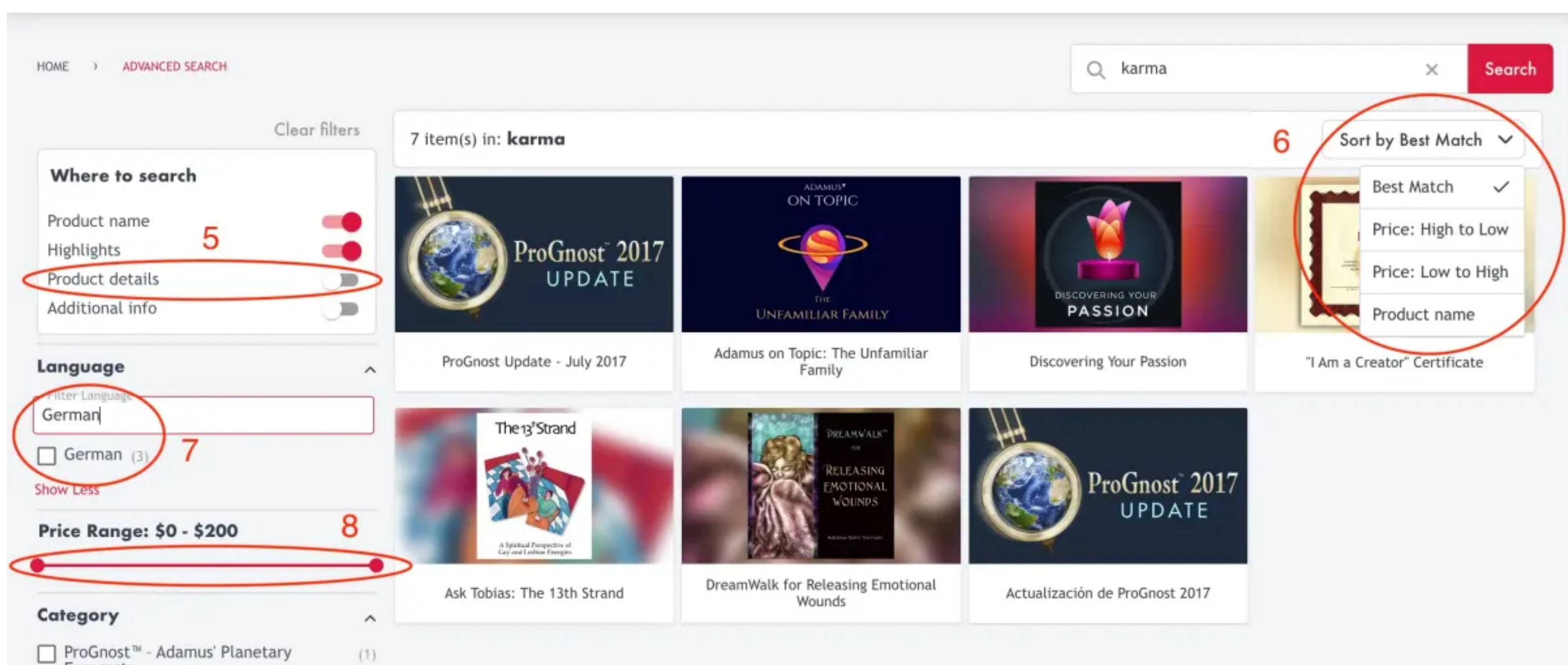


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3. It will automatically show the first 5 **results**. To see more, hit "enter" on your keyboard OR click "View all."

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8. **COST** – There is also a price slider, based on the search results, that you can use to filter the items by price.

We hope this information helps you find whatever material you're ready for. Happy hunting!



If you have any questions, please send us a note to customerservice@crimsoncircle.com



DEAR MASTER

WHAT ABOUT THIS BODY?

