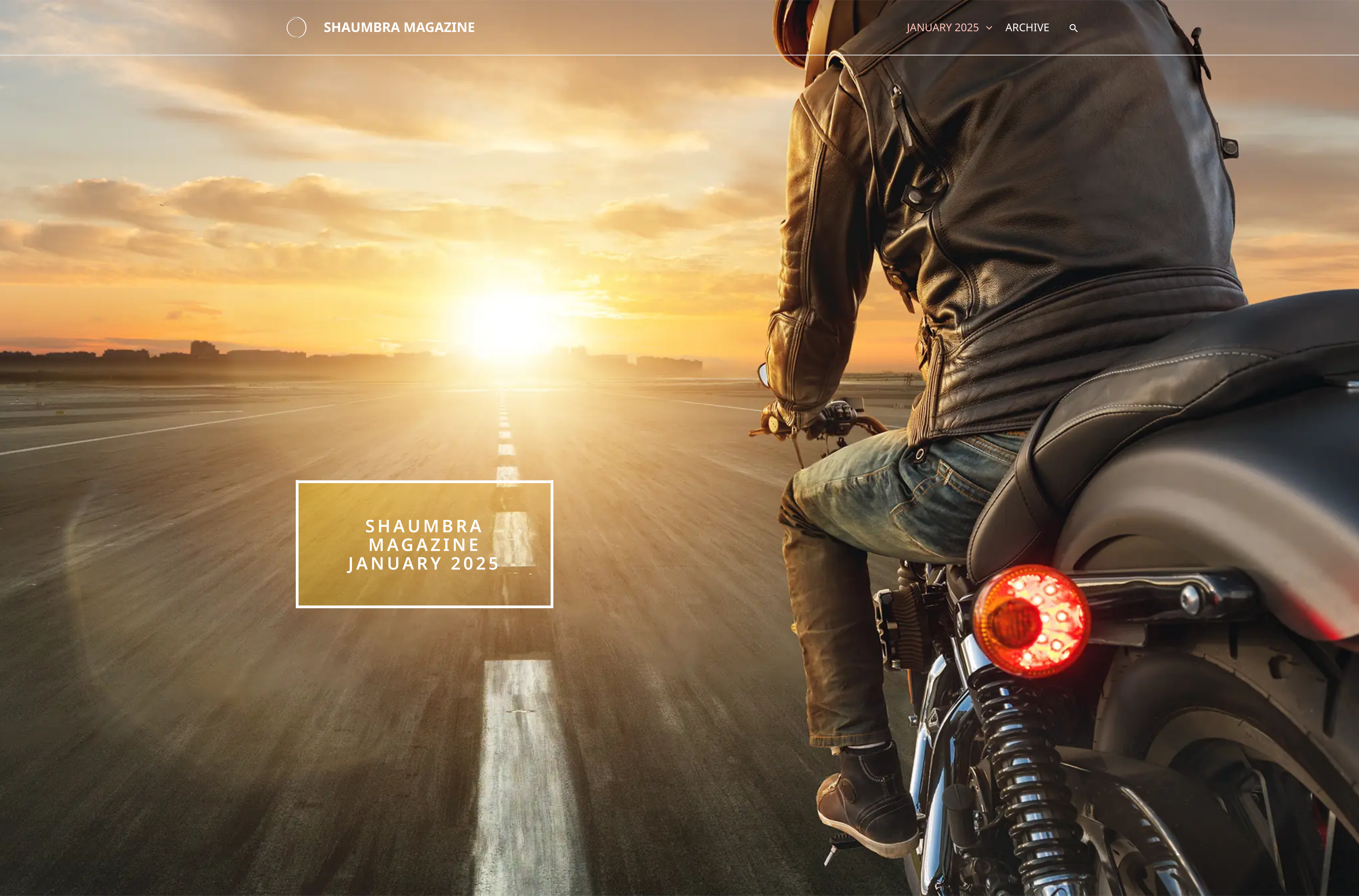


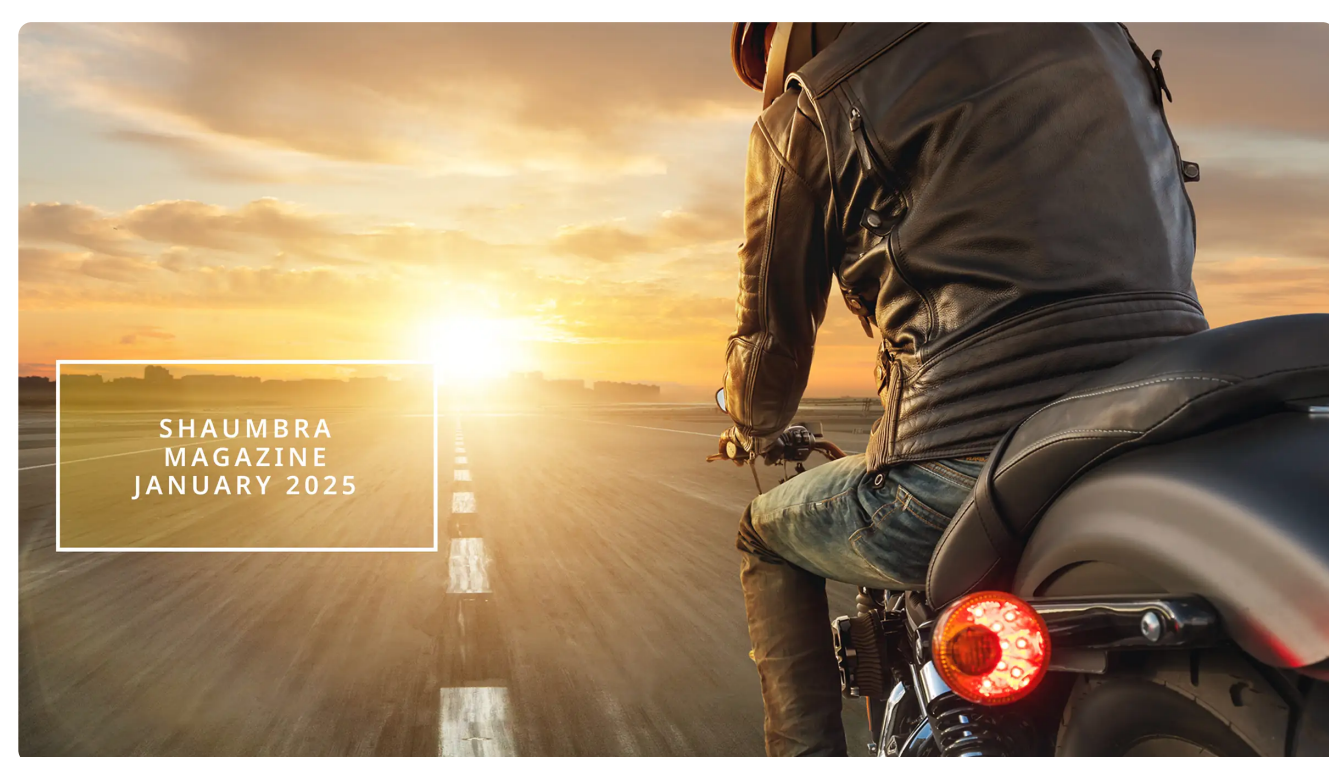
SHAUMBRA
MAGAZINE
JANUARY 2025





WELCOME TO SHAUMBRA MAGAZINE

I N S P I R E C O N S C I O U S N E S S



ai stuff

Welcome to Shaumbra Magazine!

Here are some tips to make reading it easy:

- **TRANSLATE** – Use [Google translate](#) or [DeepL](#) for easy conversion to your language.
(Get the DeepL plugin for [Chrome](#) / [Firefox](#) / [Edge](#).)
- **PRINT** – To print individual articles, scroll down and use the “Print” button at the end, then select your printer or choose the pdf option.
- **DOWNLOAD** – To read the magazine offline, use the button “DOWNLOAD PDF VERSION” on the upper right.
(this format has active links but is not optimal for printing).
- **AUTHORS & ARCHIVES** – To see past issues and browse the Author listings, click the ARCHIVE link in the menu.

Thank you for shining your light!

The CC Magazine Team



LEAVE A COMMENT

Your email address will not be published. Required fields are marked *

Type here..

Name

Email

Website

Save my name, email, and website in this browser for the next time I comment.

Post Comment »

READ FIRST ARTICLE

JANUARY • TABLE OF CONTENTS

DOWNLOAD PDF VERSION

Founder: Geoffrey Hoppe

Co-Founder: Linda Benyo Hoppe

Editor: Jean Tinder

Art Director: Marc Ritter

Full-time Staff

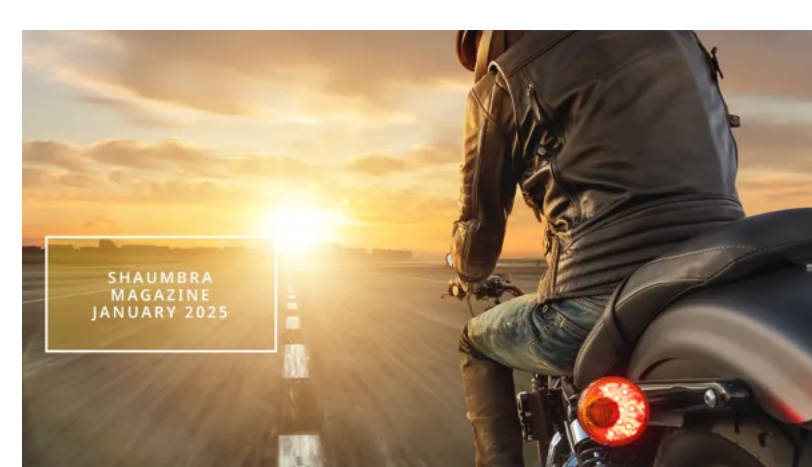
- Virgilia “Vili” Aguirre
- Alfredo Barranco
- Alain Bolea
- Brian Crace
- Seissa Cuartas
- Julio Cesar García
- Juan Carlos Juárez
- Alberto Lunagómez
- Cristian Mendoza
- Jorge Merino
- Carolina Oquendo
- Peter Orlando
- Iván Parra
- Pavel Ramírez
- Steve Salins
- Juan Luis Santamaría
- Jean Tinder

[Full Staff & Volunteer List](#)

Crimson Circle Energy Co.
 PO Box 7394
 Golden, CO 80403 USA
 crimsoncircle.com
 Crimson Circle IP, Inc.



JANUARY 2025



WELCOME

By [Crimson Circle](#)

Magazine tips, full-time staff list, and more

[Read More](#)

2025: SEE CHANGE

By [Geoffrey Hoppe](#)

Perception is reality; choose well

[Read More](#)

I AM DEBT-FREE

By [Crimson Circle](#)

Release one of the final blockages to freedom

[Read More](#)

ASPECT BATTLES

By [Jean Tinder](#)

What's true when it all sounds like "you"?

[Read More](#)

UPCOMING EVENTS

By [Crimson Circle](#)

See all upcoming in-person & online events

[Read More](#)

CALENDAR

By [Crimson Circle](#)

A list of all the Crimson Circle events for the next 6 months

[Read More](#)

LOSING THE REALM WORKER BLUES

By [Joep Claessens](#)

Fed up with allowing, it finally happened

[Read More](#)

NEWEST PRODUCTS

By [Crimson Circle](#)

Recent releases from Adamus and friends

[Read More](#)

REALM WORKERS ANONYMOUS

By [Kim Seppälä](#)

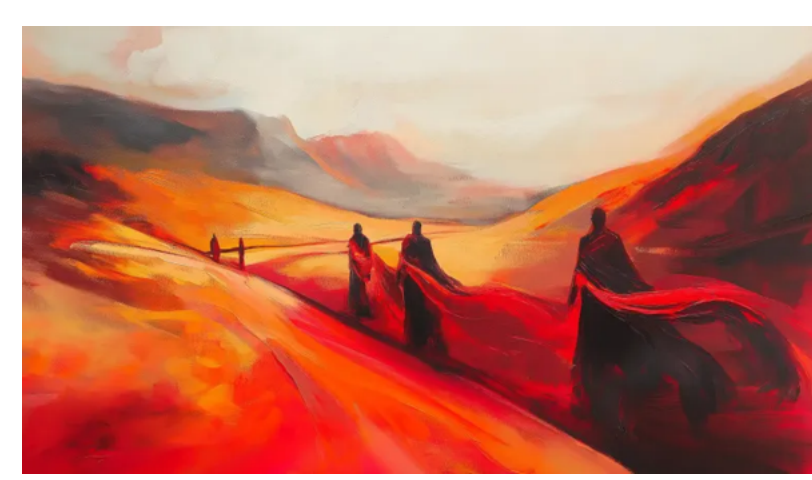
No longer alone, and no more hiding

[Read More](#)

MICHELLE MACHALE RETIRES

By [Crimson Circle](#)

Celebrating our beloved pioneer

[Read More](#)

WAKING TO THE DEEPEST DREAM

By [Marina Stoilov \(Izarah\)](#)

A brief history of Shaumbra

[Read More](#)

DEAR MASTER, HOW CAN I FIX MYSELF?

By [Carolina Oquendo](#)

A simple answer to an eternal question

[Read More](#)

SPOTLIGHT – DREAMWALK FOR CHILDHOOD MAGIC

By [Crimson Circle](#)

Sweet support for being human

[Read More](#)

SHAUMBRA HEARTBEAT – DISSOLVING THE CAGE

By [Jean Tinder](#)

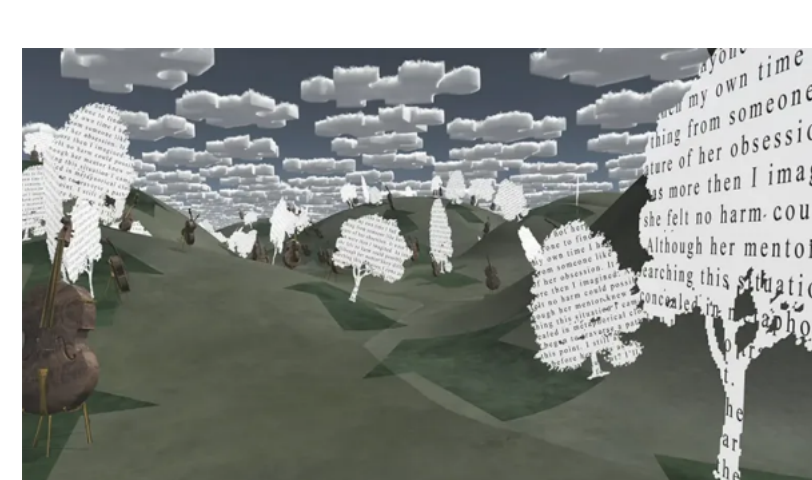
Setting yourself free is worth the price

[Read More](#)

NEW ANGELS

By [Crimson Circle](#)

A special welcome to our newest Angels!

[Read More](#)

NEW TRANSLATIONS

By [Crimson Circle](#)

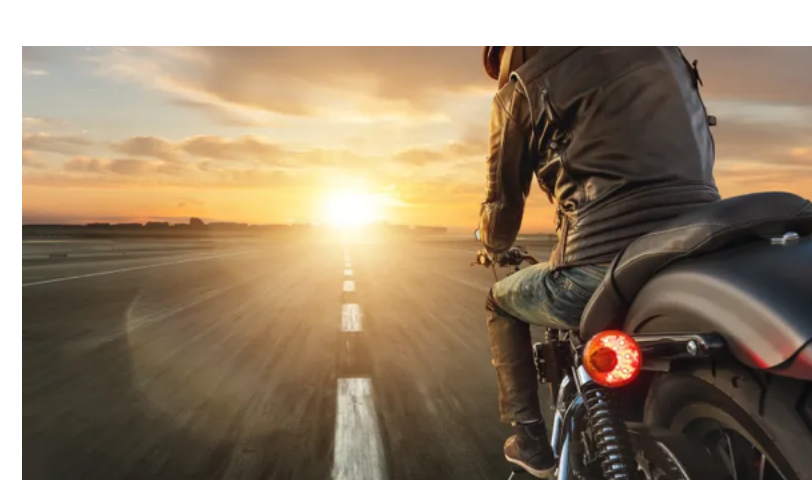
Check here every month to see the newest translations!

[Read More](#)

NEW VIDEOS

By [Crimson Circle](#)

Recently published Shoud recaps and merabhs, special releases, product previews, interviews and more.

[Read More](#)

QUOTE FOR JANUARY

By [Crimson Circle](#)

You have a mess on your planet, but it's a smiley mess. It's not because of nasty outside forces. It's because of humanity evolving and technology is pushing the evolution.

— Future Human 2044

[Read More](#)



AI Generated

2025: SEE CHANGE

By Geoffrey Hoppe

I am more aware than ever of the changes that are happening in my life, and in the world around me. The way I communicate with myself has changed. It's gone from internal dialogues that bounced off the walls of my brain and rarely got anywhere except frustration, to flowing non-verbal conversations about the ordinary and extraordinary. I used to dread the internal dialogues because I felt like I was standing in front of a judge and jury, chained to a millstone without a stitch of clothing. Now most of the conversations are like old friends sitting on a park bench on a glorious early autumn day, finding no need to share words because the energies speak for themselves.



I am more aware than ever of the changes in the world around me. Nearly everything is moving at break-neck speed. Whereas once it seemed like nothing would ever change (especially in the 80s and 90s), now things are moving so fast I can barely keep up. Sure, asphalt highways are still made of asphalt, but many of the cars that ride them are now electric, and some totally autonomous. No driver needed. The people in the cars, whether gas or electric, are using their smart phones for geo-guidance while instantly communicating around the world via text message, while asking Siri to make restaurant reservations, while tracking their heartbeat and blood pressure, while checking the weather, while taking photos of me with my disapproving stare for not paying attention to the asphalt highway. (I have no desire for an autonomous car. I like driving. I like to feel the car respond to me rather than to technology.)

There are also big changes going on within the Crimson Circle. Adamus is pushing harder than ever with his metaphysics, prodding us to release our issues, and motivating us to shine our light. As I'm recovering from a Shoud or workshop, he's already a mile or two down the asphalt highway with the next round of insights. I have to quickly find my balance and hit the pavement to catch up.

Crimson Circle is also changing how we serve Shaumbra. We've amped up our video production capabilities over the past few years. We're able to produce better video content using the latest technologies and human talents, and we're turning it around faster than ever. Our new enterprise-level website is cleaner, faster and easier to navigate. It ranks right up there in technology whistles and bells as a company 10 times our size. In the past 4 years we've invested heavily in our technology team. Led by Jorge Merino, we now have 10 full-time programmers and developers on staff. You can see the changes in everything from our live Shouds, Cloud Classes, website and store.

Adamus' latest push is getting us to understand that humans are filled with goodness, albeit covered up at times, and that there are no greater beings than human beings. This is a huge change from conventional thinking of humans as flawed and lesser-than beings. Huge. Adamus' position is that until we recognize the goodness and god-ness within us, the light of humanity will remain hidden. As Shaumbra, our job is to shine our light and allow the chain-reaction of lighting up around the world as others make the courageous shift to acknowledge their goodness.

It's far too easy to fall into the belief of humanity's decadence. The gravity of despair pulls us in and holds us in its murky waters. Yet all it takes is a few bold, outrageous beings to gravitate towards their goodness rather than their flaws. That is the nexus of humanity's next chapter, the Age of Consciousness.

For Shaumbra, 2025 is the Year of *See Change*. *See Change* is derived from the old term "sea change." It refers to a profound or significant transformation, often denoting a substantial shift in perspective, attitude, or circumstances. This idiomatic expression is commonly used to describe major changes that affect individuals, groups, or society at large.



"Sea change" has its roots in William Shakespeare's play "The Tempest," written around 1610-1611. It appears in a song sung by the supernatural spirit Ariel to Ferdinand, a prince of Naples, after Ferdinand's father's death by drowning:

"Full fathom five thy father lies,
Of his bones are coral made,
Those are pearls that were his eyes,
Nothing of him that doth fade,
But doth suffer a sea-change,
Into something rich and strange."

Shakespeare used the term to describe a literal transformation caused by the sea, where a drowned man's body is changed into something "rich and strange." In modern contexts, *sea change* is used to describe significant shifts in various domains:

- **Societal Changes:** It often refers to broad transformations in public opinion, cultural norms, or social attitudes. "There's a global *sea change* of attitudes about same-sex marriages."
- **Personal Transformation:** The term can describe a dramatic change in an individual's life. "After years of pursuing a high-stress corporate career, Wolfgang experienced a *sea change* in his priorities following a health scare."
- **Business and Politics:** It's frequently used in corporate and political contexts to indicate major shifts in strategy, policy, or public sentiment. "The 2008 election of Barack Obama as the first African American president of the United States marked a *sea change* in American politics."

In the Shaumbra context and with modified spelling, *See Change* means:

- **Be aware of change.** Change *is* taking place at record speeds, but until you open your eyes and see it, the changes will pass you by. When you see change, you'll see your role in humanity's transformation as a *Seer*.
- **Envision change.** See change in your dreams and imagination. See the potentials of change, rather than letting gravity suffocate your Master vision. See the wings of hope and dreams, and see yourself riding on these wings.
- **Perception is reality.** As a *Seer* you can simply see the life you want, then live it. As Henry David Thoreau wrote, "It's not where you look that matters, it's what you see."

In *See Change*, we've taken an old phrase and giving it a new meaning. It's an appropriate reminder for Shaumbra for 2025:

See Change within yourself because it *is* happening.

See Change in the world around you because it *is* happening.

See Change as you go into new depths of your imagination. Some might call it magic; for you it's just new levels of imagination beyond conventional physics. A *Seer* goes beyond convention.

If Shakespeare were to rewrite the song today it might go like this:

"Full fathom five my old self lies,
Of my bones is wisdom made,
Those are pearls that were my eyes,
Nothing of me that does fade,
But does allow a See Change,
Into something rich and sage."

Happy New Year, dear Shaumbra of Good Heart. See Change and it will happen.



AUTHOR



GEOFFREY HOPPE

Geoffrey Hoppe created the Crimson Circle in 1999 after a series of conversations with the angelic being known as Tobias. He left the corporate world in 2001 to devote his full time to the Crimson Circle, along with his wife Linda. Geoff channeled Tobias until 2009 when Tobias returned to earth in a new incarnation known as Sam. Tobias handed off his guidance role with the Crimson Circle to Adamus Saint-Germain, a facet of the Beloved St. Germain who has been working with humans for hundreds of years. Geoff has been the messenger of Adamus Saint-Germain ever since.

[View all posts](#)

[Share](#)

LEAVE A COMMENT

Your email address will not be published. Required fields are marked *

Type here...

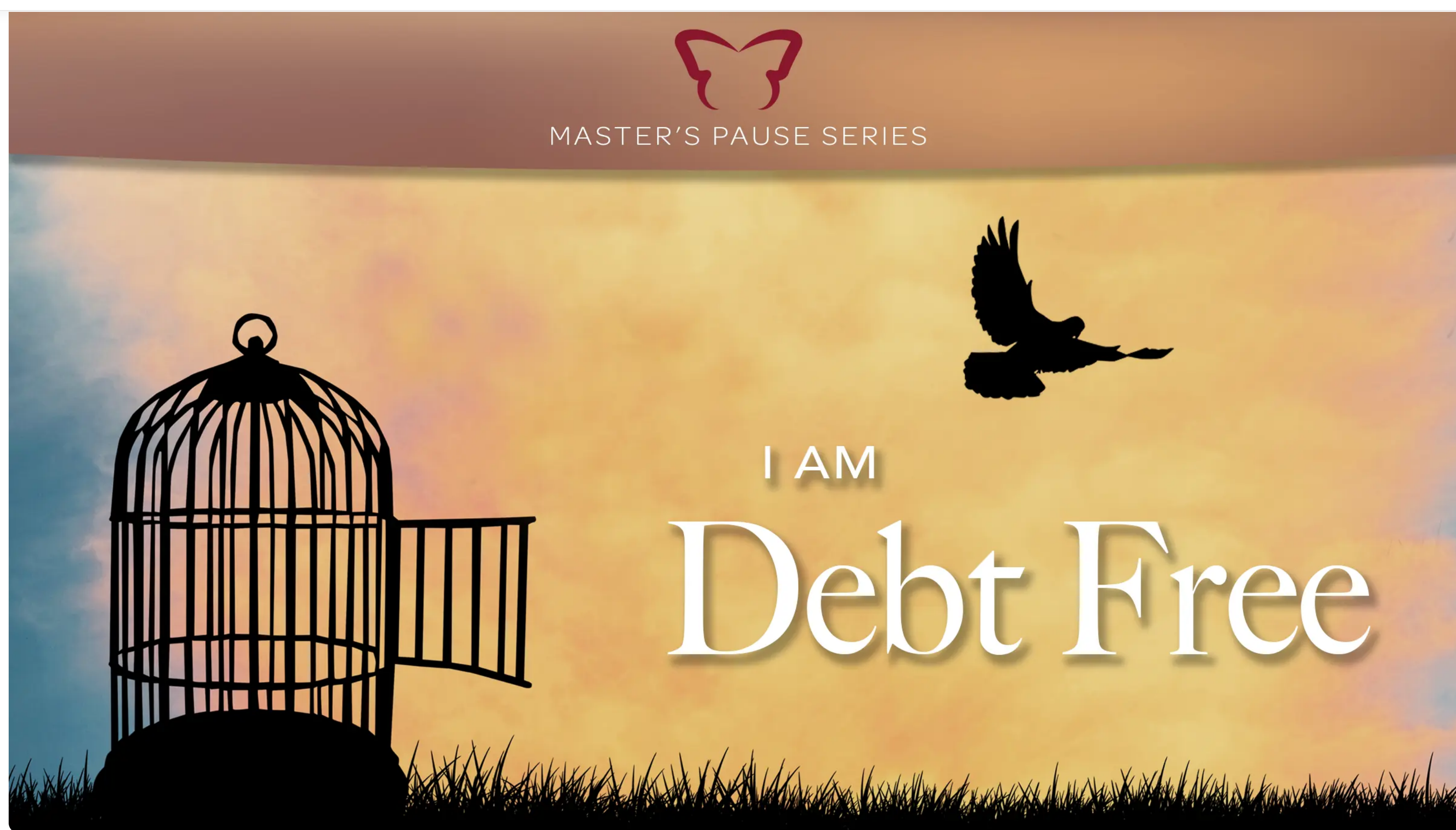
Name

Email

Website

Save my name, email, and website in this browser for the next time I comment.

[Post Comment](#)



A NEW MASTER'S PAUSE! – I AM DEBT FREE

Adamus opens this important message with a little story:

I was sitting one night at the Ascended Masters Club by the fireplace, feeling into our journey with Shaumbra and what we've done in these years. It's really quite amazing. But I always feel into too, what are the blockages? What's holding people back? There's a long list of them, but we're getting through that list – things like doubt, lack of self-worth, that feeling of being totally lost, of wondering why the hell you came back in this lifetime. We're moving through the list, but as I was going through it, one in particular popped up, one we hadn't really addressed, and that's debt.

So, I instantly called up on Cauldre, my messenger here – yes, it was about 2:30 in the morning, but that's all right, it's a good time to talk – and I said, 'Cauldre, we need to do a Master's Pause about being debt-free, about letting go. I see that it's a blockage, that there's a lot of Shaumbra that don't understand sometimes what's holding them back, and one of those things is debt.' So here we are talking about being debt-free, being sovereign, letting go of that baggage.

In this Master's Pause, Adamus gives practical and passionate advice for letting go of debt to truly set yourself free. This is one you don't want to miss!

Abundance can't really flow very well when you're in debt. Once debt is released, the abundance starts flowing again.

– Adamus Saint-Germain

HIGHLIGHTS

- Money is just materialized energy
- Have no shame or guilt about debt
- You've been learning about energy
- When debt is released, abundance flows differently
- How has debt served you?
- Are you ready to let it go?

Length: 1:29:49

Format: Downloadable audio, text, video

Cost: \$25 (through March 3, 2025; \$33 thereafter)

MORE INFO

WATCH EXCERPTS



Share



AI Generated



By Jean Tinder

The journey back to sovereignty isn't for the faint of heart!

During our sojourn into time and space, we've amassed a remarkable amount of baggage in the form of identities, costumes, masks and souvenirs. Like a helium balloon covered in countless layers of leaden paint, even though our nature is to soar, we're weighted down by it all.

For most Shaumbra, this lifetime is about gradually letting it all fall away, keeping only the memories and the wisdom. Because of this, I consider Aspectology to be one of the most important workshops I've ever experienced. Like the Sexual Energies School, it unlocks profound understandings about how life actually works and provides the foundation for creating your life as a sovereign being.

However, as with anything that's truly life-changing, it takes courage to deeply experience the difficult feelings that accompany real change. While a basic mental understanding of Aspectology can be very helpful, real-world transformation comes from bravely facing yourself in the darkest moments. And this is where it gets tricky.

How do you know when an aspect is running the show? What can you do when the inner conflict seems impossible to resolve? How do you even know it's an aspect issue when the emotions, thoughts and fears just feel like *yourself*?

I've learned a lot in my own personal journey of integration, and one of the most helpful things to remember is this: Emotions depend on stories, and stories come from – and maintain – aspects. Therefore, every emotional reaction indicates the presence of an aspect.

Often, aspects cause tremendous pain and inner conflict. We think it's our own self that's confused or in trouble, but when we recognize what's going on, we can finally find the way out. Or, more accurately, our Self is finally allowed in.

Not every aspect is "bad," and every one of them was created for a valid reason. Sometimes it was to protect ourselves from further harm or to keep us from harming others (again). Sometimes aspects keep us on the path, and sometimes they only distract. Whatever the reason for their existence, we can't take aspects with us into sovereignty. It doesn't mean we destroy them; it means that these partial and often unbalanced expressions don't have the ability to be sovereign. They try to take charge of our lives but, not having the capacity of full awareness, they'll never do a good job.

Many years ago, I wrote [\(here\)](#) about an experience with conflicting aspects. One was twisted and dark, stuck in the arrogant rage and cruelty of something long ago, and it was easy to despise that part of me. But hold on – who is despising whom? My soul, the All That I Am, despises nothing! *Every* experience is treasured and welcomed, so it's not about sorting out the aspects and helping the "good ones" win.

Instead, integration about allowing the conflict to rage within, feeling it all, AND holding on to the awareness of my bigger Self, the Me who *contains* the storm. When it comes to this inner reunion, value judgments of "good" and "bad" simply have no place, and this is where the courage is needed.

It takes tremendous bravery and determination to face both your darkest and most righteous parts without bias. Like the debt I wrote about this month, they're in an imbalance that can never be settled. So, to paraphrase Einstein, we cannot integrate our aspects from the same level at which they were created – that of right and wrong, wanted and despised.

When you are ready to accept full responsibility and authority for your life, whether you know what that means or not; when you're ready to face yourself with courage; when you're willing to bring all of yourself home, Aspectology is for you. It's where freedom begins.



ASPECTOLOGY®

Aspectology is offered once a year, hosted live online by Geoff & Linda Hoppe.

REGISTER NOW!

THE NEXT CLASS IS JUST AROUND THE CORNER ON JANUARY 24-26, 2025

MORE INFO

WATCH EXCERPTS

Share

LEAVE A COMMENT

Your email address will not be published. Required fields are marked *

Type here..

Name

Email

Website

Save my name, email, and website in this browser for the next time I comment.

Post Comment »



UPCOMING EVENTS

ONLINE EVENTS 2025

**PROGNOST™ 2025
ADAMUS' ANNUAL PLANETARY FORECAST
ONLINE • JANUARY 11, 2025
TAMBIÉN EN ESPAÑOL**

Since 2014 ProGnost has become one of the most sought after and discussed Shaumbra events of the year.

Adamus, dedicated to guiding us into our embodied Realization, doesn't usually address the state of the planet, politics, aliens, the environment, or the future.

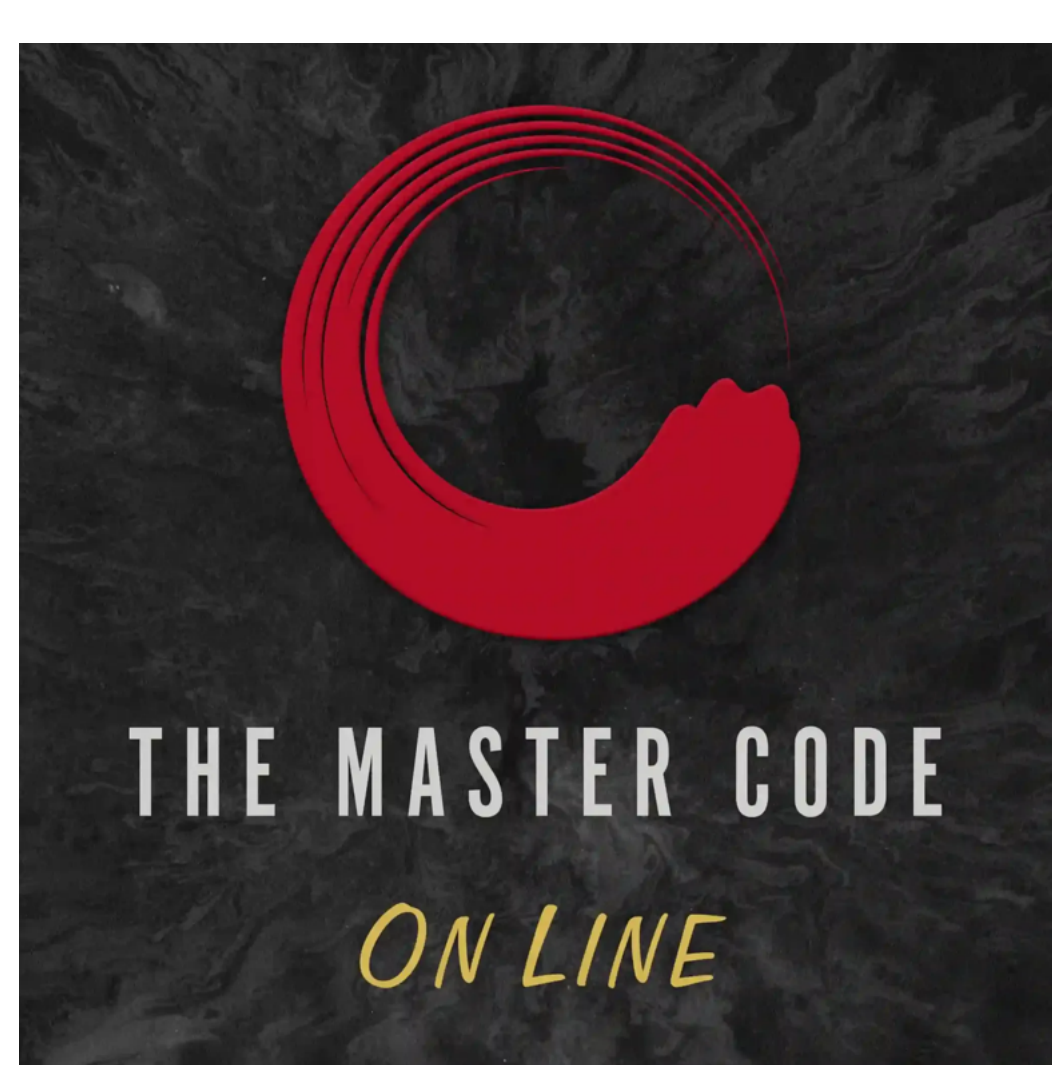
But twice a year he opens his cloak to reveal what he and the other Ascended Masters foresee for our planet in the years ahead.

[MORE INFO](#)[MÁS INFO](#)**ASPECTOLOGY®
ONLINE • JANUARY 24–26, 2025**

Aspectology, also called "New Energy Psychology," is a groundbreaking study of human nature, healing and creation.

Unlike traditional psychology which assumes there is something wrong with you that must be fixed (or medicated), Aspectology assumes that you are whole and complete at your core, no matter the level of your current difficulties.

Offered once a year only.

[MORE INFO](#)**THE MASTER CODE
ONLINE • MARCH 22–23, 2025**

There is a path, a destiny that brought you through lifetime after life-time, called The Way, coded in Atlantis.

It's finally time to release the Atlantean Code, formed in guilt and remorse. The mind will resist, then it will rejoice as the light of your soul releases the tightly fused energies.

It's time for a new Code, The Way of the Master, and your greatest gift to humanity, the Ascension Code.

Offered once a year only.

[MORE INFO](#)**SEXUAL ENERGIES SCHOOL®
ONLINE • JUNE 20–22, 2025**

This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self.

Hosted live by Geoffrey and Linda, it includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

[MORE INFO](#)

IN-PERSON EVENTS • WINTER / SPRING 2025

**NEW!****KITA – KICK IN THE ARSE
KONA, HAWAII • FEBRUARY 19–23, 2025**

Are you feeling like your energy is tied in knots, stuck or bogged down? If so, this live workshop with Adamus at the beautiful Villa Ahmyo in Kona, Hawaii might be just the thing to get you back on track.

[MORE INFO](#)**MASTERS CIRCLE
FROM SORCERERS TO SOURCE-ERERS
KONA, HAWAII • MARCH 10–14, 2025**

During this Masters Circle Adamus will speak to our past lifetimes as witches, warlocks, sorcerers and occultists. It's one of the most common elements of our past life experiences, including our times in the Mystery Schools with St. Germain. Adamus will address the traumas and triumphs of our search for source, and after very careful preparation take us into the ultimate source within. There will be plenty of interaction with Adamus and other attendees, as well as deep merabths to facilitate shifts of consciousness.