Compiled by Carolina Oquendo

Q – Dear Master, one of the issues I have been experiencing for the last few months, if not years, that still baffles me, is this physical body. Why, regardless of everything I have done (spiritually, emotionally, physically), is it becoming even more difficult to feel balanced and comfortable within my own body?

What you’re doing is sacred. It really is. But it’s scary, and that’s the thing maybe you weren’t expecting when you got into all of this. It’s scary because your body feels different at times. You wonder what’s happening to it, and for Shaumbra, in particular, **about 99 percent of what’s happening to your body are adjustments into a higher state of consciousness.**

And I know it feels awful. You feel like sometimes you’re going to die. You get going in your mind, “What’s wrong with me? What have I done wrong?” Nothing. It’s an adjustment. ¹

You’ve got an elegant, graceful, sometimes painful process going on right now. Don’t mess it up. Get extra sleep. That’s probably one of the biggest things I could advise, extra sleep, and I know you’ve been sleeping a lot anyway, because at night when you, your mind, the human mind shuts down for a little bit, the body can do what it’s going to do.

This process that you’re going through right now, of getting off the ancestral biology and bringing everything into the Body of Consciousness, **typically, [it takes] 179 years to go through** (...). And you’re doing it in, what, maybe twenty years? Or less for some of you, some of you a little bit more.

This isn’t a race, but you see, you’re going through it at such a speed it’s going to affect your knees and your back and your neck and your shoulders and your gut and your bowels and your heart and your liver, and kidneys. It’s going to affect everything. **It’s taking it out of old patterns and readjusting it.** But it’s a truly natural process. ²

Q – But how do these issues adjust themselves? Because so far, they just keep accumulating.

You let them. **You allow the body to adjust.** It does. The body is smarter than the mind. So you just allow.

There’s always things going wrong with one’s body from the day they’re born till the day they die. There’s something in the process of being adjusted. There are chemical levels, electromagnetic levels. There’s imbalances between the organs. You shut up, you let them get back in balance, and they do. They do automatically. It’s the beauty of the body.

But you’ve got to be able to allow. ³

You bring up these issues in your life, and I know there have been plenty, whether it’s emotional, psychological, dramatic health issue, an issue of balance, mental balance. **You bring these up so you can release them; so you can actually see the wisdom and the joy in it, and you can release it effortlessly.**

Now, I know many of you have gone through your issues – physical and mental – (...). You’re doing it because you’re making a huge transformation in your body, in your psychology, in your consciousness, and sometimes those transformations are, well, they’re major. They will bring up a disease; they will bring up an imbalance *so you can release it.* Not so somebody else can heal it for you. ⁴

Q – And what if it gets worse?

Well, actually, **it’s only when you *are* watching over it that things go wrong** and you go broke. (...) Every time you take supplements, every time you get obsessed with an external therapy other than some bodywork, which you all need – a massage – other than that, every time you do this – you take the pills, you go to these weird therapies, you drink crystal water and all the rest of this crap – **you’re telling your body you don’t trust it.**

And the body is so good, so smart, it’ll say, “Okay, I’ll play along with you and I *will* go out of balance because I love you, and this appears to be what you want.”

So you’ve really fallen out of grace with yourself, with these parts of you, and that’s why a lot of the communications in your mind, in your body and definitely your spirit have shut down. Definitely with your spirit. **You’ve fallen out of trust with yourself and so you’ve isolated yourself into this little being. Not trusting of who you actually are.**

So I’m going to be encouraging you to **constantly go back to trust. Not control.** (...) You’re going to turn out to be the dreamer, the creator, the imagination being, and let all the rest of the parts do their thing to support that. **It doesn’t need a lot of structure. It needs heart. It needs feeling. It doesn’t need the brain.** ⁵

Q – I’ve heard you say time and time again that it’s a matter of trusting my body. But after everything I’ve gone through, and am still going through, I feel almost unable to really, truly trust my body. I feel it’s beyond my capabilities because I’m afraid it’s going to a place I won’t be able to return from.