[MORE INFO](#)**EXPLORING THE NEW LIGHT
KONA, HAWAII • APRIL 9–13, 2025**

During a recent workshop, Adamus Saint-Germain made the first mention of "The New Light." The physics are simple: As a result of Heaven's Cross, there is a new level of divinity and consciousness with many humans around the world. The "light" from the soul's energy that provides the personal life force in this 3D realm refracts in a different way when it lands on a highly conscious or Realized person.

[MORE INFO](#)**NEW!****KITA – KICK IN THE ARSE
KONA, HAWAII • APRIL 23–27, 2025**

Are you feeling like your energy is tied in knots, stuck or bogged down? If so, this live workshop with Adamus at the beautiful Villa Ahmyo in Kona, Hawaii might be just the thing to get you back on track.

[MORE INFO](#)**MASTERS CIRCLE
KONA, HAWAII • MAY 11–15, 2025**

Each Masters Circle event is more of a gathering than a workshop and will be tailored to the specific group of Shaumbra in attendance rather than a more structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus.

[MORE INFO](#)[Share](#)

CALENDAR



NOTE:
Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC - Crimson Circle Connection Center, Louisville, Colorado

VISIT THE CRIMSONCIRCLE STORE FOR MORE EVENT INFO

2025

JANUARY 2025

04	Monthly Webcast & Shoud	CCCC & Online
11	ProGnost 2025	Online
11	Keahak XIV	Online
24-26	Aspectology Online	Online
25	Keahak XIV	Online

FEBRUARY 2025

01	Monthly Webcast & Shoud	CCCC & Online
08	Keahak XIV	Online
19-23	KITA	Villa Ahmyo, Kona, HI
22	Keahak XIV	Online

MARCH 2025

01	Monthly Webcast & Shoud	Online
08	Keahak XIV	Online
10-14	Masters Circle - From Sorcerers to <i>Source</i> -ers	Villa Ahmyo, Kona, HI
22	Keahak XIV	Online
22-23	Master Code	Online

APRIL 2025

05	Monthly Webcast & Shoud	Online
09-13	Exploring the New Light	Villa Ahmyo, Kona, HI
12	Keahak XIV	Online
23-27	KITA	Villa Ahmyo, Kona, HI
26	Keahak XIV	Online

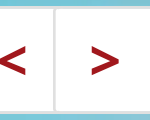
MAY 2025

03	Monthly Webcast & Shoud	Online
10	Keahak XIV	Online
11-15	Masters Circle	Villa Ahmyo, Kona, HI
24	Keahak XIV	Online

JUNE 2025

14 - ONE WEEK LATER!	Monthly Webcast & Shoud	CCCC & Online
14	Keahak XIV	Online
20-22	Sexual Energies School	Online
28	Keahak XIV Finale	Online

Share



AI Generated

By Joep Claessens

It's been almost a year since I dropped out of [Keahak](#) (XIII), Crimson Circle's year-long program of bi-weekly channels from Adamus. It had been building for a while, but I found it hard to let go, as the program was near and dear to me, ever since I was a part of Keahak I. But Adamus just kept going on and on about [metaphysics](#), one channel after another, a topic that never particularly interested me. Don't get me wrong, I understand why Adamus has been using the Keahak platform to add that information to mass consciousness. Like Jami – future human 2044 – mentioned in his contribution to [Metaphysics of the Merlin](#), his parents will find this specific information in about 2030, helping to kick off their awakening, as well as his. And no doubt, there will be many others for whom this journey is a metaphysical one, more than a spiritual one. Me, I simply never saw the practical applicability of any of the metaphysical concepts Adamus introduced to us. Call me an old-fashioned, more spiritually inclined Shaumbra, if you will.

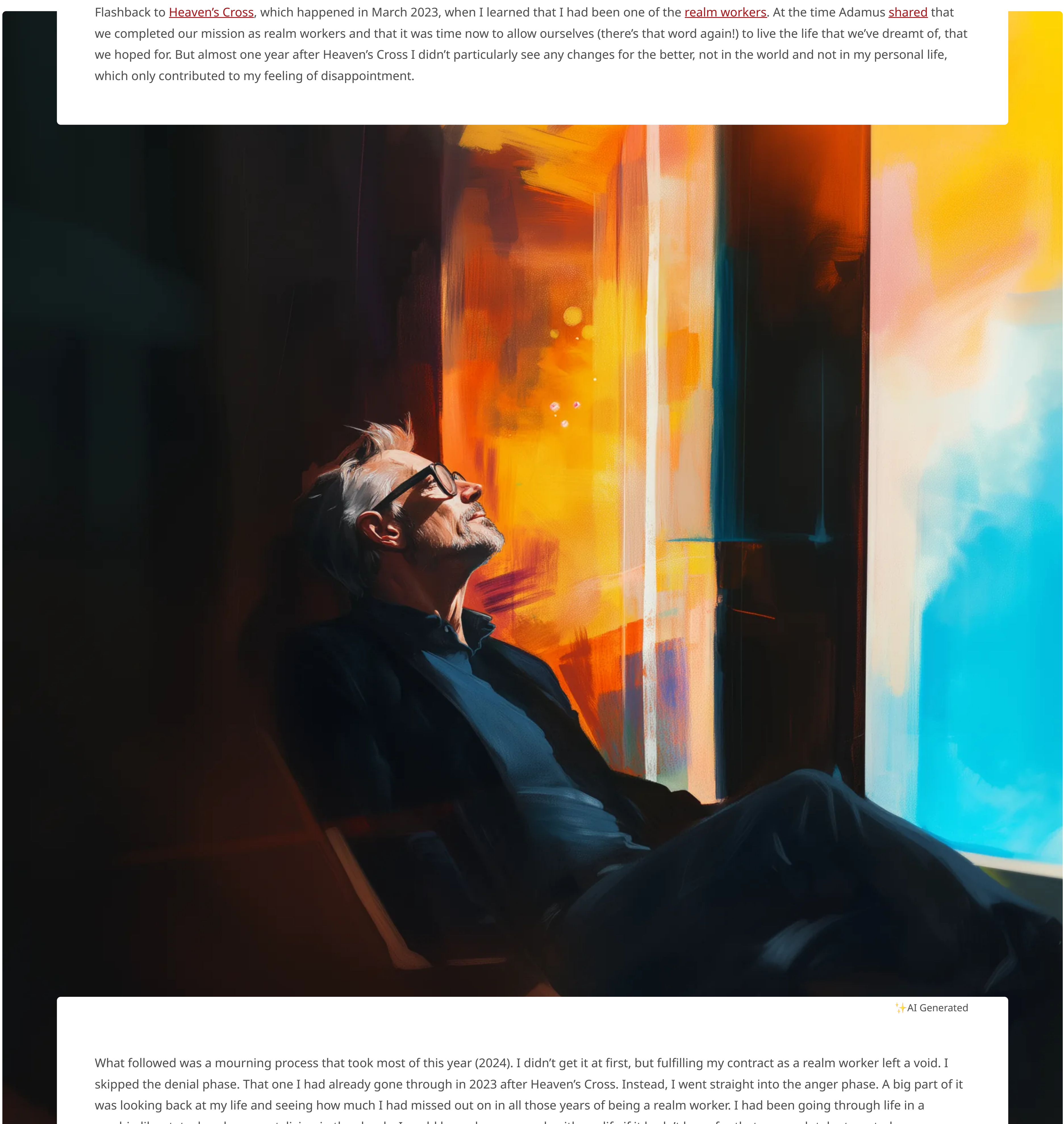
It wasn't just Keahak, I also stopped watching the Shouds broadcasts. I didn't feel that what Adamus was reflecting back to Shaumbra helped me anymore on my journey. I mean, how many times can you tell someone to 'just allow' and expect a different result? It definitely wasn't working for me, for whatever reason. For me 'allowing' had become just another word for 'waiting': it is not there yet, but just wait and it will show up, eventually. Well, I can't say it did, at least not until now.

At the time I didn't really realize what was going on. I just felt I had come to the end of a long road that started somewhere in the late eighties, early nineties. After 30+ years of being on the path, the last 22 with Crimson Circle, I was mostly disappointed and felt I had very little to show for all I went through, shedding old identities, integrating aspects, and losing just about everything on the way to ascension.

I also felt that Adamus was shifting his attention more and more to a new audience. As the song goes, 'there's a new kid in town,' and it made me realize it might be time to move on, leave the Shaumbra family behind and strike out on my own. I have been sucking off the tit of Shaumbra, of Crimson Circle long enough to know that in the end it's about becoming a sovereign being. There comes a point where the Shaumbra 'grouptink' only holds you back, or so it seemed.

It was a weird experience though, not having the Keahak channels or the monthly Shoud to look forward to anymore, not to mention that I also dropped out of Facebook, so no more Shaumbra social media interaction. But all that allowed me to turn within and feel deeper into what was going on. There definitely was lots and lots to feel, like my disappointment about what the journey had brought me, and the sadness about distancing myself from my spiritual family that had been such a big part of my life for more than two decades. It was painful, but underneath all that I also found a void that I hadn't noticed before, a void that over the course of this year turned into a deep depression, another dark night of the soul (oh no, not again!).

Flashback to [Heaven's Cross](#), which happened in March 2023, when I learned that I had been one of the [realm workers](#). At the time Adamus [shared](#) that we completed our mission as realm workers and that it was time now to allow ourselves (there's that word again!) to live the life that we've dreamt of, that we hoped for. But almost one year after Heaven's Cross I didn't particularly see any changes for the better, not in the world and not in my personal life, which only contributed to my feeling of disappointment.



AI Generated

What followed was a mourning process that took most of this year (2024). I didn't get it at first, but fulfilling my contract as a realm worker left a void. I skipped the denial phase. That one I had already gone through in 2023 after Heaven's Cross. Instead, I went straight into the anger phase. A big part of it was looking back at my life and seeing how much I had missed out on in all those years of being a realm worker. I had been going through life in a zombie-like state, barely present, living in the clouds. I could have done so much with my life if it hadn't been for that; so much talent wasted, so many opportunities missed, so much fun I could've had! I always wondered why every time I tried to follow a passion of mine it never went anywhere. That realization sure pissed me off!

The problem was, of course, that I could only be mad at myself, for I was the one who signed up for this at some level. I guess it must have seemed a good idea at the time. But it sure made me mourn the version of me that never was and the list of regrets I came up with could fill a whole article.

Next came the bargaining part, mixed in with a deep feeling of depression. It got to the point where I was ready to pack it in and cross over. My human petitioned All-of-Me to put me out of my misery and be done with it, as I didn't see how anything ahead could make up for all those years of zombie life. My idea was to check out and come back in a hundred years or so for one more, final lifetime, preferably a Kuthumi kind of lifetime. It seems so much more fun to reach realization when you're about twenty years old, like Kuthumi was, and then spend a few decades on Earth as an embodied Master. I also made it clear that I didn't want any obligations, like being called upon to bench or shine my light. I just wanted it to be an easy and fun last lifetime, with no strings attached, unlike the present one has been.

Of course, that didn't happen, or I wouldn't be writing this article. Apparently, my Master Self and Soul have other plans, so my human self was out-voted, alas.

And then a couple of months ago it shifted once again. By allowing myself to feel all the above – the disappointment, the sadness, the anger, the regret, the depression, my death wish – I finally, magically came to a point of acceptance. Suddenly, a lightness came into my life, together with a serious 'fuckitaf' attitude. Something along the lines of "I'm done waiting. I just don't care anymore whether I reach full realization in this lifetime or not. Let's just make the most of it in the years I have left." I guess you could say that my definition of 'allowing' has changed again. I now take it to mean to not give a fig about what comes my way, embracing it all, and going with the flow instead of wishing, waiting and hoping for that life of my dreams to finally happen. Maybe I'm finally getting what allowing was all about to begin with?

It sure took the pressure off, not giving a hoot anymore. I still don't feel the need to return to the fold, I still don't tune in anymore. Maybe someday I will again, maybe I won't. It doesn't matter anymore, as I found within what I've been looking for outside of myself for so long.

I did listen to the *Metaphysics of the Merlin* sessions (to my relief no one talked about metaphysics at all in any of the channels; the title almost stopped me from signing up) and Future Human 2044 Jami's two sessions were the ones I needed to hear. Knowing that in eight years' time the big shift will finally happen sure helped me to reach the peace of mind I feel now. Even if I don't live to see the day, the knowingness that humanity will soon reach that point we've been working towards for eons of time felt like a blessing. If I do make it to 2032, it's the quiet world I would love to end up in. Or else the world of beauty, I'll gladly leave the techno world, as I like to call it, to the Jami's of the planet. In the meantime, be well, Shaumbies and remember to just allow, for Adamus' sake!

AUTHOR



JOEP CLAESSENS

Joep Claessens was surprised to find himself to be the designated ascende for the 1000+ lifetimes his soul has had on planet Earth. To try and make some sense of it all he has been involved with Crimson Circle from the early days and considers himself a Shaumbra Founder. Joep lives in Louisville, Colorado, USA and may be contacted by [email](#).

[View all posts](#)

[Share](#)

LEAVE A COMMENT

Your email address will not be published. Required fields are marked *

Type here..

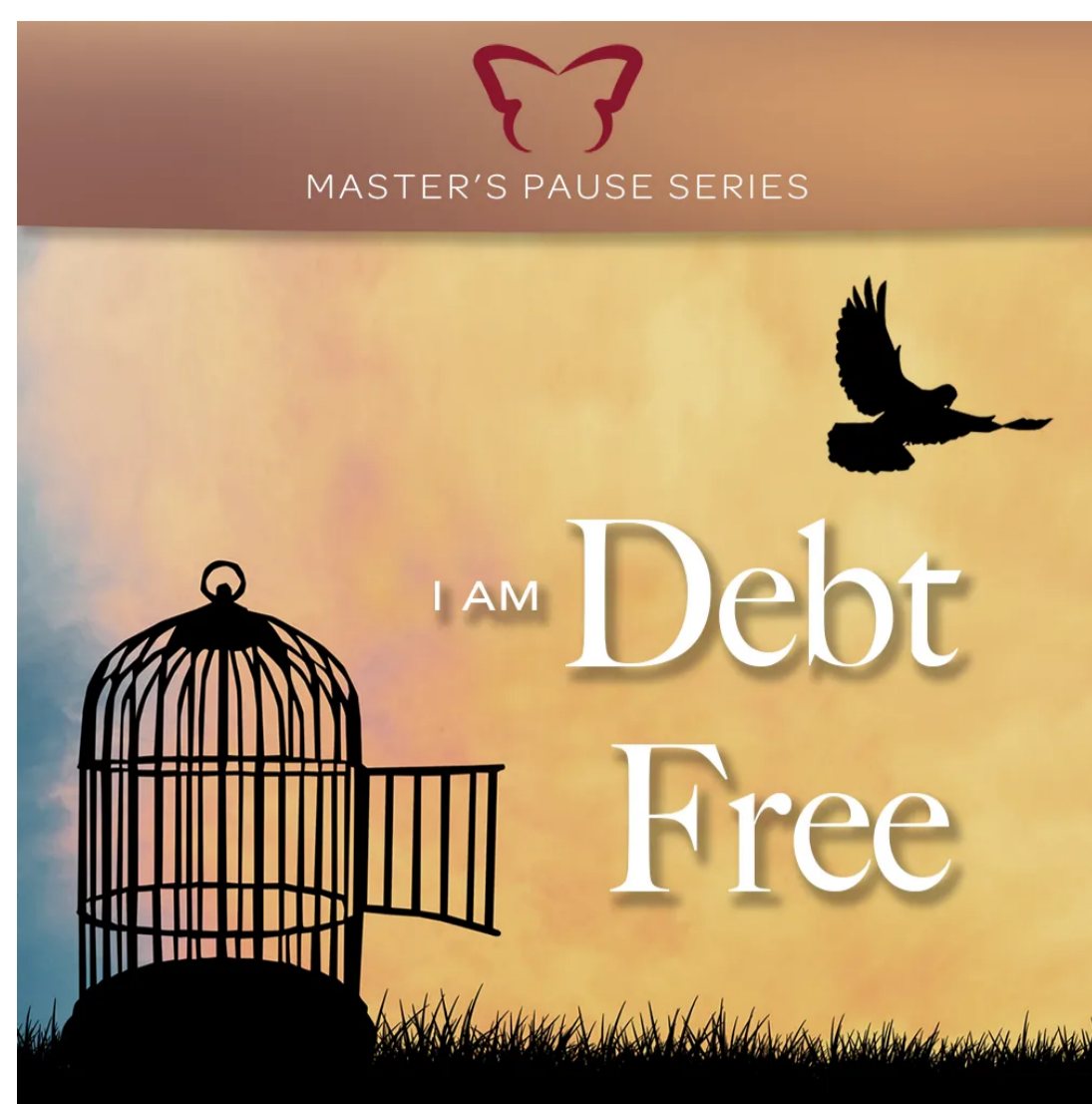
Name Email Website

Save my name, email, and website in this browser for the next time I comment.

[Post Comment »](#)

NEWEST PRODUCTS

Here you can see the four newest releases every month!



MASTER'S PAUSE – I AM DEBT FREE

From Obligation to Mastery

Cost: \$25 (\$33 after March 3, 2025)

Format: Downloadable audio, video, and pdf

Access: Unlimited

Adamus says that debt is one of the biggest obstacles to true sovereignty and freedom, urging you to break free and offering practical solutions to do just that. Being sovereign means being beholden to nothing and no one – a state that is nearly impossible to achieve while weighed down by obligations. Adamus identifies three major categories of debt: financial, emotional, and other types of debt that includes religious, spiritual, ancestral, and even past-life obligations. Letting go of these opens the door to freedom, boundless imagination, and the pure essence of sovereignty.

Making it clear that this is not about shirking responsibility but rather about embracing the truth that all energy is yours, Adamus ends with a profound merabh for becoming debt-free.

Abundance can't really flow very well when you're in debt. Once debt is released, the abundance starts flowing again.

– Adamus

MORE INFO

WATCH EXCERPTS

THE ART OF LIGHT – PART 2: METAPHYSICS OF THE MIND

From Complexity to Angelic Freedom

Cost: \$195

Format: Streaming audio, video, and online text e-reader

Access: 90 days (120 days for CC Angels)

The human brain, the most complex organism in the cosmos, was designed to allow angelic beings to navigate in physical reality. But countless layers of backup and redundancy systems have been added over time, and this burdensome system is now inhibiting freedom. Now you can finally go beyond as the Master emerges to rewrite the story of your life.

The mind creates stories, identities and emotions, which then become self-perpetuating and lead to doubt and suffering. Ultimately, wisdom gives you the bigger picture, helping you realize that it is all your light, your imagination.

"It's no longer about thinking your way through life. It's just being in life."

– Adamus Saint-Germain

MORE INFO

WATCH EXCERPTS



MASTER STORIES – INTO THE APOCALYPSE

Real Masters, Real Stories

CHAPTERS 4 & 5 NOW AVAILABLE!

Cost: \$0 FREE

Format: Downloadable video

Access: Unlimited

A documentary series about a group of Shaumbra navigating human life while being aware of their spirit and continuing the human experience with all its joys and challenges. These Masters discuss living in the time of the Apocalypse, the honor and burden of being bringers of consciousness, and the impact of light on the body and mind. They delve into the insights and challenges of expanded awareness, sharing how they handle change, cope with fears and doubts, apply their understanding of metaphysics to everyday situations, and how deepening connection to their soul changes their views, priorities, and potentials.

These are real-life stories of those courageous enough to stay on the planet and explore consciousness "with their soul eyes open," and may even help you make sense of the experiences you have been going through.

MORE INFO

WATCH ON YOUTUBE

LIVING LIGHT

An Enchanting Tale of Creation

Cost: \$35

Format: Streaming audio, video and online text e-reader

Access: 90 days (120 days for CC Angels)

Embark on an enthralling journey of creation with Adamah, also known as Gaia, as 'she' relates the origins of life and matter, starting from the Big Bang to the formation of Earth (Terra), the emergence of plant and animal kingdoms, and the creation of the Adam Kadmon (human) template.

Adamah describes answering the call of Metatron and being guided by the dreams of the angels on a journey of pure light. The process shared is still the essence of creation. As more people embody this living crystalline light, Earth will evolve into a true Planet of Light, home to beings of living light who are free from biological constraints.

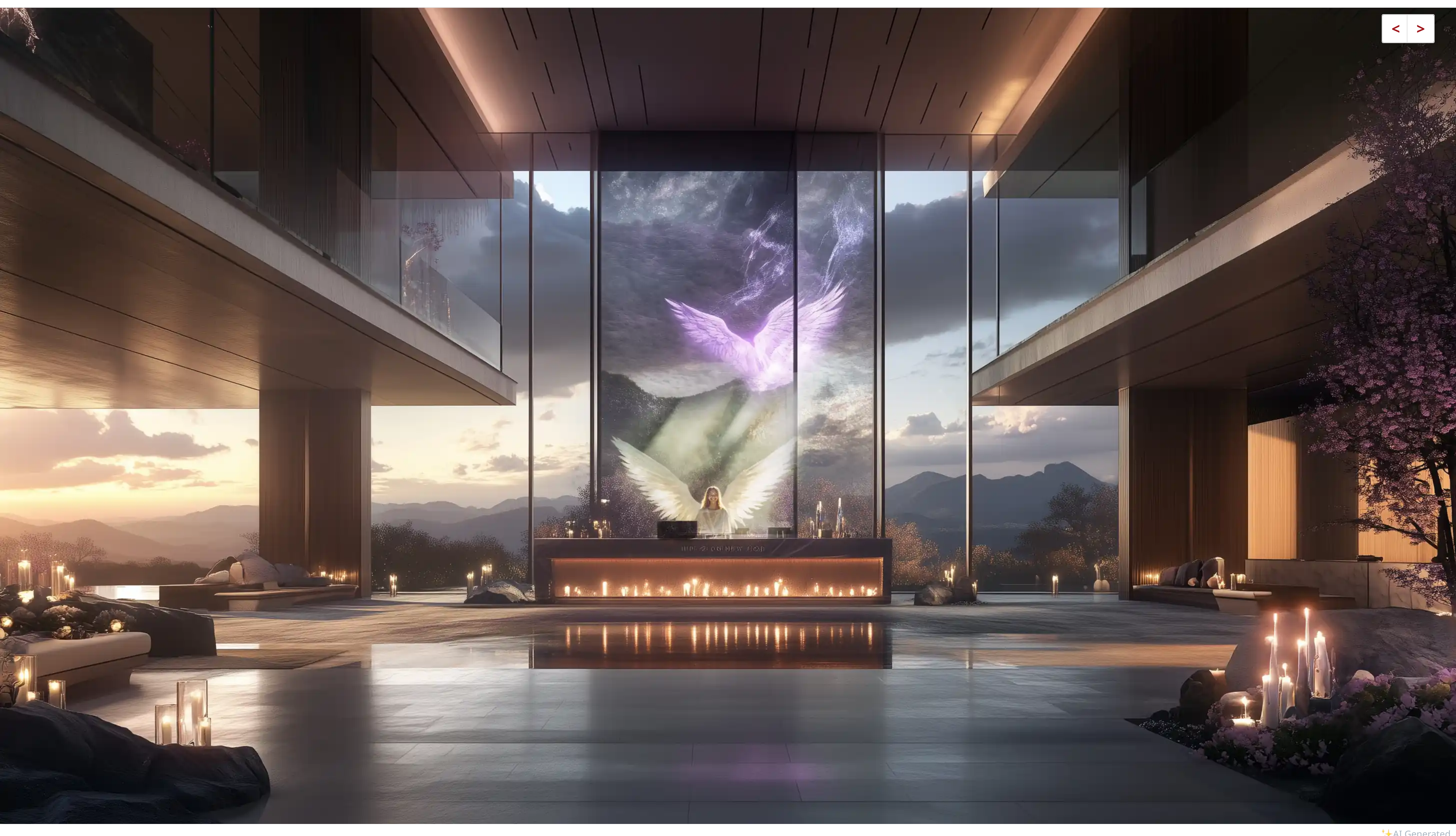
It is time for humans to take on the vital role of caretakers of our precious planet. Adamah promises to guide humanity for the next 20-30 years, eventually passing on this guardianship to those who embrace their light.

MORE INFO

WATCH EXCERPTS



Share



REALM WORKERS ANONYMOUS

- a short story -

By Kim Seppälä

Katie was a retired – not to mention tired – realm worker. It was 20 months into ‘the Apocalypse’ and she still had difficulties adjusting to normal human life. After the third time her partner had gently nudged her to seek some help, Katie finally gave in. She signed up for the RWA Club (Realm Workers Anonymous). Meetings were held in dream-state every Wednesday night at the Shaumbra Service Centre. According to the advertising flyer, they had even built a new wing in honour of the realm workers.

It had been over a decade since she last visited Tobias’ Service Centre. The place was like a 5-star spa, with crystal walls, candles lit with violet flames, and fragrant flowers in every room. They even had musicians playing live music attuned to each guest. *Wow, if I had known how luxurious this place is, I’d have come a lot sooner*, Katie thought. She approached the reception hall. A tall glowing angel floated behind the reception desk.

“Ah, you must be Katie for the RWA Club. Welcome to the Service Centre,” the angel greeted with a wide smile.

“I thought it was supposed to be anonymous,” Katie wrinkled her brow.

“That’s more of a branding thing. We don’t really do secrets in this realm.”

“I see. So where do I go next?”

“Now that you’ve checked in, you can join the meeting. Through that quartz corridor and first door on the left.”

“Thanks.”

“At your service.”

Slightly nervous, Katie knocked on the door. It was opened by a counselling angel with a vivid magenta-colored aura and piercing blue eyes.

“Just on time, come on in. You can call me Gabriella. One moment – Katie, what are these?” The angel looked appalled.

“Er, my wings?”

“I can see that, but why are you still wearing your realm worker wings?”

“Oh, I feel kind of naked without them” Katie whispered in embarrassment.

“Now, I don’t mean to ruffle your feathers,” Gabriella giggled at her own joke, “But we have one rule here: No wings. Burn them, recycle them, donate them to a museum. Just don’t wear them.”

“But-”

“I’ve been watching you, Katie. I know you still go to the other realms at least once a week to do more work.”

“I wouldn’t call it work. I just want to make sure that everything’s running smoothly.”

“We have new troops who are taking care of that. Which you know because you trained them.”

“Give her some slack, Gabriella. We’ve all been there,” a man with a friendly grin interjected. Katie looked around the room. A group of humans were seated in a circle, casually chatting with each other and observing her. Nobody was wearing wings. Reluctantly Katie removed and folded her wings.

“You are supposed to keep her accountable, Tom, not encourage her,” Gabriella said.

“Whatever. Welcome to the gang, Katie.”

“You can sit next to me,” a silver haired woman offered. “What kind of realm worker were you? A cleaner? Constructor? Path-finder?”

“I bet she was a warrior. Or an intergalactic agent,” A young woman guessed.

“Let’s not be pushy,” Gabriella chided. “That’s a very personal question; she will disclose when she’s ready. Now, first step. Repeat after me: The realm work is over.”

“The realm work is over,” Katie said awkwardly. The group clapped, cheered, and raised their wine glasses.

“You’re one of us now,” Tom declared and handed her a glass.

“Alright, let’s get this show started. Who wants to share today?” Gabriella looked around the circle.

One of the participants raised her hand. “So, I’m having difficulties staying in my body.”

“Hmm, are we talking tripping over things and general clumsiness, or full-on dissociation?” Gabriella asked.

“A bit of both.”

“I’m scanning your biology, and it looks like you’re dehydrated. You need to drink more water and take walks in nature. How about the others? Can you relate to what Priyanka is sharing?”

“Totally!” Many heads nodded.

Tom joined the conversation: “But then there’s the issue that when I’m in my body, and I just feel bored.”

“Your problem is that you’re addicted to trouble,” Gabriella sighed.

“I’m working on that.”

“This is really important for all of you. You need to learn that you can be present in the body *and* open to your angelic senses. That way you can be balanced but not bored.”

“Hey, that’s what Uncle Adamus has been saying,” Tom replied.

“Glad to hear he’s finally taking my advice. What are your thoughts, Alko? Alko? Where is she?”

“She’s probably using her invisibility cloak again,” someone guessed.

“We talked about this, Alko. It’s safe to be visible now,” Gabriella searched the room with her gaze. A shy woman materialized on one of the chairs.

“I didn’t mean to hide. It’s just a habit.”

“You’ll get used to it. Alright, now let’s talk about forgiveness. Henrik, we haven’t heard from you in a while. Want to share?”

“What’s there to forgive? We had a mission. It needed to be done. We did it,” a broad-shouldered man grumbled.

“So you are completely at peace with the experience?”

“Doesn’t matter. Whether I like it or not, it was my job.”

“Oh, but it does matter. How do you feel about it?” Gabriella asked.

One of the torches exploded in the room, violet sparks shooting in every direction. “Sorry,” Henrik mumbled.

“Don’t apologize. It’s healthy to express your emotions. Anyone else?”

A woman wearing leather pants and black eyeliner lifted a hand. “I just don’t know how to trust my soul. How can I count on her when she doesn’t even care about what I’m going through as a human?”

“Have you talked to her?” Gabriella replied.

“No. But if she wanted to talk to me, she could reach out. Why do I have to initiate the contact?”

“Because you want to connect to your soul, even though you’re denying it, and secondly, she respects your free choice. Soul will never interfere with your free will,” Gabriella explained patiently.

“Fine, I admit it. I’m stuck.”

“Good, now we’re getting somewhere. Anybody want to encourage Sabrina?”

“I get how you’re feeling, Sabrina. But you know what’s going to happen if you don’t forgive your soul. It’s either that or face the Dragon,” the silver haired lady said.

“Okay, so what do I do?”

“Make a choice to let go of the guilt.”

“That’s it?”

“That’s it. But it’s gotta come from the heart.”

“I know.”

“Thank you, Sabrina. I’m sure many of you can relate,” Gabriella remarked.

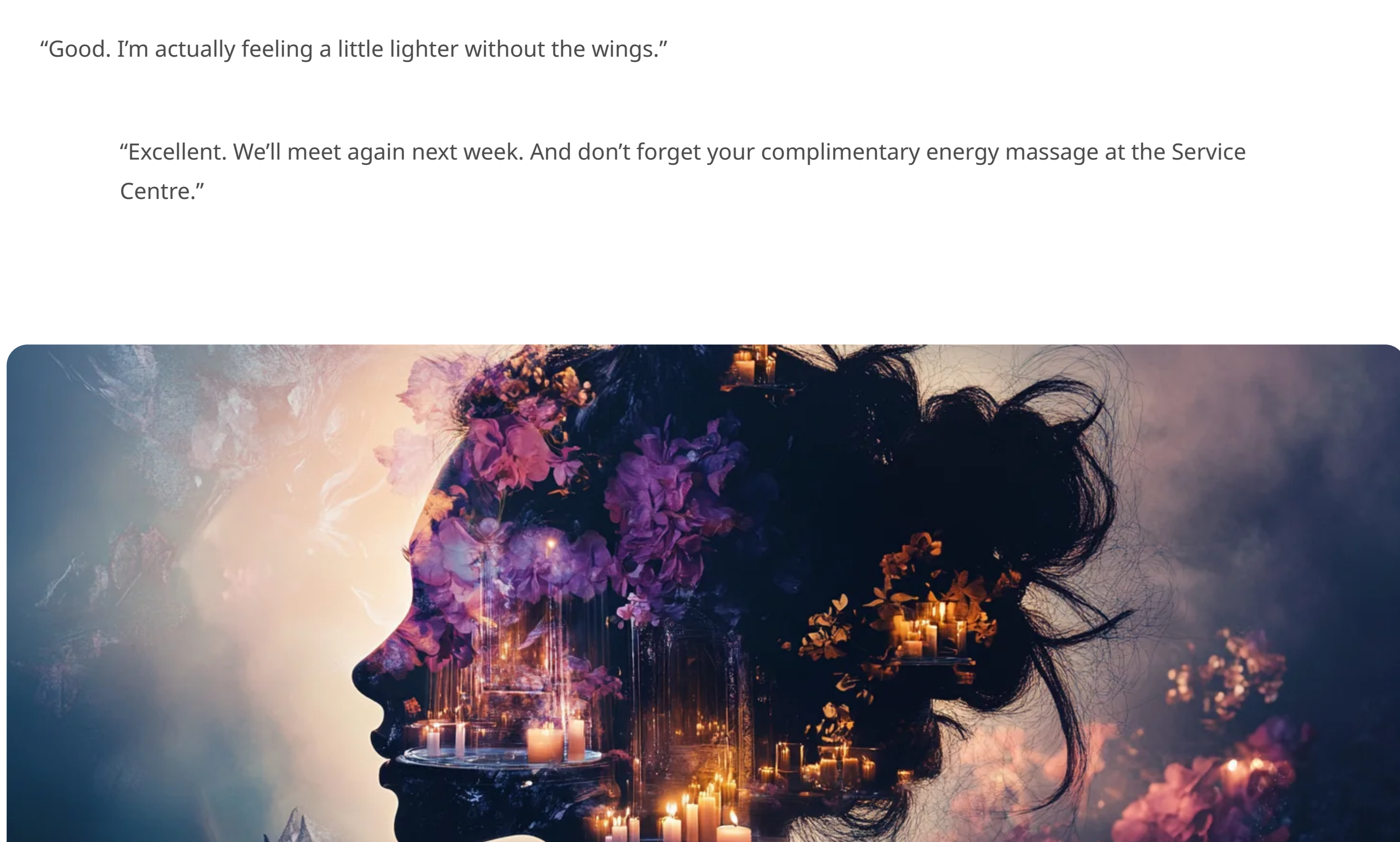
“Honestly, I can’t,” a man with tattoos responded. “Realm work was the coolest damn thing ever. If I could, I’d go right back to it. Well, maybe not. Anyway, we’re like the original Guardians of the Galaxy. And you Sabrina, you were a kick-ass realm worker. Wear it with honor, girl!”

The group responded with cheers and claps. Even Sabrina smiled.

“Thank you for that refreshing take, Jack. Time to wrap it up for today. How was your first meeting, Katie?” Gabriella asked.

“Good. I’m actually feeling a little lighter without the wings.”

“Excellent. We’ll meet again next week. And don’t forget your complimentary energy massage at the Service Centre.”



And thus, Katie returned to the Earthly realm, with new friends in her heart and a dash of hope in her pocket. Thank you, Tobias, for creating the Service Centre, she called into the ethers.

This short story was inspired by the documentary series [Into the Apocalypse](#), masterfully directed by Anastasia McMillan and produced by the Crimson Circle. In the documentary, a group of masters (including me) share about our experiences going into the apocalypse. For me, it was a raw attempt at shedding my invisibility cloak and, through the process of making the documentary, I noticed the magical effect of sharing my multidimensional experiences. Few things are as healing as being seen and recognized in my full-spectrum self.


One of the challenges of realm work was that I felt very alone in it. Especially because I didn’t understand on a conscious level what was happening, and therefore didn’t have the words to talk about it. But I do now, and it’s bringing me a lot of joy. Whether you were a realm worker or not, all of us have something valuable to share and express. In the era of the new light, invisibility cloaks are out of fashion.

Footnotes

[Into the Apocalypse](#) is a free download.

Learn more about Tobias’ [Shaumbra Service Center](#).

AUTHOR



KIM SEPPÄLÄ
Kim is an explorer and expressionist of consciousness. If you’d like to read about her metaphysical adventures or contact her, you can visit her [new website](#).

[View all posts](#)

Share

LEAVE A COMMENT

Your email address will not be published. Required fields are marked *

Type here...

Name Email Website

Save my name, email, and website in this browser for the next time I comment.



MICHELLE MACHALE RETIRES

25+ Years of Service to Shaumbra



By Geoffrey Hoppe

Michelle MacHale was the first person we hired after officially starting the Crimson Circle. She was actually working as a volunteer before we employed her, while doing her full-time job as a Project Manager for a large telecommunications company in Denver.

I fondly remember meeting Michelle for the first time, even before the Crimson Circle was imagined. We had been chatting in the Kryon forum on America Online when I still lived in Texas, and the next thing I knew I was moving to Colorado for my start-up company. In a way it seems like ages ago, and in another way, it seems like just yesterday. The one thing I know for sure is that it was destiny. Crimson Circle needed to be in Colorado, and Michelle was already there.

The first time we met in person was at a restaurant in Boulder, Colorado with a group of other people including Steve and Barbara Rother. We hit it off right away. It felt like we'd known each other for lifetimes. It wasn't too long after that when I started channeling Tobias. The small gatherings at our house turned into larger gatherings in the Coal Creek Community Center, and eventually the Crimson Circle Connection Center, our current studio and club.

Michelle was there every step of the way. She managed the website from nearly the beginning, worked the sales table at Shouds and events, handled customer service, helped set up our office at Lake Tahoe, Nevada (since closed), and did just about everything that needed being done. In her most recent years with Crimson Circle she was Manager of User Experience. You can still see her energetic fingerprint on nearly everything we've created over the years.

Now, after 25 years, Michelle is retiring. We're all going to miss her. When I say "all" it's the Crimson Circle Staff of course, including the translators, web hosts, and Shaumbra from around the world. As well as Adamus, Tobias and Kuthumi. She's been an invaluable human and angelic presence since the inception of this organization.