If there are physical issues going on in your body – I don’t care what it is, digestive issues or gout or earaches or whatever – **it’s because you’re still holding on to them.**

Then you get so in the fog about it, how it ever got there in the first place, what it’s doing, and it’s so overwhelming to your mind, you say, “I don’t know. I just have this thing. I don’t like it, and I don’t want it.” And maybe you take some medications or whatever for it. But, damn it, you’re still finding something in it. **It’s time to get over that.**

Now, you don’t have to go in and figure out what it’s doing to serve you, because then you’re going to get back into that duality battlefield of the mind and you’ll never figure it out. **But you can tell yourself that you are absolutely done with it,** it’s not serving you, it’s not what you’re choosing, and it needs to be gone. **And then, damn it, expect that it’s going to be gone.**

Expect that there’s a transformational process that includes the bending and shaping of time – basically, as you say, going into the future, but occurring right now – that resolves this issue, because in the future you are not sick. In the future, you are not old and broken down. You’re not having to get up every morning and take medication to solve the problem. In the future, you are healthy. I know it.

You don’t have to try to figure out, “Okay, what am I still getting from this physical issue?” **It’s about saying, “I’m ready to let this go and now I do it.” Don’t think about it. Don’t wait till tomorrow. Don’t get into the mind games. It’s like “It is done now.” And then stop and take a deep breath in the moment and let the future go to work for you.**

There’s no room for these physical issues, and you can change it right now, absolutely.

Don’t get into your mind games. Don’t ask a thousand questions.

Every time you ask a question, it goes out into your reality somewhere, like a probe that goes out and it’s not going to come back until it’s answered. But sometimes it takes eons of time. **So stop asking all the damn questions and just allow right now.** ⁶

This is about the energetics of your body, and it’s about the ability of reconnecting with that part of your body that always has and still does know how to rebalance itself. To re-grow limbs – it’s built right in and there is scientific proof of it. But more than anything, energetically it’s absolutely there. It’s been put away, been locked away, been considered one of the great mysteries. And it’s not. **It’s about giving permission and it’s about reconnecting with yourself.** Your body heals itself.

Now, if you’re doing it only so you’re going to be a few pounds lighter or look a little younger, you may want to reconsider. But if you’re doing it to repair or rejuvenate your biological system so you can spend more beautiful years on Earth enjoying what you forgot to enjoy previous to this – previous thousand lifetimes to this – then your body’s going to say, “Yes! Yes!” And you’re going to take a deep breath and say, **“I’m here to play. I’m here to enjoy. I’m here to have fun and to be abundant – abundant in every way, not just money, but abundant in every way.”** ⁷

Feel into your body, even with its aches or pains or low energy or whatever you think is going on. **Feel into the body and what’s *really* going on.** You see, you’re addressing what’s going on at the surface (...) but feel into what’s really taking place in your biology.

A level of unprecedented releasing in a single lifetime (...) Releasing old patterns (...). And an unprecedented level of bringing in new energies, energies to serve you.

Whatever’s going on in your body, whatever is changing, moving, shifting, whatever kind of effects that you’re having or feeling, just allow it with the realization that **you came here in this lifetime to do something, and you’re doing it.** It’s that simple. ⁸

Sources:

1. [Walk On Series, Shoud 3](#)

2. [Transhuman Series, Shoud 3](#)

3. [Walk On Series, Shoud 3](#)

4. [Walk On Series, Shoud 1](#)

5. [Masters Series, Shoud 3](#)

6. [Merlin I Am Series, Shoud 11](#)

7. [Masters Series, Shoud 3](#)

8. [Transhuman Series, Shoud 3](#)



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Here’s how to participate in this project:

- Select **1 – 3** photos of yourself (1 is perfect, but please *no more than 3*)
- Include:
 - Your first name
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Send this information with your photo(s) to photos@crimsoncircle.com



DEADLINE: ALL PHOTOS MUST BE RECEIVED BY JULY 10, 2024.