You can view her retirement video here ([link](#)), which features a number of Shaumbra who have known or worked with Michelle over the years. Then on Saturday, January 4, make sure to tune into the webcast at 1:45 PM Denver time (MST) for a toast and special tribute to Michelle. In the meantime, feel free to send a thank you email to Michelle at: customerservice@crimsoncircle.com.

[Share](#)

LEAVE A COMMENT

Your email address will not be published. Required fields are marked *

Type here..

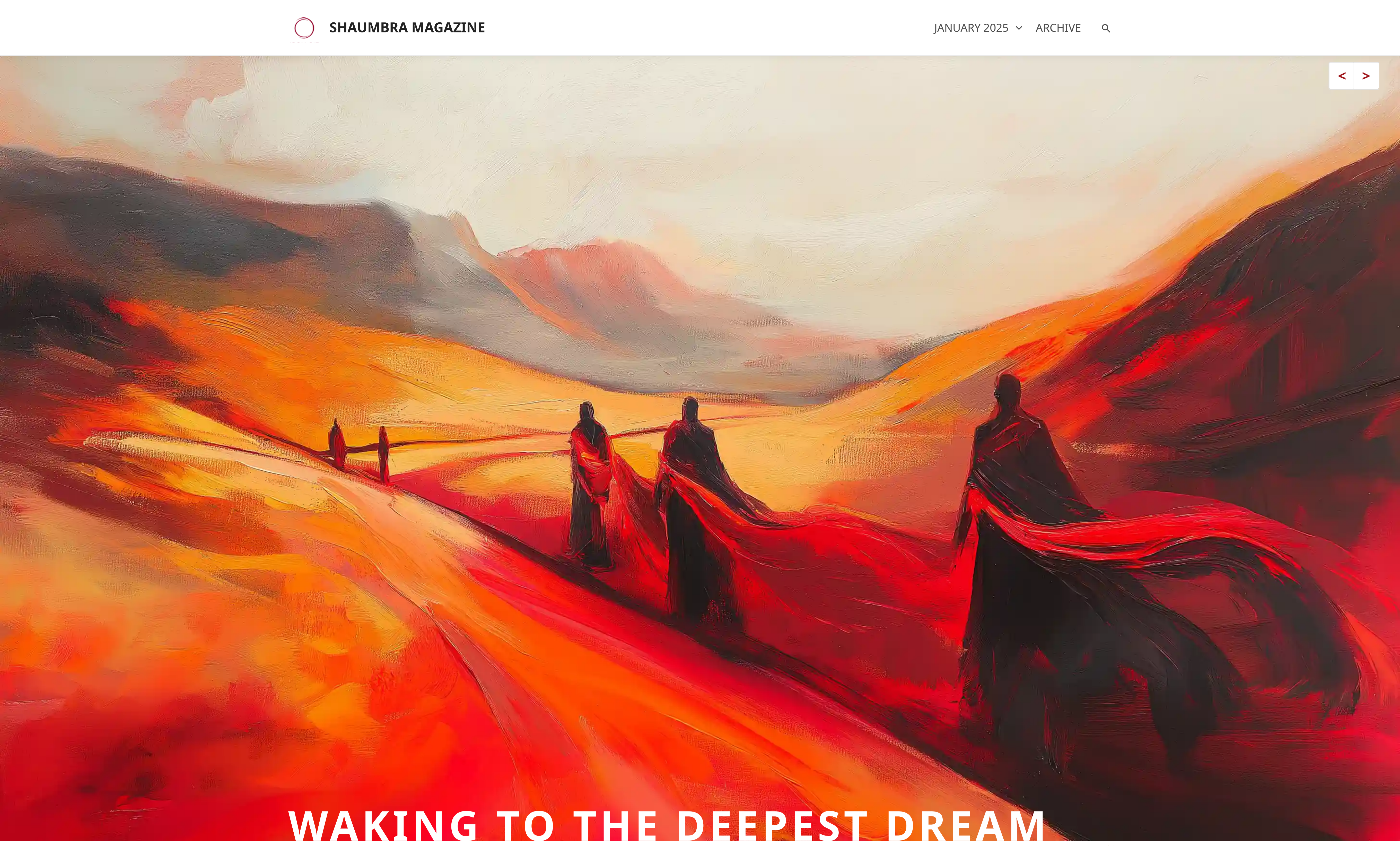
Name

Email

Website

Save my name, email, and website in this browser for the next time I comment.

[Post Comment »](#)



WAKING TO THE DEEPEST DREAM

AI Generated

By Marina Stoilov (Izarah)

It is easy to lose sight of what matters most, and easy to get lost on the long, arduous and full-of-distractions journey to enlightenment. Therefore, I am inspired to tell the gist of the story of Shaumbra, for both seasoned Shaumbra and newcomers, in order for us to reconnect with its essence. While most people want a better life, few are ready for enlightenment, having neither the awareness nor the abundance to enjoy life. Meanwhile, the imbalance between the “haves” and the “have-nots” is greater than ever and technology is advancing more rapidly than we can imagine, presenting what some feel is a threat even greater than a nuclear catastrophe.

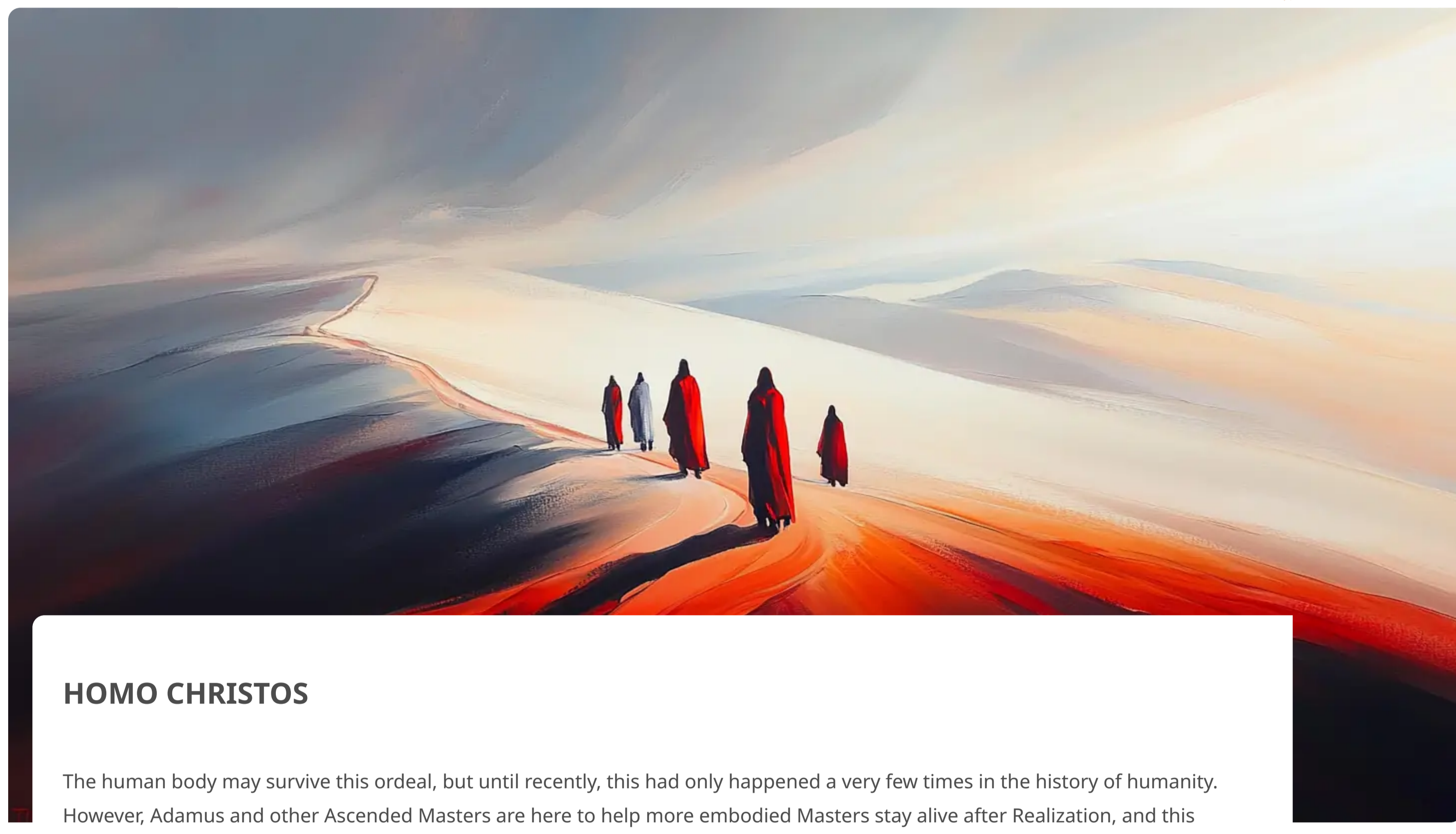
THE FAMILY OF THE ROCK – A BRIEF HISTORY

It is within this context now that the work of Ascended Master Adamus Saint-Germain and the Ascended Masters of the Crimson Council plays a decisive role. Their work with a small group of humans who are ready to go beyond physical limitations aims to offset the looming technological threat. Since the time of Yeshua over two thousand years ago, these humans have called themselves Shaumbra. According to Tobias, “Shaumbra” is a word which means “scarf” after the crimson-red scarves they wore in Biblical times to signal each other when it was time to meet. It is also an ancient word that means “Family of the Rock” and “Family from Home, on a Journey.”

These Shaumbra have called themselves by various names throughout history, such as Knight Templars, Cathars, and Essenes. Their connection goes all the way back to the role that some of the ones from the angelic family Hapiru played as the ruling priests and priestesses who unintentionally led to the sinking of Atlantis. Before Earth, they were the “craziest,” most daring leaders from all angelic families. These leaders volunteered to build a physical Earth and embody in physical bodies on the planet, knowing that they may not return for a very long time, and that they may even remain trapped in the physical dimension. But they bore the courage and determination to try and find a resolution to the cosmic war stalemate and thereby save all of Creation.

These individuals, numbering around 300,000, are here now specifically for the “work” of allowing their enlightenment, or what Adamus Saint-Germain calls Realization, and many of them are ready. But what does this mean? Do these individuals realize something and then life gets better? No, it is each one's own soul that gathers enough experience until it realizes that it is complete, that it no longer needs to search for anything outside of itself, and it finally fully embodies into physicality for the first time, simply for the joy of the experience. These beings release their human identity and open to receive and embody their full consciousness and energy. This mastery means that the distilled wisdom of their thousand-plus incarnations in physical reality now becomes available to their human selves. This work then serves as an example and a standard for the rest of humanity, illuminating a path forward and becoming a way-shower for others as they become ready. The light of these embodied Masters illuminates higher potentials, much like stars illuminate the night sky, allowing wayfarers to take the better road and not get lost.

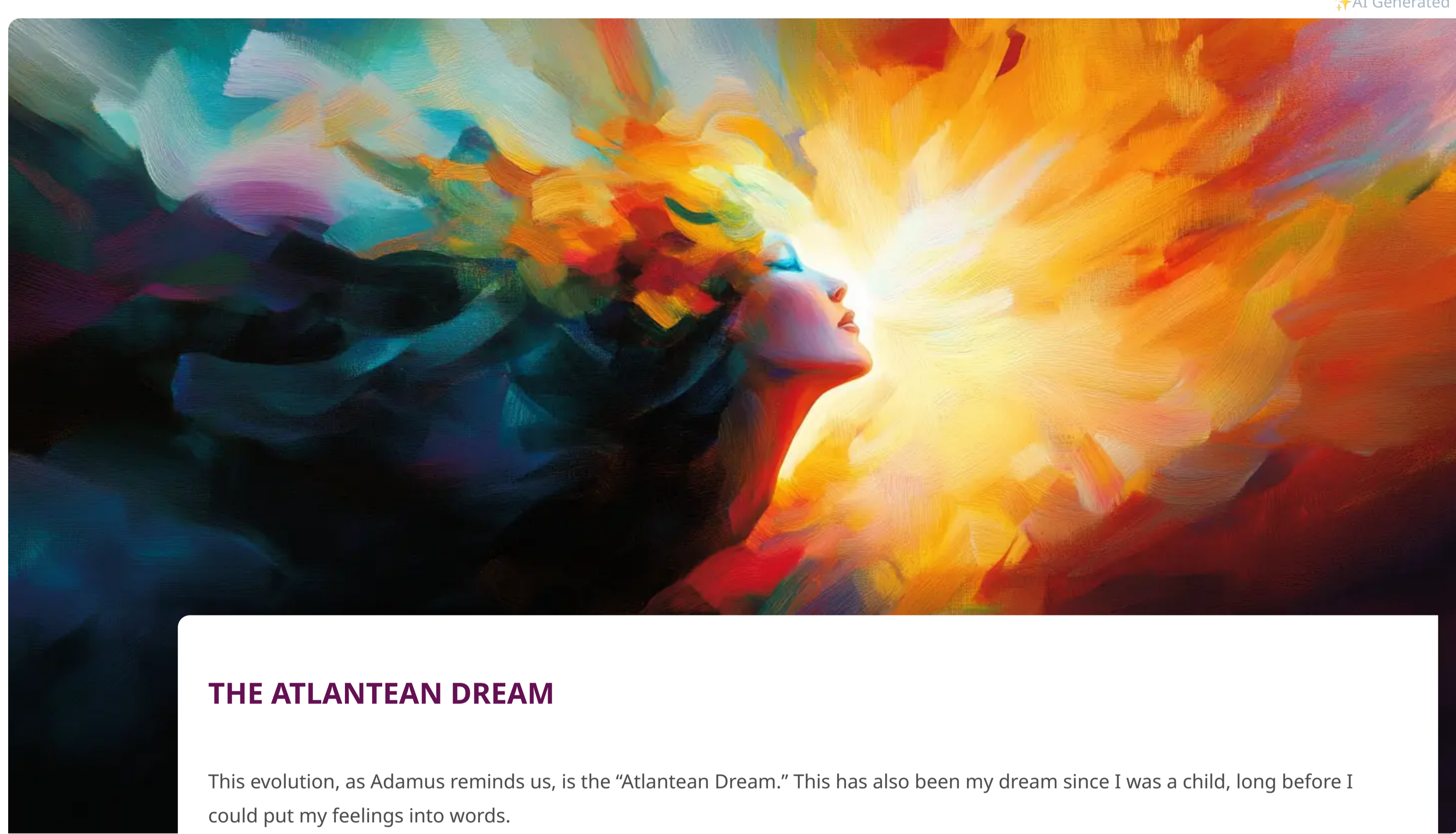
However, this embodiment is a brutal process because the human identity is relentlessly pulverized until it is destroyed and integrated back into the soul. The human aspect will resist dying and melding back into the soul, playing every possible game, again and again, until it has no more tricks left and finally allows, which is a more gracious word for “surrenders,” which in turn, is a more gracious word for “gives up.” It is possibly the hardest process a human will ever go through.



HOMO CHRISTOS

The human body may survive this ordeal, but until recently, this had only happened a very few times in the history of humanity. However, Adamus and other Ascended Masters are here to help more embodied Masters stay alive after Realization, and this embodiment helps to free all of Creation and fulfill the original purpose of Planet Earth.

When a human allows themselves to “die” in this process of Realization, their physical body gradually transmutes into a light body as they are infused by the soul being. These embodied soul beings then become a new trans-human species, or *Homo Christos*, as Adamus calls them, referring to the “Christ” or crystalline essence of the light body. These new light beings are here to enjoy physicality in bodies that, while having the attributes of being physical, are non-physical, and are thus free from limitations.

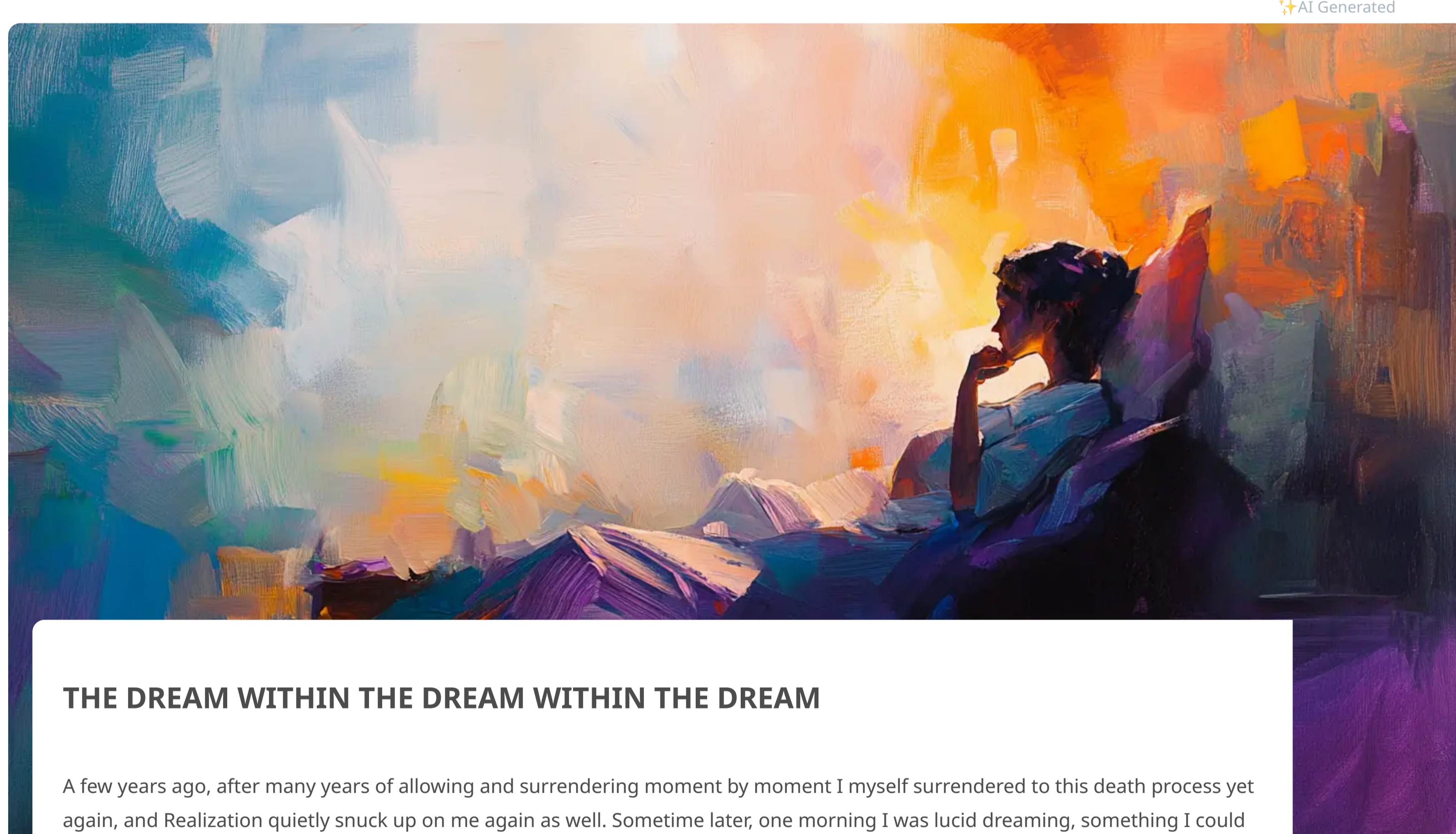


THE ATLANTEAN DREAM

This evolution, as Adamus reminds us, is the “Atlantean Dream.” This has also been my dream since I was a child, long before I could put my feelings into words.

To the human mind, this story sounds like science fiction with an ending as uncertain as a mirage on the horizon. In any case, can stories or words give true relief to a human being who just wants to stop hurting? Life itself can at times feel like a force mixed with enough horror to make one feel like a mad hatter. For over 25 years now (not including lifetimes in the mystery schools), Adamus and friends have been reminding us that one who is truly ready simply allows themselves to go through this process. He says one must desire it so much they are willing to die for this dream of ultimate freedom, and compared it to holding the acolyte's head underwater in the mystery school until nothing mattered but the determination to take a breath. Adamus calls that roaring passion to be free from any limitations *Kaikho*.

Deep within these crazy dreamers burns the desire to be free from suffering, free from the limitations of a physical world, and free from any inner or outer limitations. Ultimately, it is stronger than any other desire.



THE DREAM WITHIN THE DREAM WITHIN THE DREAM

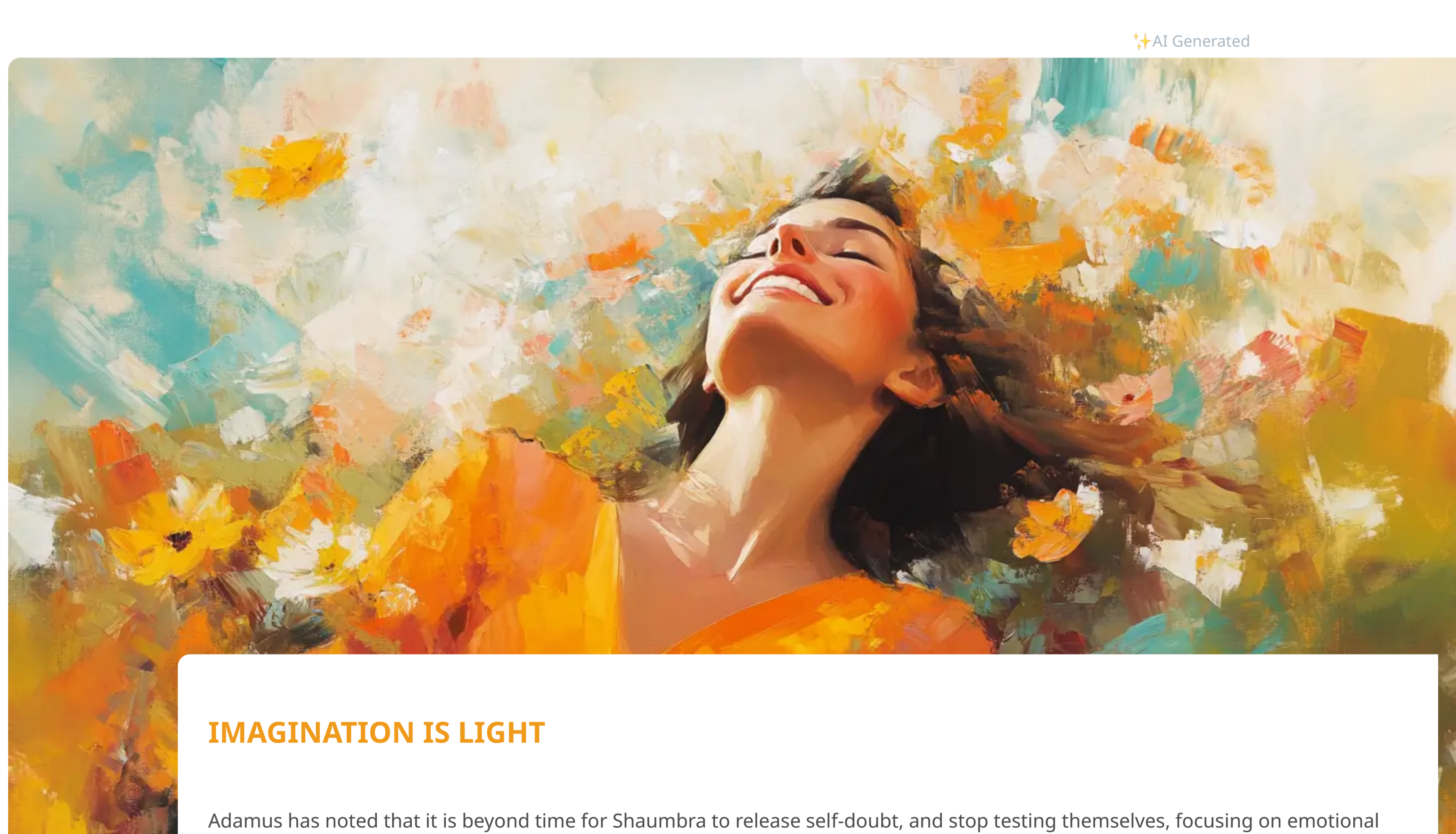
A few years ago, after many years of allowing and surrendering moment by moment I myself surrendered to this death process yet again, and Realization quietly snuck up on me again as well. Sometime later, one morning I was lucid dreaming, something I could do as a child and had forgotten until I taught myself to do again in my teens. Aware that I was sleeping and dreaming, I intentionally did not control the lucid dream this time, but simply allowed the Master to flow within her creation.

I dreamed that I woke up within the lucid dream and started going about my day, only to find out that I was still asleep in the dream within the dream. I then dreamed that I willed myself to really wake up within the dream, again realizing after a while that I was still sleeping in this dream within the dream. A third time I willed myself to wake and again there were signs that I was still sleeping in the dream within the dream. This repeated over and over until both the lucid dream and the dream within it began to feel like a nightmare that became almost unbearable. Thankfully at that point I woke up both in the dream within the dream and from the lucid dream “for real.”

Or did I? Am I awake now or dreaming? Do I still have any games left in my bag of self-tricks to keep me within the “human reality” dream?

As I allow myself to release the human focus and expand my awareness, the line between my waking reality and my lucid dreams is blurring more than ever. I can be confusing to the human, but I remind myself that it does not matter. The only thing that matters to me now is my own acceptance and love of myself. The process of waking up from the human dream is natural. The stories of the past, whether they happened here in the physical reality or in an imagined reality, are training wheels to support one until they are ready to stand on their own. The stories and beliefs teach, entertain and distract until one allows themselves to be free and chooses to love and trust their Self, no matter what is happening within and around them.

As I release each of the stories and beliefs that I have created while going deeper and deeper down the rabbit hole of my human journey, I wake up from each dream within the human dream, layer by layer, until I release the final story, the final belief – that of playing the role of a physical being dependent on physical laws. As I wake up from that final dream, I break through the last illusion and wake up to my own true nature, as the I Am, a creative being, free of limitations. This is my last and deepest dream. It is a dream I am willing to live for, to feel and see it become my reality here within the physical reality.



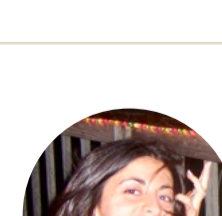
IMAGINATION IS LIGHT

Adamus has noted that it is beyond time for Shaumbra to release self-doubt, and stop testing themselves, focusing on emotional wounds, pain, suffering, or lack of any kind. Otherwise, this journey will become much more difficult. He reminds us that the key now is imagination. As we allow ourselves to imagine and feel our most intimate, sacred, and deepest dream, radiating it inwards and outwards, we open up to the love of our own Self, which in turn, ignites our own energy into light. The light then streams into physical reality to create our personal reality and to provide us with all that we need here.

While the details in the story of Shaumbra may be unprovable, and most everything else in life is uncertain, doubts no longer matter to me because there is nothing I want more than to exist in freedom and joy. This is what matters to me most. And the one thing I have no doubt about is that I am loving myself through everything I experience. Laughing at it all and laughing at my own “craziness” also helps. And that feels like the only sanity to me.

Listen to a short message from [Adamus about the Shaumbra Dream](#)

AUTHOR



MARINA STOILOV (IZARAH)

Marina Stoilov (Izarah) lives in Ontario, Canada, and found Crimson Circle in 2004. She teaches the core classes, such as the Sexual Energies School and Aspectology School, after she felt her Realization had arrived, and does not recommend this level of hardheadedness to others. She loves benching (aka doing whatever gives you joy) and giving nudges of clarity to those who have allowed (aka Sooners). She says, “Since allowing means allowing the outcome that involves the least amount of suffering, being afraid to allow means being addicted to suffering. How’s that for a nudge?” She can be reached on [Facebook](#) and at [marinaizarah.wordpress.com](#)

[View all posts](#)

Share

LEAVE A COMMENT

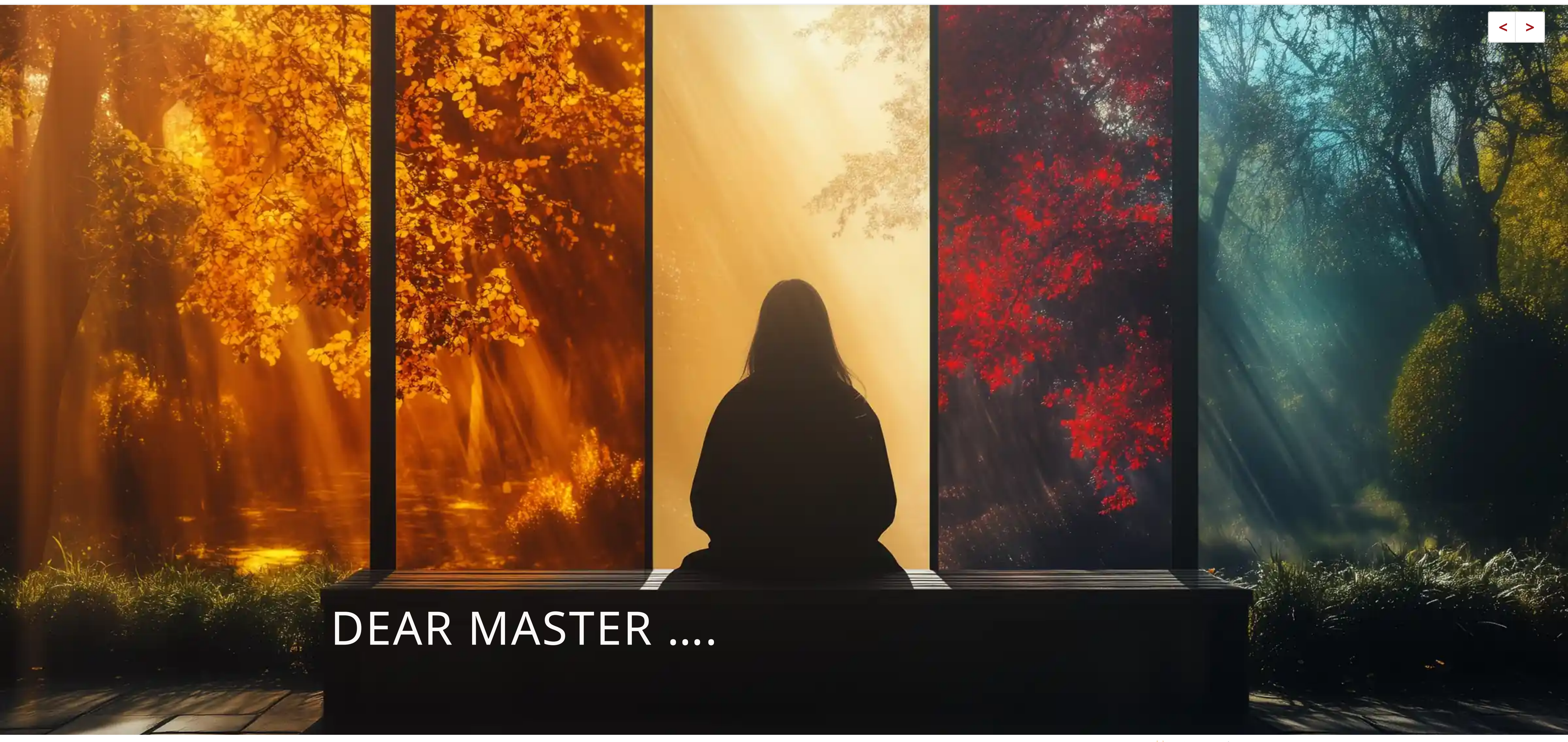
Your email address will not be published. Required fields are marked *

Type here...

Name Email Website

Save my name, email, and website in this browser for the next time I comment.

[Post Comment](#)



DEAR MASTER

AI Generated

HOW CAN I FIX MYSELF?

By Carolina Oquendo

I was slumped in one of those cold, plastic airport chairs near Gate C27, staring blankly at a vending machine. My flight was delayed – again – and I felt like the universe was rubbing salt in an already tender wound. The tiredness wasn't just physical; it was the kind of bone-deep weariness that comes from carrying around invisible, unresolved stuff for too long. I wasn't sure if I was more frustrated or disappointed, but it was all there, swirling together like the world's murkiest smoothie.

And, of course, *he* showed up.

I noticed him from the corner of my eye, striding toward me with that playful, casual air that somehow made me feel seen and mildly irritated at the same time. The Master – my Master, I suppose – looked utterly at ease, as though he hadn't a care in the world. He plopped down in the seat next to me, rubbing his hands together like he was settling in for a juicy conversation.

"So," he said with a knowing grin, "what's got you in this delightful funk?"

I exhaled sharply through my nose, like some kind of annoyed bull. "I'm just... over it. All of it. I thought I was finally past this whole thing – expectations, needing people to be a certain way – but it turns out I'm not. It's like I've been dragging around this giant suitcase full of junk, and every time I think I've unpacked it, someone throws in another pair of shoes I didn't ask for."

He chuckled softly. "Shoes, huh? Let me guess – probably mismatched?"

"Ugh, *yes!* And scuffed. But you know what I mean."

I leaned back, trying to shake off the ridiculous image of a suitcase full of smelly, ugly shoes. "I thought I'd made progress. I really did. But here I am, stuck in this endless cycle of hoping, trying, feeling a little better, and then crashing right back down again. And now I'm just... tired. I'm tired of me, of my mind, my thoughts, my need to control. It's like my mind constantly betrays me, and I don't even know what to trust anymore."

He nodded, his expression warm but focused, like he could see straight through my tangled knot of emotions.

"Own it," he said simply.

I blinked. "Own what?"

"All of it. The exhaustion. The frustration. The fact that you're feeling betrayed by your mind. Own it. Don't try to shove it aside or dress it up with affirmations. Just... own it."

There it was, a little flicker of hope. Maybe this time he'd give me something *new* and *practicable*, something that would finally break this cycle. I leaned forward slightly. "Okay... and then what?"

He grinned again. "Then stop trying to chip away the parts of yourself you think don't belong."

"You're sitting there," he continued, leaning forward, "chiseling away at yourself, trying to craft this perfect version of who you think you should be – a Master, no less – and then you get frustrated because the sculpture doesn't turn out the way you imagined. But that's not the point."

I frowned, waiting for the inevitable punchline.



AI Generated

He softened his tone, almost as if he could feel the tender spots I didn't want to acknowledge. "Depression, anxiety, exhaustion – it's all part of the cycle. And yes, it feels like you're at the bottom of it right now. But it's not just the low end of some pointless ride. It's the propulsion you need to move into what comes next – the final stage of this long journey you've been on as the old, incarnating human in biology. That's why it's so important to own whatever you're going through. None of it is a mistake."

I swallowed hard, not sure if I should feel relieved or more irritated. "But it still feels like I'm falling apart," I muttered.

He nodded. "Of course it does. Because you *are* falling apart, at least the old you. This isn't just about feeling bad for no reason. It's identity dissolution. The version of you that you've been for so long, the one you've invested all this time and energy into, it's crumbling, and yeah, that's terrifying. The mind wants to cling, to reinforce it, to put the pieces back together. But you don't have to do that anymore. Just take a deep breath."

I raised an eyebrow. "That's your big advice? Just breathe?"

"Yes," he said, smiling. "Take a breath and let it go. That old identity isn't dead. It's just... evolving. The space it's creating is opening you up to entirely new forms of expression, many different types of identities, not just the rigid one you've been sculpting for yourself."

"But the tenacity, the determination, the relentless commitment," I protested, "is what's gotten me here. Are you saying it doesn't matter anymore?"

He laughed softly. "It's not that it doesn't matter; it's that it won't work from here. Those qualities, as admirable as they've been, will only create a kind of gravity now. They'll drag you back into old patterns, old doubts, old struggles. The mind will cling to them because it thinks they're the only tools it has left. But this part of the journey is different. It's not about grit or willpower anymore. It's about trust, allowing, and grace. It's about knowing, deep in your being, that this is all *natural*. That you don't need to fight your way forward. You can just *let go*."

I let his words hang in the air, a lump forming in my throat. "You make it sound so easy," I said quietly.

He smiled. "It's not easy for the human mind, no. The mind will fight it every step of the way; it's strange like that, always trying to convince you that its illusions are real. But when you shift into the 'I Am,' when you allow yourself to simply be, it becomes very clear. The mind isn't the one driving this process. You are, and you've already chosen this."

Something in me stirred, just a flicker, but enough to make me pause.

"So," I asked finally, "what am I supposed to do when it feels like everything is collapsing?"

He leaned back, his eyes sparkling with that infuriating mix of wisdom and humor. "You take a deep breath. You own it – *all* of it – and you stop trying to sculpt your way out. You're not a statue, or a perfect idea to be shaped anymore. You're the air, the space, the fluidity. The Master doesn't need definition. It doesn't need fixing. It simply *is*."

I sat with that for a moment, my mind still spinning, still clinging, but something deeper, quieter, was starting to surface.

I let out a long, shaky breath and whispered, "I exist."

The Master gave me a slow, approving nod. "Exactly."

It wasn't loud or flashy, but it was enough. Enough to remind me that I didn't need the answers, the sculpting, or the endless cycles of trying to figure it all out. I just had to trust.

When I opened my eyes, the Master was watching me, his grin softer now. "You'll be fine," he said lightly. "Well, unless you miss your flight. They're boarding."

I glanced at the gate and scrambled to my feet, suddenly realizing my group was already in line. "Wait – are you coming too?"

He shrugged, already leaning back in his chair like he had all the time in the world. "Oh, I'm always here. Whether you notice or not is up to you."

I rolled my eyes, but a small smile tugged at my lips. "Of course you are."