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MASTER'S LIFE PART 5 - AHMYO

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- Love – the greatest sense of all

THE GOOD LIFE, THE AHMYO LIFE

“Ahmyo” is the conscious every-day realization between human and Master. Adamus says it is “The integration of the human and the divine, the Master and the student,” and is the state of accepting responsibility for everything that happens in your life. In Ahmyo, you begin to understand the physics of true allowing.

In this comforting and inspiring Cloud Class, St. Germain makes it clear that the Ahmyo life is not something to hope for in the future. It is happening now for those who are choosing their embodied enlightenment. In fact, the Ascended Masters who have come before are quite interested in this topic, for it is something they never truly experienced.

NOTE: St. Germain recommends several presentations in conjunction with this Cloud Class, including [Ancestral Freedom](#), [The Wound of Adam](#) and the [Sexual Energies School](#).

NOTE: If you’ve already attended this Cloud Class, you will automatically receive 50% off *in addition* to the 15% spotlight discount.

Cost: \$195 **\$165.75** (and **\$82.88** for previous attendees) through July 31, 2024
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Featuring: Beloved St. Germain
Recorded at the Crimson Circle Connection Center, Louisville, Colorado, August 2017
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SHAUMBRA HEARTBEAT



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By Jean Tinder

(CLICK ON PLAYER TO BEGIN LISTENING TO THE AUDIO VERSION OF THE ARTICLE)



Although we've heard many times that perception creates reality, it's a topic that bears repeating because, well, it's so dang true! Whatever issues are happening in your reality are there *precisely* because of the ways you perceive life, the world, and especially yourself. You may or may not understand the mechanism or "code" that has created your reality as it is, but that never means someone else created it for you.

In the tech world "WYSIWYG" is an acronym for a type of text editor where you can format the text without needing to know how it works. In other words, WYSIWYG (pronounced wizzy-wig) stands for "What You See Is What You Get," meaning you can make the text **bold** or *italic* or something else even if you don't know or understand the coding that makes it so. It's also a great example for how life works, because what you **see** is always what you **get**, one way or another.

A few weeks ago, I was at an outdoor concert at the amazing Red Rocks Amphitheater in Morrison, Colorado. I'd been looking forward to this concert for months; it would be the first time I'd ever seen James Taylor live! We found our seats and settled in, next to a small group of 30-something adults. At some point, one of the ladies commented on the hat my companion was wearing, wondering what it was called. It was a fedora, he wore it well, and she was admiring the look. Her guy was wearing a typical baseball cap, and I made a comment to the effect that with the fedora, my fella was the epitome of cool. She made a face and said, "Well, that only works if you're cool to start with." Her partner winced a little and shrugged at what seemed to be a common "dig" and we all went back to watching the show. But the lady's comment made my heart ache because what she sees – a less than cool dude who never quite measures up – is then exactly what she gets.

Now, they were clearly decent people and obviously there's a lot more to any relationship than can be seen in 30 seconds, but an old familiar dynamic was there. I caught it because I was that woman for way too many years, always seeing how my partners needed to improve rather than seeing the goodness that was already there. It doesn't mean that things should have turned out differently, because people grow and change. But the journey could certainly have been less painful, and I've worked hard to change the way I perceive *everyone*, not just those close to me. These days what I choose to see is the coolest cat in town at my side, and that's exactly what I get because somehow people have a way of living up – or down – to our chosen perceptions.

There's someone else in my orbit who perceives life and most everyone in it as out to get him. Nervous and fearful most of the time, he dreads what's happening in politics, expects sinister repercussions from a stint in the military, worries about neighbors who drive by a little too slowly, is always on the lookout out for bogeymen breaking into the house, and fears the inner demons might somehow take over and turn life upside down. He is constantly exhausted because seeing potential disaster around every corner is an exhausting way to live.