And as I walked toward the gate, something felt lighter. Not fixed, not solved, but lighter.

And that was enough.

The words of the Master in this story are based on Adamus' channels from:

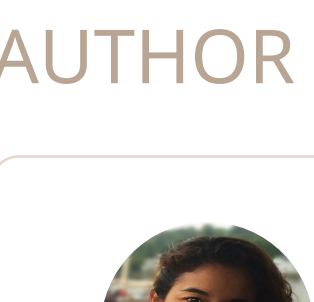
Walk on Series – [Shoud 8](#)

Art of Benching series – [Shoud 8](#)

Illumination series – [Shoud 10](#)

Wings of Hope series – [Shoud 1](#)

AUTHOR



CAROLINA OQUENDO

Carolina has been part of the Crimson Circle staff since 2021 and oversees Customer Experience and Data Analysis for the last year. Her journey as Shaumbra officially started in 2011, back when she was still getting a kick out of saving the planet as an environmental engineer. But it wasn't until 2015, following a rather harsh landing in the realization that she wasn't really enjoying the life she had chosen, that she decided to change course and dedicate herself to connecting to her inner knowings and wisdom, and do her best to go beyond her own self-created limitations. Because, in the words of Metallica, "Nothing Else Matters." Carolina can be contacted via [email](#).

[View all posts](#)

Share

LEAVE A COMMENT

Your email address will not be published. Required fields are marked *

Type here...

Name Email Website

Save my name, email, and website in this browser for the next time I comment.

Post Comment

SPOTLIGHT

DREAMWALK FOR CHILDHOOD MAGIC

Check here every month for a specially selected and relevant product offered at a special 15% discount!



JANUARY Spotlight – 15% off!

HIGHLIGHTS

- Were you ever told as a child, “You’re just making it up?”
- Learn how to unlock and open to the magic of your childhood
- There is so much more to life than this reality
- Remembering your childhood takes trust in yourself
- The land of Fae: a realm of magic, faeries and elves
- The magic comes from allowing your knowingness

This DreamWalk for Childhood Magic is available at a 15% discount through January 31, 2025.

A beautiful gift to yourself.

Length: 1:23:29

Format: Downloadable audio (mp3) and text (pdf)

Cost: \$25 ~~\$21.25~~ through January 31, 2025

Featuring: Beloved St. Germain

Recorded in Coal Creek Canyon, Colorado, October 2013

MORE INFO

HEAR EXCERPTS

IT WASN'T MAKE BELIEVE

EDITOR'S NOTE

Exactly 11 years ago St. Germain recorded this DreamWalk, and Geoff then wrote about his experience channeling it. We thought this DreamWalk was quite relevant today, particularly for the Realm Workers still struggling to live fully in this human reality, and that you might enjoy these excerpts from Geoff's article. (You can read his full article [here.](#))

By Geoffrey Hoppe

The recent *DreamWalk for Childhood Magic* was yet another transformational experience in the lineup of Adamus DreamWalks. I had assumed that he would take listeners back to their childhood to re-experience moments of connection with angelic and fairy beings. There was some of this, but the most profound part of the DreamWalk was centered on the birthing process, and the dilemma of whether to focus in the physical world, or stay in the angel/fairy realities.

During the DreamWalk I could feel my childhood-self having a tremendous reluctance to become part of the physical world again, but yet the deep knowingness that I had chosen to be here... and now I needed to take a deep breath and immerse into the world. At one point I could remember saying goodbye to my angelic and fae friends.

But what really impacted me most about the DreamWalk came afterwards when Linda and I were talking about the day. She told me about her experience during the DreamWalk, noting that she felt the tremendous sense of being “unsafe” in her childhood. It wasn't from a specific event or person, rather just a general feeling of being surrounded by dense physical reality, and people with emotions and agendas.

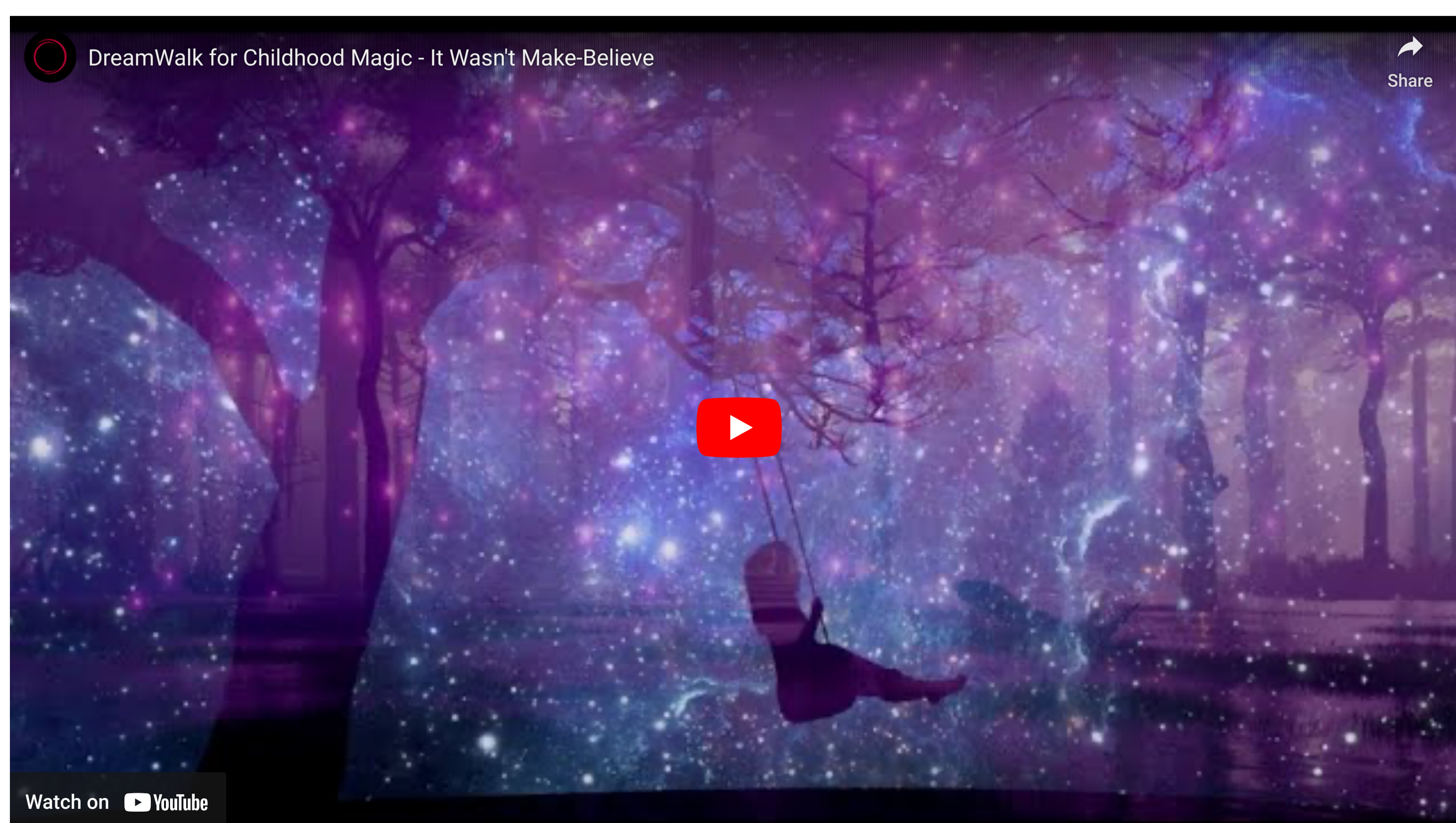
I heard and noted what Linda shared but it wasn't until the next day that it truly hit me. I had a glimpse of what it would be like to feel totally safe. It was a far cry from what I experienced in my childhood years, and to a degree, in my adult life. For a brief moment I felt the juxtaposition between safe and unsafe, anxiety and calmness, tense and relaxed. The contrast was dramatic. Then in the back of my mind I heard one of Adamus' favorite themes: FREEDOM. If one feels unsafe, they are likely within a prison of emotions, beliefs and limited potentials. If one trusts themselves implicitly, they will feel safe – even in an unsafe world – and will experience freedom.

One of the most frequent comments I hear from Shaumbra is that they have a constant feeling that “the other shoe is about to drop.” In other words, something not-so-good is about to happen. Adamus tells us that because of our sensitive nature we are always picking up on other people's thoughts, future potentials, or upcoming Earth/nature events but then we have this quirky little habit of taking many of these feelings as our own.

During the DreamWalk I realized how dense and severe this reality is. As Adamus was taking us through the birth process, I felt the offensive glare of artificial lights and the rude abrasiveness of mechanical sounds (machines, cars, TVs, motors, etc.). I had never given these things a thought before but now, coming from the angelic realms into birth, I realized how harsh these 3D elements are compared to the more ethereal dimensions. At a deeper level I also realized that this is an unnatural reality, or at least a very compressed and limited reality. Yet, I found myself forcing myself to become part of it, like joining a club that I knew was not quite right for me.

The feelings of being unsafe – or perhaps the underlying knowingness that this reality is not true – leads to vigilance. We are always on guard for intrusive energies and watching for glitches in the matrix. We are in a world that has become very familiar after so many lifetimes, but it is not the world of our soul. It is a dimension that has at times caused us pain and torment, yet a reality that has given us so many sacred experiences.

So many of us have had the occasional desire to flee this world, to slip out the back door back to our light bodies and angelic families. Yet there is the inner awareness that it is through this world that we emerge into our enlightenment. Just like the knowingness at birth that we made the choice to come back again into a physical body, there is also the innate wisdom that the path to ascension is through the front door of this reality, not by retreating through the back door. We go through 3D but not out of it. It becomes part of our soul heritage and memory.

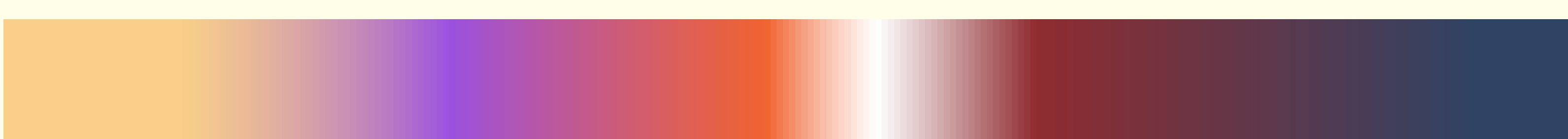


Share

SHAUMBRA HEARTBEAT



AI Generated



By Jean Tinder



Debt. Obligation. Liability. Vengeance. Atonement. Penance. Redress. An eye for an eye.

Everywhere you look, something needs to be repaid. Most humans believe that anything they need must be earned, stolen, inherited or otherwise acquired from the outside. The pendulum is always swinging – too much this way, then too much that; toward the light, then toward the dark – and neither side can ever win. That's how duality works, and we seem to be trapped in one of its most obvious forms: debt.

But what's beyond duality? Can we escape debt? Can we even exist without it? What's the difference between needy energy obligation and free energy exchange?

I never thought much about all this until recently when Adamus addressed the topic in his newest *Master's Pause - I Am Debt Free* ([here](#)). It sounds great! I mean, who doesn't want to be debt-free? But the topic is much broader than it first seems, and its personal impact has reached far deeper than I expected.

I was born into debt.

According to the family religion, the mere fact of my existence meant I already owed a debt of impossible magnitude. Modern Christianity's fundamental worldview is that, thanks to Adam and Eve's curiosity, we are so hopelessly indebted to God that he had to send his son to pay the bill. And now (ignoring all the holes in that theory), we are indebted to Jesus, owing him allegiance, adoration and worship for all time. In other words, we are buried in cosmic debt from the moment of birth.

Then there were the constant obligations of growing up in a poor family – lots of chores, not much food, younger siblings to care for, and just trying to make everything work. There was also the issue that came with being a preacher's kid – the innate responsibility of "setting a good example" for others. One's own desires were always at the bottom of the priority list, because being selfish and ungrateful was the essence of evil, even getting Lucifer kicked out of heaven!

The tangible debt never lifted during my younger years. Dad found it impossible to ask for fair payment, whether for his manual labor, his brilliant inventions, or his ministry as a traveling preacher. At some point I realized this was because of his non-existent sense of self-worth, coupled with an overwhelming obligation to "save the world." Mom's identity as a stay-at-home parent was non-negotiable and therefore exempt from paid employment, so there was just never enough. Debt collectors were a fact of life.

One peculiar part of being a preacher's family was that while dad couldn't ask for money, if his preaching and public service was worthy enough, people would be inspired to give us their tithes and offerings. In other words, if we were doing God's work, then He would somehow provide, and He often did. There were many trips where we got home only because of the generosity (indebtedness?) that others felt toward the family. No matter how difficult things were, as long as we followed God's lead, we were laying up treasure in heaven. In other words, God himself would owe us if we made it to the Promised Land.

But in the meantime, God was more like Santa, a tongue-in-cheek version of a deity who tracked us every minute, tallying each mistake, wasted moment, and lapse of judgment. The obligation and debt were pervasive, ongoing, and all-encompassing with no possibility of settlement until the afterlife.

Debt entangles you in all directions. I spent most of my life feeling indebted to others – financially, emotionally, spiritually and otherwise – but it always goes both ways. Like the SES truism – "If you're being abused, you're also an abuser" – I would say that if you owe others, someone also owes you. But, thanks to Adamus, I recently realized how *both* forms of debt – incoming and outgoing – are blockages to freedom.



AI Generated

After many years of slowly changing my relationship with money, I am now enjoying a nice level of abundance. However, some of my kids are still struggling, thanks to the old debt patterns I accidentally taught them. And see right there? Up pops the debt of regret, along with the hope to make it right, all of which led me to offer them a couple of substantial loans. And what's wrong with that? Isn't it what a loving parent does for their kids? But money can be a messy thing to combine with old family patterns, and things went a little sideways despite our best intentions.

While no longer worried about bill collectors, I was once again tangled up in the oppressiveness of debt – the subtle need to atone for past mistakes tinged with resentment at their lack of repayment and of course guilt about the resentment. What would a Master do in that situation? "Not get into it in the first place!" I hear Adamus chuckling. But here we are, so now what? Well, now comes *I Am Debt Free*, with Adamus bringing clarity to the issue and me making a surprising decision.

The bottom line is that debt inhibits freedom. While I'd been trying to help my kids find their freedom, I was really just painting our cage a different color. So, with a loving letter of explanation and a very deep breath, *I forgave their debt in full*.

Now, as I said to a friend, this decision makes zero financial sense because I'm still responsible for that money. But energetically? It purchased my freedom! I felt it in my body, my heart, my entire being. Layers, years, *lifetimes* of obligations that I could never quite balance out were tangibly lifting away, simply evaporating in the hours and days following my choice. It wasn't just rearranging my liability; it was a true choice for freedom – *for me only*. Whether my kids give themselves freedom is no longer my concern.

This choice has real-world financial implications for me, but I also know it doesn't matter. As Adamus noted several times, energy flows differently when it's not encumbered by debt, and I am already experiencing this. While the messy entanglement of financial, emotional, and spiritual debt used to clog up every part of my life, freedom is now taking its place. My energy is unfettered to manifest everything I could possibly want or need. And it already is.

Whether you owe or are owed, the owing adds duality to your energy – attracting and repelling, knotting up and tangling in chaos and debt. But if you *release it all*, even if it doesn't seem equitable or others aren't doing "their fair share" or you're hoping for some future reward, your energy finds a new balance. Instead of wobbling in the insatiable duality of give and take, now it swirls around you like a spinning top, aligning to your core and serving you in flow and freedom.

There are plenty of reasons to hold on to any kind of debt – being a 'responsible' person who keeps their agreements, being a proper parent/child/sibling/relative, setting a good example, even earning kudos in the Ascended Masters Club for your heroics. But are these reasons more important than your freedom? Is it possible to be so bold as to *forgive yourself* of every debt? If so, then anything given is a *gift* and anything received is a *blessing*, all now unencumbered by sticky old notions of duality and the impossible search for balance.

"Beholden to none, and free to soar." This is the reality I choose. I learned a lot in that cage; but now that it's dissolving, the wisdom is right here in my wings.

AUTHOR

**JEAN TINDER**

As Crimson Circle's Content Manager, Jean is fulfilling her life-long dream to shine her light in the world. On a spiritual journey since childhood, she found Crimson Circle in 2002, joined the staff in 2008 and never looked back. Her first book is called ["Stories from My Last Lifetime"](#).

[View all posts](#)

[Share](#)

LEAVE A COMMENT

Your email address will not be published. Required fields are marked *

Type here...

Name Email Website

Save my name, email, and website in this browser for the next time I comment.

[Post Comment »](#)



We would like to acknowledge the Crimson Circle Angels for your unfailing energetic and financial support. Without you, we would not be able to make this extensive library of material available to conscious and aware humans around the world. Your support means everything!



NEW ANGELS

Elizabeth Blanchard-Oppenheimer – United States

Wiebke Buchholz – Germany

Diana Debreczeni Diána – United States

Martina Eichler – Germany

Alice Hofer – Switzerland

Aaron Moen – Canada

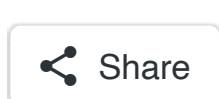
Sarah Powell – United Kingdom

Angelika Teschner – Germany

Frazer Tuohy-McCall – Australia

Shihwei Ying – United States

In grateful appreciation to the Crimson Circle Angels from around the world!







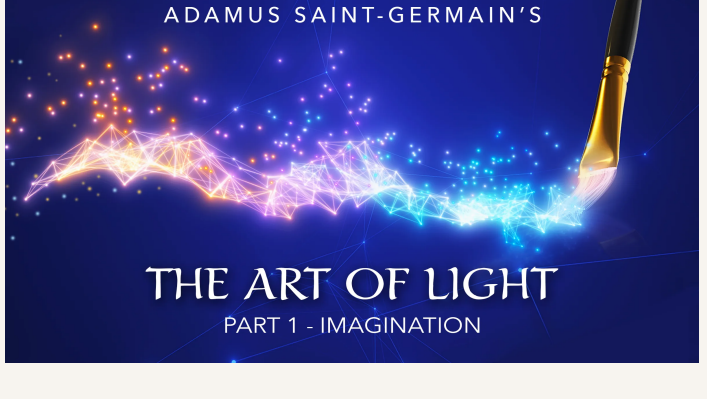
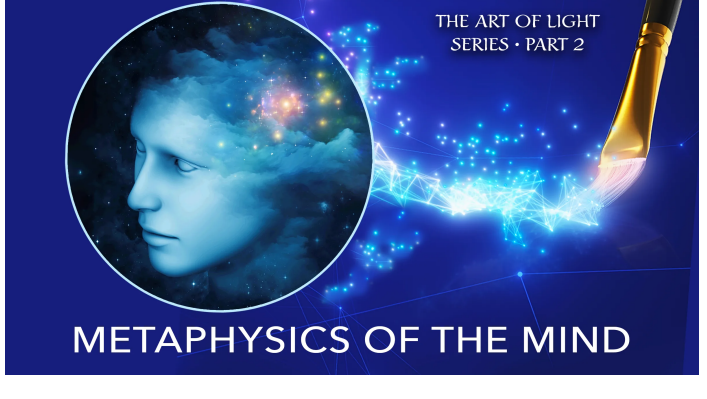
NEW TRANSLATIONS



Crimson Circle material is translated in up to 22 languages, thanks to a very dedicated worldwide team of translators!