Instead of buying into my magical thinking that life is easy because I believe it is and see its perfection, he thinks I have some special dispensation from the Cosmos that brings me crazy good luck and makes everything work out. Of course, if I do have such favor, it's completely self-created. This is the person that stumbles into road rage incidents (which never happen to me), experiences unending body pain and physical problems, and lives a life of little joy and lots of struggle and frustration. It's hard to let people have their battles when I know life could be so much easier, but what he sees is what he gets. (Although, I think my enchanted life is beginning to illuminate a little bit of magic in his.)

There's another person I am only acquainted with online, but everything she shares refers to two things: the difficulties of life and a tragedy she experienced more than 20 years ago. It was certainly a horrible experience, the kind of thing that wounds you deeply and breaks your heart. But she's still "seeing" it every single day, and it is therefore still defining her life. Perhaps moving on seems disrespectful to a precious memory, but when tragedy is what you see, it's also what you get.

Another person I know has a malignant little voice inside that's always sure the boss is someone to fear. Against all logic, they often worry their job isn't good enough or the boss is going to fire them or at least serve up a generous dose of disapproval. Again, that's a tough and distressing way to live, and even though the boss is perfectly satisfied with this person's performance, they still suffer the internal effects of what they choose to see, whether it's "real" or not.

I truly understand because I've had the same experience way too many times – tiptoeing around, trying to stay small and out of the way, worried about someone's disapproval, and afraid everything was going to crash down around me at any moment. At some point I realized that my self-perception of "not good enough" was creating exactly what I feared! When I let myself be confident, make decisions, accept feedback, and simply take up space in my world, life and work got smoother, more effective, and a lot happier.



I hear so many people – family, friends, Shaumbra – repeatedly telling stories of past wounds and challenges and bad luck. Of course, the stories that are most fun to tell are the ones full of drama and trauma. They have the most juice, but they're about the experiences we don't really want to repeat, so why do we keep telling them? If what we see is what we get, why keep looking at the painful stuff when it's only going to create more! I'm not saying that old wounds should be ignored. But allowing resolution and integration is a far different choice than rehashing old crap again and again.

The cool thing is that this works both ways! For instance, I know people, including myself, who see life through clear but rose colored glasses. There is a charm, ease, and synchronicity to life that often looks like pure magic. Things flow perfectly in every moment, and if there are times when life doesn't seem quite right, it turns out perfect anyway. I personally attribute this to my insistence on seeing perfection everywhere. And not only seeing it, but really *perceiving* and *believing* it. Sometimes it's easy, sometimes it takes a remarkable amount of trust. But when that's the perception I choose, it always, *always* works out.

For example, a few months ago I wanted to watch the solar eclipse in Texas, so made the flight and lodging reservations. However, I procrastinated on reserving a car, always distracted by a more urgent task. Then one day, with only a week to go, I decided it was time to book the car and promptly discovered that every single rental agency within hundreds of miles of our destination was sold out! Apparently, thousands of people had the same idea: "Let's go to Texas for the eclipse!" What now? My partner asked, "You say it always works out perfectly, but how is this perfect?" "I don't know yet," I answered, "but somehow, it is. Everything is going to work out, I promise."

I texted our B&B host asking for recommendations, and he suggested looking in nearby cities, but everything was still sold out. Then an idea came, and I sent another message: "Do you know anyone with a second car they'd loan out for a couple days and make an easy \$300?" A couple minutes later he replied, "I have a car you could use, let's talk it over." Within minutes we were on Facetime working out the details. The perfect solution had suddenly appeared.

It always, always, *always* works out perfectly, even when it doesn't look like it's going to, because the perfection is there if I choose to see it. Even the weather cooperated! The area was forecast to be cloudy and stormy the entire day of the eclipse. "Don't worry, we're going to see it," I assured my partner. Driving west, watching more and more breaks in the clouds, I looked for the perfection rather than the frustration. We found the perfect place to settle in, laid down on the blanket, and had a perfect view of the eclipse, along with a few wispy clouds to make it even more interesting and beautiful. What I See Is What I Get. Always.



Now, I admit this way of living requires a *lot* of trust, but it's trust in my Self, not some unknown God or impersonal universe. I don't have to know the coding or how it works; I just have to trust. My life is perfect because *that's how I choose to see it*, and therefore it is so. When "bad" things happen, if I continue to trust the inherent perfection, the "bad" changes to "Interesting. I wonder how this will work out." It's not about changing or fixing what's happening, but simply accepting and seeing that *what is*, is exactly as it should be.

When I say "see," obviously it's not just what you look at with your eyes. It's more about what you believe and therefore perceive to be true. So perhaps a better way to write it would be "What You Perceive Is What You Get." WYPIWYG... wippy-wig. Whatever term you use, the most important thing to remember is that the *perceiving comes first*. I don't wait until things work out to see the perfection. I acknowledge that it's *already* perfect, then watch and see how the perfection unfolds.

Of course, there are plenty of things in life that don't seem perfect. If it's about other people, let it go. That's not your business. But in *your* life, you are free to explore any and all perceptions until the perfection becomes apparent. Because the more you see it, the more you get it.

My world is how I perceive it. Period. Whether good or bad, challenging or easy, lucky or miserable, I *always* get to choose my perception, and therefore my reality. Maybe from the outside it looks like I live some kind of charmed life, as if I won the lottery of helpful angels and lucky stardust, but really, I won the lottery of my Self. Every game is rigged to win because it's all in the eye of the beholder and wippy-wig!

AUTHOR



JEAN TINDER

As Crimson Circle's Content Manager, Jean is fulfilling her life-long dream to shine her light in the world. On a spiritual journey since childhood, she founded Crimson Circle in 2002, joined the staff in 2008 and never looked back. Her first book is called "[Stories from My Last Lifetime](#)."