Every month this page will show the newest translations. Click the button below to see them all.

[VIEW COMPLETE LIST OF AVAILABLE TRANSLATIONS](#)

CATEGORY	TITLE & DESCRIPTION	LANGUAGE
	<p>Cloud Class</p> <p><u>DreamWalker Death - Post Apocalypse</u></p> <p>What happens when you die? The profound changes in human consciousness are bringing changes to death itself. In fact, a true understanding of death can bring profound meaning and vitality to life.</p>	<p>BR, DE, ES, FR, HU, IT, PL</p>
	<p>Cloud Class</p> <p><u>Sexual Energies School</u></p> <p>Of everything offered by Crimson Circle, this class is at the very top of our list of strong recommendations! It is also a prerequisite for attendance at in-person events and workshops, so you might be thinking "It must be something really special" – and it is!</p>	<p>AR, BR, CZ, DE, DK, ES, FI, FR, GR, HE, HU, IT, JP, KO, NL, NO, PL, PT, RO, RU, SV, TR, UK</p>
	<p>Cloud Class</p> <p><u>The Art of Light, Part 1: Imagination</u></p> <p>Delve into the profound ability of imagination to literally create reality. An important tool of the Master in this Time of Machines, Adamus notes that imagination is not a function of the mind and brain. Instead, it's an angelic sense that allows you to access potentials far beyond mental limitations.</p>	<p>BR, CZ, DE, ES, FR, HU, IT, JP, PL, RO, SL, SV, UK, ZH</p>
	<p>Cloud Class</p> <p><u>The Art of Light, Part 2: Metaphysics of the Mind</u></p> <p>Enlightenment is easy. The challenge is staying embodied on the planet during and after Realization, because the adjustments are hardest on the physical body. Therefore, this first installment in the Master's Life Series is all about the changes our biology is going through as the light body comes in.</p>	<p>ES</p>

[Share](#)





NEW VIDEOS – JANUARY 2025

Here you will find all the newest product promos, Shoud recaps, merabhs, samples, interviews and more!

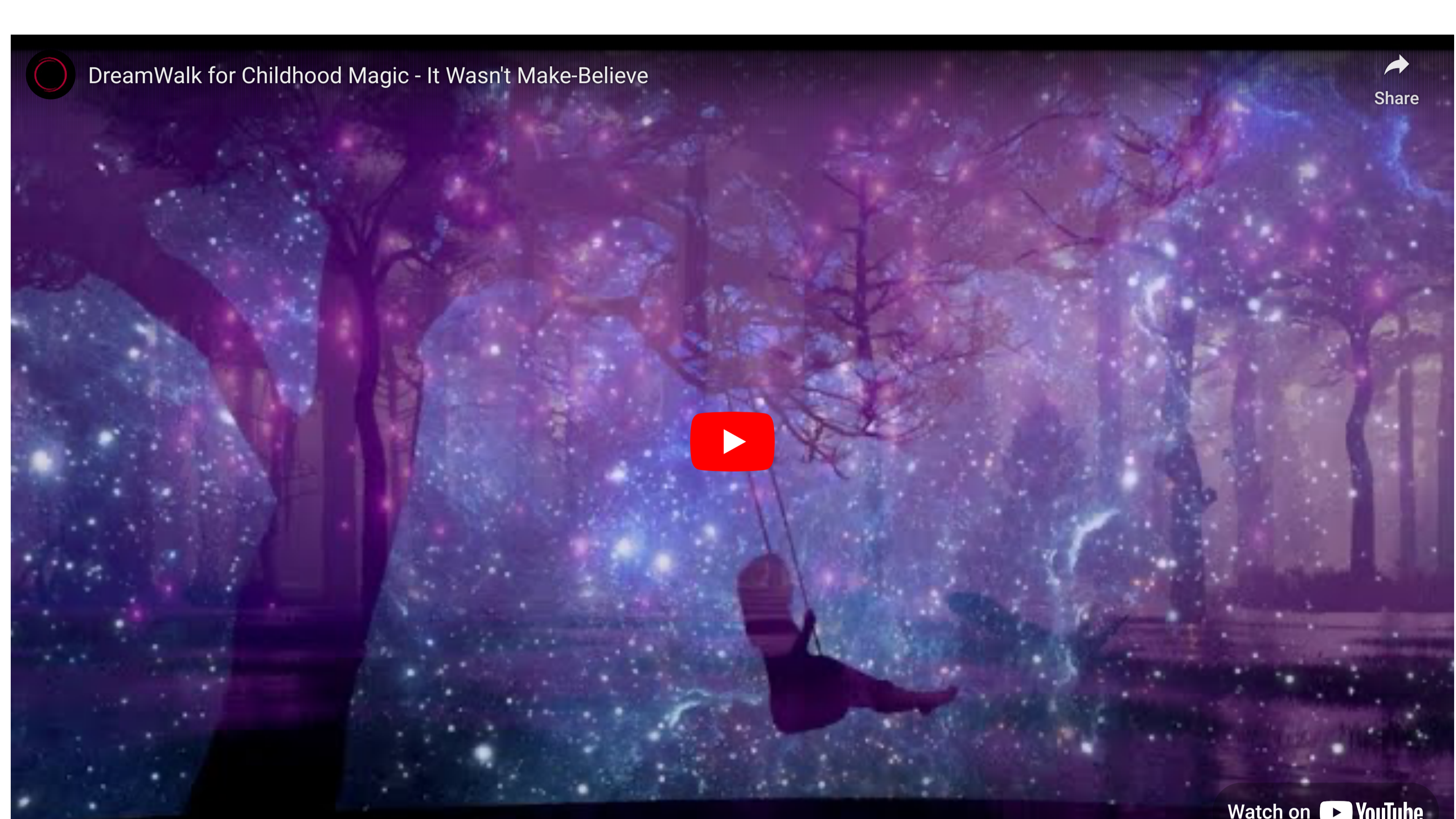
Watch interviews with Geoff, Linda, Adamus and more, given over the last 12 years

Go to Crimson Circle's YouTube channel

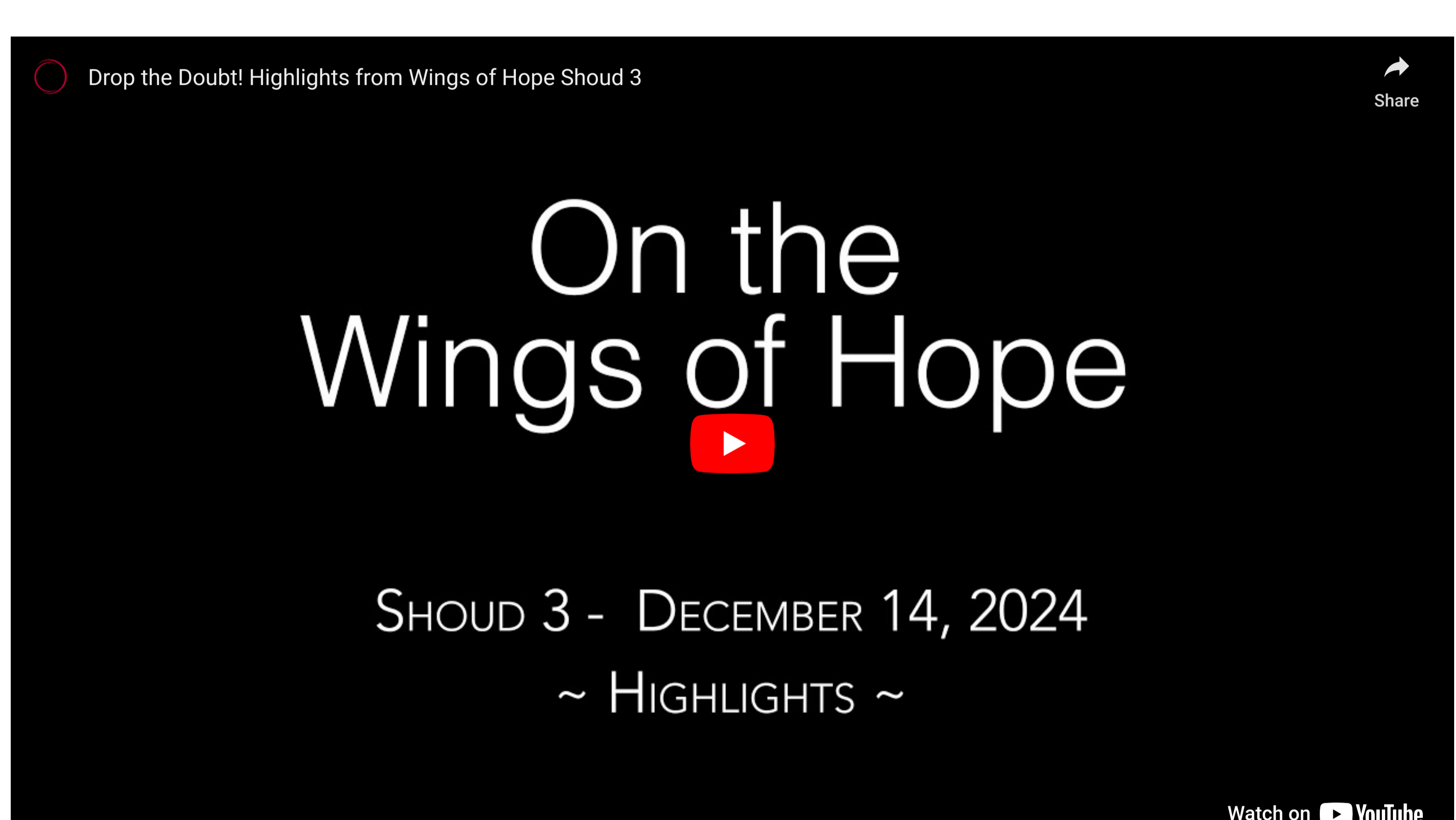
I Am Debt Free / Highlights from the new Master's Pause! – **NEW!**



DreamWalk for Childhood Magic / January Spotlight – 15% off



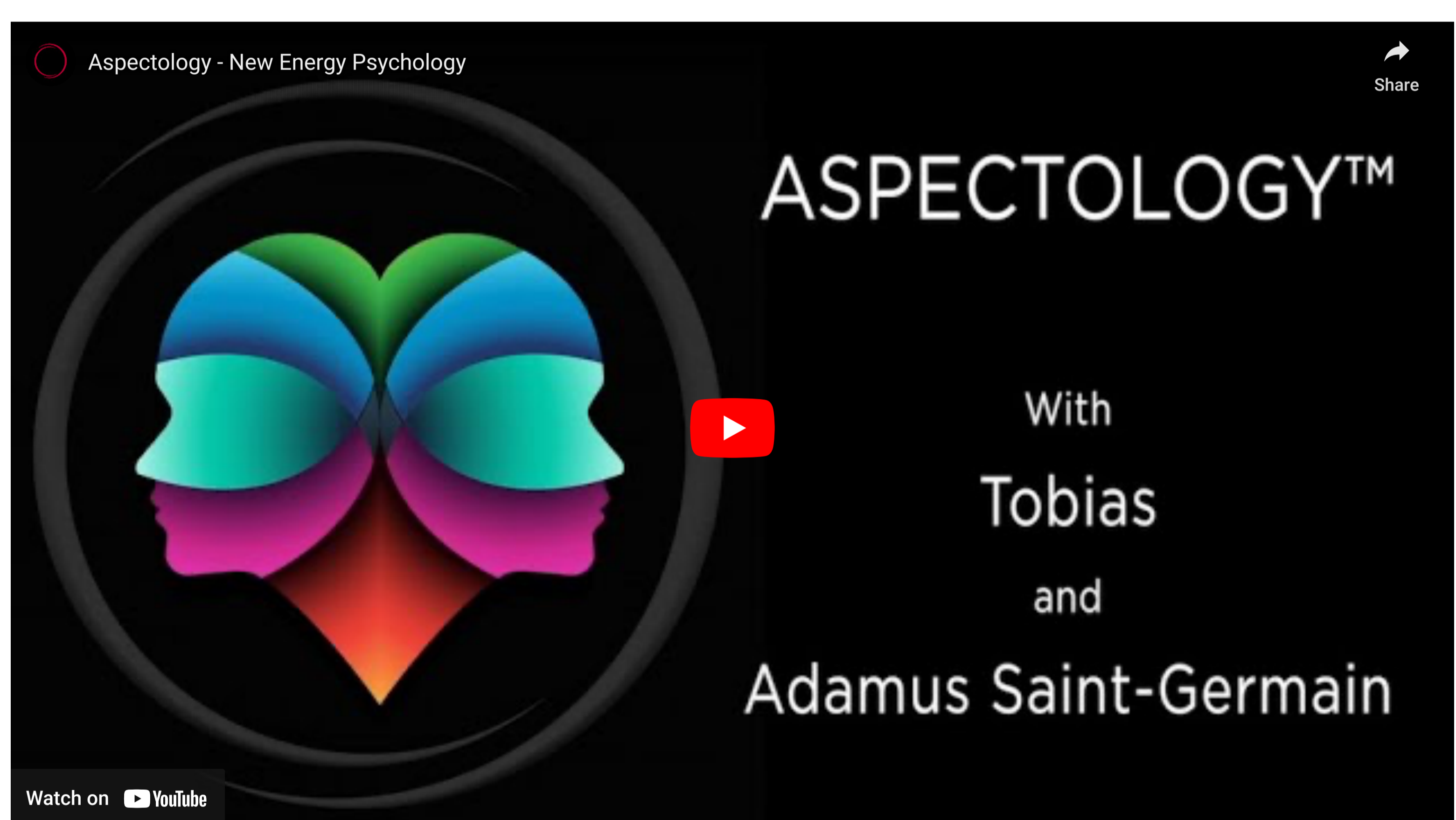
Drop the Doubt! / Highlights from Wings of Hope Shoud 3



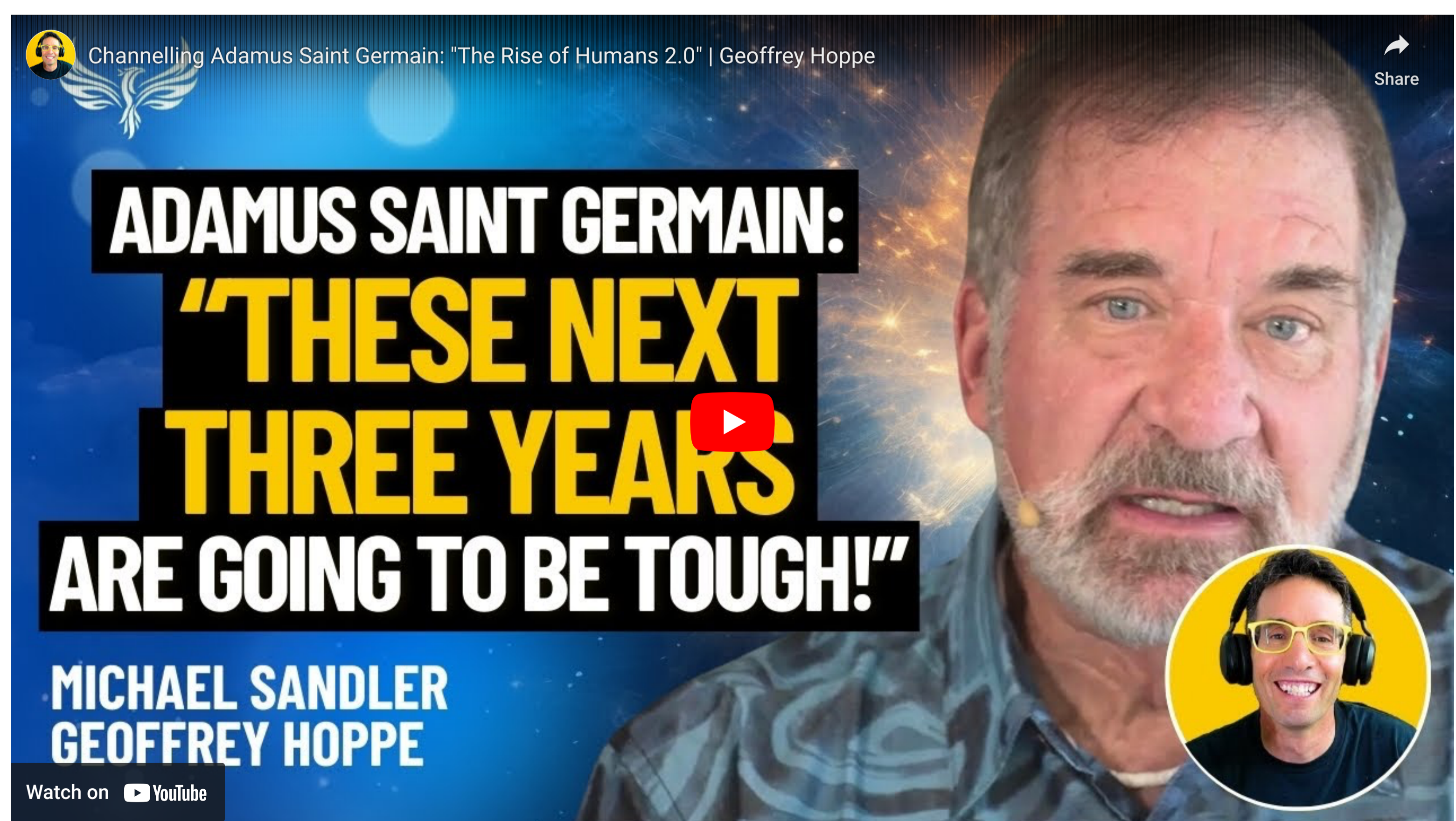
Merabh for Radical Imagination / From Wings of Hope Shoud 3



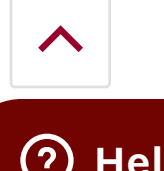
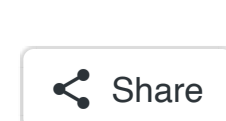
ASPECTOLOGY™ School – The New Energy Psychology / REGISTER NOW! January 24–26, 2025



Adamus Interview with Michael Sandler / November 14, 2024



Happy Retirement Michelle MacHale!





“

You have a mess on your planet, but it's a smiley mess. It's not because of nasty outside forces. It's because of humanity evolving and technology is pushing the evolution.

— *Future Human 2044*