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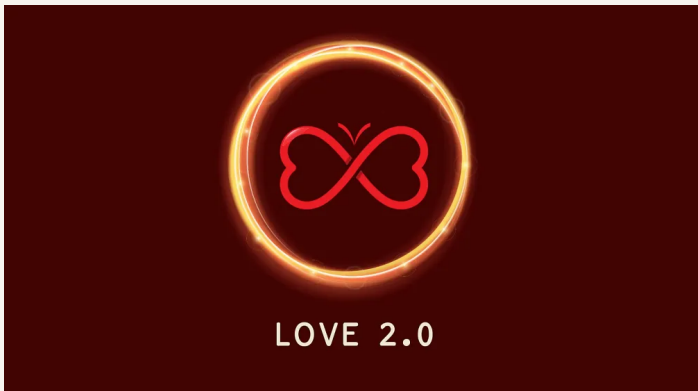
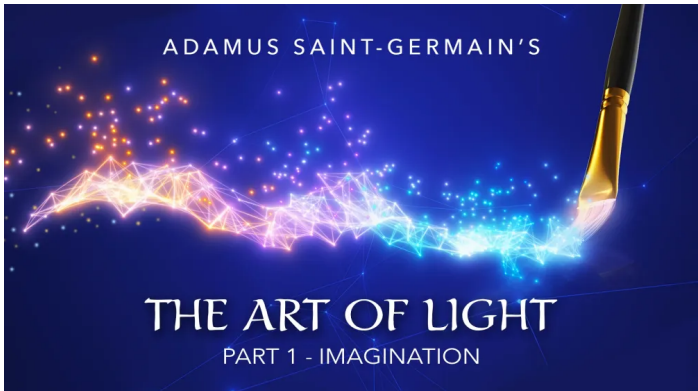
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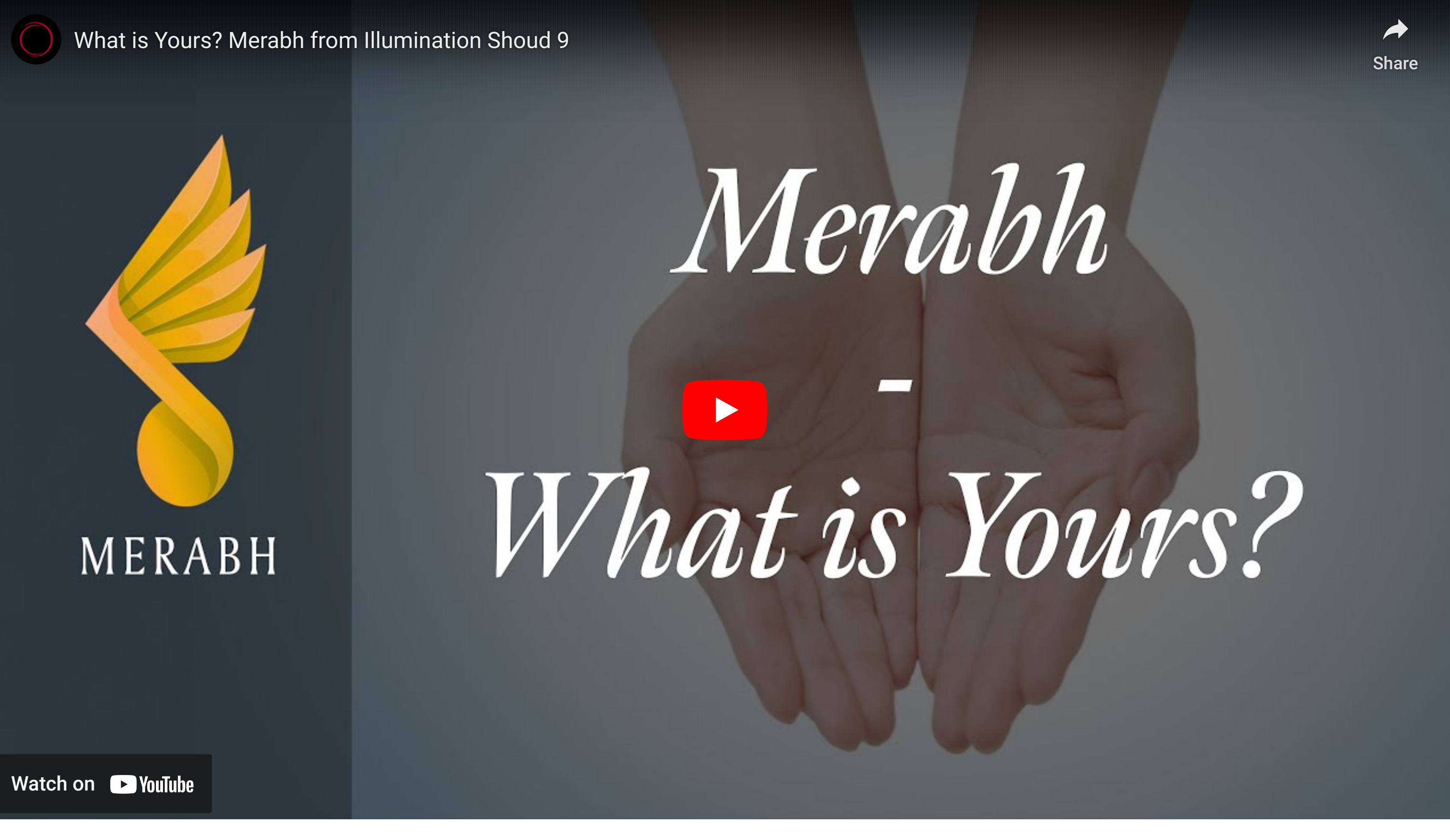
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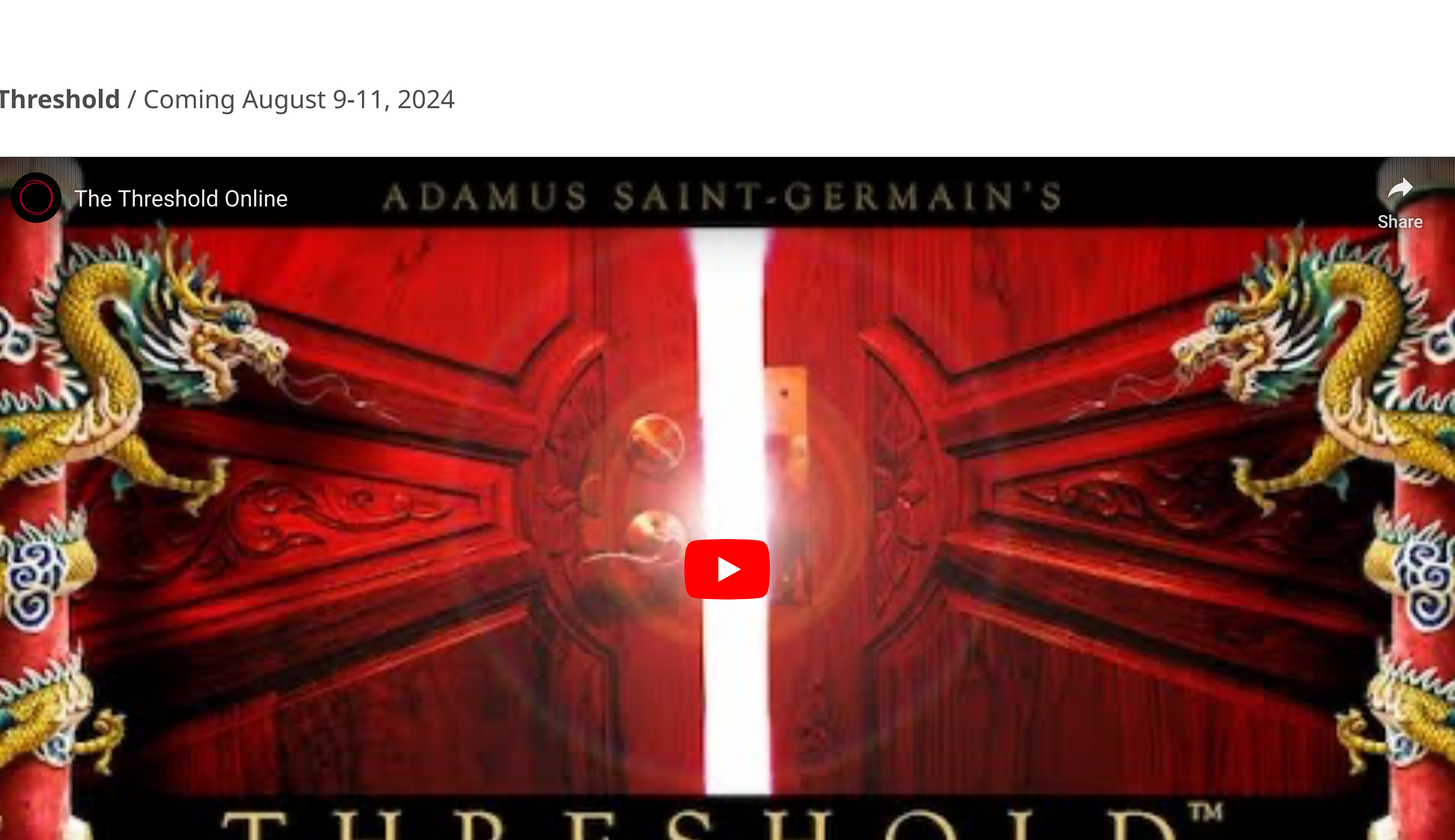
Adamus doesn't hold back! / Interview with Michael Sandler – Inspire Nation



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“

All the hard parts are done. Now it's just a matter of being a little crazy, of being totally free, of always allowing.

— Kuthumi